Our Table Manners

picnics and possibly weeks or months of camping may have had

a sad effect on our table manners, and it is hard to be severe on our

children for neglecting some of the

piceties of table deportment when

they have seen us but recently dispensing with butter spreaders and butter plates, buttering bread with

a spoon because of no available but-

ter knife, pouring sugar into our

coffee because of no sugar spoon, and generally making the best of camping or picnic deficiencies. Isn't the whole tendency now to

pay less attention to table manners?

With the war we adopted less claborate table service and since the

deportment. Perhaps we had such

instruction, but it seems old fashioned. And yet there is just

as much need for this training as

Oil Frys Eggs

Salad oil gives very delicate re-sults in pan frying. It is first-class

for frying eggs or sauteing vegetables. Many cooks are proclaiming enthusiastic appreciation of salad oil

as a medium for deep fat frying, de-claring that croquettes, doughnuts

and similar dainties are never so de-

licious as when cooked in this way.

It is also used as a shortening in the

same amount as one would use lard.

Frau Margaret Bruehle, head of

one of the largest cereal concerns in Germany, is the first woman to be

admitted to membership to the Ber-

Saturday Specials

Puritan Flour, 24-lb. sack,

\$1.63

C. P. White Naphtha Soap,

10 Large Bars

82¢

Silicon Cream Silver Polish.

3 cans for

50¢

Meadow Gold or Wedgewood

Butter, per lb.

62¢

Shredded Whole Wheat Bis-

cuit, 3 packages for

44¢

Snowball Pure White Cauliflower, large head 25¢

Small Bleached Celery,

6 stalks to the bunch,

25¢

Canada Rutabagas, 6 lbs. for

25¢

Shortening, per lb. tin,

Fancy Lamb Legs, per lb., 34¢

SOMMER BROS.

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Harney 0188

nowdrift Pure Vegetable for

lin Stock Exchange.

Summer time with its series of

1914 FARNAM

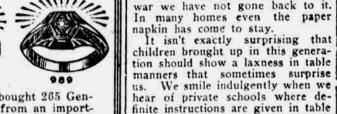
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stone. Regular mail order house value, \$125.00-Importers sacrifice price.....\$75.00

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Helpful Hints

Large red cranberries can be made

nto mock cherries. Clothes dampened with warm

vater iron better. When lima beans are boiled nearly | will run freely. tender, drained and fried in butter until they are slightly browned; they make a delightful change.

DR. LEE W. EDWARDS Chiropractor

OPEN EVENINGS

306 So. 24th Street

Grape Nut

Sunday will be a REAL treat. It's Caramel Ice

Cream with Grape Nuts. Watch the young-

You can get it from any dealer who sells

sters' eyes when it is served.

Harding's Sunday Special Ice Cream next

One scant quart of milk to one quart of flour is required for batters Washed butter makes cakes, des-

serts and sauces of a much finer tex-Put a few kernels of rice in the

shaker on damp days and the salt Shrimps are delicious cooked in

parsely butter for about 10 minutes and served on toast. Sweet potatoes seasoned well and

then beaten until very light and reheated in the oven are unknown to many cooks.

Pour cold water on grease spilled on the floor. It hardens the grease and it can be scraped off with a kaife, then wash the spot with cold soapsuds.

Do You Know—XIV Three questions a day for the cousewife. 1. What are "Sultana raisins?" 2. How to bake pears? 2. To make a good dessert from oranges and canned pineapple fill a dish with alternate layers of the two fruits, cut into

A short draped skirt plus a long waist and a long train-here is the sum of fashion counted in this evening frock modeled after and

designed by Worth. The petals of the black satin bodice open over

a blue and silver brocade and the straps are of rhinestones and

pearls. Next comes a black chiffon velvet made in princess slip

and veiled partially by gold net. Third, a black chiffon velvet after-

noon costume receives character from the enormous jabot and under-cuffs of white georgette feather-stitched in black and triamed in

embroidery of gold thread and black lisere. Last, a dance frock, the skirt of which is made of black satin ribbons embroidered in

blue and crystal beads. The underskirt is black lace veiling blue chiffon and the bodice of black satin is held over the shoulders with

The best way to keep cooking fats and oils?

These questions will answered by the Housewife. Answers to Previous Questions. 1. Any birds caught wild and used as human food are called

small pieces, and sprinkle with freshly grated or dessicated coconut and a little powdered

sugar if desired. To remove water spots from fabric of any sort steam it thoroughly.

(Copyright, 1926, by the McClure Newspaper Syndicate).

Swiss cheese, thinly sliced, and peach butter make a most palatable sandwich

game birds.

tan Hams

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Household Hints

Always wash varnished floors

ith cold water. Butter should be kept closely cov-

red, as it absorbs odors. Potatocs soaked 15 minutes in cold water before boiling are mealy.

