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A Line O' Type or Two

How to the Line, let the words fall where they may.

AN AUGUST MORNING.

Here where I sit are daisies all around
That bob in wind, and careless butterflies
Yellow and white, disporting tip-toe-wise
With their quick shadows on the sunny ground.

The breeze comes sweet from where in the hot
grass
The mellow pears are clambered o'er by bees
Rejoicing loud, while sometimes from the trees
The birds drop down, and sometimes children
pass.

With the deep eyes of longing, Sleep and high
The mazy clouds, to such a child might look
In silent joy, did he not tireless lie
And watch the laboring ants, or from his book
Draw through his soul the tales of infant Greece,
The Golden Apples and the Golden Fleece.

Meantime Consider Your Coal Supply.

(Forecast by a Kansas City astronomer.)

To the Sun and New York Herald: The
cold late spring of 1890 was caused by the
earth moving out toward the planet Mars
until April 20, when we passed between
Mars and the Sun. The cold late spring of
1821 will be caused by the planet Venus
moving toward the earth and repelling the
earth outward from the sun from February
9 to April 22.

SAID Mr. Moore: "They have changed
Lincoln's aphorism from 'a government by the
people' to 'government by the people.'" Mr.
Moore read that the day before in a newspaper;
but these omissions never prelude, "As I saw in a
newspaper yesterday," or "As a clever para-
grapher has said."

HOW ARE HIS WITHERS?

Sir: Said the young woman next us in the
ten-cent elevated, "Him and me have a
gopher often." Would you say that him and me
have a bad case on each other?

Incidentally, you kindly suggest that we
wangle a few lines on goat glands. Our Zogus
is spavined but not glandered.

MR. DAVIS sells fish in Jefferson Market,
New York, and he is also a notary public. "I
suppose you keep notarial seals," Old Bob Pea-
tie supposed to him. Ha!

SMALL TOWN STUFF.

(From the New York Times.)

Had the accident taken place five min-
utes later several hundred children would
have been in the path taken by the runaway
automobile.

MR. COX has begun his swing around the
circle. "Circulus verborum," as Horace quaintly
quoth.

THE SUBURBAN TRAIN.

I went with Mother while she shopped.
We took a train that hardly stopped.
But puffed and steamed at such a pace
I thought we must be in a race.

Almost too soon our station came.
The big, tall porter called his name.
I stopped and asked him, "Did we win?"
"Yes, sir!" he answered with a grin.

Then we were on the street below.
Between tall buildings, row on row.
The noise of the street was in the air.
And people, people everywhere.

"FRENCHMEN, it is your duty to save
the peace of the world," cries Anatole France. This
is in his fourth or fifth manner, not the manner
in which he wrote "Penguin Island." The
creative mind has manners, as the moon has phases.

A MICHIGAN IMMORTELE.

(From the Jackson Citizen Patriot.)

Miss Gladys Buttress is at Tecumseh for
a visit.

THIS world is so full of a number of con-
tradictions, you will not be surprised to learn
that R. E. Taylor is a wholesaler on Seventh
avenue in Gotham.

THIS, That and O'Other.

Sir: "Mayor of Cork Sinks" is what might
be called a corking headline. I had intended
long ago to call your attention to the fact
that in the recently pulled off Olympiad ("scuse
me, I mean Olympic games") the Finns didn't
accomplish much in the swimming events. At
the Crabtree resort in Michigan the stay of the
Appleton family synchronized with that of the
Appleton family. A returned resorter reports
that the girls of both families are pinpoin.

Which reminds me that in the Rev. Cotton
Mother's "Magnalia," a religious history of New
England published in 1702, may be found a sen-
tence to the following effect: "The ministers
and Christians who founded New England were
a chosen body of people." Rather a neat dis-
tinction, made by one who ought to know.

CALCULUS.

PEOPLE are fond of language. An Elgi-
card of thanks, wishes "in this manner to thank
our many friends, relatives and neighbors for
their kind and generous felicitations and floral
offerings of sympathy and condolence in our re-
cent bereavement and loss."

PROBLEM OF CONDUCT.

Sir: American officer on train. Paris-bound
on leave. Train full of wounded French soldiers
and civilians evacuating cities near the line. No
seat in train, so American officer stands in cou-
lor and smokes cigarette. Wounded French
officer smelling of iodine, uniform stained with
mustard gas, wearing two weeks' beard, excited
by sight of cigarette, and makes signs to officer
indicating desperate need. Officer gives him all
that remain in package, and soldier throws arms
around his neck and kisses him. French lady,
very easy to look at, sees officer's embarrassment
and snickers. Officer pulls out fresh package
of cigarettes and offers them to lady, who takes
one. What should officer have done?

