

We nave just put in a complete stock of Mrs, Gervaise Graham's excellenpreparations, including her celebrated Hair Kestorer, Cactic's Hair Grower, Cucumber and Elder Flour Cream, and various facial remedies. Vieit the DEM-
ONSTRATION there this week. Free trentments and free applications given ONSTRATION there this week. Free treutments and free applications given
also free samples and booklet "How to Be Beautiful", Special exhibit of Mrs Graham's Hydro Vacu, the latest and most ecientific Invention for treating the face.

## PALACE BEAUTIFUL

Near Oliver Theatre. 121 so 13th


First publication March 4.4
NOTICE FOR PUBLICATION. Alfred Hogstadt, plaintiff:ivy. Abram Ketcham and Sarah Childers, defendants. The defendants, Abram Ketcham and Sarah
Chiliders, will take notice that on the 27th day of Forruary 1899 Alfred Hogstadt, the plain
tiff, flled his petition in the district court 0 ? tiff, ilied his petition in the district court oo
Lancaster oounty, Nebraska, azainst Abram Ketcham and Barah Childer, the object and
prayer of which are to foreclose a certain mort prayer of which are to foreclose a certain mort.
gage executed by the defodants, Abram Ket
cham and Emma J. Ketcham, to the painifif gage executed by the defendants, Abram Ket-
cham and Emmy J. Ketoham, to the plaintifi
upon lot number six. in block number four, and upon lot number six , in block number four, and
twenty feet off from the south side of lot num ber five. in block number four, being twenty
feet by two hundred and twenty reet by two hundred and twenty-four (more or
leas) in Wimension, all in South Park ddition
to Lincoln, Lancaster county. Nebraska, to se: to Lincoln, Lancaster county. Nobraska, to se
cure the nemment of one promissory not dated cure the ;iament of one promissory note dated due and payable in tive years from the date
thereof that there is now due and ur ard upon
said note and mortgake the sum of 300.00 , for said note and mortgage the sum of \$330.00, for
which fum, with interost from this date, the plaintif prays for a decree of foreecosure and
sale of said premises. You are requiredto an.
swer said petition on or before the 1sth day of swer said petition on or betore the isth day of
April, 1889 . ${ }^{\text {April.1899. }}$ Dated March 4, 1899.
By his attorney, D. J. FLABERTY, 331 Siks Mc.
He-I've often wished I had a sister. She-Well, you have never had a better chance.

News and Opinions of Na tion Importance.

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## A WINDY DAY IN MARCH.

These fashion fellers' magazines They allers held an interes They allers held an interes
uncommonlike fer me. I sit a readin' evenin's till my head jes' aches an' aches nhat $m$ darter ldy
that my darter ldy takes jes' the lates styles for Spring, It tells ye all about ' em , how the skirts '1l sweep er cling, An' as how they'll rustle like as ef they's stiff with starch. But it never tells you 'bout ' em on a windy day in March.
I don't pretend to understan 'bout bodices an' trains, a fashion-book explains, An' as fer yokes o' taffeta er flowery sateens
l've read a lot 'bout 'em all, but pshaw, I don't know beans They say as how a skirt 'Il hang But that little observation that I made in startin' holds. Perhaps some day they'll sort $\mathbf{o}^{\prime}$ "sweep just o'er the instep's arch," But all the same they're frisky on a windy day in March.

Perhaps, since I'm a deacon, I had oughter close my eyes When March comes 'roun' an whirls o' dust are cloudin' up the skies But laws! I can't help lookin' The wimmin's skirts oumetimes an'show some mighty purty lace A peepin' out from underneath. It does a feller good.
Ye somehow feel there's somethin' white an' pure 'bout womanhood That men can't imitate. Il's somethin'more'n dignity an'starch fer a windy wimmen better
-The Deacon.
Fashions of the Day.
The season of sackeloth and ashes is pon us!
Sackcloth and ashes are not, however, the formidable objects that they once vere.

