

Discipline at Home

By LORETTO C. LYNCH.
Do you have some system of discipline in your home? In all too many homes there is no semblance of discipline either for the children or the grownups.

With the beginning of another year, pause and think. Are you training your children for the kind of a world they must live in? Are you trying to inculcate that spirit of helpfulness so that your children refuse to allow you to wash up the dishes after dinner in the evening just because you are their mother

and they want you to have a much needed rest? You can inculcate this proper respect for womanhood and "the older person" by explaining carefully to the child just what part the mother has played in the scheme of things.
Perhaps Robinson Crusoe could live without discipline, but just as soon as he doubled up with Mr. Friday immediately he lost his right to consider no one but himself. Each man had certain duties which had to be performed in a certain way at a certain time (in their case either night time or day time) so that both might profit.
And just so, there must be a division of duties in the home, and some one must maintain sufficient discipline to see to it that the duties are performed.

What water is so pure as a bubbling spring? Filtered water that is used in bread of quality.

its HARD ROLL BREAD quality

Lincoln Special Ice Cream

A pleasing new blend of flavors for all good holiday dinners. A delightful surprise for home parties on Lincoln's Birthday. This unusual taste sensation is the latest Harding Special Ice Cream and it may be had at all Harding dealers today.

Hardings
The Queen of all ICE CREAM

BASKET STORES

BASKO COFFEE—Always fresh, \$1.00
3 pounds for

Basko Milk, large can.....	10c	Basko Butter, per lb.....	41c
Caroline Milk, Com. pound, 3 cans.....	25c	Fresh Eggs, per dozen.....	43c
S. B. C. Crackers, pound.....	12c	Wilson's Nut Margarine, per lb.....	25c
Farina, package.....	19c	W. C. Ginger Snaps, per lb.....	11c
Two-Minute Wheat Food, 2 pkgs.....	11c	Mabella Creams, per lb.....	20c
Crappinuts, 2 packages.....	35c	Basko Pancake Flour, 4-lb. sack.....	27c
Post Toasties, large package.....	14c	Basko Pancake Flour, per pkg.....	11c
Cream of Wheat, package.....	25c	Swansdown Cake Flour.....	39c
Quaker Oats, large package.....	25c	Nectar Green and Wax Beans, 2 cans.....	45c
Corn Meal, 5-lb. sack.....	15c	Small Green Lima Beans, can.....	24c
Puffed Wheat, package.....	14c	Snider's Pork and Beans, large can.....	23c
Graham Flour, 5-lb. sack.....	23c	Snider's Catsup, large bottle.....	29c

BASKO TEA—First crop pickings; 1/4-lb. pkg. 33c

"LIVE BETTER FOR LESS."

BASKET STORES

Cuts Grease and Spots Off Pans and Pots

Does Not Scratch or Hurt the Hands

KITCHEN KLENZER
ANTISEPTIC
CLEANS-SCOURS
SCRUBS-POLISHES
By FITZPATRICK BROS. CHICAGO

Takes the Slavery Out of Wash Day

AUTOMATIC SOAP FLAKES

"The Quality Coffee of America"

M.J.B.

Economy—the Greatest Flavor—The Richest

M.J.B. Coffee is the most economical and richest flavored coffee you can buy. It goes farther. Every can guaranteed. Vacuum Packed. Absolutely Fresh.

WHY?

Groeneweg & Schoentgen
COUNCIL BLUFFS
SIMON BROTHERS CO.
OMAHA
Wholesale Distributors

Don't Neglect a Cold
Mother's, don't let colds get under way; at the first cough or sniffle rub Musterole on the throat and chest. Musterole is a pure, white ointment, made with oil of mustard. It draws out congestion, relieves soreness, does all the work of the good old-fashioned mustard plaster in a gentle way, without the blister.
Keep a jar handy for all emergencies. It may prevent pneumonia in your home. 25c and 45c in jars and tubes; hospital size, \$2.
BETTER THAN A MUSTARD PLASTER

CUTICURA HEALS ECZEMA ON CHILD

On Face and Neck. In Pimples, Itched and Burned.

"When my sister was ten months old eczema broke out on her face and neck in small pimples, which spread rapidly. It itched and burned so she was unable to sleep, and her body was a mass of sore eruptions. She had to be carried around on a pillow.
"A friend recommended Cuticura Soap and Ointment and after using one cake of Cuticura Soap and one box of Cuticura Ointment she was healed." (Signed) Mrs. J. S. Smith, Box 118, Lakota, N. Dakota.
Give Cuticura Soap, Ointment and Talcum the care of your skin.

