

Nebraska Girl in China Writes Her Experiences

By LAURA SCOTT.

When American secretaries go to foreign countries for the Y. W. C. A., they wait to be invited to take up the work. Miss Ethel Hartley, a Nebraska girl, graduate of the state university, who has gone to Hong Chow in China, tells in a letter written September 16, some of her interesting experiences:

"I have letters here which remind me that I have been very remiss in not writing to my O. H. family lately. I suppose the days will get fuller as the year goes on. We are getting so excited now that there is really some hope of becoming a regular association. Miss Kyang (pronounced Jang), has come to us as our first Chinese secretary. We received the final word from her last spring that she would leave her \$100 position as teacher in the government normal school for men and come to be a Young Women's Christian association secretary at \$50 a month. She is planning already to go over and spend Sunday afternoon with the girls at the Girls' Normal school and start a Bible class for those who will promise to come regularly. It's such joy to have someone who knows the conditions from the inside and dare do things which we foreigners cannot do because we do not know their background.

"How we hoped there would be peace and plenty this year, but alas, poor old China doesn't seem ready for it yet! The drought ended in the north and the north-eastern dry country bloom as a paradise, but the river-drained broad plateaus have been flooded. It's all because the sluggish old Yellow river, which meanders along something like our Platte river, will not cut for itself a proper channel.

"There have been engineering projects which might have remedied the situation and saved the lives of thousands of people who have been drowned, but these projects meant money to back them up, and the Chinese government has no money because its rulers are carrying on constant petty warfare between northern and southern forces, trying to gain ascendancy for the sake of personal power and money for some ambitious general. It's the saddest thing to see the Chinese government being battered around between different war lords, the one who has the most money to pay the most soldiers or to bribe the largest number of officials being the one who rules for the time being. And while they are fighting, the sides of the Yangtze river and capture a few towns and loot the villages, the people are dying because of flood and famine. Selfishness—it's the keynote to misery the world over, isn't it?

"Yesterday was the biggest meeting, or perhaps I should say, the most particular meeting of those held so far. The committee members each made a list of their non-Christian friends who would be interested in association activities, or who would be influential among their own circles and could help much to advance the organization. The civil governor's wife was invited and also the other women members of her household. A prominent official in the days of the emperor lives in Hangchow, and his wife came in great dignity, seated stiffly in her sedan chair, but not extravagantly dressed. She sat near the Victrola, which it was my job to operate while the audience was gathering. The formidable heatness of her hair rather made me feel bashful but she started to converse by asking if I could talk Chinese, whereupon I felt better. That question, at least, I could answer in the proper, polite way, having practiced it on other people. So I promptly replied, 'No, not at all.' Of course, she came back with the usual polite response, 'Oh yes, you can; you talk it very well.' (When you go out shopping at the talk Chinese! you feel a warm glow of honest pride. But after you have been here a year and a half you know that it's simply Chinese politeness, and the proper thing to do is to respond with true Chinese modesty that 'Not a little bit can you talk.'")

Furbelows of Fashion.
Sport capes are popular. Black kid gloves in elbow length are popular. The use of large beads seems to be growing. For the 6-year-old the Cossack blouse costume, generally combining a checked skirt with a velvet jacket, is being shown. Dance frocks for tiny tots are developed in tulle and pink taffeta ribbon ruffles, the whole posed over a foundation of pink silk. Wraps for the little ones are usually accompanied by a hat to match. If not of the same material as the coat they are made up in velvet, but in the same shade as the wrap. Sheer velvets on the Salome order, so delicate as to be scarcely heavier than a chiffon are being used for evening frocks. White in this material is a favorite. Among the smart silhouettes are the fitted waist, the long billowy skirt, the Greek, straight and classic, and the low waist with a belt, confining long-pointed draperies.

Things You'll Love To Make
Leather-Trimmed Over-Blosure
Leather trimming will be quite popular this fall and winter. Therefore you will want a leather-trimmed over-blosure. Cut strips of leather or kid one-half inch wide. Interlace them as shown. Stitch a group of the lattice work at each side of the blouse and a group, smaller in size, below the center from the neck line. Trim each sleeve in the same manner. In each box fasten a large bead or celluloid ornament. A leather-trimmed over-blosure is very chic worn with a fall suit.

