Come Once

and You Will

Come

Best Cuts Fancy Pot Roast,

Pure Pork Sausage,

10 lbs. Best Granulated

Sugar Our Central Special Blend Coffee,

per lb., 35c; 3 lbs.....

12 Bars P. & G. Naptha Soap\$1.00 Heinz Baked Beans,

per can121/2c 16-oz. Jar Pure Strained

per can, 35c; 3 cans. \$1.00 Carolene or Hebe Milk,

button," will soon he changed to "who has no button," for October to the Nebraska Humane society will were discussed. A meeting will be held Saturday morning at 11 o'clock at the Blackstone when leaders for the affair will be named. hold a button day to refill the empty coffers of the society with jingling coins. In the past the endeavors of this organization have been sup- with butterine is to set it on the

Mrs. Inucien Stephens, second with president, and Mrs. C. L. Farnsworth, secretary. W. W. Bradley is secretary of the society and Miss Gwenn Godard, who is in charge of the children's aid division, has done notable work during the past year in promoting the interest of school children in humane work.

On Thursday a meeting of officers NTIL the present supply is ex-hausted, the following bul-letins may be obtained from the United States Department of Agriculture, division of publications, On Thursday a meeting of officers was held and plans for Button day

Housewives

Household Pests.

Cockfoaches, Farmers' Bulletin,

House ants; kinds and methods of

The house fly, Farmers' Bulletin, House rats and mice, Farmers'

The bedbug, Farmers' Bulletin,

Canning and Food Preservation.

Apple syrup and concentrated cider, Y. B. Sep. 639 (1914).

Farm and home drying of fruits and vegetables, Farmers' Bulletin, 984.

Home canning by the one period cold pack method, Farmers' Bulletin, 839. Home canning of meats and sea foods with the steam pressure can-

ner, S. R. S. Document, 80.

Home made fruit butters, Farmers'
Bulletin, 900.

Home storage of vegetables, Farm-

Making vinegar in the home, S

Preservation of vegetables by fermentation and salting. Farmers' Bulletin, 881.

Harney St.

Douglas

upon application:

Bulletin, 896.

ers' Bulletin, 879.

Fancy Veal Roast,

The easiest way to mix colorings ocrted by private subscriptions. Mrs. 1. E. Davidson is president of the Woman's Auxiliary with Mrs. Howard Baldrige, first vice president; with butterine is to set it on the stove while cooking is going on and allow it to melt until very soft. It is then easily molded, and the color evenly distributed. control; Farmers' Bulletin, 740, Fly traps and their operation, Farmers' Bulletin, 734.



"APRICOT"

Real Apricots give a very

ice Cream

Prime Rolled Rib Roast,

50c jar Queen

Your Dealer Can Supply You

The Fairmont Creamery Co.

FANCY FRESH DRESSED SPRING CHICKENS, PER POUND

Government Gives Bulletins to

The College Girl's Wardrobe



Bacon, per lb......421/2c

10 Bars Diamond C, Lenox or Beat 'Em All Soap. .48c 22-oz. jar Pure Jams, assorted flavors, jar, 35c; 3 jars \$1.00 Chow, per jar.50c 40c; 3 cans\$1.15 Hart Brand or Advo Extra

Plums, 25c | Extra Fancy Sickel Pears, 70c | Extra Fancy Large Pickling FANCY FRUITS AND VEGETABLES OF ALL KINDS.

48-lb. Sack Central

ee, S1.45 Flour Santos Coffee,

CENTRAL MARKET MICH MICENTRAL CENTRAL MERKET DE CENTRAL MARKET DE CENTRAL



PUTS MAGIC IN YOUR BAKING

OMAR

OMAR

Why Outdoor Sports?

All forms of outdoor sports cause the breath to come and go in har-mony with the motion. The stout fatty tissues. The thin one will accomplish exactly the same end she aims at—improve her carriage, make it graceful and alert, increase the accomplish exactly the same end she aims at—improve her carriage, make it graceful and alert, increase the accomplishment of the same in hot even tivity of the skin, quicken her cir-culation, purify her blood and take Breathing rythmically gives the lungs a refreshing bath and thus quickens the circulation.

Scalloped Oysters.

soned with salt and pepper and a with the syrup in which they were little butter, more bread crumbs and cooked the figs are delicious. Sugar bread crumbs on top. Pour over some cream and bake 30 minutes.

OMAR WONDER FLOUR

Large Can.

2 15c Loaves

10c Loaf

10 Pounds

Baby Can

BASKO MILK

BASKO BREAD

ONIONS

Another Large Lot-Look at the Price

Basket Stores

Drive Slow -- -- Avoid Accidents

28c

Live

Eggless Corn Gems.

One rounded cupful cornmeal (lard, butter or beef drippings may mony with the motion. The stout woman will quickly burn up all the time. Have batter thick and smooth.

Stewed figs make a change for breakfast, and are a valuable food. The black figs are a bit richer and sweeter for stewing, but are rather more difficult to get. If allowed to Sprinkle buttered dish with bread soak for several hours and cooked crumbs, put in layer of oysters sea- slowly in a double boiler and served oysters until dish is filled. Have and lemon juice are added to the syrup after the figs have been removed and the syrup is then cooked

Chocolate Syrup.

Three pounds cocoa (not rich i fat), two pounds granulated sugar, one quart warm water.

