WOMAN'S SECTION OF THE BEE

You Think of You?

By BEATRICE FAIRFAX. an Acknowledged Authority on the Prob-

He thinks pretty well of himself. In fact he's so stuck on Johnny that he hasn't much love left to give any one else," remarked my young dance and card party at the Rome cousin scornfelly. "Of course if you hotel Friday evening, want to let him have a room here when he's in town next month, I won't say a word, but you'll get no thanks. He'll think you ought to be grateful to him for gracing your home. And he'll expect you to do every little thing his way with never a thought for your own comfort."z "Selfish? asked his mother.

"Just darn conceited," grumbled Ventilate every room you occupy.
Ned. "Too conceited to live, or to Wear loose, porous clothing suited see that anyone else has a right to live. But he's making good. I don't see how such a chap can make good if there's such a thing as justice in the world."

"Don't be so bitter about it dear," protested his mother nervously.

Bitter!" chuckled Ned with a laugh that 'wasn't much like his usual boyish cheer. "I suppost you'll be telling me next to admire him or imitate him. That stuff of his seems to work all right. Guess I'll try it Why, last week he bought a car. Do you suppose he got a fine touring car with room for mother and poor old invalid father and the kids? Not he! Johnny gets himself a little roadster so he can take out his best girl. He's thinking of Johnny. Doesn't know his folks are on earth. Might not be a bad stunt to try a little of that stuff my-self, seeing you admire it so much." "But I don't"-protested his mother ending in a wall and a pleading glance at me.

A Keen Appraisal.

"I'm not so sure that I don't admire it," I replied in the face of Ned's wide eyes and his mother's pleading ones. Then I ended my sentence in italics—"relatively. I'd carefully once a year. Also consult rather hear of a self-centered your dentist at regular intervals.—
young chap such as you describe U. S. Public Health Bulletin. than of a sniveling youth who hasn't the gumption to believe in

"Meaning me?" demanded Ned

"Meaning you, as you sometimes are," I replied. "Last week, lad, when that foreign trade firm advertised for a man who had some knowledge of French and Spanish and who could write a good letter, you'd have been better off with Johnny's conceit than with your own humility and doubts. As I remember you said you didn't know much Spanish and your French hadn't been much more than enough to scrape along on when you were across with the Seventh and your typing had never been much account. And, anyway, you didn't think you had the experience to butt into a good firm like that. You hadn't enough faith in yourself to make a try for a position that would mother on Easy

street."
"Oh, then you'l give me credit for something?" asked Ned, with heavy

Give you credit for the willingness to look out for your mother if you had anything with which to look out for her?" I asked, "Surely. But what good does that do her

But what good does that do her when she's scraping along on her income and wishing you'd get the kind of job your ability merits. rather than the sort your limited faith in yourself lets you go after?"

"Well, of all the slams!" protested Ned. "But go on, now, that I see how badly you think of me, I realize more than ever how right I am when I acknowledge that I'm a dub and that an eighteen-a-week job dub and that an eighteen-a-week job is about my size."
"But I don't. You aren't! It

su't!" I protested, wondering if Ned's mother would ever speak to

She spoke right then.
"Go on please. It was for some-thing like this I planned to take Johnny in to board . . . But as long as you're doing it right out this way, maybe Neddy-boy won't need the object lesson I was going to give him."

"You, too, mother!" groaned Ned. But with her backing, I rolled up my sleeves and lit right into our Ned.

The Only Way.

