I know not where His Islands lift Their fronded palms in air; I only know I cannot drift Beyond His love and care. —Whittier.

N. F. W. C. Bulletin. The Nebraska Federation of Wo-man's Clubs, under the business management of Mrs. Addison E. Sheldon, retiring president of the Sheldon, retiring president of the federation, and director-elect for Nebraska, has the following record for the last two years:

Enlarged from eight to 16 pages, and has been a 12x19 quarterly.

A copy of each issue mailed gratis to home address of every one of the 11,343 members of N. F. W. C. were sent out. Receiving from advertisements

carried during this period, \$2,728.30. In addition to paying all expenses for publishing and mailing, the Bulletin fund financed the silver anniversary convention, presented a large, handsome United States flag, mounted, to N. F. W. C., turned into endowment fund \$520.20 and turned over to the new board \$100 in advertising contracts and the good will of all advertisers.

Old People's Home.

vegetables fruits. goods.

SUPERFLUOUS HAIR WHY IT INCREASES Mair growth is stimulated and its frequent removal is necessary when merely removed from the surface of the skin. The only logi-cal and practical way to remove hair is to attack it under the skin. DeMiracle, the original sanitary liquid, does this by absorption. Only genuine DeMiracle has a money-back guarantee in each package. At tollet counters in 60c, 51 and 52 sizes, or by mail from us in plain wrapper on receipt of price. FREE book mailed in plain scaled envelope on request. DeMiracle, 139th St. and Park Ave., New York



This institution is the only one in the central west with separate buildings situated in their own grounds, yet entirely distinct, and rendering it possible to classify ganization in Omaha and the vacases. The one building being fitted for and devoted to the treatment of non-contagious and nonmental diseases, no others being admitted; the other Rest Cottage being designed for and devoted to the exclusive treatment of select mental cases requiring for a time watchful care and special nursing.

NOSE CLOGGED FROM A COLD OR CATARRH Cream in Nostrils To

Tips to Press Chairmen. Now that the club season has arrived, and each mail brings notices for the daily and Sunday club page, About 250 complimentary copies it is well for the press chairmen to have a little visit with the club edi-

> tor, if not in person, then through the columns of the paper The most essential features of club notices naturally is the name, the place of meeting, the date and the

If the sender will sign her name with her address and telephone number it will facilitate matters greatly, as it is possible the club editor may scent a news story with pictures in the notice, in which case

she will wish to communicate at Thanksgiving thoughts in form of once with the press chairman and and canned arrange for it. Keep to facts-do will find their way to the not embellish, tell the story simply. People's Home on Fontenelle but tell it all. Another essential boulevard, next Wednesday, No-vember 19. This is the annual do-nation to the home. dated, the club editor is in doubt how long some "hubby" has car-

ried it in his pocket before mail ing it. Always use full Christian name or

two initials in giving the name of any one connected with an affair. Do not say Mrs. Smith will give an address. Give her her full title. She will appreciate it.

If possible, always send advance notices rather than those of past events.

On the day of an affair a notice of what takes place, if reaching the of-fice not later than 5 o'clock, may be formulated into an interesting little story for the following day's club column.

Sunday club notices must reach the office not later than Friday at 5 o'clock. When pictures are to be used on the club page they must be

in the hands of the editor on Wednesday preceding the Sunday issue. Many notes reach the desk inquiring whether there is a charge for the use of club notes. There is no charge. The depart-

ment is run for the purpose of promoting the interests of club women, whose work at the present time covers a broad field of endeavdances before the music department or. It is the desire of the club edi-

tor to co-operate with the officers of the Omaha Woman's club at the and members of every woman's or-Y. W. C. A. Wednesday afternoon. and members of every woman's orious suburbs. the worth-while activities of the She does not feel that she is dowomen of today. ng the club women a favor by using League for Woman's Service.

the notices. She wants to use them, and welcomes the heavy mail which League for Woman's service, gave puts her in touch, as later it will put 130 hours of service during the rethousands of readers in touch, with cent Red Cross drive. Mrs. O. M. Smith drove her car every day for

Yes, Girls

who drove were: Misses Marion Everybody is using and talking about DERWILLO, the liquid tint. It instant-ly beautifies the complexion, makes a soft roay-white skin everyone "Just loves to touch." Over five hundred thousand siris and women are using it. It's a real beau-tifier, that's what it is. Try it to-day. At toilet counters everywhere. Your money back if you don't like it.

ice.

