

# Field of Work For Legion Auxiliary

Why should there be an auxiliary to the American Legion? What are the bonds which can unite such a group and inspire worthy service? What is true Americanism? All these questions and more were answered by Mrs. H. H. Wheeler of Lincoln in a recent address to the auxiliary in this city. Aside from the fact of Mrs. Wheeler's wide acquaintance in Omaha, the following excerpts will be of interest because of the subject matter presented and the formation of such an auxiliary is under way here.

"Fellow Americans: For surely we who have shared this common experience that has brought us together here today are that we passed together through an experience in which pain and pride struggled for mastery. None could fail to have pride in the stalwart, courageous, capable youth who sprang to do the country's bidding. Who of their loving women could fail to feel the touch of Fear at her heart when her boy set forth on his errand into the unknown? What ever hopes and plans the mothers, wives and sisters of the American Legion, to whom all honor, had for them in the years before 1914, we may be certain those plans did not include going into a war. Our country was remote from greed and hate, which are the parents of war."

"So it was into an unknown and a dreaded sphere of action that our lads were called. How they went! How we admired them! How thrilled we were when we saw them uniformed and in formation! Then they were gone. We lived through the days of their absence because we filled them up with work. Our country provided work for us. Days of rolling bandages, making comfort kits, hospital garments, surgical dressings, nursing the sick, making bread and pies from the most strange ingredients, excising all our Yankee ingenuity to prepare the palatable food from unknown materials so that the best might go to the boys. Evenings when tear-stimmed eyes could not read for the letters and the knitting needles might slip from the fingers at night's when sleep would not come and you looked up at the stars to wonder if perchance he looked at them from aboard a ship, traveling in peril, or perhaps from Europe itself, the human shambles where his duty took him."

"American Legion Bond. These common experiences are ours for a bond between us. It is these that qualify us to become auxiliary to the American Legion to which all honor. Some there are to whom this experience led to the great tragedy of death. To these listening for the sound of the voice she loved the 'soundless lips of the unreplying dead' are the tragedy of silence. May the Great Comforter walk by the side of such to the very end. Some there are whose loved lads have returned with the marks of war's cruelty permanently upon them. May all the bitterness and rancor engendered by such an experience be directed against war alone. None returned from that experience untouched by it. Of that we may be sure. There may be no visible mark upon them, but the marks are there and have graven a message upon the souls of the men. That these experiences shared by us vicariously have not left us as we were, we also know. There are those who have left us loving our country more than ever before, desiring to serve her as we never did before, really to dedicate our lives to America in a deeper sense than we ever before conceived. Let us pray."

"Reasons for Unrest. The spiritual reaction to a tremendous emotional experience does not make for stability. The world went through the most strenuous emotional experience of our time and endured it for years. No wonder the reaction shows in industry. Industry depends on people. People are actuated by the spirit. Don't you recall the difficulty of getting to work after the holidays? It takes days for the family to readjust to the routine. Recall your own strenuous emotional experience. The days when love comes first and transference follows—the day when Love has become a new life and you pass through a shadowy valley into the brilliance and beauty of Motherhood—the day when you and Fear became such close companions you thought you were Fear—the day when Death came to your household. Is it not true that at such times you were distraught and ill at ease and inefficient? Multiply these personal ex-

## Plumpness Makes Health

Thin People Need This. If you are too thin; if you are pale and allow; if what you eat seems not to strengthen you; if your lips and cheeks are colorless, it is because your blood is deficient in red corpuscles and disease can easily overcome you, as you have no reserve strength or nourishment to uphold you.

## SULPHUR CLEARS ROUGH, RED SKIN

Face, Neck and Arms Easily Made Smooth, Says Specialist. Any breaking out of the skin, even fiery itching eczema, can be quickly overcome by applying a little Mentho-Sulphur, declares a noted skin specialist. Because of its germ destroying properties, this sulphur preparation begins at once to soothe irritated skin and heal eruptions such as rash, pimples and ring worm.

It seldom fails to remove the torment and disfigurement, and you do not have to wait for relief from embarrassment. Improvement quickly shows. Sufferers from skin trouble should obtain a small jar of Mentho-Sulphur from any good drug-gist and use it like cold cream.

# Will Study at Denishawn



Nadine McCroskey is the daughter of Mr. and Mrs. H. E. McCroskey and a dancing pupil of Miss Mary Cooper. She leaves on May 11 for Los Angeles, where she will enter the Denishawn studio for further instruction in the art of dance. This dainty little dancer gave a number at the Prettiest Club Saturday night, which was received with enthusiastic appreciation.

periences by the million and inevitably we have an unthoughtful, unsteady world, an un dependable world, a world where men strive to get rather than to earn a living, a world where the principal thing is, what can I get, not what service can I render, a world where woman's ideas focus on personal pleasures, not on contributions to the common good. It is natural—a natural weakness and unprofitable. It is weak, so it is un-American. It is inefficient, so it is un-American. It is ignoble, so it is un-American.