Ends Stubborn Coughs in a Hurry
For real effectiveness, this old home-made remedy has no equal. Easily and cheaply prepared. You'll never know how quickly a bad cough can be conquered, until you try this famous old home-made remedy. Anyone who has a cough all day and all night, will say that the immediate relief given is almost like magic. It is very easily prepared, and there is nothing better for coughs. Into a pint bottle, put 2 1/2 ounces of Pinex; then add plain granulated sugar syrup to make a full pint. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, the full pint saves about two-thirds of the money usually spent for cough preparations, and gives you a more positive, effective remedy. It keeps perfectly, and tastes pleasant—children like it. You can feel this take hold instantly, soothing and healing the membranes in all the air passages. It promptly loosens a dry, tight cough, and soon you will notice the phlegm thin out and disappear. A day's use will usually break up an ordinary throat or chest cold, and it is also splendid for bronchitis, croup, hoarseness, and bronchial asthma. Pinex is a most valuable concentrated compound of genuine Norway pine extract, the most reliable remedy for throat and chest ailments. To avoid disappointment, ask your druggist for "2 1/2 ounces of Pinex" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Co., Ft. Wayne, Ind.

If you're free from constipation show this to some sufferer!
One of the greatest benefits to humanity that has been made available is to every man, woman and child in America is Kellogg's Bran, cooked and krumbled. Kellogg's Bran will relieve constipation permanently if it is eaten regularly. If people of this nation generally would eat Kellogg's Bran nine-tenths of all sickness would be eliminated. Physicians endorse Kellogg's Bran, cooked and krumbled, for constipation because constipation is naturally relieved through proper food. We guarantee Kellogg's Bran will relieve constipation if at least two tablespoons are eaten daily. We advise as much as necessary for chronic cases. Kellogg's Bran acts as a sweeper, cleansing and purifying. But it is not

a "remedy"; rather a nature food. Unlike pills and cathartics, which are not only irritating to the delicate intestinal tract, and afford but temporary relief at best—bran is not habit-forming. Effects of pills and cathartics wear off and it is necessary for the sufferer to find some new and more violent bowel-agitator. Kellogg's Bran never ceases its regular work. Kellogg's Bran at the same time will clear a pimply complexion and sweeten the breath. Kellogg's Bran, cooked and krumbled, is one of the most delicious cereals you ever ate. Its nut-like flavor is delightful. Or sprinkle it on your favorite cereal and use it in various foods such as bran bread, muffins, pancakes, gravies, etc. Recipes are printed on each package.

Household Hints
Apples for canning should be bleached for one minute, as they shrink greatly. Grape juice is an excellent substitute for wine in preparing grape fruit for table use. It is better to save cauliflower, summer cabbage and cucumbers in brine than to can them. To make starch for black waists, cook one tablespoonful of starch in one pint of boiling coffee. Baste a roasting ham with a few tablespoons of grape juice. This gives it a delicious flavor. Make your own syrups for waffles and pancakes; they are delicious when made of fruit juices and are much cheaper when made at home.

Smart Winter Gowns.
Simplicity of design and slender lines of outline are the combined forces that make for winter smartness, says the December "Designer." Color, too, is quite as important as the silhouette in catering to the mode. For street wear nothing is more fashionable, and surely nothing is more wearable, than black. It seriously threatens to disturb the long reign of navy blue as first choice in the scheme of modish colors. If black is not your color and you are, moreover, weary of navy

and other blues, there are wonderful brown shades and deep, rich reds, to select for your coat, suit and street frocks. Grays are also very favorably spoken of, some of the newer grays having a hint of brown or blue in them. In Honor of Miss Stein. Miss Gertrude Stein whose wedding will take place next Sunday, will be honor guest, Thursday, at a luncheon at the Brandeis restaurant and an Orpheum party afterward, when Mrs. Simon Whitebrook of Council Bluffs will be hostess.

Parents' Problems
Can anything be done to help children not to forget absent relatives? Photographs help to keep the absent members of the family in the children's minds. Letters or picture postcards and, occasionally, little presents sent at other times than Christmas and birthdays—all these things help greatly. Short coats of padded silk such as one associates with bouffant garments gaily printed in bold colorings of birds and beasts and disks and triangles are being worn. They reach just below the higs, where they are edged with fur, as are the sleeves and neck.

