

The Social Tea

By LORETTA C. LYNCH.
We are all of us—hermits excepted—gregarious humans. That is we like to get together in groups. We like social contact. And when the social contact is cut off we suffer.

"But we are too poor to entertain," complains the little housewife, who is struggling to make ends meet. The idea of entertaining, unfortunately, has carried along with it the idea of elaboration. But—elaboration in entertaining is not only unnecessary, but it is not always in good taste, and the really worth-while people in the community do not go in for elaborate entertaining. They are content with the entertaining of some kind, however, is to be fostered.

A group of young housewives might entertain each other at intervals like, perhaps, once a month at each other's homes by giving a social tea. A quarter pound of tea provides about 50 cups of fair strength, while a pound of coffee gives 50 cups of the beverage. If you entertain half a dozen instead of 50, the cost for the drink is negligible.

To serve with the tea, sweet crackers, cookies, small cuts of plain cake or tea biscuits spread with jam are all appropriate.

A novel way to serve plain pound cake is to slice it into inch thick slices and then cut each slice into such forms as triangles and so on. These may be iced with a simple icing and sprinkled with chopped nuts, shredded coconut, grated orange rind or grated bitter chocolate.

A very simple icing for this purpose is made by beating enough confectioner's sugar into a stiffly beaten egg white to give an icing of the consistency desirable for spreading. A little vanilla extract and a few drops of lemon juice should be worked into this icing.

Tinting the icing always adds a certain degree of festivity. Small jars of color paste may be obtained at any of the first-class grocers. As much of a pin will give a beautiful tint to a half cup of icing.

The desirable colors are rose-pink, leaf green, yellow, orange and possibly brown.

Besides or in place of cakes, the hostess will find little bread and butter sandwiches, or lettuce mayonnaise or just cream cheese and jelly sandwiches in good taste.

It is not so much the refreshments, however, that make the social a success. It is rather the determination of every woman to make the occasion a happy one by wearing her best garments and bringing along her most pleasant mood.

When she returns from this little affair she will return to her daily routine with a renewed delight borne of recreation.

American College Women "Wider, Taller and Heavier."

By Universal Service.
Poughkeepsie, N. Y., March 1.—If, despite appearances, the nut-brown maiden still has a slender waist, it is not so slender as it was 20 years ago. At least that is true of girls who have entered Vassar college since 1904, if statistics are to be trusted. They are "wider, taller and heavier."

The waist measurements, as well as other dimensions of 7,077 Vassar freshmen have recently been examined, collected and tabulated by a class in statistics of the economics department and the results sent to the American Statistical association for publication. The period covered is 36 years, from 1884 to 1920.

During that time the average freshman has gained an inch and a third in height, about six and a half pounds in weight, and nearly two inches in "girth of waist." Yet the entrance age has remained close to 18 years.

"Of course," the Vassar freshman will say, "everybody knows waists have been out of style for ever so long."

As a matter of fact, that is one of the explanations suggested in the report of the physical development investigation, written by Mabel Newcomer.

"The change in the type of clothing worn, together with the increase in weight, readily account for the recent increase," she writes.

The gains in height and weight have been remarkably steady since the first records were taken. Not so the increase in waist measure. From 1884 to 1904 there was an almost constant decrease, despite the constant gain in the average weight and height.

The only explanation which suggests itself, says the report, "is that the earlier type of college woman was less subservient to fashions than those during the later years when higher education of women had become more widespread."

Having been emancipated from tight corsets, the recent classes of freshmen at Vassar have gained in average lung capacity, as well as in waist measure. Another plausible explanation of this is the increase in athletic sports for girls, which would also account for the general advance in physical development.

Miss Hess Charming Bride



Mrs. Douglas Peters, formerly Miss Geraldine Hess, of Council Bluffs, was a charming bride of Wednesday of the past week.

Mrs. Douglas Peters, formerly Miss Geraldine Hess, of Council Bluffs, was a charming bride of Wednesday of the past week. Her wedding gown of silver brocaded satin, was cut low with the bodice embroidered in pearls and crystals and the skirt was slightly hooped. It suggested somewhat the gown worn by Norma Talmadge in her recent film, "Smilin' Through." The long tulle veil was caught with orange blossoms.

