

### Great Events Are Taken Calmly

The time may come some day when the descendants of those women who were a part of the very first republican state convention in Nebraska where women were permitted to sit, will point to the fact with the same pride that makes a distinct set of the Daughters of the American Revolution today.

But those 31 fortunate women of Douglas county who were chosen with such dispatch at the republican county convention last Tuesday to attend the state convention at Lincoln on next Tuesday, are taking the honor calmly.

### Y. W. C. A.

Vesper Service Sunday afternoon at 5 p. m. will be the last union vesper service of the season for the Y. M. and Y. W. C. A. and will be held at the Young Women's Christian association.

The Employment department has moved to its new quarters on the third floor, and is a very busy part of the association. The business men are learning that the Y. W. C. A. usually has the right young woman, and the young woman is glad to secure openings where no fee is charged.

Miss Helen D. Beavers, secretary of general and religious education for northern central field, will hold a visit of about a week at the Omaha Young Women's Christian association.

### You'll Get Rid of Unsightly Hairs Sure

Ugly and unsightly hairs, light fuzzy or heavy ones on neck, shoulders, arms and under arms so quick by a simple method that just dissolves them. Get from your druggist a bottle of Fresca Hair Remover Lotion—apply a little of the lotion with a piece of cotton or finger tips to the hair not wanted for a few minutes—then wash off. You'll wonder where the hairs have gone.

### A De Luxe Booklet you will want to have

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### Sewing Class at Social Settlement



How many school children watch the hands of the clock move slowly 'round to the closing hour these balmy spring afternoons. It is hard to study when the great outdoors is calling. After the long winter the children are anxious for their favorite pastimes; little girls with their jump-ropes, hop-scotch and "jacks" and the boys with their marbles and bicycles—what a wonderful season is the Spring.

Every Thursday afternoon, 30 little girls on the South Side eagerly await the dismissal bell at school, but they heed not the call to play—it is the sewing hour at the Social Settlement house that they are anticipating.

From 3:30 to 5:30 their little hands are busy with the needle, learning the practical stitches in the art of dressmaking. Each stitch is taken with the greatest care, for they are willing and apt pupils. Their ages range from 7 to 16 years. The younger girls are working on aprons and undergarments, while their older sisters are making their summer dresses. One little girl has finished two dresses and has started another. The settlement furnishes the material to the children at a very small cost.

Mrs. O. M. Smith, chairman of the sewing class, is assisted by

Mesdames R. S. Trimble, E. M. Wellman, E. A. Doran, J. C. Wrath, N. A. Riggs, W. S. Burdick, O. C. Willis, P. W. Mikesell, T. J. Needham, Alice C. Longwell, J. Paul Scanlon and Miss Ruth Leeder. Much credit is given Mrs. Marie Leff Caldwell, head resident of the Social Settlement house, and her assistants, Miss Lorena Knox and Miss Marguerite Beckman, for forming the class.

The prevailing opinion is that great progress has been made at the Omaha Social Settlement since its organization, March 27, 1908. Many successful clubs and classes are part of the settlement activity.

warning" on Wednesday evening, May 12, when about 40 girls from Armon's, Swift's and Morris' with Miss Oddie, Mrs. Morse and Mrs. Burgess had dinner and general work they render, etc. The subject good time afterwards. Beginning Saturday, May 15, a special Saturday night supper will be served at the cafeteria, to which the public will be most welcome.

Federation—Extension-Industrial clubs. All clubs meet for supper at 6 p. m. The individual clubs are working on the questionnaires for the commissions at conference next summer, which take up the following subjects for discussion among the girls: Association government, city government. The eight-hour day,

minimum wage, one day of rest in seven, equal pay for equal work, collective bargaining, and many other questions which concern girls who work and how and what kind for the open debate this summer has not yet been settled.

### Nebraska Federation of Women's Clubs Raises Endowment Fund

An endowment fund of \$10,000 is being raised by the Nebraska Federation of Women's Clubs, the income of which is to be used to defray necessary expenses for carrying on the state club work. To date

\$3,414.42 has been subscribed. Many state federations find it necessary to raise endowment funds to carry on their constantly increasing work. Every club woman in the state can make it possible to raise the \$10,000 this year by contributing \$1. Mrs. F. A. Long, state chairman of the endowment committee urges clubs to get on the honor roll where they will be placed when they have paid the equivalent of a dollar a member. Alliance Woman's club has twice paid for new members after being placed on the honor roll. All checks should be sent to the district chairman of the endowment committee, Mrs. C. A. Sherwood, 2562 Manderson street, Omaha, is chairman of the Second district.

