

WOMAN'S SECTION OF THE BEE

We can not let our angels go. We do not see that they only go out in order that arch-angels may come in. —Emerson.

If eyes were made for seeing, Then Beauty is its own excuse for being. —Emerson.

Nurses' Club Gives Helpful Hints to the Untrained.

It is impossible, during the epidemic, to supply enough nurses. Realizing this and keenly desiring to be of assistance, the registrar of the Nurses' Central Club and Registry, has outlined a few suggestions for those who cannot secure a trained nurse.

In the morning, give a warm sponge bath, unless your physician has ordered otherwise. Ask him his wishes in this matter. In giving a bed bath, expose the patient as little as possible. Have windows closed and room warm. The back will be very tired so, in bathing this part of the body, use long strokes and follow with a rub of alcohol or talcum powder. Change the bed, or, if short of linen, smooth it out well. In case of shortage of linen, it is well to keep two sets of sheets and gowns, for day and night, airing them between times. If the patient is a woman braid her hair in two braids, she will not need to lift her head from the pillow for this. A man patient is also refreshed by having his hair combed. Have patient brush his teeth night and morning, or, if too weak for this, rinse his mouth frequently with salt water or a mouth wash suggested by your doctor. There are various ways of changing your patient's position to rest him. When lying on the back, place a pillow, or a blanket rolled and slipped into a pillow case, under the knees. Under the small of the back, which is a particularly "achy" spot, place a small pillow, or improvise one by folding a large bath towel several times. For a change, have the patient lie on his side, with the pillow bracing his back near the hips and another between the knees. When the doctor says your patient may sit up in bed you can improvise a very good back rest by placing a straight back chair, and taking it on its back behind the patient's feet. You have given your patient his medicine, drink of water, diet, etc., draw the shades and let him rest. At night again sponge the patient's face, hands, rub his back, shake his pillows and make him comfortable for the night. Then shade the light.

Do not work too constantly over your patient, and tire him; anticipate his wants and think for him as far as possible. Give patient plenty of fresh air, but avoid drafts; improvise a screen of sheets, or blanket, if necessary. Avoid chilling after perspiring. Do not permit patient to go to the bathroom without slipping and bath robe. If the patient is very weak, give nourishment through a drinking tube. If the feet are cold apply a hot water bag, not too hot, and wrapped in a towel. Give plenty of water to drink, unless otherwise ordered by the doctor. Ask your doctor about character and frequency of diet. Liquid diet may be pleasantly varied: milk, egg-nogs, malted, iced or hot; orange or lemonade, ice cream, cocoa, egg lemonade, or egg beaten in grape juice or orange juice; broths, gelatine, etc. Be sure that you are giving what your physician wishes given.

For sputum, make newspaper cones, several thicknesses; wash often and burn. Paper napkins can be burned. A large paper bag or a newspaper cone may be pinned to the side of the bed and the paper napkins deposited therein.

Wash your hands often with soap and water and keep a basin of antiseptic solution which is frequently dipped your hands. Do not permit patient to cough into your face; turn your head and ask him to turn his, if possible.

As far as possible let one member of the family only do the nursing, thus avoiding confusion in carrying out orders. Keep a simple written record of diet taken, medicines, frequency and character of excretions from bowels and kidneys, etc. Be sure that you understand the doctor's orders and to that end write them out as he gives them, or ask him to write them. Your doctor is the captain of the ship; follow his directions as carefully as possible.

At night put on loose clothes and slippers and relax as you can. If possible to lie down, do so, but never on your patient's bed. Keep your head, act deliberately and do the best you can.

The Crook Relief Corps Will Present Artists in Musical.

The George Crook Relief Corps will present Florence Otis, soprano; Florence Austin, violinist, and Josef Martin, pianist, all of New York, in a musical to be given the evenings of February 4 and 5 at the Fontenelle hotel, at 8:15. These annual musicals given by the corps are for the benefit of needy members of the G. A. R. and their dependants. They have been an annual event in the organization for the last 14 years. Mrs. Ida Flaucher is president of the George Crook Relief Corps, and it is under her management the musical is being given. Mrs. Mary McKay is secretary of the corps.

Harriet Lowenstein, lawyer, public accountant, and social worker, has been appointed controller of the \$10,000,000 united building fund campaign of the Federated Jewish Institutions. To Miss Lowenstein, who rises every morning at 5:30 so that she can plan her household work, do a little cooking and make up before "work," and who then uses her intelligence on matters financial, social and legal for 10 or 12 hours, there is no "woman's problem." "There is no reason," she says, "why a woman should not take care of her household and engage in outside work at the same time."

