THE shortage of furniture that toddy. It is the sap of the tree threatens the market at the which is used in this manufacture. present time has at least one adantage; it has made people who desire vainly to "match up" their mobilary possessions look about

enlightened buyers will never go back to being satisfied with the commercialized "complete suites" that the maker, the dealer, and the that we can get in a package, albuyer have fallen into the habit of though what we get is far superior so slothfully accepting as easiest to to that bulk stuff which the grocers

That factory made period sets are o dawn on the general public. Gen-nine period furniture will never be bandoned; in fact, more than ever its value acknowledged-not only a thing. uthentic pieces but worthy repro-

ict, being held up to analysis. If we are about to institute a reorm in our furnishings we have eally made a fair start in our living It is safe to say without fear of contradiction that ormal-arrangement-of furniture used. nat guarantees comfort of living been satisfactorily substituted or the prim little showrooms of on. If they do, the change could brown skin, put in a wire plate, it be more timely. The en suite with tissue paper over if dried over a radiator. It will curl up, but it will grate or grind just as well. Let my meaning be clear. It is A grater with a well.

nd relief in being supplemented by have to be chopped.

One of the less usual but fine

all powdered with rose color. The ockers, a little bench, and a desk hair painted French gray.

colored taffeta, trimmed at the sides with a full flounce of the same. The carpet is a deep rose velvet.- A p quant touch is given in the side light shades, which are of violet

first a ladder back rush

bed in deep rich green paint. The cord. On one table is a vase of safhave been worked in together. While complete sets are the sal-

petent to make judicious selection, they are well related are far more

### Coconut Great Fuel Food

We have some reason to believe that the coconut antedates man, or more specifically that it furnished walked together with their neigh-hore not arm in arm, you know, it may have a vanilla flavoring. bors, not arm in arm, you know. but familiarly.

An ancient description of the nut says: "This nut is the best flavored of all the foreign kinds. The white And they are true swisses because kernel, although hard, foody, and it is a fact that bears no disputing that from Switzerland comes all the tough, in its fresh state, is said to e nutritions and, when grated, makes excellent puddings, pies, cakes, in candy, etc. It contains a white liquid called milk, which is sweet and nourishing, and they should never be purchased but when this milk is heard to shake within them. The coconut tree furnishes food, raiment, milk, oil, toddy cups, bowls, cordage, brushes, mats-in fact, it is difficult to say what it

does not furnish the India:-Is clothing, meat and trencher, drink and pan,

Boat, cable, sail, and needle-all in

In 1825 there was printed a book America made a sort of butter from he coconut-not so new a thing, you see, as some people imagineout the most celebrated product perhaps has been the East Indian arrack, an ardent spirituous stuff, the name of which has been attractive to some of the greatest poets. Before distillation the stuff was called roast from 30 to 45 minutes.

OMAR

Yields Much Nourishment.

The edible portion of a fresh coconut contains 2,760 calories, while and study as to what would go well sugar contains 1,800 and is counted a great fuel food. Dried communication If public taste becomes cultivated averages 3,125 calories. Thus it is the point of understanding re- easy to see that coconut is not led features in furniture, manu- merely a food adjunct. When we acturers are beginning to fear that use it it is best not to forget how much nourishment it yields

Fresh, home dried coconut seems to me far superior in flavor to any make, easiest to sell, and easiest to buy.

That factory made period sets are

used to think made such a pretty display. It is not so many years since I saw a bushel of it exposed nore or less of a sham is beginning to the dust of a big store. It was articles of food that hardly anybody gether with a fork. Then put three considers it a problem to be able to tablespoonfuls of butter into an driven snow. Most food sellers

When we want to make home I am decrying only the dried coconut, the first thing we heap sort of stuff that sails under must know how to do is to get the ise colors and that spuriously sells meat from the shell. To do this night as well be Mary Ann as liven Anne, for example. All furover, then hold one end on a hard surface and crack the shell with a ture sold in sets is, as a matter of heavy blow. Perhaps the eye end milk or cream, two tablespoonfuls of a hot dish. Garnish the dish with of the nut is the weakest.