Prized linens should be aired at least once a year on a dry, bright

To fry hash or lyonnaise potatoes, slice the onion into the frying pan first and let it get quite brown while you are slicing the potatoes. Add cooked meat last to avoid its frying hard. A little cream is the best wet-

To Wash Linen

starch before putting the article in. This is very good, as it glazes the linen and makes it look well.

In China it is customary for the family of the pridegroom to make fried corn receipe and add, instead presents to the family of the bride of of the corn, one cup of stewed or various articles a few days before canned tomatoes, with half a teathe day fixed for the wedding cere- spoon of sugar and salt to taste A sist of food, such as the leg and foot needed to make it truly hot, but a of a pig, the leg of a goat, eight slight bit this pinch must be. Cook small loaves of bread, three pairs of until ingredients are thoroughly large red candies and several bunches blended, stirring most of the time.

Why Not Carry Your Lunch?

By LORETTO C. LYNCH.

Whether the restaurants that serve the business men of Chicago with their noonday luncheons are profiteering, I do not know, but I was recently surprised to see so many men there with neat little packages under arm as they wended their way to work. In the trolley cars, on the elevated railroad, everywhere the package was being carried by Mr.

I stood in front of a large office building. Presently motor cars be-gan to roll up. The bosses were at-riving. They, too, had the next lit-tle packages tucked under the arm -they, too, were carrying lunch. "Know any of these cars?" I asked a hustling little newsie.

"Sure do," he said. "He's a big boss. Carries his own lunch." Just then a woman came along whom I knew. She fairly hummed with enthusiasm about the "bring your own lunch" plan. She said her husband had grown tired of paying 15 cents for a 3-cent sandwich, the butter on which was questionable. She said he was tired of fighting for a seat in an overcrowded restaurant and then paying anywhere from 75 cents to \$1. with tip, for a lunch that, with allowing 100 per cent for overhead profit, should cost the consumer but

"And so I decided," she contin-ued, "that instead of allowing Hugh to go to business with a roll-and-coffee breakfast, which caused him to be very hungry at lunch fime, I'd arrange to prepare a more substantial breakfast at home and give him a luncheon that would carry him over until he got home to his regular dinner at night." Yet, Hugh could afford to patron-

ize the restaurant at noon far bet-ter than some of the men in his employ. But he did it for a prin

She purchased a luncheon set in a leather case resembling a large kodak. Of course, Hugh had a private office in which to eat his uncheon, while most of his employes ate their home-produced luncheons in the workrooms and obtained their hot drink at the fountain of the building's candy shop. But here are some man-lunches that both saved money and satisfied.

Two sandwiches of grilled bacon, tomato and lettuce on white bread, one pickle, slice of cake and a thermos of coffee with real cream Another day the box contained one or two cheese and pimento

sandwiches on graham bread, three ripe olives, a square of ginger-bread with frosting, and some piping hot cocoa to drink.

Again there were two deviled eggs, two bread and butter sandwiches, a jelly tart and an apple.

The Cook Book

Really nothing can be more helpful to the woman who either cooks or who directs her cook than this little trick of reading cook books occasionally, and the hostess whe wants to have variety in her dinners or refreshments cannot than to buy a few cook books or get them from the library-not so much to keep for reference, but to look through for inspiration. There are so many dishes that, though you may once have included them in your bill of fare, you forget about. Last summer you may have remem-bered them when the season for the fruit they called for was with us, but before another summer comes around you have forgotten them. And the tendency always is to a narrowing of the dishes that you serve unless you continually keep seeking When ironing place a folded rug and gaining inspiration from out-

side sources. Desserts in most households be come very monotonous. There is always the danger that a dessert for which certain members of the family express a great liking you will serve so often that they grow weary of it You must be constantly watching out for this. You cannot do better in your perusal of the cook book than to have a bit of paper and pencil at hand and jot down suggestions. for new desserts. Often, if you are an experienced cook, you will not need further reference to the cool book. Having read the recipe once you will know how to make the dish the chief thing is the idea contained

Fried Corn Mexican Fashion. Slice two good sized onions and chop one green or red sweet pep-per. Put a tablespoon of oil or butter in the frying pan over a gentle When washing linen always add fire and saute the onion in it. After a little add the pepper, and when this is cooked add a cupful of canned corn or corn cut from the cob. Season to taste and cook until all are well mingled and well done.

Mexican Tomato.

Cook onion and pepper as in the The presents generally con- pinch of cayenne pepper may be Five or 10 minutes will be sufficient



A second reminder will not be necessary after you have once tasted Puritan Ham.

The sweet flavor, rich with the tang of hickory smoke; the fine grained, firm yet tender meat; the fat, white and melting-

These are qualities so distinctively apparent in Puritan that the name will instinctively come to mind whenever you think of ham.

Ask your dealer—and remember—

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AND ALSO REMEMBER Puritan Hams are of mild cure, therefore free of excess sale. They need not and should not parboiled before frying or





Orange Pudding

Cream, with a dash of Orange flavor, mixed with minced fruit, makes a de-

Your Dealer Can Supply You

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