Tennyson Circle. Tennyson chautauqua circle will meet Monday, November 24 at 1:30

Burt street. The lesson will be chapters 11 to 14 in "America Among the Nations." Roll call will be responded to by current events. of the court house. D. S. Grant Post. The U. S. Grant Post. Will strend post, G. A. R., will hold its regular meeting Tues-day at 1:30 p. m. in Memorial hall of the court house. m. with Mrs. C. H. Walrath, 3650

W. O. R. T. H. Club. W. O. R. T. H. club will meet for dinner at the Settlement house, followed by dramatic art.

Bishop Vincent Circle. Bishop Vincent Chautaugua circle will meet Monday evening at 7:15 at the City library. The lesson will be in "America Among the 4654 Dodge street. Nations." Mrs. Dean Tancock will 1 o'clock luncheon. "America Among the 4654 Dodge street, Tuesday for a give a travelogue.

TUESDAY.

Daughters of Israel. The Daughters of Israel Aid society will hold their regular meeting on Tuesday, November 18, 2:30 p. m. at the Jewish Old Peoples' Home, 2504 Charles Street.

Parliamentary Law.

Parliamentary law department of the Omaha Woman's club will meet Tuesday afternoon at 2:30 in the M. C. A. Mrs. Blanch E. McKelvy is leader of the depart-ment. "Conduct of Business," is the subject for the day, Mrs. C. H. Aull, instructor. All club members welcome.

Public Speaking Department.

of the meet Tuesday, November 18, at 10 greatest possible hair beauty and be **"SYRUP OF FIGS"**

CHILD'S LAXATIVE

Look at tongue! Remove poisons from stomach, liver

Mildred

Miss Mildred Jack, pupil of Ade-

laide Fogg, will appear in Spanish

The motor corps of the National

two weeks, giving 68 hours' serv-

Calendar

SUNDAY.

Y. W. C. A. Pageant. The World-Fellowship will pre-sent a pageant Sunday afternoon at o'clock for the benefit of those

who were not able to attend last week. Miss Ella MacLaurin, who

Flowers of Zion."

Other members of the corp

Jack



Mother! You must say "Califor-

of speech, material to develop speech ness period, music will be furnished by a quartet composed of Mes-

impelling impulses. Mrs. O. Y. Kring, leader. U. S. Grant Post.

U. S. Grant, W. R. C. U. S. Grant, Woman's Relief corps, will hold its regular meeting Tuesday at 2:30 p. m. in Memorial

the literature department of the hall of the court house. South Side Woman's club Tuesday afternoon, November 18. Mrs. A. P. E. O. Sisterhood. Chapter BX, P. E. O., sisterhood, will meet with Mrs. Elmer Thomas 4654 Dodge street, Tuesday for a difference of George Eliot' will be given by Mrs. C. W. Martin. "Scenes and

Omekro-E. Xima. Omekro-E. Xima will meet for Pullian. dinner at the Settlement house Tues-

will meet with Mrs. Elmer Thomas

day evening followed by dramatic The Omaha Spanish club will

neet Tuesday evening in room 302. Patterson block, at 8 o'clock. All Missionary Federation. Mrs. W. P. Harford, the first who are interested in the language president of the Women's Missionare invited to attend. ary federation, and now president

emeritus, will conduct the morning Business Women's Club. service of the federation Tuesday "Great Women" is the subject for Woman's club, chorus division, will at 11 o'clock, at the First Christian the regular meeting of the Business meet at 2 p. m. Wednesday. A prochurch, Harney and Twenty-sixth

WHY SOCIETY WOMEN WASH

Simple Formula That Works Wonders on Any Skin. Also a New Way to Remove Wrinkles That Rarely Fails.

By Valeska Suratt.

dames George Hawkins, John Berg-

quist, Maxwell and E. T. Hammon

South Side Literature.

Spanish Club.

Sunday evening.