### No Poverty Here Says Eastern Woman

"I have traveled from one end of Nebraska to the other and have found no poverty, which, as an eastern woman, strikes me as very remarkable."

This statement was made by Miss Nettie E. Bauer, special representative of the republican women's national executive committee, on her return to Omaha Wednesday after a statewide campaign for the organization of republican women.

Miss Bauer left Omaha March 29 and since then has campaigned in 26 counties, 30 towns, and has spoken 38 times. And this splendid achievement was made in the face of a week's interruption of meetings in western Nebraska on account of the heavy snowstorm in April.

At Crawford, Miss Bauer said, army mules were sent from Fort Robinson to break up the snow in the roads. In some places the snow was four feet deep, making the highways impassable for days.

Miss Bauer believes that many women of Nebraska have been permanently united with the republican party during the present campaign. She will remain here until after the state convention.

### Community Service

Monday—Clug's club supper, Y. W. C. A. at 6 p. m. Mrs. Wallace, chaperon. Volley Ball at Community

House at 7 p. m. Mrs. Wallace, chaperon. Dramatic club at Community House at 7:30 p. m. Miss Barnes, chaperon.

Tuesday—Lafayette club supper at Wallace, chaperon. Patriot First Aid Class at Y. W. C. A. at 7 p. m. Mrs. Leermaker, chaperon.

Wednesday—Wamm club supper at Community House, 6 p. m. Mrs. Levings, chaperon.

Thursday—D. T. A. club dance at Community House, 8:30 p. m. Mrs. Wallace, chaperon. Lafayette Dramatic club rehearsal at Community House, 5:30 to 8:30. Miss Mulholland, chaperon.

Friday—Basket ball at Community House. Mrs. Wallace.

Saturday—Patriot club dance at Community House. Mrs. Pritchard, chaperon.

Sunday—Open house, Community House. Mrs. Wallace, hostess. The Bonheur club will give a dramatic program Thursday, May 20, at 8:30 p. m. at the Y. W. C. A. auditorium, under the direction of Miss Mulholland.

All Community Service girls and their friends are especially invited to be present.

### A Scientific Hair Color Restorer

The way has been found for scientifically restoring gray hair to its natural color. It is offered to women in Mary T. Goldman's Scientific Hair Color Restorer. It ends gray hair in from 4 to 8 days.

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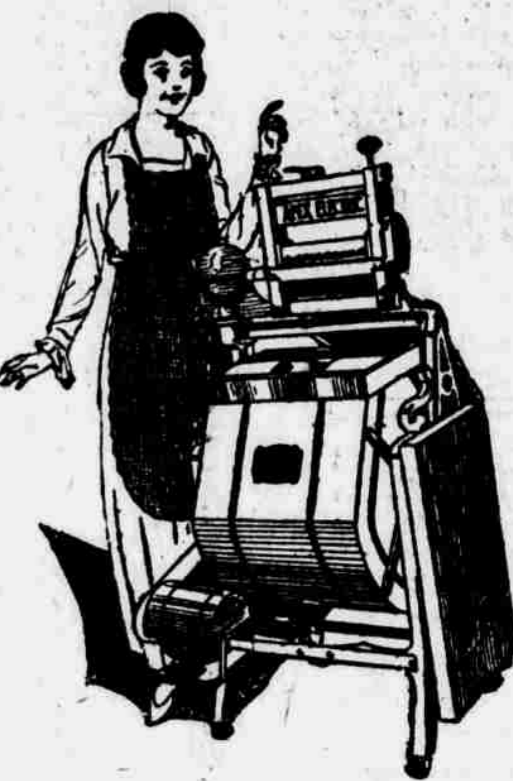
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### Whatever You Do Don't Neglect Your Eyes, Says Dr. Lewis, Who Tells How to Strengthen Eyesight 50% in One Week's Time in Many Instances.

A Free Prescription You Can Have Filled and Use at Home  
Philadelphia, Pa.—Do you wear glasses? Are you a victim of eye strain or other eye weaknesses? If so, you will be glad to know that according to Dr. Lewis there is real hope for you. He says neglect causes more eye troubles and poor sight than any other one thing. Many whose eyes were failing say they had their eyes restored through the principle of this wonderful free prescription. One man says after trying it "I was almost blind; could not see to read at all. Now I can read everything without any glasses and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and multitude more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and allow to dissolve. With this liquid bathe the eyes two or four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time.