Field of Service for Auxiliary. The American Legion, dedicated to 100 per cent Americanism, frowns upon these conditions and lends its powerful help to a reconstruction that shall settle and stabilize the reeling world. The auxiliary can surely find a place to help in this work. Sometimes it will mean a job akin to that of Dora who held the pens—sometimes one like that of Warwick who made kings, and

# Are You Losing Your Grip on Health?

Physician's Prescription to Increase The Health and Strength of Anaemic, Run-down Men and Women. As a result of the tremendous strain of modern living so many people find that the nerve cells have become devalitized, the whole system weakened and thousands of men and women are today losing their grip on health simply because their blood is thinning out and possibly starving through lack of iron. It is through iron in the red coloring matter of the blood that life sustaining oxygen enters the body and enables the blood to change food into living tissue, muscle and brain. If people would only keep their blood filled with strength-giving iron by taking Nuxated Iron when they feel weak and run-down they might readily build up their red blood corpuscles and quickly become stronger and healthier in every way. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next for two weeks, then test your strength again and see how much you have gained. Nuxated Iron will increase the strength of weak, nervous, "run-down" men and women entirely satisfactory results to every purchaser or they will refund your money. Nuxated Iron is on sale at all good druggists.

# Doctor Tells How to Strengthen Eyesight 50 Per Cent in One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home. Philadelphia, Pa. Do you wear glasses? Are you a victim of strain or other eye weaknesses? If so, you will be glad to know that according to Dr. Lewis there is a real hope for you. Many whose eyes were failing say they had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; I could not see to read at all. Now I can read anything without any glasses and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and allow to dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had read for their eyes in time.

# ECZEMA CAN BE CURED Free Proof To You

All I want is your name and address so I can send you a free trial treatment. I want you to try this treatment—that's all—just try it. I've been in the Retail Drug Business for 30 years. I am President of the Indiana State Board of Pharmacy and President of the Retail Druggists Association. Nearly everyone in Fort Wayne knows me and knows about my successful treatment. Over twelve thousand five hundred Men, Women and Children outside of Fort Wayne have, according to their own statements, been cured by this treatment since I first made this offer public. If you have Eczema, Itch, Salt Rheum, Tetter—never mind how bad—my treatment has cured the worst cases I ever saw. Give me a chance to prove my claim. Send your name and address on the coupon below and get the free trial treatment I want to send you FREE. The wonders accomplished in your own case will be proof. CUT AND MAIL TODAY I. G. HUTZELL, Druggist, No. 3422 West Main St., Fort Wayne Ind. Please send without cost or obligation to me your Free Proof Treatment. Name \_\_\_\_\_ Age \_\_\_\_\_ Post Office \_\_\_\_\_ Street and No. \_\_\_\_\_ State \_\_\_\_\_

carry our goods. Would that be a contribution to Americanism? Suppose wherever an American was employed he was as zealous to give an equivalent for every dollar he received as he was to collect the dollars. Would we not have added something to American industrial life? Would it not be to cure a sick world if the American Legion should stand as firmly and strongly for honor in peace as it does for valor in war. The difficulty of maintaining men's standards in the battle of life, recurring as it does with every day's beginning, is not paralleled with the difficulty and danger into which the soldier's calling take him, but it has its own dangers and its own difficulties. It requires real American courage, real American grit, to be steadfast through the years to the standards of our start.

A Square Deal. The Legion does well to dedicate itself to the high duty of establishing and maintaining standards of Americanism—100 per cent Americanism—for days of work in peace time as they established and maintained standards of Americanism on European battlefields. One great American preached urgently to us

## ADVERTISEMENT

### To Keep the Face Fresh, Clear, Youthful

More important than the cosmetic care of the complexion is the physical care. To keep the face clean, fresh, youthful, there's nothing better than the use of a good wax. It absorbs the soiled or faded worn-out skin particles. Cosmetics simply add to the complexion the complexion that's the difference. By all means, acquire the mercurized wax habit. It's so easy to get an ounce of the wax at the druggist's, apply at night like cold cream and wash it off next morning. There's no detention indoors, the old skin coming off so gradually no one suspects the change is anything. When in a week or two the alluringly youthful, rose-like under skin is fully in view—well, you won't want, or need, a make-up complexion after that. It must be apparent that this process means complete eradication of all untoward blemishes—like freckles, pimples, blotches and blackheads.

## ADVERTISEMENT

### HAVE COLOR IN CHEEKS

Be Better Looking—Take Olive Tablets. If your skin is yellow—complexion pallid—tongue coated—appetite poor—you have a bad taste in your mouth—a lazy, no-good feeling—you should take Olive Tablets.