T is really immaterial how muddy, or from a simple home-made canthrox blemished the skin may be, a remixture. You can use this at a cost markable transformation can be brought of about 3 cents a shampoo by getabout in only a few weeks' time by a ting some canthrox from your drugmethod extraordinarily simple. First of all, gist and dissolving a teaspoonful in abandon the use of any of the complexion creams you may have been using, and make up a cream at home today in a few noments, by mixing two tablespoonfuls of glycerine and one ounce of zintone in a be bought at any drug store for about a this very day. pint of water. You can get the zintone at dollar. This never fails to do the work any drug store for about fifty cents. In a thoroughly and delightfully.

> are fast disappearing. Answers to Questions.

few days you will note that the spots,

blemishes and muddiness you complain of

in a remarkably large number of cases. Get THIN—Here is the most powerful hair forcer you can ever hope to obtain, and it really does the work quickly and splendid-ly. One ounce of beta-quinol is mixed with a half pint of water and a half pint of bay rum, or use a full pint of witch hazel in stead of the hay rum and water. For fifty cents at any drug atore you can get a nackof water. This will result in a very fine, rich and satiny cream. When faithfully stead of the hay rum and water. For inty cents at any drug store you can get a pack-age of beta-quinol, enough to make a pint of this spiendid hair forcer. This is not an eily preparation, but it is pleasant to use and should be applied every day. Your hair will also grow out most luxuriantly and possess great vigor. used, the skin will become of a finer texture, it will become more plump and vigorous. Furthermore you will notice that the crows' feet, lines of age and wrinkles "For fifteen years I had stomach trouble. Ten doctors did not help look years younger. . . .

Accept "California" Syrup of Figs only-look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity me. Three weeks after taking Adler-i-ka I was helped and am NOW WELL." (Signed) J. C. tains enough for many weeks. Children love its delicious fruity months. Often CURES constipation. CORA W.—Under no circumstances should you use any of the various pastes and powders sold for superfluous hairs, and which burn and irritate the skin. When the hair is moistened with a little sulfo sotaste. Full directions for child's Prevents appendicitis. Adler-i-ka is dose on each bottle. Give it with-out fear. a mixture of buckthorn, cascara, glycerine and nine other simple ingredients. Sherman & McConnell

WEDNESDAY.

Dundee Woman's Club.

The Dundee Woman's club will Rev. C. E. Cobbey will extend meet with Mrs. Roger Holman, 5106 Burt street, Wednesday, November 19. "The Great Hunger" will be discussed, Mrs. W. H. Hancock, leader. The first lesson on political parties will be led by Mrs. W. B. Howard. Helen K. Martin will conduct a discussion on the Mrs. A. R. Parker, 4311 South league of nations. Twenty-second street, will entertain

Miller Park Mothers.

The Miller Park Mothers' club will hold its regular monthly meeting. Wednesday, November 19, at the school auditorium, 3 p. m. Mrs. Mrs. C. W. Martin. "Scenes and Characters of George Eliot's Nov-els," by Mrs. A. E. Miller. "Victo-rian Prose Masters," by Mrs. Julia Pullian. Mrs. J. W. Way will

Music Department.

lution, the hairs at once dissolve away, and

the skin is left as smooth and as soft as

before. There will be no redness or spot-

tiness to be seen. The sulfo solution can

OLDER-For the quick removal of wrin-

kles, I would advise you to try the follow-

ing which has demonstrated its great worth

give piano selections.

Settlement house.

H. E. L. P. Club. H. E. L. P. club will meet for

Name

Co. State.....

For Neuralgia, Neuritis, Lumbago, Rheumatism

Begy's Mustarine in Yellow **Box Worth Its Weight** In Gold.

If you only knew the quick and blessed relief Begy's Mustarine gives to sufferers from swollen, painful, gnawing, aching, rheumatic joints and muscles, you would get a box

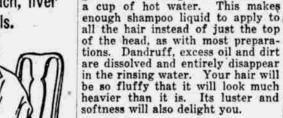
Begy's Mustarine is the good oldfashioned mustard plaster brought up to date with other ingredients added and all the blistering qualities taken out.

