

Christmas Dinner

By JANE EDDINGTON

A great sum of attainment may be put to service when it comes to preparing holiday dinners. How much can be done with small attainment? We may answer: A great deal in this day and generation, when favors and Christmas pies—both mince and meat—plum puddings, and fruit cake may be purchased at one and the same shop, along with tiny candles and almost every sort of knickknack of a holiday sort.

Fruit cocktails, and all the endless relishes which we must introduce, are but more or less entertaining trifles, therefore no recipes are given below for them. In general they cost more than they come to, and are not as good dietetically as the fringed and chilled celery, or the radish flowers, neither of which has calories to speak of but which list with hors d'oeuvres in spite of their extreme simplicity. Ripe olives have more calories than celery and radishes and when well chilled are highly acceptable as a relish. Salted nuts should never be used with a big dinner, because they make it so much bigger, containing, as they do, more calories per given bulk than almost any viand or dainty on the bill.

In choosing to make our Christmas table colorful, we may get beautiful greens in center of the table but cook them correctly. The green of the pistachio nut may be used for icings, ices, and cake garnishings. For the Christmas red there is the pimento and the cinnamon drops.

Roast Goose.

After regularly singeing, scrubbing, and washing a goose, scrape the surface with a small and not too sharp knife. The young goose is most often cooked like game, with only a celery and onion in its pouch. The older goose may be stuffed, but undoubtedly the best stuffing is one of meat—veal and some pork—pounded to a cream and seasoned.

A fine flavored mashed potato, mixed with a little finely chopped onion, may be put in under the apron and fastened in with the trussing. It must be fastened in, for a potato stuffing is one that most readily boils out.

A bed of vegetables may be used under the goose for seasoning the basting liquid. Some hot butter may be poured over it at the start, or when the goose is exceedingly fat some hot water only. Baste every fifteen minutes until tender in an evenly solid heat.

Apple Sauce.

The goose is universally served with apple sauce—unsweetened—or an apple puree. Perhaps a fine greening apple makes the best sauce for this purpose. Wash, peel, quarter, core, and cut each quarter in thin slices. Just cover with boiling water and cook up quickly with a cover over saucepan. Whip up apple as it softens and when done put through a strainer and serve in a gravy boat.

Brussels Sprouts.

Remove the yellow or broken leaves, wash, parboil, then stew a box of Brussels sprouts in two ounces of butter. If the fire is kept low they will remain as green as grass and be ideally cooked.

Mince Pie Meat.

For four pies—two pounds of boiling beef, three to six pounds of apples, one pound of raisins, one pound of white or brown sugar, one pound of sugar to taste and according to amount of sweet fruits used—one cup of cider boiled down a half, and spices such as cinnamon, cloves, ginger, allspice, and nutmeg in small proportions. Half a cup of home candied citron chopped fine add to the flavor and other candied fruit may be used. Boil meat, remove skin and gristle, and chop. Pare, core, and chop apples. Seed and chop raisins or use seedless raisins. Cook the whole together, bringing it to the boiling point and tasting, when more sweetening or more of sugar can be added. When the pies are to be served hot, as they usually are, half as much chopped suet as raisins may be added before the mincemeat is cooked. Butter in a smaller proportion may be used instead.

The pie deservedly has a reputation for being hard to digest, and the addition of suet makes a good sized triangle of it equal to a whole meal, as far as calories are concerned, therefore undesirable at the end of a meal of many items and other foods rich in fats. It is often the one thing too much or one of several things too many.

Frozen Pudding.

An ice which may well substitute for the heavy plum pudding, or the fruit cake may be made as follows: Thicken one pint of milk with one tablespoon of flour and add one-half teaspoon of salt, one-fourth cup of sugar, and one-fourth cup of sorghum, and cook. One-fourth cup of chopped raisins may be cooked in the milk or added with the nuts. When the milk has cooked and thickened, add to it the beaten yolks of two eggs and cook for a minute or a bit more. Take from stove and cool, and when partly cooled add the raisins, if not put in earlier, and a fourth of a cup of chopped nuts. A washed fig, chopped, is fine. Freeze like any ice cream. Enough for six.

Serving Ice Cream.