Miss Mary A. Meyers occupies the position of industrial health inspector of New York. She is a Boston woman, and received her nurse's training in the New England hospital. She was for six years connected with the Long Island (Boston Harbor) hospital as superintendent of the nurses' school.

Grand Rapids, Mich., has its first nurse woman in the person of Mrs. Catherine D. Gillette. She receives the same pay as that given to first class nurses.

To Attend Folk Theater



Mrs. James E. Boyd steps from the fame of the past, which reflects the life of Nebraska in the early nineties, down into the arena of the present. Wife of former Governor Boyd, she attended the brilliant social functions of the day, including that memorable occasion in August 1891, when the Boyd theater was opened to an audience all eagerness and joy.

The closing performance at this historic theater promises to be filled with sentiment and color fully equal to the opening night. The Folk theater, which presents a matinee and evening production on Monday, February 2 at Boyd's, will make

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World famous trick ice skaters, from noted rinks and gardens of New York City, perform for you, while you dine—Thrilling spins and fancy whirls all to music is only part of the "out of the ordinary" and fascinating program.

SKATING HOURS DAILY
12:30 to 2 P. M.—6 to 8 P. M.
10:30 to 1:30 A. M.

No cover charges during luncheons and dinner hours.
BUSINESS MEN'S NOON LUNCHEON—
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SPECIAL MUSIC, FEATURING
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Latest Song Hits,
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HENSHAW HOTEL

Personals

Mrs. J. P. Seymour, who has spent the last two months in Detroit, will return this week.

Mr. and Mrs. Frank Coit, Mr. and Mrs. Luther Kuntze and Mr. and Mrs. W. F. Gandy of Sioux City will leave Sunday for Florida, where they will spend several weeks. On their return Mr. and Mrs. Coit will go to New York City to spend Easter with their daughter, Betty, who is attending Miss Bennett's school there, and their son, George, who is a student at Princeton college.

Mr. and Mrs. George Brandeis will go to California early in February. Mrs. Brandeis' mother, Mrs. Anthony Rogers of Chicago is a guest at the Brandeis home in Fairacres.

Miss Dorothy Darlow has entered Miss Capon's school for girls at Northampton, Mass., as special for Smith college. Miss Darlow has been spending the winter at the home of her uncle, Mr. Gutzon Borglum, at Stamford, Conn.

Mr. and Mrs. E. H. Howland left this week to spend the remainder of the winter in Florida.

Mr. and Mrs. W. J. Burgess leave February 10 for California.

Mrs. W. E. Rhoades, Mrs. R. C. Peters, Mrs. Victor Caldwell and Miss Katherine Peters left Friday noon for California, where they will spend the remainder of the winter in Hollywood.

Mrs. B. C. Howe is visiting her daughter, Miss Marion, in New York City. Miss Howe is spending the winter there studying with Harold Bauer, noted pianist.

Mr. Jabin Caldwell is all at his home with an attack of influenza.

Mr. Donald Kiplinger is suffering from an attack of influenza at his home.

Mrs. H. S. Townsend, an old resident of Omaha, has left for Los Angeles, where she will reside permanently.

Mrs. Osgood Eastman left Monday evening for Chicago, where she will be the guest of her daughter, Mrs. Sherman Ruxton. Mrs. Ruxton has planned a series of entertainments for her mother, who has

Hair On Face DeMiracle

Ordinary hair growth on face, neck and arms soon become coarse and brittle when merely removed from the surface of the skin. The only common-sense way to remove objectionable hair is to attack it at its original source. DeMiracle, does this by absorption.

Only genuine DeMiracle has a money-back guarantee in each package. At toilet counters in 50c, \$1 and \$2 sizes, or by mail from us in plain wrapper on receipt of price.

FREE booklet with testimonials of highest authorities, explains what causes hair, why it increases and how DeMiracle destroys it, mailed in plain sealed envelope on request. DeMiracle, Park Ave. and 129th St., New York.

Headquarters and Day Nurseries of National League to Open.

The National League for Women's Service will open headquarters and a day nursery February 9 at the old Hellman home, Twenty-fourth and St. Marys avenue, owned by the T. R. Kimball's and recently offered for use by the league. Saturday, February 7, will be "Open House" day. Mrs. William Archibald Smith says they wish visitors to come in at that time and see what the plans of the League are, and what the accomplishments will probably be.