Recipes for using coconut not begin so far back as getting it to grate. The grating is usually the point of departure mentioned. If the all over tapping has been effeclong with "parlors," and that an in slices of fancy cuts, if a knife is in slices of fancy cuts, if a knife is

How to Grate It. The fresh coconut does not grate as well as pieces which have dried Whether or not the dining for 24 hours in a slow oven, over a pom suite, the bedroom suite, etc., radiator, or in any approved way, the juice of one lemon and to omit all follow suit is the burning ques- and it is not as sweet. Peel off the If they do, the change could brown skin, put in a wire plate,

A grater with a crank and which meant to discourage sets en- may be fastened to a table is the rely. Indeed, a set limited to a best to use not only for coconut pieces is an excellent nucleus but for horseradish, potatoes for lemon. rmishing, if lines are good and pancakes, and so forth. Rasping by Goos furnishing, if lines are good and pancakes, and so forth. Rasping by hand is difficult and the small pieces

ways of using coconut is to grate it and to every pound of pulp put one-A little bedroom in which two fine and color it different colors, half pound of loaf sugar pounded sorts of furniture are pleasantly then dry it again. One portion of a and sifted very fine and the white commingled has a pale French gray grated nut may be colored green of an egg. Beat it well with a whisk with spinach juice. Pick over and for two hours and then drop the

and grate off the yellow skin of an thick. Any kind of fruit may be The curtains and cushions are orange, mix it with sugar to start ade of wide striped silk in ivory the color, and use this to color a rench gray and rose. Drawn close third portion of the cocoanut. Sugar the triple window is a narrow with the other colors seems to help. essing table that is covered and If the colored sugar and coconut with the striped silk. On are wet the whole may harden into a he table is a little standing mirror cake as if dries, and it may be brok-with a tiny drawer beneath it. It en all the finer, preferably in a moris flanked by a pair of electric can-is flanked by a pair of electric can-dles. The bed has a cover of rose garnish. Keep the cocount thus prepared in glass jars or jelly glasses.

### For Fancy Desserts.

With this colored coconut on hand fancy dishes for dessert may Parchment.

In a dining room corner of a big be prepared in short order. Any may be made prettier and daintier by sprinkling a half teaspoonful or season with salt and pepper. When om chair, then a round topped a little more over the cream-one ready to serve surround with fried dsor. The irregularity is pleas- color or all. This colored coconut noodles. The color scheme of the room may be used on an icing or on mernteresting and might well be car- ingues instead of the colored sugars out in a regular dining room, the Europeans use. The rose or sidewalls are in clear deep gold beet-colored coconut may be dles, let it stand until thorughly dry, lor. Several decorative paintings is used, framed in narrow molding frames of dull antique gold.

Several wall tables are in walnut for sepals and leaves. The gold

ched up at the margins with color is good for borders.

bed in deep rich green paint. The Plain and easy to prepare is the indsor chairs have pads of black fruit dessert called ambrosia, which roadcloth embroidered in silk and is often no more than sliced oranges henille in bouquet colors and trim- and the coconut, but sometimes med with a bright peacock blue silk bananas are added to this mixture. Little coconut macaroons are delightfully easy to make, using the old ivory vases filled with black and freshly dried coconut, and quite green French futurist flowers. It equal to any candy, but they are not will be noticed how well broken sets so easy to make when the coconut

is grated without drying.

For a small number beat up one vation of the buyers who are incom- egg white, beat into it one-fourth cupful of sugar, and then fold into and while they are vastly preferable it half a cupful of dried and grated to a poorly chosen hit and miss assemblage, yet it must be admitted will result if this is made into balls that several pieces chosen because by the fingers and pressed down on an inverted and buttered baking tin, charming, because in point of finish details are not repeated with deadly the cakes. Bake in an oven hot enough to give them a delicate quick brown, and do not remove from the tin until they are cold, or nearly so.

