

How to Like Housework

By LORETTO C. LYNCH. "Can you say anything that will help me to like housework? Married a whole year, my life as a housewife grows more unbearable each day. No, it isn't that my husband does not love me, nor that our income is insufficient for the necessities of life, but we cannot afford outside help, and so I must do it all—keep the five rooms clean, make beds, get breakfast by 8 in the morning and an evening dinner at 6.

"Yet before I married I belonged to a family of wealth. I was given an excellent education, which the family supposed that some day I should be able to use. Instead, there is neither music nor poetry in what I must do day in and day out. And the sad part of it is that there seems no possible way out."

"This was one letter—there was another one from a college friend, one of the brightest students we knew. She wrote delightful poems, many of which were set to music and netted her a comfortable income. Then she married. And she had many of the luxuries of life. But by one of those inexplicable jests of fortune, her husband lost every dollar he possessed. A mining firm in Alaska offered him a job. For two years this woman has been keeping house in a shack.

"It was a big chance," she writes, "but I have always boasted that I possessed a real education, and so I started out to prove to myself that I really was well educated. For the well educated woman can adapt herself to circumstances. And so, out here in the wilds, when the old Indian I had engaged failed to appear on washday I got out that copy of 'Little Women,' by Louis M. Alcott, and turned to those lines that run: 'Queen of my tubs, I merrily sing As the white foam rises high, I happily wash and rinse and wring And fasten the clothes to dry. Then out in the free, fresh air they swing

Under the sunny sky. I am glad to me a task is given To labor at day by day; As I happily wash and rinse and wring, I cheerfully learn to sav: Head, you must think; heart, you must feel; But hands, you must work way."

Charming little poem, isn't it? And it contains just the most homeliest bit of philosophy. It gets the mind thinking right. This seems to be the keynote to the situation of which my correspondent complains. She isn't thinking right when she believes she has been well educated. Her education has been faulty. She is suffering from what has been a terrible mistake in viewing education by the unthinking of the last generation. The mistake consists in thinking that all physical labor is menial, low and entirely beneath the dignity of one who has accomplished in the way of education a certain amount of book learning. Real education, as a friend in Alaska believes, prepares one to fit herself to circumstances, no matter what these circumstances may be.

The Cook Book

Sugar cooking is easier than it seems and harder than the amateur guesses. It is easy to the one interested enough in doing it to put concentration into the work. The person with a smattering sort of mental caliber might just as well pay \$1 or \$2 a pound for candy as pound satisfied as waste 12 cents a pound sugar in making unsatisfactory stuff.

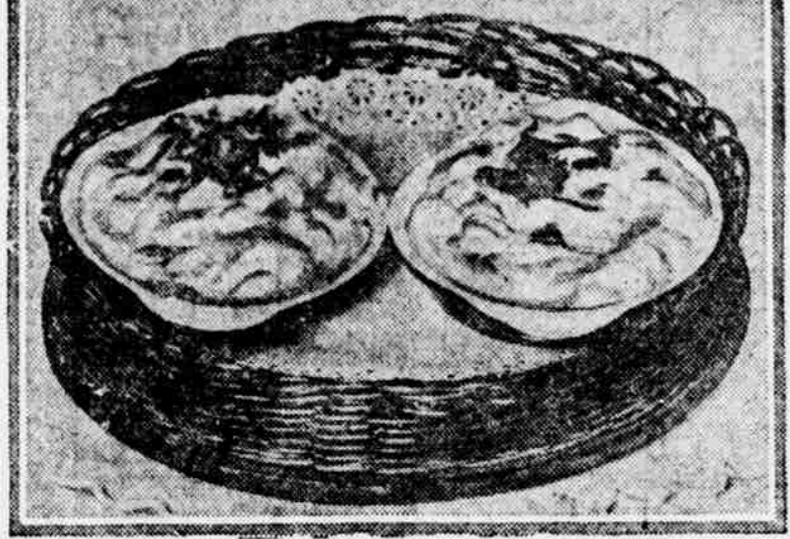
The candy thermometer is indispensable to the cook, although she would do no other straight sugar cooking than the making of boiled icings. It watches the sugar cooking for us. It is as indispensable as a clock, if we wish to catch the candy train often, that is, make candy frequently. With it we can catch the candy train, and not waste either time or temper, or sugar. Without it we take a chance of losing all these, and a pleasant acquirement besides. There is no more sense in depending upon luck in cooking sugar than in trying to catch a train.

In beginning to cook sugar the inexperienced may get lumpy instead of smooth mixtures, as smooth as anything in cooking. She may get rocks where she should get creams. She may get something sticky instead of dry. In working a cooked sugar she may get as ugly, clumsy, stiff effects as she would get taking a first lesson in clay modeling.

Must Learn by Experience. And here is where I want to scold. She would not expect to become a sculptor without infinite trying, with constant instructions. Yet there are an astonishing number of people who expect to make and mold candy without any training at all.

As in many another sort of cookery they expect to get a few words of instruction, from some source, and then feel all responsibility as to success or failure lifted from their shoulders. The person who fails in making good, simple, wholesome home-made candies, attractive candies, to take the place of dessert, to give a friend, to sell for profit, is herself to blame for the failure in 99 times out of 100.

