The Omaha Bee
 $\underset{\text { More Grief for Inconsolables. }}{\text { Ossa on Pelion piled is nothing to what }}$









How to Keep Well




## 



Our Renewed Piano List Should Interest You

ATMospecto



Intimate Inventory, or Taking
Stock of One's Self
$\mathbf{B}^{\text {FORE }}$ business and professional work begin to speed . up in the fall, after the summer lull and general easing up compelled by hot weather, forward-looking men might profitably take account of themselves physically, morally and intel--
lectually with particular reference to bodily health, moral strength and mental trend and attitude.

Men dislike to face unpleasant truths about themselves, to give moral lapses and wrong ways of thinking. They postpone such inventories, as a rule, until a kidney, a gall bladder, a muscle an intestine or a heart goes wrong in their physical organization, or until some sin finds them out and gives them bad repute, or appointing results in wrong decisions on important matters

A man must, of course, keep himself physically fit to do the best work. Indulgence means deterioration, gormandizing clogs the brain, irregularities disturb proper functioning. A day's honest checking up of habits may be worth life itself during the coming winter. The mind needs attention as well. Its thinking is influenced largely by the reading and thinking business or professional publications should be mastered before frost? What line of thinking and reasoning should be covered before the action of fall sets in? Well begun may not always worth while.
think it over

L. V. NICHOLAS OIL COMPANY