It surely does stop neuralgia, neuritis, lumbago and rheumatism quick-

two ounces of eptol from your druggist er than anything else on earth. for about fifty cents. Mix the eptol with Thousands of people who want one tablespoonful of glycerine in a half pint quick action, use it when they are anxious to have chest colds, sore throat, tonsilitis, pleurisy and deepseated coughs disappear over night. Keep it in the house for many emergencies and especially influenza, for during the last epidemic have disappeared very largely and you will Begy's Mustarine did such valiant service that the retailers could not

Heat eases pain, and Begy's Must arine contains twice as much cor. centrated non-blistering heat as ary It cannot blister, remember that and be sure to get Begy's Mustarity





Drug Co.

saler.

syrup.

Dr. Lewis Baker

store. Any druggist can order of who

. . .

art.

They do, not because it is a fad, The public speaking department f the Omaha Woman's club, will but because they wish to obtain the sure they are not using anything harmful. They have found that in washing the hair it is never wise to use a makeshift, but is always advisable to use a preparation made for shampooing only. Many of our friends say they get the best results

Took[•]

Adler-i-ka

Is Well!

streets. Luncheon will be served "A Skin Like a Venus? It's THEIR OWN HAIR Really Easy"

WOMAN'S SECTION OF THE BIDE

THE OMAHA SUNDAY BEE: NOVEMBER 16, 1919.

given as a prize for one of three a. m. at the Y. W. C. A. They will at noon. Mrs. I. C. Wood will have Women's club Tuesday evening, No- gram of Spanish music and dances schools for a contest in the inter-est of night school attendance. take up the study of emotional re-charge of the opening devotional vember 18. Dinner will be served action to ideas; emotional content in the afternoon. After a short busi-as usual.

will follow under the direction of Miss Edith Miller. Soprano solos will be given by Mrs. J. Stanley Hill ' (Continued on Next Page.)

cannot harm another soul And expect our own to save.

Gray Hair Ended

-Babcock

In From 4 to 8 Days In From 4 to 8 Days Science has dis-for restoring hair to its natural col-or. It is offered to women in Mary T. Goldman's Sci-entific Hair Color Restorer. An d women use this scientific h a i i r c o l o r restorer freedom they do powder. Simply comb Mary to 8 days every gray had will be gone.

Mary J. Goldinans

Scientific Hair Color Restorer This Test Convinces

Send the coupon for a trial bottle and our special comb. Be sure and give the exact color of your hair. Try it on a lock of hair. Compare the results, and the pleasure of using with the old way. Send in the coupon now. dinner Wednesday evening at the

MARY T. GOLDMAN 1467 Goldman Bidg., St. Paul, Minn. Accept No Imitations—For Sale by Druggists Everwhere Music department of the Omaha

Mary T. Goldman 1467 Goldman Bidg., St. Paul. Mino. Please send me your free trial bottle of Mary T. Goldman's Hair color Restorer with special comb. I am not obligated in any way by so-cepting this free offer. The naturnal color of my hair is black.... dark brown.... medium brown.... light brown....

Open Up Air Passages

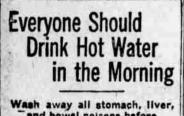
Don't stay stuffed up! Get a

small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it pene-trate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, ring you' instant relief. Ely's Corpan Balm is just what every cold and catarrh sufferer has been seek-ing. It's just splendid!

Face Paint Tabooed-**Remove Skin Instead**

"A few years ago only one class of women painted their faces," says Dolly Madison. "It was a sign of social ostra-cism and was tabooed in refined circles. The custom has become so universal we must admit it is to be deplored and to be shelved as soon a spossible."

shelved as soon a spossible." How foolish to seek artificial "beauty" of this sort, obnoxious from artistic and moral standpoint, when it is so easy to obtain a truly natural complexion by the use of ordinary mercolized wax, which may be had at any drug store in oriental one-ounce package. This mercolized wax is so effective and so harmless, no one meed think of using anything else for the purpose. Applied like cold cream at night, and washed off in the morning, it at once begins to show its remarkable rejuvebud washed off in the morning, it at once begins to show its remarkable rejuve-nating effects. It gently absorbs the life-less surface skin in tiny particles, gradu-ally showing the fresher. livelier, beauti-ful underskin. Naturally it takes with it all surface defects, like freckles, pimples, chaps, moth patches and liver spots. You will know them by their onve color. To have a clear, pink skin, bright eyes, no pimples, a feeling of buoyancy like childhood days you must get at the cause. Dr. Edwards' Olive Tablets act on the liver and bowels like calomel—yet



and bowel poisons before breakfast.