The wedding took place at St. Paul Episcopal church in Council Bluffs, and was followed by a reception at the home of Mr. and Mrs. Charles Test Stewart.

Mr. and Mrs. Peters are now on an eastern wedding trip and will be at home in Omaha after June 1 at the Justin.

The maid of honor was the sister of the bride, Miss Gretchen Hess, whose engagement to Clarence Peters, brother of the groom, was announced at the same time as that of the bride and groom.

The other bridesmaids were Miss Martha Moir of Burlington, Ia.; Miss Dorothy Judson and Miss Daphne Peters. All were gowned in the new nazarium shades of taffeta, and carried shower bouquets of sweet peas and lilies of the valley.

Activities of Women

Collars of white kid with cut work are being shown to wear with dark frocks.

Women in the Philippines number 4,715,619, only 134 more than the male population.

In Siam, women wear their finger nails very long, and many have them tipped with silver.

Eighty-two women from 19 states are included in the list of founders of the national woman's party.

At a wedding recently held in London a woman appeared as "best man" in support of the bridegroom.

Miss Sonoki Matsumoto, 18 years of age, of Tokio, is distinguished as the most beautiful girl in Japan.

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Environment Reflected in Manners

To attempt to appear well bred when one has been brought up without breeding would be sheer affectation. Such is the opinion of some persons who regard good manners as the exclusive property of those who belong to families where social amenities are well established.

And some persons go so far as to say that the person who has not been taught good manners in childhood never can appear well bred, since good breeding is just what the word implies—good birth and good bringing up.

This argument is refuted best by the many examples of men in public life in America, who have come from rude homes and have acquired almost faultless manners. To accuse Abraham Lincoln either of affectation or lack of loyalty for his simple childhood home would be absurd. To imagine that there was time or opportunity for "polished manners" in that little backwoods cabin would also be a stretch of the imagination. And yet the mature Lincoln's manners and good breeding were almost flawless; for no man could do the courteous thing more graciously than he, no man could put those with whom he associated more at ease in even the slightest transaction than he, and few men have ever been able by a word or gesture so thoroughly to bridge over a trying situation as did Lincoln.

What Lincoln Did.
This is how it came about: Though Lincoln was brought up in the simplest, rudest of homes, he possessed that innate courtesy and consideration upon which all good manners are based. Though he may not have had good table manners when he first went out in the world, he did have that characteristic that is the basis of all good table manners—a desire not to offend those with whom he was brought into social contact. The boorish self-made man feels that it is a matter of affection to eat in any other manner than that to which he was accustomed in childhood. The man like Lincoln quickly notes the ways of the world and, lest the crude manners of the cabin might offend, he adopts the new. The young Lincoln might not have known the correct etiquette for introducing a man to a woman of his acquaintance, but he possessed that innate courtesy toward women that is the basis of all good manners between men and women. Because he had this he learned quickly the world's way of showing courtesy to women.

Etiquette Is Necessary.
Good manners are not only earned, but they are also good rearing. We do not learn the laws of etiquette merely because we want others to think that we have been brought up with a certain amount of leisure and care; that our parents have enjoyed prosperity and cultivation and that our ancestors were early colonists of the land. If that were the reason we sought to be

fortunate enough to boast that our wardrobe contained nothing but silk underthings along come the creators of the "undies" and announce that the silk and lace things are not sufficient unto themselves; if we are to be really smart our undergarments must be made with shoulder straps of gold chains (sometimes set with pearls) or narrow jet bands.

Where, or where, is the money coming from?
For really, don't you know, it wouldn't do at all to have filled chains, because one's skin is certain to turn green beneath the chain, and that would never do. So converted into a wrist attachment. And then there are others who might purchase pearl studded chains a dollar down and a dollar a week, just as they did their mink and ermine wraps.

At any rate, we really must have the darling little chains to hold our undies up.
We really must.

well bred, then it might be affectation. But etiquette is the system of conduct that has been built up, bit by bit, as the best means of carrying on social intercourse. The man who has been brought up among ill-mannered folk does not, on mingling with better bred persons, give up eating with his knife because he wants to delude them into thinking that he is an aristocrat, but because eating with the fork is most convenient and appropriate, and if he did not do it he would offend others and attract attention to his own peculiarities.



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May Issue at all News Stands

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