The popular cornflake macaroonexceedingly and widely popular two years ago-is just a coconut maca-roon with the coconut made to go farther by using half cornflakes in a recipe like the above. It is a dainty little cake and daintier if the food at the time when the monkeys cornflakes are crushed. Chopped

### Fads and Fancies.

Swisses are unusually lovely this spring and unusually steep in price. swisses that are worth buying. Especially smart are the swisses that show a navy blue with medium-size white dots.

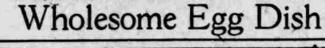
An interesting collection of spring frocks includes those made of handkerchief linen in pale shades and embroidered in a little darker shade.

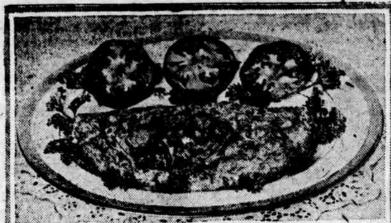
## Flower Trimming.

Flower trimming on hats is in high favor; in fact, never before has flower trimming been used so much in winter. A clevet idea is to take the hat that you bought at the beginning of the season to the milliner's and have it thoroughly cleaned and freed from the dust and then have all the old trimming rewhich says that the natives of South placed with a trimming of gayly colored flowers. This will make a hat that you can wear quite late in

### Mock Duck.







### **Tomato Omelet**

Eggs are such familiar everyday and a pinch of pepper. Beat all tocook them properly; yet there are omelet or frying pan, and when it is know better today than to do such good and bad ways of preparing hot pour in half a can of finely a thing.

When we want to make the good and bad ways of preparing hot pour in half a can of finely chapted fresh or canned stewed tovaluable of muscle making foods, matoes, free from their liquor. Mix and when properly cooked is easily lightly; then pour in the egg mixture digested. An appetizing way to prepare eggs is given in the following it about with a wooden spoon. When

melet recipe: Break four whole eggs into a with a knife into the shape of a bowl, add three tablespoonfuls of half moon and turn it carefully into butter, half a staltspoonful of salt sliced tomatoes and fresh parsley.

### Olden Time Recipes

Apple Cheesecakes-Half'a pound of apples grated, one-half pound of we must be a little careful that we sugar beaten and sifted, one-half choose the black candles for the pound of clarified butter, six eggs, omitting one white, the rind of two lemons. Some cooks prefer to add the rind of one.

dissolved, two yolks of eggs to which should be added by degrees the pulp, juice and rind of one

Gooseberry Cakes-Gather the fruit full ripe, put it in a jar and set it in a pan of water to coddle till it is soft, rub it through a fine sieve ed with slender four posts is of rown mahogany, as is the writing esk and the highboy. Contrasting ith these pieces are a settee, two lith the set lith least the setter lith the set lith least lith lith least li Use beet juice for another portion be two inches wide and twice as

used in place of gooseberries. Bury Gingerbread-One and a half pounds of flour and the same quantity of raw sugar well rolled, four ounces of ginger, one-fourth pound of candied peel, one nutmeg; mix these ingredients very well. Beat to a cream 11 ounces of butter, add a little of the mixture, then put in 3 beaten eggs and add the rest of the mixture bit by bit till the whole is worked into a mass.

### Chicken With Fried Noodles.

One cupful diced chicken.
Two tablespoonfuls green pepper.
One-fourth cupful diced celery.
One-half cupful cream sauce.
One tablespoonful tomate catsur. Combine all ingredients together,

### Fried Noodles.

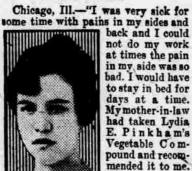
Use the following recipe for noocut into thin strips and fry in hot fat. The recipe will make more than you need for the meal, but keep them in a clean fruit jar, being sure that the noodles are dry.

### Black Candles.

Have you ever used black can-They are tremendously effective, and if you can get hold of any you will have found a means of introducing a decidedly interesting note into your rooms.