"We do not intend to take children

whose fathers are able-bodied and working, and whose mothers merely wish to earn extra money. People so situated can hire attendants for their children," according to Mrs. Smith. The real object of the nursery is to care for children under 5, whose parent or parents are physically or financially unable to care for them and provide a competence for the family as well. Registrations for a place in the nursery must be made 24 hours in advance. There will be a nurse in charge and a housekeeper; other help will be volunteer service for the present.

Mrs. Frank Keough has donated a much needed gas stove. A sewing room with machine, will be fitted up. Curtains and garments will be made in the near future; materials have already been purchased.

Mrs. Flora Warren Seymour of Chicago, Ill., was the only woman admitted to practice before the United States supreme court when it opened its fall term.

SHE THOUGHT DRESS WOULD LOOK DYED

But "Diamond Dyes" Turned Her Faded, Old, Shabby Apparel into New

Don't worry about perfect results. Use "Diamond Dyes," guaranteed to give a new rich, fadeless color to any fabric, whether it be wool, silk, linen, cotton or mixed goods—dresses, blouses, stockings, skirts, children's coats, feathers, draperies, coverings.

The Direction Book with each package tells so plainly how to diamond dye over any color that you can not make a mistake. To match any material, have druggist show you "Diamond Dye" Color Card.

THRIFT SALE

MONDAY AND TUESDAY

THESE ARE BARGAINS THAT WILL APPEAL TO THRIFTY PEOPLE

GET THE THRIFTY "HABIT" OF TRADING AT THE 5 SHERMAN & McCONNELL STORES

<p>Quinine Pills, 100—2-grain— 89c</p> <p>Pebeco Tooth Paste— 33c</p> <p>25c Williams' Talcum, 4 Kinds— 14c</p> <p>Pepsodent Tooth Paste— 33c</p> <p>\$1.00 Listerine— 79c</p> <p>75c Mary Garden Talcum— 48c</p> <p>60c Doan's Kidney Pills— 44c</p> <p>Marinello Toilet Goods Tissue Cream, Acne Cream, Motor Cream, Astringent Cream, Foundation Cream, Geranium Jelly, Rose Leaf Cream, Toilet Powder, Both this Talc.</p>	<p>FOOD SPECIALS</p> <p>1/2 lb. Symonds' Inn Baking Chocolate..... 19c</p> <p>1/2 lb. Symonds' Inn Cocoa..... 19c</p> <p>1 lb. Opeko Coffee, at..... 48c</p> <p>1/2 lb. Opeko Tea, at..... 39c</p> <p>Symonds' Inn Ext. Lemon..... 29c</p> <p>Symonds' Inn Ext. Vanilla..... 24c</p> <p>PATENT MEDICINES</p> <p>60c Sal Hepatica, at..... 44c</p> <p>25c Phenolax Wafers, at..... 19c</p> <p>\$1.00 Lavioris, at..... 72c</p> <p>60c Bromo Seltzer, at..... 44c</p> <p>60c Syrup of Figs, at..... 44c</p> <p>25c Beecham's Pills, at..... 18c</p> <p>50c Stuart's Dyspepsia Tablets..... 37c</p> <p>85c Jad Salts, at..... 73c</p> <p>50c Limestone Phosphate..... 33c</p> <p>50c Eatonc, at..... 39c</p> <p>\$1.90 S. S. S., at..... \$1.48</p> <p>TOILET GOODS</p> <p>Pear's Unscented Soap..... 14c</p> <p>60c Hind's Honey and Almond Cream..... 44c</p> <p>35c Danderine, at..... 23c</p> <p>60c Palmolive Cream, at..... 39c</p> <p>50c Pompeian Massage, at..... 39c</p> <p>60c Sempre Giovine, at..... 39c</p> <p>40c Orchard White, at..... 27c</p> <p>50c Mavis Cream, at..... 37c</p> <p>\$1.50 Gourard Oriental Cream..... \$1.19</p> <p>Klenzo Tooth Paste, at..... 25c</p>	<p>\$1.00 Aspirin Tablets, 5-grain— 39c</p> <p>Rezell Beef, Wine and Iron, pint— \$1.00</p> <p>\$1.00 Squibbs' Petrolatum, (California) 69c</p> <p>Woodbury's Facial Soap— 19c</p> <p>Cuticura and Packer's Tar Soap— 19c</p> <p>25c Sher-Mac's Hard-Water Tar Soap— 14c</p> <p>\$1.25 Pinkham's Vegetable Compound— 98c</p> <p>\$2.00 Frivole Toilet Water— \$1.14</p>
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