"Lad, there's a whole world between Johnny and you. No one has to be so arrogant and so fish as Johnny in order to succeed In fact, he'll miss some of the greatest rewards of friendship and love and devotion unless he changes. But to whatever extent his arrogance makes him tackle big jobs because he has enough faith in himself to try-just so far I'm rooting for conceit and arrogance and vanity and stiffnecked pride. They force John to constructive action and so they

"Go on, please," murmured Ned.
"Well, lad—I think you've gone on
in your own mind. But I'll say it: Humility like yours is abasing—and debasing. You're afraid to start. You've so little respect for yourself, and so little belief in yourself, that you don't try any big things. And you keep people from believing you could, even if you were to try. If you're going to be a happy man, a successful man, you'll have to culti-vate a little faith in Ned—a little

self-esteem." "Just try something that looks a size too big. Don't say a word about it, but just plunge in and try. Maybe you'll make it. Maybe you'll only come near it. But anyway you'll find that faith does move mountains. Not arrogance. Not servility, are what I'm recommending. But proper self-esteem, faith in yourself. You can't succeed without it, lad."

"Faith in myself," repeated Ned.
"I wonder. Wouldn't do any harm to answer that ad. Maybe the job isn't filled yet. Maybe I'm not such a dub after all."

Cold coffee is excellent for ferns of all kinds. Use about once a

To boil eggs that are cracked wrap in a piece of white mus in and there will be no danger of oozing

Just What Do CLUBDOM

Train School Mothers.

The Train School Mothers' club will meet January 2 at 2 p. m. at

Liberty Chapter. Liberty chapter, Order of the Eastern Star, will meet Friday at 8 p. m. at Masonic Temple.

Maple Leaf Chapter.

Minne Lusa Society. The Minne Lusa Woman's society will meet with Mrs. E. L. Powell, 3171 Curtis avenue, Friday at 2 p. m.

To Keep Well

to season, weather and occupation. If you are an indoor worker be sure to get recreation outdoors. Sleep in fresh air always; in the

open if you can. Hold a handkerchief before your mouth and nose when you cough or sneeze and insist that others do so,

Always wash your hands before Do not overeat. This applies es-

pecially to meats and eggs. Eat some hard and some bulky ods, some fruits.

Eat slowly—chew thoroughly. Drink sufficient water daily. Evacuate thoroughly, regularly. Stand, sit and walk erect. Do not allow poisons and infections to enter the body.

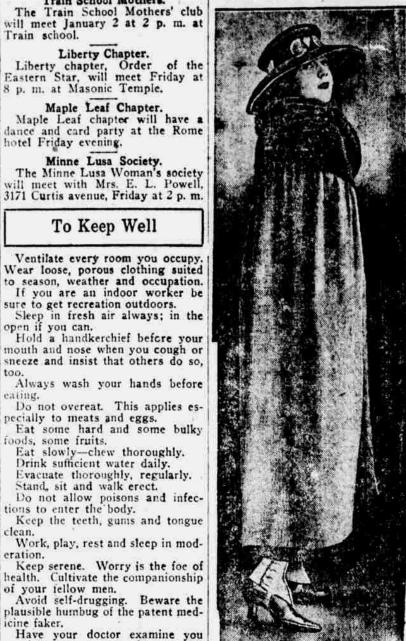
Keep the teeth, gums and tongue clean. Work, play, rest and sleep in mod-

eration. Keep serene. Worry is the foe of health. Cultivate the companionship of your fellow men. Avoid self-drugging. Beware the

icine faker. Have your doctor examine you

When using the gas oven if you open the door wide for a second, two or three minutes after lighting the burner, a quantity of moist air escapes. The oven then heats more quickly as a result of ventilation. It is a very little time saver, but it is a help when getting breakfast, particularly during the winter, when everything counts in helping one's husband start for his office.

Simple Lines



This cape has extremely simple ines but style shows in every detail.

If a piece of lemon is added to a pan of cold water and the wilted vegetables allowed to stand in the water for an hour or so, they will be as fresh as when gathered. Especially good for lettuce, celery, spinach and parsley.

It is made of light brown relour.

The yoke is of dark brown angora.