## Spring Clothes and The Apex

Probably you are having spring clothes made now—morning aprons and afternoon dresses—or perhaps you have picked out a few ready-made frocks and several waists that will go well with your spring suit. Certainly you have been thinking of your spring clothes and longing for warm weather, so that you can get into them.



Spring clothes are delightful, because they are bright in color, light in texture, fluffy and appealing. But if you are going to keep them attractive you must see that they are washed properly. There are so much bigger washings in summer that it is going to mean more work to keep clean clothes on hand, unless you are equipped with modern laundry appliances.

## The Apex Electric Washer

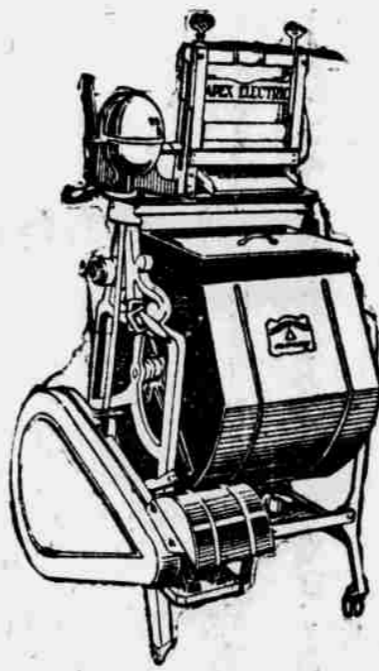
is the solution of this problem. It does all the hard work for you. There is no boiling or rubbing of the clothes—there is no tedious running of the machine or straining at the wringer—everything is done electrically. Big washings are no harder than small ones and they take only a very little longer to accomplish with the Apex.

Although we usually expect to pay more when things are made easier for us, it does not hold true of the Apex. This machine is so perfectly balanced—there is so little friction—that a minimum amount of current is required. In fact, it costs less than 2 cents to do the ordinary family washing. Could you hire help to do your washing at such a price?

The economy of the Apex Electric Washer is apparent—the saving quickly pays for it.

Can you afford to be without the Apex this summer? Are you going to wear yourself out on the washing each week, or pay extravagant prices to have it done outside, when a small payment down will bring freedom and economy to your home?

Ask for free trial in your home. Learn Apex advantages by experience. Make the appointment today.



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## What You Will Be Tomorrow Depends Upon What You Do For Your Health Today—

You Must Keep Your Blood Filled With Iron to Stand the Strain of Modern Day Life Says Physician—Explains How

Talk It Over With Yourself



### Nuxated Iron Helps Build Red Blood Strength and Endurance

Have you ever stopped to look yourself squarely in the face? Are you getting anywhere?—or just drifting—a little weaker, a little more nervous, a little more run-down every day? Nothing slips away so easily as HEALTH. Unless YOU hold fast to HEALTH by your own efforts—by keeping your blood pure, red and rich in iron—the day may come when all you can do is WISH you had acted sooner. Physicians explain below how to help make rich, red blood and increase strength, power and endurance, through the health-giving, strength-building power of organic iron—Nuxated Iron—which is now being used by over three million people annually.

"Success is in the blood," says Dr. John J. Van Horn, formerly Medical Inspector and Clinical Physician on the Board of Health of the City of New York. "There are men whom fate can never keep down. They triumph over difficulties and ill-fortune because they have within them the never-failing source of courage, confidence and power—pure, red blood, rich in stamina-building iron. Where others hesitate and

stumble, these men march forward with a firm step and take the best of life. Their brains are keenly alive, their bodies are fortified with the strength and energy that enables them to take and keep the best the world has to offer. But in the rush and fear of modern day life, many a man and woman neglects to keep their blood filled with strength-building iron and as a result they find themselves on the verge of a physical and nervous breakdown at a time when they should be enjoying their best years. In my opinion, physicians cannot emphasize too strongly the necessity of keeping the blood pure and red with plenty of iron, and I believe, they should at every opportunity prescribe organic iron—Nuxated Iron—for in my experience it is one of the best tonic and red blood builders known to medical science."

Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital, in commenting upon the foregoing statement says: "Every keen, active, successful man and woman of today recognizes that a sound, strong body is the basis of all real achievement and they leave

## NUXATED IRON For Red Blood, Strength and Endurance