Dr. Edwards' Olive Tablets—a substitute for calomel—were prepared by Dr. Edwards after 17 years of study. Dr. Edwards' Olive Tablets are a purely vegetable compound mixed with olive oil. You will know them by their olive color. They are clear, pinkish, bright eyes, no pimples, a feeling of buoyancy like childhood days you must get at the cause. Dr. Edwards' Olive Tablets act on the liver and bowels like calomel—yet have no dangerous after effects. They start the bile and overcome constipation. Millions of boxes are sold annually at 10c and 25c. Take one or two nightly and note the pleasing results.

## ADVERTISEMENT

### BLACKHEADS GO QUICK BY THIS SIMPLE METHOD

Blackheads—big ones or little ones—soft ones or hard ones—on any part of the body, go quick by a simple method that just dissolves them. To this get about two ounces of calcite powder from your druggist—sprinkle a little on a hot, wet sponge—rub over the blackheads briskly for a few seconds—and wash off. You'll wonder where the blackheads have gone. The calcite powder and the hot water have just dissolved them. Finishing and squeezing blackheads only open the pores of the skin and leave them open and uncleanly—and unless the blackheads are big and soft they will not come out, while the simple application of calcite powder and water dissolves them right out, leaving the skin soft and the pores in their natural condition. You can get calcite powder at any drug store. If you are troubled with these unsightly blemishes you should certainly try this simple method.

## ADVERTISEMENT

### "TIZ" FOR SORE, TIRED FEET--AH!

"Tiz" is grand for aching, swollen tender, calloused feet or corns. Ah! what relief. No more tired feet; no more burning feet; no more swollen, aching, tender, sweaty feet. No more soreness or corns, callouses, bunions. No matter what ails your feet or what under the sun you've tried without getting relief, just use "Tiz." "Tiz" is the only remedy that draws out all the poisonous exudations which puff up the feet. "Tiz" cures your foot trouble so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore and swollen. Think of it, no more foot misery, no more agony from corns, callouses or bunions. Get a box at any drug store or department store and get instant relief. Wear smaller shoes. Just once try "Tiz." Get a whole year's foot comfort for a few cents. Think of it.

## ADVERTISEMENT

### CUTICURA HEALS ITCHY PIMPLES

Large, Hard, Red, Burned and Spread. Lost Rest. I was poisoned, breaking out in pimples from my waist down. The pimples scaled over and itched and burned, and when asleep I would scratch until they bled and spread in a solid mass. They were large, hard, and red, and I lost sleep. I suffered almost a year when I heard of the Cuticura Preparations. I used the Ointment at night, and in the morning washed with Cuticura Soap. I noticed a change right away, and after using two cakes of Soap and one box of Cuticura, my skin healed." (Signed) Mrs. D. Y. Stout, 1066 W. Main St., Crawfordsville, Ind. Use Cuticura for all toilet purposes. Splendid for the complexion. Sample Each Free by Mail. Address: Cuticura Laboratories, Dept. M, Middlebury, Vermont. Send Me Ointment and One Cake of Soap. Cuticura Soap shaves without using.

a real sermon when he advocated a square deal. No employee who clips minutes from the time he sells gives a square deal. No employer who fails to provide fit living conditions and a fair wage gives a square deal. Nobody whose mind is fixed upon the idea of gaining with no sense of giving in proportion is capable of giving a square deal. To serve our country best we must ourselves be at our best. We must keep healthy and fit, able and adaptable, kind and generous and everlastingly fair. Speed the day when the ideal of true Americanism, we each hold sacredly in our soul's depths is realized: A dance will be given Friday evening at Harte hall by the Palladium club.



Here is a Cream to Remove Blemishes. There is but one thing you need to beautify your skin and bring it to a condition of incomparable loveliness in a short time. This has been used by thousands of women with extraordinary success. By the use of this cream you will soon find that all red spots, freckles, all muddiness and sallowness will have disappeared completely, leaving the skin pure and clear as a lily. You cannot get this result except by mixing yourself at home, in a very few moments, one ounce of zinc-oxide with a little glycerine and hot water. The zinc-oxide costs fifty cents at the drug store. This makes a remarkable cream, which, when used liberally, will not fail to give you the results.

## ADVERTISEMENT

### Another Cream for Wrinkles.

It is really inspiring to know that removing wrinkles now depends almost entirely upon yourself. Just a few minutes' trouble at the start and more than half the battle is over. It will take but a few moments for you to make a mixture of two ounces of epsom, a little water and glycerine. The epsom can be obtained from your druggist for fifty cents. This cream produces startling changes in the skin in a short time. It renders the skin plump and youthful, very girlish, and the result is that wrinkles fill out and disappear. It will make you look many years younger if you will only use it faithfully.