G. O. P. Women Will Attend the

Chicago Meeting One of the four women who will week to attend the G. O. P. meetings will be Mrs. Lulah T. Andrews, assistant secretary to the republican state central committee and director of publicity in Nebraska. Mrs. Andrews is the first woman to hold an throughout the state, having been actively identified with the club life years' residence there.

the P. E. O. sisterhood for two trict conventions where representayears. She did 10 months' war tives will be chosen who will comwork with the woman's committee plete a woman's organization from of the State Council of Defense, members of their own sex. This

giving up this work to enlist as a plan will result in a complete amal- will look like new. volunteer canteen worker under gamation of men and women in the Red Cross. Mrs. Andrews was chosen by the War Relief Board of Nebraska, grand chapter of Eastern Star as their representative in war relief work and served in the Policy of the Policy relief work, and served in the Red Cross canteen at Halifax three

with the Red Cross emergency can-

teen. Mrs. Andrews also served on

the Nebraska welcoming committee

Mr. Devoe, the state chairman,

in New York.

has consistently adhered to the policy that the representatives of official position on the state com-mittee of any political party in Ne-chosen by the women themselves. braska. She has a wide acquaintance In pursuance of this policy he recently issued a call for the election of precinct committeewomen in all of the Fifth district during her many precincts of the state, who are to be called in convention in the county She served as state organizer of seats to elect representatives to dis-

The Ever Serviceable Phoenix Hosiery

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When pressing a suit if you rub it well with a dustless dust cloth you lint and dust come off. It also takes and restore the brilliancy to the

A few drops of olive oil will work

beginning at the quill, rub outward, keeping the barbs close together. will be surprised to see how much The oil will hold the barbs together

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Women's

Word of Thanks!

The employees and the management of the NEBRASKA TELE-PHONE COMPANY wish our patrons a Happy New Year, and take this opportunity to offer a word of appreciation.

We are deeply grateful for your spirit of good will and your considerate attitude during the last twelve months while we have been burdened with unparalleled difficulties in furnishing telephone service.

During the war you accepted without protest the service those of us who stayed at home were able to furnish. With the same patience you have accepted the only character of service we have been able to supply during the last year. We have done our best, and while you could not know the troublesome problems we have had to meet, you have accepted the conditions with a spirit of tolerance which we appreciate.

Only with the wonderful co-operation of the public have we been able to furnish the service you received during the last twelve months when we faced almost overwhelming difficulties.

During the war construction work was restricted to the most urgent needs, and our forces were badly scattered by the vital requirements of military necessity. And before we had time to reorganize our personnel and add to our plant, there came a tremendous demand for additional service and for additional telephone facilities.

The last year telephone materials have been hard to get. Deliveries have been very slow, due to conditions in manufacturing plants throughout the country. New employees by the hundreds have had to be

This year we plan the largest construction program in our history as an organization. Millions of dollars must be obtained from investors for extensions to our local plants and to our long distance lines. In addition to this, much repair work must be done which could not be kept up to standard requirements during the distressing last two years. Still more employees must be trained.

The expenditures for repairs and for extensions and improvements which are planned will have to be made at a cost for labor and materials about double what it would have been three years ago. To obtain from investors the new capital required we must show an ability to earn a reasonable return on the money procured and on that which is invested in the existing property.

At this beginning of a New Year the employees and the management of this Company want to express their appreciation for the splendid support our patrons have given us, and we want to assure you that everything is being done and will be done during this new year to restore a pre-war grade of telephone service just as quickly as it is humanly possible.

Yours very truly,

The Employees and Officers of **NEBRASKA TELEPHONE COMPANY** THE SEASON'S GREETINGS: Health -- Prosperity -- Happiness

The Mightiest Servant of All

What makes comfort and lends greater helpfulness to the home than electricity?

This, perhaps, is a question you have never considered, even though the home, during the long evening hours, is flooded with a mellow glow of light, the rooms warmed and the meals prepared by electricity.

The Nebraska Power Company

"Your Electric Service Company"

primarily is a servant of the public; your servant, my servant, distributing electrical energy to all-warming homes, lighting houses; furnishing power to large manufacturing concerns-working day and night to facilitate business and to alleviate suffering.

If this servant be a stranger in your place of business or home, open the door and let it enter.