

Drink More Milk Will Be Slogan for Nebraska

Plans Will Be Completed at Meeting in Lincoln Wednesday to Increase State's Production.

Lincoln—The method of financing, scope of organization, plans of education and a general outline of the campaign to be conducted in Nebraska for increased dairy product consumption, will be tentatively decided upon at a meeting here May 10 of the county committee, composed of producers, distributors and manufacturers of milk and its products, according to announcement today by J. E. Palm, chairman of the committee and secretary of the Nebraska Dairywomen's association.

The committee, appointed some weeks ago following a meeting of dairywomen and manufacturers from all parts of the state for the purpose of creating a demand for the increased production of milk and its products and an educational program to stimulate their consumption as a food of health, already has held two meetings.

Production increases. It was pointed out at the original meeting that in the last year or two the production of milk had greatly increased, to such an extent, in fact, that some means of added consumption appeared necessary in order to maintain the present dairy industry in Nebraska.

Financial plans. "It is proposed to finance the campaign by assessing the producer, the butter creamery and ice cream manufacturers a certain per cent on each gallon of raw milk, each gallon of ice cream and each pound of butter fat," Mr. Palm said.

"Dairying is one of Nebraska's shock absorbers; it proves that in the period of depression that is passing, it is a growing industry, so much so that the production is exceeding consumption. To preserve the industry as an asset and for the public good, this committee was created to educate the public in the ingredients of milk."

"If the campaign reaches the goal we anticipate, Nebraska will be one of the largest milk drinking states in the country. We plan to advertise milk through the system employed by manufacturers of popular, but less healthful drinks. We intend to placard the state and post the slogan, 'Drink More Milk'."

A correlation of all interests that draw from raw milk will be necessary for the successful conclusion of the project, Mr. Palm pointed out, but indications are favorable toward this end, he said.

Prof. H. F. Davis, Lincoln, is the chairman of the committee on information; Prof. A. L. Hacker, Lincoln, finance; H. D. Lute, Lincoln, education; and L. E. Hurst, Omaha, publicity. Other members are W. J. Kirkbridge, Lincoln; F. L. Kernan, Omaha; Cameron Furry, Frankfort; H. N. Ottow, Aurora; Jacob Sasse, Chalco; E. W. Frost, Lincoln; W. F. Holcomb, Clay Center; and William Jensen, Omaha.

List of Field Grains for Certification Is Planned

Lincoln—In the list of field grains issued by the Nebraska Growers' association as eligible for certification are Kanred wheat, Nebraska No. 6 and No. 60 wheat, Nebraska No. 21 oats, Burt oats, Minnesota No. 184 barley, Rosen rye and Ak-Sar-Ben soybeans, says an announcement by the agricultural college.

Merrick County Potato Growers Plant 500 Acres

Central City—The Merrick County Potato Growers' association is now operating strongly. It is estimated that more than 500 acres have been planted in potatoes in this county this year. A number of farmers have installed centrifugal wells to insure their crop. Officers of the organization are confident of a great future for the industry in this county, the movement having gained such enormous popularity in so short a space of time. Ten carloads of seed have been planted.

Culls

"I'll rust ten thousand acres." Said the barberry with a shout. But Uncle Sam sent out some men Who dug the old bush out.

Isn't the farmer's life a snap? In plowing, the acre he walks about eight miles.

Weather conditions this spring have caused heavy losses of small pigs. It is still too early to estimate the effect this will have on the supply.

The farm account book furnishes a basis for studying the farm business to increase profits.

Assuming that anything which returns less than it costs is a luxury, few farmers are rich enough to afford the "luxury" of keeping scrub stock.

A gallon of milk weighs about eight pounds.

With the County Agents

Record of Saunders County Cited as Method of Making Profit From Tax for Agents.

Lincoln—How contributors to the county farm bureau conducted cooperatively by the county extension service agents of the agricultural college and the United States Department of Agriculture may realize on the money they pay in taxes for its support, is suggested in the following record of the Saunders county farm bureau filed with the agricultural college extension department.

Grow a few acres of Kanred wheat. On the average, one acre last year gave \$5 additional revenue over ordinary Turkey red. It had averaged from two to eight bushels per acre more in yield for several years wherever grown.

Grow Nebraska 21. Burt oats or other varieties which can be obtained through the county farm bureaus. "Increase your egg yield per hen by culling and feeding according to directions obtainable through the farm bureaus. The average hen lays seventy eggs per year. You can easily get 100. A sixty-egg increase from two hens will pay your taxes to the farm bureau for the year."

Let your wife attend a millinery school and make her own hat. You will save from \$2 to \$15 on her hat and your tax record still shows a balance.

Let your wife attend a dress form school and have a dress form made. The commercial dress form costs about \$12. She can make it for less than \$2. Again your tax record shows a balance.

Get your extra farm labor through the farm bureau office. "Let your boy or girl join one of the clubs and thereby get a new angle on farm life. Attend the educational and demonstrational meetings held in the county; make use of the available bulletins you can obtain free at the farm bureau office."

Obtain blue prints through the county bureau for all kinds of buildings. Have your cattle tested for tuberculosis when your precinct is being cleaned. Make the county farm bureau pay you a good profit on a small investment—hundreds of farmers are doing it."