Dissolve the cocoa in a pint of cold water; dissolve the sugar in the

warm water; add the dissolved cocoa, bring to boiling point and can hot it

She is fast on toward taking her degree in smart dressing—the college girl who selects the combination of navy trectine and black satin at the left. Designs of red leather appliqued to the satin give

character and color to this frock. Next comes a black velvet dress carrying the authority of its personality over to a putty crepe de chine upper section through a flower design of appliqued black velvet. The new suit with the high collar, the suit which tends to be dressy rather than tailored, is found in the blue de laine trimmed with dull silver braid that comes third. Last, a dance frock of orchid taffeta is trimmed with black satin ribbons lined with silver and further accented by one large silver cloth rose.

Do You Know---VI

Three Questions a Day for the hull which is one of the most nourishing parts of the grain.

1. What vegetable is said to have raised Germany from a third rate power to a world menace?

2. The easiest way to prepare dry bread crumbs is to put all left over pieces of bread in a dish agree with adults?

waxed floor over varnished or ture use. shelacked floors? .

Answers to Yesterday's Questions.

1. Unpolished rice is better the spot is removed. than polished rice because the polishing process removes the

2. If milk is a good food for babies why does it sometimes disagree with adults?

3. What is the advantage of waved floor over varnished or 3 Grease spots on wall paper

(These questions will be an- may be removed by govering swered tomorrow by the House- them with blotting paper and placing over the paper a warm iron. Repeat this with a fresh piece of the blotting paper until

(Copyright, 1920, by the McClure Newspaper Syndicate.)

Paisley Shawls. The possessor of the Paisley shawl is indeed fortunate, since it is likely that another of them will ambition of the Paisley weavers to purpose. reproduce on the loom the exquisite

prominence during her reign by purchasing 17 of them and wearing | Girls attending the mission school one at the christening of the prince in China receive their board for \$18 who was to become King Edward. a year.

Cleaning Hint.

To remove the powder and perspiration that soil the inside of the collar of the blue serge suit, use a rag saturated with turpentine. This renever be woven again. The shawl, moves every bit with small cost, and so much in vogue now for wraps, the suit will not have to be sent so gowns, etc., is the outcome of the often to the tailor or cleaner for this

Safe Skin Bleaches.

cashmere hand-made shawls sent | Fresh buttermilk is an excellent home from the East by the Scottish cleanser for the skin and helps in officers and traders to their cases of discoloration. It can be ap-women folk. The result was a shawl that excelled the one it iminight. The old-fashioned horse-The price of the Paisley radish wash is also an effective shawl before it became popular was bleach. Shred a teaspoonful of about \$100, and nearly every women in Scotland, unless she was exceptionally poor, owned one. Queen Victoria brought them into about six hours before the first application.



OMAR

California Tid-Bits

BY CORINNE LOWE

By LORETTO C. LYNCH.

We can ever learn how to cook new dishes, and in California there are some handed down from old pioneers that taste mighty good and are worthy of passing on to others Have you ever eaten tomato frit-If not, then here is a real treat.\ Sift together one cup of flour,

one-half teaspoon of papriks. Press through a sieve enough stewed or canned tomato to make a drop batter-that is, a batter that will drop easily but not run from the spoon As flours differ, it is difficult to give exact amounts, but about one cup-ful will be needed. Add a beaten egg. Drop by the spoonful in smoking hot fat. When a delicate brown drain on soft paper.

Then there is a quick frosting for cake which the California woman makes to perfection. About a table-spoon of grated rind of orange is mixed with a cup of powdered sugar. Orange juice, a few drops at a time, is added until the mixture is of a consistency just right for spreading. Care must be taken to add the orange juice very slowly, as a teaspoonful goes a very long way A similar frosting is made with apricot pulp pushed through a fine strainer. It is mixed with sufficient sugar to be of the consistency to To offset the sweetness

very little lemon juice may be added And now for the delicious pickles Through a food chopper, run a mé-dium-sized head of cabbage, five two-inch in diameter onlons, and 10 green peppers after the seeds have been removed. Cover with water to which three level tablespoons of salt have been added and let stand over night. Drain, cover with strong vinegar and add one-half cup sugar, a tablespoon of celery seed and two tablespoons of mustard seed. Chop pack in sterilized jars and seal.

And hore is another California product the family will enjoy/ Scald, peel and chop 16 pounds of ipe tomatoes. Add one cup of chopped celery, one cup of finely chopped onions and a cup of ground horseradish root. Also add one cup of sugar, one-half cup of salt, oneourth cup of mustard seed, one and one-half tablespoons of celery seed three green peppers chopped and one quart of strong vinegar. Mix well and put into sterilized bottle

r jars and seal, If yo uare tired of the kind o andwich fillings you make, try this Finely chop enough canned pimen-toes to make two tablespoons. Prepare two tablespoons of ripe olives Add one cup cream cheese. It may he desirable to work a little butter into the mixture, especially if the olives are not very oily. Spread this evenly on a leaf of lettuce be-tween slices of brown or nut bread

Breakfast China

Gay-flowered china, even though ot of the finest texture, is now a avorite for breakfast table use and the atmosphere it creates has been known to do wonders in dispelling the "morning grouch" and starting he entire family on a blithe day Get a cheap little "bungalow" se and use it every morning. Its gas flowers will literally spread your breakfast path with roses and, of course, it's just the thing for luncheon or supper, too. If this is too much to ask, hunt around on the top shelf of the china closet and unearth some long-forgotten plate or dish that didn't seem to match anything in the conservative days when "matching" was a necessity