This is a flippant, frivolous age that we live in, but many of us are clever enough to devise various ways and means whereby the sackcloth becomes chic and the ashes palatable.
The idle days, or days idle by comparison with the rush of life in the swim beore Lent, are perfect breeders of fads.
Every other woman one meeta is bub. bling over with enthusiasm about her particular pet fad. It may be Lenten card parties; it may be Lenten musicals; it may be Lenten sewing classes; it may be Lenten luncheons, dinners, suppers; i or it may be Lenten Turkish bathe and rest cures.
With the best half of the women it is the least.
The number of methods that women tell you of, in strictest confidencs, each one of which is "the very beat thing" you can do to restore your nerves that have been shattered, or your bloom that has been killed by the wear and tear that attends un overcrowded engagement book is astonishing.
One woman that I know goes devoutly to church on Ash Wednesday; then goes promptly home and has her maid put her to bed, and there she stops for a week or ten days.
Her room is sept darkened except for an hour or 80 in the middle of the day when the sun is allowed to stream in. She lives on the plainest, simplest diet, and has gentle massage for an hour at 9 overy night and is asleep by 10:30.
She aees no one during these ten days but her attendants, and hears nothing but pleasant things. At the ond of the rest cure she arises strong as a young giant and as freah an a roee.
It is a simple treatment to follow, but few women have the patience or deter. mination to adhere to the rules neces. ary for its success.
Another woman has a horror of growing fat; she inclines strongly toward em.
bonpoint naturally, and being a bit of a gourmande the good thinge that she eats in her round of "social gayeties" during the season invariably cause her to put on flesh, which in Lent she makee it her business to get rid of.
Last Lent she had a grand routine. A cup of hot water the firat thing in the morning after she opened her eyes; then her tub of icy cold water; then another cup of hot water; then breakfa3t, which consiated of a mouthful of dry toast, n bit of rare, very rare, steak, and coffee with no sugar and very little cream. Then walk for an hour and another cup of hot water-boiling it must be to be really efficacious; then walk for another hour; then another cup of hot water; then luncheon, consisting of rare roast beef, toast and more hot water. Her afternoon she apent in a aimilar manner, with a dinner that was a repetition of the luncheon with the additional luxury of oysters.

There is not much pleasure in this particular Lenten fad, but it served its purpose admirably.
This year the poor dear is in deapair for she has put on more weight than ever before during a single season, and just at the moment, too, when a elender figure is an absolute necessity to tinding favor in the eyes of fashion and to avoid appearing ridiculous in the eyes of manIf there is a more distressingly ludicrous sight than a fat woman in the clingy skirt we all love ard are wearing just now I have yet to see it.
Well, this poor dear with the tendency toward embonpoint has certainly grown hopelessly hippy, and ahe was deploring her fate to me and shuddering at the prospect of embracing her Lenten fad again. That was a week ago. Today she is radiant.

Someone has sent her from Paris a marvelous ointment that absorbs fleah. Can you imagine such a thing?

It seema, if you are massaged with this ointment, which does not look unlike white vaseline, wherever it is applied after a few treatments the fat shrinks and apparently evaporates into thin air-or perhaps it is fat air!
I would not believe my stout friend at first-her story savored too much of a fairy tale-but when she showed metwo phstographs of the woman that sent her the ointment, taken "before and after" she bad used it, I had to be a trifle credulous. I hopa it is true. What a boon it will be to suffering humanity! Anyway, my stout little friend is going to try it at once, so I shall soon know all about it.
Wrinkles are the bete noir of yet another womsn.
Her Lent is devoted annually to havong them efriaced. How she does it is a secret that she guards jealously. All we know is that she disappears for a few weeks, and when ahe reappears the linee on her brow, abjut her eyes, and wherover Time and Care have laid their heavy touch, have totally disappeared, and her Hin in an

When I was jounger I used to wonder hat was meant by the "mysteries of the toilette." Tubbing, doing one's ir, and getting into one's clothes did ot aeem to me in any way to border on the mysterious. The toilette was a vary simple affair to my mind; but I am beginning to appreciate that there are mysteries-deep, dark and peculiar mys teries at that.
The dreadful weather we have been having lately has developed another feminine fad, butit is one that is both sensible and healthy. Many of the smart women may be seen any stormy day taking trampe through anow and slush, clad in golf skirts and the plainest of cloth or fur coats and, when the sky is clear, as emart hate as thes please.
Mrs. W. E. D. Stokes, Mrs. Stanford White, Mrs. Herman Oelrichs and any number of other equally well known women appear to such an advantage in