## ADVERTISEMENT

### For a Dependable Hair Investigator

You can easily prevent hair from falling, and you can make it grow thick and luxuriant by a very simple method, which is far superior in results to that of any so-called hair tonic you can buy. You will notice the difference in your hair in a very few days, and it will take on a vigorous lustre, besides, and thin spots will at once begin to fill with new hair. This is done by simply adding one ounce of beta-quinol to a half pint of water and a half pint of bay rum. If you prefer you may use a full pint of witchhazel instead of the water and bay rum. The beta-quinol usually sells for fifty cents at any drug store. Try this and you will no longer be troubled with hair coming out of your comb and brush, and your hair will be the envy of all your friends.

## ADVERTISEMENT

### Or If You Wish a Shampoo.

Every scalp has constantly forming on it a thin, invisible film of fatty accumulations which soap cannot remove, not even with hard rubbing. The one way to remove this film and let your hair breathe is to dissolve it. This is done by the use of a teaspoonful of epsom dissolved in a half cup of hot water, and used as a shampoo and headwash. This unseals the pores, and it will surprise you what a tremendous difference it produces in the appearance and growth of

# Pearls, or Powder Puff?—Which Adds Most to Woman's Beauty?

By Madame Marce

## ADVERTISEMENT

A WOMAN'S fascination depends upon many things more important than jewels. The well-toned voice—her grace of movement—the kindness of her glance. But above everything else, her attractiveness is to be found in her well-groomed complexion, and the care also given her hair and skin. Soft cheeks, rounded throat and bust, white arms and hands, all enhanced by a touch of daintily scented powder—these with a wealth of healthy, glossy, clean smiling hair—will make almost any woman delightful to look upon.

Here are a few dependable and thoroughly tested helps. If you need any of them you can easily and quickly mix them at home and they are wonderful in results.

## ADVERTISEMENT

### To Remove Superfluous Hair.

There is a very remarkable way to remove superfluous hair. This is becoming exceedingly popular, because it is as easy and pleasing to use as a face lotion, and dissolves away the hair instead of burning it off as many other depilatories do. Simply moisten the hairs with a little sulfo solution. The hair begins to shrivel. You can see this dissolve, and then with just a splash of the flinger, all the hairs can be rubbed off clear and clean. It leaves the skin thoroughly free from all superfluous hairs, not leaving even a suggestion that you had any superfluous hairs at all. It is glorious. Every woman should have some sulfo solution on hand for many months at a time. For fifty cents you can get the nuxerin from your druggist.

## ADVERTISEMENT

### Blackheads Go in a Few Minutes.

It is only a question of a few moments to get rid of blackheads. The only thing that will do this is nuxerin. You sprinkle a little nuxerin on a wet cloth or sponge and rub the blackheads with this for a few moments. Looking in your mirror, you will find the blackheads gone. This is a very remarkable article, and you need no longer use tonics, face-steamers, and pinching, and other useless methods for many months at a time. For fifty cents you can get the nuxerin from your druggist.

## ADVERTISEMENT

### For a Finishing Touch.

You must be very careful in your selection of a face powder. First, to be sure that it is made of purest materials (rice powder is to be avoided), and second, to find one that expresses refinement in its perfume.

There is a face powder on the market now, known as PRESCA Powder, which most pleasantly combines these two requisites, and in addition to these recommendations it possesses the blessed quality of STAYING ON.

Perhaps your druggist sells PRESCA Face Powder.



# A Strength-Giving TONIC and Health-Renewer

## That Stimulates The Nerve Centers and Restores Vital Energy—

Reolo is a wonderful tonic and stimulant, that is rich in raw, organic iron, and the health restoring Cell-Salts, which Nature must have, to restore and maintain the strength, health and vitality of the body. It is Positively Guaranteed not to contain anything that is injurious, and does not leave any depression or bad "after effects." Reolo re-vitalizes the blood with health giving oxygen, and supplies the natural Cell-Salts which stimulate the nerve centers and restore normal health and vigor.

# Two Weeks' FREE Trial

Order a box of Reolo today. Deposit the regular price \$1 as evidence of good faith. Then take Reolo regularly according to the directions—for two weeks. After the two weeks trial, if you are not perfectly satisfied that Reolo has benefited you, come and get your money back. You will not be under the slightest obligation. Every box of Reolo is guaranteed—and if the two weeks trial treatment does not help you—it will not cost you a cent, to make the test.

The Dr. A. L. Reusing Laboratories has authorized us to make you this Special Trial Offer—for a limited time only—to give you an opportunity of trying Reolo, and finding out for yourself what a wonderful tonic and stimulant it is. Thousands of people—who were nervous, run down and discouraged have been benefited by Reolo. Don't delay—come in and get a box today.

## SHERMAN & MCCONNELL DRUG CO.

16th and Dodge 49th and Dodge 16th and Harnay  
24th and Farnam OMAHA, NEB. 19th and Farnam