Cream sweetened, flavored and frozen makes the finest of ice creams. It may be whipped and simply packed in ice with salt and frozen. When the mold must have a tight fitting cover, and it is best to cover the whipped and flavored cream with a piece of buttered white writing paper before putting on its cover. This may be served like any brick or mold of cream, but when the cream is frozen in a regulation freezer one nice way to serve it is to heat it into a chilled glass bowl from which it is spooned out. Have, if you choose, another bowl with whipped cream to serve over the ice cream and perhaps in a third with bits of candied fruit to add as a garnish to each portion.

Orange Ice.

Perhaps there is hardly a prettier and more gratifying ice than the following: Wash an orange or as many as you like. Grate off the yellow peel only, mix in it one stand over night. In the morning add the juice from the orange and strain through a cheesecloth. Add

FASHIONS BLUE BOOK



Veldyne is almost as thorough as an English rain. It's blowing in on all sides, and it has the undiscriminating choice of direction characteristic of this element.

Most certainly is falling alike upon grandmother and her grandchild. Indeed, the coat for the young person has perhaps benefited more from this fabric than has the adult wrap.

The above shows one of the latest models for a girl from 6 to 12 carried out in navy blue veldyne embroidered with gray angora and trimmed with gray squirrel. It is immediately evident from this model how much entitled the young person is to share in the privileges of the armhole which is extended to the waistline—By Corinne Lowe.

Figuring Out the Various Items of Expense

If you rent the house you live in do you know what proportion of your total income your rent amounts to? The old rule was that one should never pay more than one-quarter of his income for rent. Many persons have been forced to discard this rule during the present period of exorbitant rents, but you should keep as close to the rule as possible.

If you own your own home, do you know what the cost of your house really amounts to—the taxes, repairs, interest on your investment, insurance, etc.?

Do you know what you spend on food a week?

Do you know how much you need for your own clothes a year? If you own a car, do you know what it costs a week to run it?

Perhaps you are one of those women who feel that even a maidless existence would be a pleasure if you owned and ran your own little automobile. You have ambitions in that way. Have you ever figured out about how much it would cost to run the type of car you have in mind?

Do you know how much you are spending on the education and general intellectual development of your children each year? Is the amount when you figure it out a generous

one compared with your total income?

Do you know how much you spend on theater tickets and other amusements? How much on books or music?

Some women could not answer any one of these questions, even if they were given time to consult account books and records. Some women who keep elaborate accounts could not get together the answers, and other women who never keep definite accounts could give an approximate answer to the questions, showing that they have a mind to expenses in general though perhaps not to the detail.

You may regard yourself as a careful spender, as a conservator of your income, but you may be sure that unless you occasionally figure out your expenses in some way, so that answering these questions would be possible, you are far from being a perfect household financier.

Baked Potato Cautions.

Some cautions of the domestic science teachers on this subject are: "Don't have your oven too hot. Don't have different sized potatoes. Don't delay in getting them in—they refuse to be hurried along toward the stove. Do not allow 45 minutes to an hour for a medium sized six-ounce potato. Don't pick too big potatoes. Don't put them in the oven dripping with cold water. Don't plan to serve them as a second course in a dinner—it is difficult to time them just right—use them in the first course in a lunch or supper."

the whole to a sirup of one cup of sugar and one-half cup of water which has been cooked for five minutes. The juice of two more oranges may be added and the whole frozen. When the grated skin is thus used it is not necessary to add lemon juice, and the ice will therefore be more delicate. There are many pretty ways of serving this in orange skins or over a whole orange with all its carapels separated and spread out like a great lily.

Work smooth one small cream cheese. Beat into it French dressing to which a little onion juice and chopped parsley have been added. A delicious dressing.

Attention, Santa!

Tan gloves are made with cut work cuffs over white, so that white shows through in circles and crescents. Silk embroidery in the same color is used on broadcloth in some of the new coats.

Gray and black continue to be one of the smartest of smart French color combinations.

Lovely boudoir slippers are made with flaring ostrich fringe around the upper edge and others with ostrich pompons on the toe.

Bronze toilet articles are being imported from Paris for the up-to-date dressing table.

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Birthstone Rings, new mountings, \$3.50, \$7.50, \$15.00 and.....	25.00
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Drinking Cups.....	3.50
Silver Spoons.....	1.00
Silver Sets, three pieces, \$1.50, \$2.50 and.....	3.50
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For the Home—

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