When Out of Employment—try—
A Bee Want Ad

GUNARD ANCHOR

ANCHOR-DONALDSON

Wholesale and Retail Dealers

N. Y. TO CHICAGO AND SOUTHAMPTON
AQUITANIA.....Feb. 28 Mar. 21 Apr. 11
MAURETANIA.....Apr. 4 Apr. 12 May 16
BERGARIA.....May 30 June 20 July 11
N. Y. TO HAMBURG, BREITENBURG AND HAMBURG
SAXONIA.....Mar. 7
N. Y. TO GREENSBORO AND LIVERPOOL
ALBANIA.....Feb. 18 Apr. 1
MYTHIA.....Mar. 25 Mar. 25 Apr. 26
CAMERONIA.....Mar. 11
N. Y. TO LONDON AND GLASGOW
ASSYRIA.....Mar. 17
ALGERIA.....Apr. 8 May 12 June 10
N. Y. TO HAMBURG, LONDON AND GLASGOW
ALGERIA.....Apr. 8 May 12 June 10
N. Y. TO NEW BEDFORD, ST. MICHAEL'S, LISBON, GIBRALTAR, NAPLES, PATRAS, HERRINGWICK, TRINITE, PIERRE
ITALIA.....Mar. 24
NORFOLK, MAINE, HAWAII & HONOLULU
SATURNIA.....Feb. 13 Mar. 20
CASSANDRIA.....Mar. 2 Apr. 13
Apply Company's Local Agents Everywhere

BUEHLER BROS.

Omaha's Leading Cash Markets
HIGHEST IN QUALITY—LOWEST IN PRICE
We Want Your Trade—Three Stores
212 No. 16th Street 2408 Cuming Street 4903 So. 24th Street

Stores Open Until 8 P. M. Saturday

BESIDE THE HIGH-CLASS MEAT WE MENTION YOU'LL RECEIVE ROUTE ATTENTION!

BEEF CUTS

Prime Beef Rib Roast.....	16c
Choicest Cut Chuck Roast.....	9c
Choicest Beef Pot Roast.....	9c
Choicest Rib Boiling Beef.....	6c
Fresh Cut Hamburger Steak.....	15c
Fresh Beef Tongues.....	17c
Fresh Beef Hearts.....	8c
Fresh Beef Brains.....	10c
Choicest Corned Beef (no bones).....	12 1/2c
Choice Beef Chuck Steak, per lb.....	12 1/2c

PORK PRODUCTS

Fresh Side Pork.....	17c
Fresh Pig Feet, 4 lbs.....	25c
Fresh Neck Bones, 5 lbs.....	25c
Fresh Pig Tails.....	10c
Fresh Pig Ears, 4 lbs.....	25c
Fresh Pig Hearts, 4 lbs.....	25c
Pork Tenderloin.....	40c
Breakfast Sausage, all Pork.....	20c
Choice Salt Pork.....	16c

VEAL CUTS

Choice Veal Roast.....	14c
Choice Veal Stew.....	12 1/2c
Choice Veal Chops.....	18c
Choice Veal Legs.....	18c
Choice Veal Loins.....	18c

CANNED GOODS

Evaporated Milk, tall cans, while stock lasts.....	10c
Early June Peas, 3 cans.....	40c
Fancy Sweet Corn, 3 cans.....	30c
Fancy Tomatoes, 3 cans.....	35c
Fancy Catsup, 8-oz. bottles, 10c Thousand Island Dressing, 10-oz. bottles.....	15c
Fancy Red Alaska Salmon, 1-lb. tall cans.....	28c
Monarch Pork and Beans.....	10c
Veribest Pork and Beans.....	10c
Nomis Sliced Peaches.....	25c

LAUNDRY SOAP SALE

Swift's Classic, 10 bars.....	45c
Buehler Bros. White Naphtha, four 1-lb. bars.....	30c

Special Sale of Fine COFFEE

Kasper's Big Five, lb.....	35c
3 lbs. for.....	\$1.00
Monarch Coffee, lb.....	35c
3 lbs. for.....	\$1.00
Monarch Coffee, lb.....	25c
4 lbs. for.....	\$1.00

Fancy Lean Pork Loins 1/2 or whole 15c

Choice Lean Pork Butts 15c

Fresh Spareribs 11c

Choice Lean Pork Shoulders 12 1/2c

Choice Leaf Lard Special at 10 1/2c

Choicest Cut Round Steak 15c

Ed. S. Vail's Evergood Butterine 5-lb. cartons \$1.00

Evergood Liberty Nut Special at 19c

Fresh Creamery Butter 1-lb. carton 34c

Fancy Young Hens or Spring Chickens 28c

TABLE SUPPLY

OMAHA'S PURE FOOD HEADQUARTERS
SEVENTEENTH AT DOUGLAS STREET

Douglas 3940

We Deliver to Any Part of the City.