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South High Girls in Pageant Thursday



These South Omaha High school girls will appear as Indian maidens in the pageant, "Nebraska," to be given for the Omaha public Thursday evening, November 17, at the Auditorium. From left to right they are: Thelma Martin, Margaret Coulter, Marie Novak, Marie Johnson and Lucile Larkin. South High gives the second act of this beautiful three-act performance. Miss Marguerite Walker has directed the dramatic features, Miss Jeanette Doyle the dancing and Miss Kathryn Lowry the costuming.

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Jack and Jill

"Jack," The dinner dishes had been cleared away and Jack was immersed in a new book he had fetched home from the library—"The Lives of Famous Generals"—for Jack, as a rule, was given to serious reading.

"Jack," she prompts again gently. He glanced up with a tiny frown. "What is it, honey?" "What is the Einstein theory?" "He stared at her in genuine surprise.

"The what?" "The Einstein theory." Jack placed his book on the center table and whistled his surprise. "For goodness' sake, dearest, what do you want to know for?" "Well, I am reading about it in this magazine and I want to know about it."

Jack thought quickly. "Why not take a peck into the encyclopedia?" he asked, dodging. "I did—but there's nothing in there about it."

"Well, it isn't very important, anyway," said Jack deprecatingly. He reached for his "Lives of Famous Generals."

"But Jack, dear—" "Oh, dear, Jill, what is it?" "The Einstein theory must be important. Everybody's writing about it in the magazine, and in the papers, and—"

"Well, then, what do you ask me to explain it for? Surely, you can understand plain English if it's in the magazine and newspapers."

"Yes," pointed Jill, "that's the trouble. I can read the words, but I can't tell what they mean."

"That's not my fault, you know, dear," he reminded her gently. Jill pondered.

"I'll bet you don't understand it, yourself," she said, a little spitefully. "Who doesn't?" he demanded. He chuckled. "Goodness, Jill, everybody understands it. It's as simple as pie."

"Well, darling, I should think you'd tell your Jill-girl about it—"

just a little bit, so I'll know what I'm reading about. I do so want to know about it."

"Oh, it's very ordinary," said Jack, largely. "It's—it's a lot of new stuff about the future. Ouija board stuff, you know. The future, and all that sort of thing, gravity, that—"

"Spiritualism," asked Jill. "Oh, something like that." And Jack reached for "The Lives of Famous Generals."

There was a long silence and Jill, deep in the scientific magazine that had been the cause of the discussion, was quiet.

Then suddenly she squealed. "Now what," asked Jack pleasantly, masterfully. He felt prepared to solve any slight problem she might have for him to consider.

"Oh, listen, dearest," she said excitedly. "This magazine says that the Einstein theory is so utterly profound that one may not grasp it, that it is so frightfully scientific, having to do with mystery of the world's attraction and gravity, that—"

"Aw, Jill, do shut up and let me read, will you?" rasped her husband (Copyright, 1921, Thompson Feature Service.)

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You Can Bring Back Color and Lucite With Sage Tea and Sulphur.

When you darken your hair with Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home is a messy and troublesome job. At little cost you can buy at any drug store the ready-to-use preparation, improved by the addition of other ingredients, called "Wyeth's Sage and Sulphur Compound." You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning all gray hair disappears, and after another application or two your hair becomes beautifully darkened, glossy and luxuriant.

Gray, faded hair, though no disgrace, is a sign as well as a sign of our desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur Compound, and look years younger.

Relieves Rheumatism
Musteroil loosens up stiff joints and drives out pain. A clean, white ointment, made with oil of mustard, it usually brings relief as soon as you start to rub it on. It does all the good work of the old-fashioned mustard plaster, without the blister. Doctors and nurses often recommend its use. Get Musteroil today at your drug store. 35¢ and 65¢ in jars and tubes; hospital size, \$3.00.

Kidney and Bladder Troubles Conquered or Money Back
For 40 years, said Dr. Carey, I have been prescribing Marshroot for kidney and bladder sickness and now that I have retired, I still practice. I have made arrangements with leading druggists to dispense this wonderful prescription at a moderate price, at the money back if dissatisfied plan.

Beware of kidney disease—thousands die of it every year who ought to be enjoying the blessings of life and health. Watch the symptoms. If you have specks floating before the eyes, stuffy nose, stinging feet or moist palms, backache or side-ache, you ought to get a bottle of Dr. Carey's Marshroot right away.