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Farm Bureau Tax Is Returnable, Reports Show

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Thayer County Pig Club

Boys Buy Spotted Poland Dresher—Frank Zlab, Spotted Poland China breeder, residing near Hubbard, has sold thirteen pure bred pigs to boys in his neighborhood who are members of the Thayer county pig club.

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Poultry School Is Held Near Gibbon

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Lincoln Cow Is March Leader in Dairy Tests

All Animals on Month's Honor Roll Are Holsteins—32 Cows Were Included in List.

Lincoln—Queen Lyons Hilda, a Holstein, the property of Woodlawn dairy, Lincoln, was the March leader of mature and all cows competing in the dairy cow tests conducted by the University of Nebraska agricultural college, her production being 6,138 pounds of butterfat in two days, the dairy husbandry department announced. Fonda Belle Hengerveld, owned by Don Van Arsdale of Beatrice, was a close second, with 6,113 pounds. Queen Lyons closed her third month of test, while Fonda Belle, concluded her fourth month.

Thirty-two cows were on the March list, all of which finished their second month's test, and some completed as high as eight months. The college carries a monthly roll of honor, her production being 6,138 pounds of butterfat in two days, the dairy husbandry department announced. Fonda Belle Hengerveld, owned by Don Van Arsdale of Beatrice, was a close second, with 6,113 pounds. Queen Lyons closed her third month of test, while Fonda Belle, concluded her fourth month.

Winter Vegetables Urged by University of Nebraska

Lincoln—Crisp young radishes and lettuce are best eaten fresh from the garden, whereas the succulent string bean, the prolific tomato, the inside rich spinach, to say nothing of carrots, Swiss chard, beets, peas, corn or asparagus if properly put up in cans or jars and stored in the pantry, will delight the palate and enrich the diet many months after they mature in the garden, says the University of Nebraska agricultural college.

"It is not enough to enjoy these vegetables when they are fresh," continues the statement, "as from October to June, the storage cellar and the grocery are likely to yield only potatoes, turnips, old carrots, cabbage and onions, and the use of these vegetables is likely to prove monotonous without occasional reminders of the summer garden."

"It may take a little more time to plant and cultivate two rows of beans or two dozen tomato plants instead of one, but if it furnishes these vegetables for winter as well as summer time it is worth the effort."

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The Farmer's Wife

MARY ANN GRAY

The value of serving vegetables freshly during the spring months cannot be overestimated. Although they contain a large per cent of water they are rich in ash and minerals matter, and for this reason they are a vital part of the average person's diet. Iron is particularly needed for the blood during this time of the year and the iron contained in vegetables and fruits is more easily digested than the iron from meat.

Among the vegetables and fruits especially rich in iron content are: Spinach, lettuce, dandelion greens, string beans, cabbage, strawberries, radishes, tomatoes, squash, carrots, peas, onions and raisins.

An old French proverb says: Spinach is the broom of the stomach. Spinach may be prepared in the following ways: Tender leaves as salad; plain with butter; with old and vinegar; after cooking, chop, rub through sieve, reheat, add a little cream or white sauce; rolled into cups, garnish with egg; muddled through strainer, serve with salad dressing or with butter; cream of spinach soup; combined with other materials as a soft cheese for salads; creamed on toast; combined with eggs, in scrambled eggs or omelet.

To make a spinach loaf, make a thick white sauce of 2 c. milk, 4 t. butter, and 1 t. salt. Mix with 4 c. boiled rice, chopped spinach and 1 red pepper. Form into loaf and bake from 20 to 30 minutes. About 2 c. of the white sauce should be used.

Big Eaters Get Kidney Troubles

Don't neglect backache, sore joints, stiff, heavy, puffy eyes, interrupted sleep, or other signs of weak kidneys or bladder. Correct the trouble while it is a trouble with Dr. Carey's PRESCRIPTION No. 277. Standards for over two generations. Avoid causes of serious complications. Druggists guarantee first bottle. Sure relief or money back. For sale by S. Sherman, McClellin Drug Store, and reliable druggists everywhere.

Shorthorn Consignment Sale Held at Columbus

Columbus—Twenty-seven Shorthorn bulls entered by Nebraska breeders in the consignment sale conducted under the management of H. C. McKelvie of Lincoln, at the Columbus stock sales pavilion sold at an average of \$105. The better quality went at prices ranging over \$200.

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Feed for Work Horses Suggested in Bulletin

Amount and Kind of Feed a Horse Should Receive when Performing Hard Work, but it is important that they receive a liberal ration of grain and roughage, the Nebraska agricultural college suggests in a bulletin treating upon the feed of working animals, now facing their work in the field.

Plenty of water also is essential to good success—available morning, noon and night.

"Corn and oats, mixed, make an acceptable grain feed, while a general rule that will bring good results is to feed about one and a quarter pounds of grain to every 100 pounds of horse at hard work," the bulletin states. "One gallon of the mixture three times a day is about the proper amount for a 1,200-pound horse."

"Approximately one pound of good quality hay per day per 100 pounds of live weight is sufficient. Where horses are turned out a night pasture, they should have access to hay at least during the noon hour. Hays most generally fed, ranked in order of their value as workhorse feed, are alfalfa, wild hay, cane hay and Sudan grass."

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