Saturday Shoppers Will Be Out in Full Force to Share in These Greatest in the City Values

Carnation or Pet Milk, 6 cans.....	49c
PURE CANE GRANULATED SUGAR, 5 LBS. FOR.....	27c
BLUE BELL FLOUR, 48-LB. SACK.....	\$1.93
ARMOUR'S BAKED BEANS, 2 CANS.....	25c
GRANDMA'S MACARONI, 4 FOR.....	25c
EXTRA FANCY PRUNES, 40-50 SIZE, PER LB.....	16c
CUDAHY'S COCOANUT OIL SOAP, 3 FOR.....	10c
SAMBO PANCAKE FLOUR, 3 FOR.....	25c
CRYSTAL WHITE SOAP, 10 BARS.....	53c

Use SKINNER'S REAL EGG Noodles

Saturday Candy

20c box Homemade Fudge 10c
50c box Calumet Flax 25c
50c box Chocolate Cherries 25c
50c box Chocolate Cherries 25c
Jumbo Salted Peanuts, 2 lbs. 35c

COMPARE THESE BIG SATURDAY SPECIALS IN MEATS

Prime Rib Rolled Roast.....	22 1/2c	Young Veal Roast 15c	Rib Boiling Beef...5c
Pork Loin Roast, 16 1/2c	Young Veal Breast...9c	Sugar Cured Breakfast Bacon.....17 1/2c	Pure Lard, 2 lb...25c
Lean Pork Roast, 12 1/2c	Young Mutton Chops, Loin or Rib, lb...19c		

How You Can Make Hairs Quickly Disappear

(Helps to Beauty)

Even a stubborn growth of hair will quickly vanish from the face, neck or arms after a single treatment with delatone. To remove hair from arms, neck or face make a stiff paste with a little powdered delatone and water, apply to hairy surface and after about two minutes rub off, wash the skin and it will be left free from hair or blemish. To avoid disappointment, be quite certain you get real delatone and mix fresh.

GET YOUR FREE

\$1.00 PACKAGE OF GENUINE YEAST VITAMINE TABLETS from your druggist today.

IF YOU ARE THIN AND EMACIATED AND WISH SOMETHING TO HELP YOU PUT ON FLESH AND INCREASE YOUR WEIGHT, Yeast Vitamine Tablets should be used in connection with organic Nuxated Iron. Without organic iron, both food and Vitamine are inert, useless food into living cells and tissue unless you have plenty of organic iron in your blood. Organic iron takes up oxygen from your lungs, this oxygenated organic iron unites with your digested food as it is absorbed into your blood just as fire unites with coal or wood, and so doing, it creates tremendous power and energy. Without organic iron in your blood your food merely passes thru your body without doing you any good.

Arrangements have been made with the druggists of the city to give you a sample of this most a large \$1.00 package of Genuine Yeast Vitamine Tablets absolutely free with every purchase of a bottle of Nuxated Iron.

NUXATED IRON

For Red Blood, Strength and Endurance

The Food Centers

BETTER THINGS TO EAT

Phone AT lantic 4603

Free Deliveries on Orders of \$5 or Over

1814-16-18 Farnam Street. Mail Orders Filled

Saturday—Tall Cans Carnation Milk, 3 for.....25c

Fresh Killed Spring Chickens, 26 1/2c	Pig Pork Roast, lb., 12 1/2c	Steer Sirloin Steak, lb., 17 1/2c
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Small Fresh Pig Pork Loin, lb.....18 1/2c
Fresh Skinned Hams, half or whole, per lb.....22 1/2c
Steer Beef Pot Roast, per lb.....9c
Steer Rib Roast, per lb.....6 1/2c
Prime Rib Roast, boned and rolled, lb.....22 1/2c
Fancy Young Veal Roast, lb.....14 1/2c
Fancy Young Veal Steak, lb.....25c
Young Veal Stew, lb.....8 1/2c
Young Lamb Stew, lb.....6 1/2c
Pure Rendered Lard, lb.....12 1/2c
Pure Pork Sausage, lb.....15c
Sugar Cured Bacon, lb.....16 1/2c
Lean Breakfast Bacon, lb.....24 1/2c
No. 1 Sugar Cured Hams, lb.....25 1/2c

Headquarters for Fresh Fish and Oysters

Use SKINNER'S THE BEST Spaghetti

Use SKINNER'S REAL EGG Noodles

Big New Bar

30 Bars 43c
Box 90, \$3.25

Cigars—Just Inside the Door

Saturday Special.
15c Emerson 10c; box \$5.00
3 for 15c Emerson, 3 for 25c; box \$5.00
10c Emerson, 2 for 15c; box \$5.00
box 50 for.....\$3.75
Camels, carton.....\$1.50

We Sell SKINNER'S The Highest Grade MACARONI PRODUCTS