Now, of course, black candles should be used with discrimination. They are good only in a room in which there is color. They would be good in a room with a white marble floor and marble benches and a marble mantelpiece, whether there was color or not, for with white marble black is always good, and black rugs and hangings are

Young Mrs. Johnston Had Miserable Time Until She Took Lydia E. Pinkham's Vegetable Compound.



not do my work at times the pain in my side was so bad. I would have to stay in bed for days at a time. My mother-in-law had taken Lydia E. Pinkham's Vegetable Compound and recommended it to me.

It cured my pains and I am now able to do all my work. You can publish my testimonial and I hope the Compound will do others the good it has done me."—Mrs. Anna Johnston, 206 E. 41st St., Chicago. For forty years women have been telling how Lydia E. Pinkham's Vegetable Compound has restored their table Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment uliar to women why don't you try Lydia E. Pinkham's Vegetable Com-

pound? It is made from native roots and herbs and contains no narcotics or harmful drugs. OMAR -ONDER

Sugar Cured Breakfast Bacon,

low or orange, which at present is in higher vogue as an interior color than yellow, is an effective back-ground for black candles. They can be set in silver candlesticks or, better still, in candlesticks of orange pottery or glass. They look espe-cially well on a brilliantly white and glittering table in silver candle-sticks; with the white cloth and the silver and china, the black lighted candles add to the brilliancy rather than detract from it.

Black candies are soft in appearance like black velvet. There is nothing hard or harsh in their color and used with care they have a good place as a decorative note in

Kentucky clubwomen have raised and expended \$22,000 in the fight for legislation to carry on the illiteracy campaign.



Oriental Cream FERD T. HOPKINS & SON, New York

FLOUR



the mixture thickens roll it over

most effectively-and not at all

halls in which to spread black car-

pets and light black candles. So

A room with a good deal of yel-

But most of us have no marble

mournfully-used with marble.





The Fairmont Creamery Co.



Spending all your money on the high cost of living. Plant a vegetable garden and save money. You will be surprised to see what a nice lot of vegetables you can grow on a small plot of ground. Now is the time to plant SWEEET PEAS, RADISHES, ONION SETS. If you are going to fix up that lawn now is the time to get busy. OUR GARDEN SEEDS, FLOWER SEEDS, LAWN GRASS AND FERTILIZERS ARE THE BEST.

SEEDS THAT GROW! NEED ANY?

THE NEBRASKA SEED CO.



# Specials for Saturday at the Washington Market

ork Loin, half or whole, per lb	All brands of Creamery Button 1b
hoice Steer Beef Roast, lb 15¢ hoice Steer Sirloin Steak, per lb	Corn, Peas and Tomatoes, 2 ca for
hoice Steer Rump Roast, per lb	No. 3 cans Pork and Beans, 2 cans for

per box :...... Full line of fruits and vegtables at lowest prices.

tablets to the box,



CENTRAL MARKET CONTRAL MARKET CONTRAL MARKET CONTRAL MARKET CONTRAL CO 1608-10-12 Harney Street

Cream, Whipping Cream and Cottage Cheese received here daily.

Doug. 1796

When you once know the service, the quality and wholesomeness of our products, and with it all, enjoy real economy, other people won't have to convince you

that the Central Market i	
Best Cuts Fancy Steer Pot Roast, lb. 172c	Fancy Young Veal 131c
Pig Pork Roast, 25½c	Fancy Sugar Cured Back Bacon, per 1b
Fancy Steer Rib 12½c	Fancy Prime Rolled 32½c
l lbs. best Granu- ated Sugar 50c	Carnation or Pet Milk, per can 12½c Per doz \$1.45
0 Bars Electric park Soap65c	Fancy Tall Cans Sal- 28c
Blue Bell Pancake 25c	25c Can Hart Brand 2Qc
arge Cans Mus- ard Sardines, can 12½c	J. M. Corn, per 17½c
Sc grade May- lower Peas, can. 171c	Per Doz\$2.10  No. 3 Cans Army Pork and
No. 2 Cans Green 12½c	Beans, 3 cans
No. 1 Cans Extra 25c	Fancy Dried Peaches 25c
No. 1 Can Fancy 20c	No. 1 Cans Extra Fancy Peas 25c
Cancy Quality Creamery Cackage Butter, er lb	Strictly Fresh Checked Country Eggs In Cartons, per doz
lb. Pails Swift's \$1.85	Fluted Cocoanut Bars, 32c
er in 2-lb. rolls, 54c	Extra Fancy Kiln Dry Sweet Potatoes, per 73c