FALL GUY.

DISRAELI anticipated the present political
campaign, and other campaigns, when he wrote
in "Lionel Lincoln": "Patriotism was a boast, and now
is a controversy."

Literary Snapshots.

(Richard Butler Glazer.)

MARIE CORELLI.

It is all too utterly true.
And too immensely immense.
On the other hand.

If Wild Fairs and Luna Parks
Are your aim,
You ring the gong
Nine times out of ten.

OWEN JOHNSON.

Balzac did it much better
And so did Gagner.
But then one was the master of character
And the other of plot—
However, it pays to advertise.

COBB.

You're tremendously funny,
I suppose;
But some of us like our humour
In third street
And less the edge of our appetites
At a barbecue.

The Commercial Muse.

(From the Auckland News.)

"Hello, Central, get a move on!"
Put me on to nine-o-three.
Thank you, girlie! Who's that speaking?
Alright, Night Dispensary.
That you, Druggo? Do you get me?
Much obliged, Old Top, I'm sure.
Send it now, yes, send it quick!
Good old — Great Peppermint Cure.
Better see our advertising man.

MAY we not suggest that when he gets home
he change the name of his place to "Snail's
End?" B. L. T.

Talcum Fights Fire.

Talcum powder, a leading ingredient of van-
ity cases, was recently used in putting out a fire
which otherwise would have burned down a coal
tar products plant in Cincinnati, O. The blaze
which had caught a huge tank of kerosene
was smothered by dumping upon it 50-pound
sacks of the well known complexion aid.

In a yard near the burning plant were tanks
containing 300,000 gallons of oil, but as the fire
was checked they were not touched, by the
flames. — Journal of Industrial and Engineering
Chemistry.

Add Wires to Pull.

The White House is probably the most in-
tricately equipped electrical mansion in the
world. There are in the house more than 170
miles of wires, providing for 3,000 incandescent
lights, a bell system, and a private telephone
system for the president and his family, ex-
clusively. — Indianapolis News.

How to Keep Well

By DR. W. A. EVANS

Questions concerning hygiene, sanitation and prevention of disease, submitted to Dr. Evans by readers of The Bee, will be answered personally, stamped, addressed envelope is enclosed. Dr. Evans will not make diagnosis or prescribe for individual diseases. Address letters in care of The Bee.

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ANSWERS TO FOOD QUESTIONS.

When the health officers of Penn-
sylvania had Prof. McCollum on the
stand at a recent camp of instruction,
they fired a long list of ques-
tions on food at him. Some of these
questions and answers follow:

Does a chemical analysis of a food
show everything relative to food
value? No. Even though such
analysis shows the number of calo-
ries present, it will fail to supply
all the information we need. A cer-
tain proportion of the calories must
be obtained from protein. Even
though it shows enough protein, cal-
ories the information may be some-
what incomplete because human be-
ings thrive better on some proteins
than on others. In addition, there
are substances called vitamins neces-
sary for continued health and well-
being which cannot be demonstrated
by chemical analysis.

It is advisable to supplement the
chemical tests by biological tests. In
other words, to feed animals with
the food in question and observe the
results.

"Do the experimental animals
keep fat and healthy, do they have
the proper number of young, do the
young animals grow properly, and
finally, does sensibility come on be-
fore time?"

What do you mean by protective
foods? Foods necessary to protect
protection against scurvy, rickets, ber-
beri, various forms of neuritis,
pellagra and xerophthalmia, a
form of blindness of the cornea.

What is the best all-round pro-
tective food? Milk.

What ranks second? The thin
leaves of vegetables. The protective
principle is found in all parts of the
vegetable, but in different propor-
tions. There is least in the grains,
particularly in that part of the grain
berry which we use principally for
food. It is present in small quan-
tities in all the tubers and roots,
but here, too, in small quantities.
The germ is the active part of the
grain, the other portion of the grain
being merely a storehouse of food
for the supply of the germinating
cells. The protective substance is
most abundant among the thin
leaves because they are composed
mostly of active cells.

What are some of the leaves,
which people eat which possess these
protective properties in a high de-
gree? Spinach, lettuce, cabbage,
cauliflower, brussels sprouts, turnip
tops, beet tops, dandelion, mustard
tops, lamb's quarters and a few others.

How about asparagus? Asparagus
is a thick leaf and it, with beans,
should be classed with the thick
leaves.

Is there any relation between pro-
tective substance and minerals? Yes.
Milk and leaves are rich in calcium,
sodium, chlorine, while the leaves
are also well supplied with iron.
Perhaps one reason why cooked
milk is not so protective as raw is
because its calcium does not absorb
so well.

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