It has wonderfully benefited tens of thousands of cases of kidney and bladder troubles and the medicine you can always depend upon. Results are guaranteed.

Harmless Means of Reducing Fat
Many fat people fear ordinary means for reducing their weight. Here is an extraordinary method. Extraordinary because it perfectly harmless. No fasting or exercise are necessary. Marmola Prescription Tablets are made exactly in accordance with the famous Marmola Prescription. You reduce steadily and easily, with no ill effects. Procure them from your druggist at \$1 for a case, or send price direct to the Marmola Company, 4612 Woodward Avenue, Detroit, Mich.

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Handy to carry—beneficial in effect—full of flavor—a solace and comfort for young and old.

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UNITED STATES PATENT OFFICE

For Firm Flesh "Pep" That Makes Men Win Take Mastin's Yeast Vitamon Tablets

How This New Discovery Helps Increase Weight, Put Fresh Energy Into Tired Bodies, Clear the Skin and Correct Constipation—Easy and Economical—Results Quick

If you want to put some firm, healthy "stay there" flesh on your bones, increase your energy, nerve force and power, clear your skin and complexion and feel far better, try this simple test: First weigh yourself and measure yourself. Next, take Mastin's VITAMON—two tablets with every meal. Then weigh and measure yourself each week and continue taking Mastin's VITAMON Tablets regularly until you are satisfied with your gain in weight and energy.

Because they fall to get from what they eat enough of the health-giving, strength-building vitamins contained in fresh yeast as well as those found in raw milk, cod liver oil and certain fruits and vegetables, thousands of men are not living up to their possibilities.

Yet, Science has found a simple easy way to supply all three of these precious vitamins in the convenient easy-to-take form known as Mastin's Yeast VITAMON Tablets. So great has been the success of these tiny tablets in quickly building up weakened, nervous, run-down folks and putting the system in fine condition that they are today being used by millions.

By increasing the nourishing power of what you eat Mastin's VITAMON Tablets supply just what your body needs to feed the shrunken tissues, strengthen internal organs, clear the skin and renew shattered nerve force. Under their influence pimples, boils and disfiguring skin eruptions seem to

vanish as if by magic and the complexion becomes radiantly clear and beautiful. Mastin's VITAMON Tablets do not upset the stomach or cause a bloated feeling; on the contrary they aid digestion and by acting in a natural way as a general conditioner of the whole system help to put on firm flesh, correct constipation and increase energy.

Important! While the amazing health-building value of Mastin's VITAMON Tablets has been clearly and positively demonstrated in cases of lack of energy, anaemia, indigestion, constipation, skin eruptions, poor complexion and a generally weakened physical and mental condition, it should not be used by anyone who OBJECTS to having their weight increased to normal. Be sure to remember the name Mastin's VITAMON—the original and genuine yeast-vitamine tablet—there is nothing else like it, so do not accept imitations or substitutes. The brand MASTIN'S on the yellow and black package is your protection. You can get Mastin's VITAMON Tablets at all good druggists, such as Sherman & McConne, Adams Haight, Alexander Jacobs, J. L. Brandeis, Hayden Bros., Burgess-Nash,

Your Weight Indicates Your Health, Are You Gaining or Losing?
If you want to quickly get more strength and vitality and have that firm "pep" which makes you look and feel 100 per cent better, just try taking two of Mastin's Yeast VITAMON Tablets with each meal for a short time and watch the truly amazing results.

MASTIN'S VITAMON TABLETS
THE ORIGINAL AND GENUINE YEAST VITAMINE TABLET
ARE POSITIVELY GUARANTEED to Put on Firm Flesh, Clear the Skin and Increase Energy when Taken with Every Meal, or Money Back

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A mild system of treatment that cures Piles, Fistula and other Rectal Diseases in a short time, without a severe surgical operation. No Chloroform, Ether or other general anesthetic used. Cure guaranteed in every case accepted for treatment, and no money is to be paid until cured. Write for book on Rectal Diseases, with names and testimonials of more than 1,000 prominent people who have been permanently cured.

Let Cuticura Be Your Beauty Doctor
Cuticura is the most effective skin treatment ever discovered. It cures all skin diseases, including eczema, dandruff, itching, and all other skin troubles. It is safe, reliable, and economical. Write for a free trial.