Fancy Strawberries Artichokes

Try our fancy home-made

Life of Wheat, 30c pkg. ...... 15c 30c Cans Booth's Sar- 20c 25c Can Sweet Pota-20c Advo Extra Sifted 271c Per doz. .....\$3.00 No. 3 Can Pineapple, cans ...... \$1.00 No. 3 Can Windmill Peach, sliced or halves, per Our 60c Grade Central Genuine Bulk Coffee 45c Wisconsin Full Cream American Cheese, per 35c per lb. ..... 19c

Fancy Young Veal 221c

Fancy Steer Shoulder Steak,

Extra Fancy Cauli-flower, per lb. ... 12½c Cucumbers Mushrooms McComb's Home Made Choco-

lates, Saturday only, 59c special, per lb..... We carry a full line of Easter Eggs, Baskets, Novelties and Fine Candies.

MARKET I CENTRAL CENTRAL MARKET CENTRAL MARKET CENTRAL MARKET



ter in 2-lb. rolls,

Fancy Onion Sets,

Large Leaf Lettuce,

3-lbs. Light Sea

50c







So. Omaha

634 Broadway

24c

212 No. 16th St. Omaha

2408 Cuming St.

Omaha

Sugar Cured

Breakfast Bacon

(1/2 or whole)

33c

Four New Cash Meat Markets 4903 So. 24th St. PLEASE SHOP EARLY

For Quality Meats, Service and Low Prices

Sugar Cured Regular Hams Pork Shoulders

Co. Bluffs, Ia. Choice Round Steak (1/2 or whole)

21c

Fancy

Small Lean

### BEEF CUTS-

Choice Rib Boiling Beef 1	0с
Choice Beef Pot Roast 1	4c
Prime Rib Roast	4c
Choice Round Steak 2	4c
Fresh Cut Hamburger 1	
Choice Boneless Corned	,
Beef	7c

### SMOKED MEATS

Sugar Cured Picnic Hams. 20c
Sugar Cured Strip Bacon 23c
Sugar Cured Skinned Hams
at30c
Cudahy's Puritan Hams37c
Cudahy's Puritan Bacon 47c

### SAUSAGE AND COOKED **MEATS** Choice Wienies .....

Choice Frankfurts 20c
Choice Garlic and Polish
Sausage
Fresh Liver Sausage and
Bologna18c
Choice Veal Loaf25c
Fancy Summer Sausage 25c
Fancy Salami Sausage 30c
Fresh Brains10c
Coffee

## **PORK CUTS**

Choice Pork Loin Roast 27c
Fresh Boston Butts26c
Fresh Spareribs22c
Fresh Leaf Lard24c
Small Lean Pork Shoulders
at
Fresh Side Pork25c
Pure Lard, per lb26c
Fresh Neck Bones, 4 lbs25c
Fresh Pig Feet, 4 lbs25c
Fresh Pig Ears, 4 lbs25c
Fresh Pig Kidneys, 4 lbs 25c
Fresh Pig Liver
Fresh Pig Tails

# VEAL CUTS

Fresh Pig Snouts . . . . . . . . . 16c

Fancy	Veal	Breasts		17c
Choice	Veal	Roast.		21c
Choice	Veal	Leg (1/2	or	whole)
at .				24c
Choice	Veal	Loins .		24c
Choice	Veal	Chops.	7	26c

### CHEESE

1	CHEESE	
Fancy	Cream Cheese 33c	
Fancy	Brick Cheese 33c	

Special Prices on Swift's Butterine

We Sell Swift's Snowflake Butterine

WHEN YOU WANT TO GET IN OR OUT OF BUSINESS PLACE YOUR AD IN THE OMAHA BEE FOR RESULTS