Fish Souffle



This delicious fish is a novelty to many. Mix two cups of finely-chopped cooked cold salmon into two cups of aspic jelly, which has been well whipped while cooling, then add a cup of whipped cream; season with a teaspoonful of mixed English mustard, a little salt, a dust of pepper, one and a half tablespoons of Worcestershire sauce and a teaspoonful of onion juice. Mix together, put into little earthen baking dishes and set to bake in a moderate oven for about 20 minutes.

Aspic Jelly—Take two ounces of gelatin, four cups of water, a dessertspoonful of salt, juice of one lemon, one or two bayleaves, two whites and shells of eggs, a small teaspoonful of white vinegar, one onion, sliced, and 20 peppercorns and allspice mixed. Mix up all the ingredients well with a whisk, and when it comes to the boil pass it through warm jelly bag, having first run some boiling water through the bag. Then use as directed above.

and is easier to work with, using many cautions, than the cooked fondant. But it has not the flavor or melting creaminess of the bon bon base. Today the fine sugars we get are not as reliable or uniform as formerly, so we cannot depend on getting fine effects with this uncooked fondant, but those who make candy on a commercial scale, since they are able to get special sugars for candy making which the housewife cannot buy, do give us pretty new things of uncooked sugar.

One of these this year is the "buddie." The candy manufacturers have got the form from the baker, but something nearly like it in chocolate has been on the market for some time. The point of this mention is that these can be made of cooked fondants, and judges slightly melted, but not as easily as with the uncooked fondant. A few of them for pleasure's sake can be made by taking a little of the fondant and pushing it with the thumb through a twelve-start point, which can be purchased with a pastry bag.

This is point 21 of the sugar syringe. Of course, if you are going to make many of these you will need a bag or cone or syringe back of the point. You will find that these made of a nice fudge of fondant much the handsomer, especially on the second day.

Heal that ugly skin eruption with Resinol Soap and Ointment. They do not work miracles, but they do make red, rough, blotchy skins clearer, fresher, and more attractive. Your druggist sells them.

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Problems That Perplex

Answered by BEATRICE FAIRFAX. "Why Don't Boys Like Me?" Dear Miss Fairfax: I am coming to you again for a little advice, as I think you always "hit the nail on the head."

I am almost 24 years old, an ordinary looking and an ordinary dresser. However, I neither use rouge nor lip stick, nor do I wear dresses up to my knees. I do not seem to take well with the opposite sex and cannot understand it as I have lots of girl friends and real true ones at that.

A few months ago, I did go some with different ones but they did not seem to care for my ways. I try to act natural and the same as I do with girls, but when I won't stand for their "mush," they don't seem to like it. Then, too, my mother always stays up for me and when I near the door most of them have said, "Well, your mother is waiting up for you. She must be afraid you are going to kiss me goodnight."

I enjoy going to shows, picnics and to a good dance once in a while, and really get lonesome without a friend but don't seem to find any true wholesome fellows around my age. Would appreciate any suggestion from you along these lines. I always read your advice and think it excellent, and so am writing you with a hope that you can help me solve my problem.

Hoping to see my letter in print, I am, BROWN EYES. You have asked me one of the hardest questions there is to answer.

To tell a girl whom you have never seen why she is not popular with the boys is an almost impossible thing to do. It is true, as you say, that some boys choose girls who are careless in their conduct, but it is not right to say a girl cannot have boy friends and even be popular without adopting low standards.

Your letter sounds sensible. You say you try to act natural, and that is a quality which not only boys, but all of us like. Boys like a "good fellow," a girl who can have a good time and not be excessively silly. You are the kind of girl, I judge, whom a boy would like very much once he came to know you. And I think the man who would be attracted to you would be a man you would want to marry.

The only suggestion I can think might be useful to you is that you forget yourself. Go in for athletics or dancing or some interest in which you can really be interested. Your enthusiasm (which should not be affected) will be contagious. Keep yourself sincere, but when you are interested in something, don't be half-hearted about it. You will thus develop fine spirit.

Do you read magazines? Try the Saturday Evening Post which seems to be particularly interesting to men. It will help give you a man's point of view.

Heartbroken: If the young man will not accept your explanations there is nothing more can be done. He will probably discover before long that the other girl is not to be trusted.

Miss Blue Bell: Communicate with Miss Lucy Giddings, physical director at the Y. W. C. A.

Easy Method for Cleaning Silver

Few of us have adhered to the laborious method of cleaning silver by the use of polishes and pastes and tiresome rubbing and polishing. Use the aid of an aluminum kettle filled with boiling water in which have been dissolved a teaspoonful each of common salt and baking soda for each quart of water used.

It does not possess a large aluminum kettle for cleaning the tea or coffee pot the use of an ordinary dishpan is possible provided one places therein any small piece of aluminum with the silver. The one point to be remembered is that the piece of silver must touch the aluminum or the salt and soda will not act upon it.

Last summer when in a rural district of New England, where few houses are wired for electricity, I saw a farmer's wife take all of her lamp burners and, with the aid of a handful of dried beans in a pan of boiling water, she not only cleaned them so that they shone, but she also removed the corrosion and encrustation which had formed about the wick. I promptly went home and tried it on my brass candlesticks and they emerged in blazing glory.

And as a further proof of the possibility of conservation even in beans, when the time came to parboil them for the next Saturday baking (for this was New England, I repeat), instead of throwing away the water after parboiling I gathered up all my large pieces of brass, teakettle, jardiniere, chafing dish—and into the bath of boiling bean water they went! The effect was almost instantaneous, a shining array of clean brass, with no disagreeable odor nor stained hands lingering as a reminder that that brass had just been cleaned.

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