To feel your best day in and day out, to feel clean inside; no sour bile to coat your tongue and sicken your breath or dull your head; no constipation, bilious attacks, sick headache, colds, rheumatism or gassy, acid stomach, you must bathe on the inside like you bathe outside. This is vastly more important, be cause the skin pores do not absorb mpurities into the blood, while the bowel pores do.

To keep these poisons and toxins well flushed from the stomach, liver, kidneys and bowels, drink before breakfast each day, a glass of hot water with a teaspoonful of limestone phosphate in it. This will cleanse, purify and freshen the enmore food.

Get a quarter pound of limestone phosphate from your pharmacist. It inexpensive and almost tasteless. Drink phosphated hot water every morning to rid your system of these vile poisons and toxins; also to preyent their formation.

Ah! What relief! Your clogged New Hair After Baldness Ah! What relief! Your clogged nostrils open right up, the air pas-sages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous, head-ache, dryness-no struggling for breath at night, your cold or ea-tarrh is gone.



Be Better Looking-Take

Olive Tablets

If your skin is yellow-complexion

pallid-tongue coated-appetite poor-you have a bad taste in your mouth-

a lazy, no-good feeling—you should take Olive Tablets, Dr. Edwards' Olive Tablets—a sub-

br. Edwards onve rabiets a sub-stitute for calomel—were prepared by Dr. Edwards after 17 years of study. Dr. Edwards'OliveTablets are a purely

vegetable compound mixed with olive oil. You will know them by their olive color.

have no dangerous after effects. They start the bile and overcome con-stipation. Millions of boxes are sold annually at 10c and 25c. Take one or

two nightly and note the pleasing results.

jury; Also Neutralizes Uric Acid,

Ending, Bladder Irritation.

The third anniversary of Flowers of Zion will be celebrated Sunday, November 16, at the Swedish audi-torium at 8 o'clock. The public is invited. A play and music will be given. Omaha Walking Club. The Omaha Walking club will start at 2:35 Sunday from the Ralston Interurban station, going five

miles directly west, making a ten-mile walk altogether. Leader, Judge J. W. Woodrough. HAVE COLOR IN CHEEKS MONDAY. Omaha Woman's Club.

The parliamentary law department will have charge of the open pro-gram of the Woman's club Monday

"Distress" writes: "My hnir is so oily and straggling I wish you could tell me something to make it soft and fluffy. It makes me positively homely. I also have a great deal of dendroif". afternoon at 2:30 in the Y. W. C. A.

nia."

atternoon at 2:30 in the Y. W. C. A. Dr. D. E. Jenkins will give a paper on "The value of a knowledge of parliamentary law to women in the political world." Jean Duffield will have charge of music for the day. Mrs. Blanch L. McKelvy, depart-ment leader. Round Table Circle. Round Table Circle. Round Table circle will meet Mon-day evening at 7:30 with Mrs. W. B.

Round Table circle will meet Mon-day evening at 7:30 with Mrs. W. B. Howard, 4722 Capitol avenue.

Art Department.

"These are highly recommended, and if used according to directions you will soon be fine and you will gain from 10 to 30 pounds. These tablets should be taken regularly for several months. "Lee" writes: "I have tried so many remedies for rheumatism that I an al." "Mrs. P. G." writes: "I hesitate to ask A picture painted by a brother of Miss Emma Feenan of the Omaha Woman's club, will be on exhibition at the open meeting of the club at the Y. W. C. A. Monday afternoon. This picture will be

TRY A LITTLE SALTS IF KIDNEYS AND BLADDER ARE TROUBLING YOU

Salts Flushes Kidneys Without In- this is really one of the most simple ailments to overcome. Get about four ounces of Jad Salts from your pharmacist and take a tablespoon-

ful in a glass of water before break-Kidney and Bladder weakness reult from uric acid, says a noted fast, continue this for two or three authority. The kidneys filter this days. This will neutralize the acids acid from the blood and pass it on in the urine so it no longer is a source of irritation to the bladder to the bladder, where it often reand urinary organs which then act mains to irritate and inflame, caus-ing a burning, scalding sensation, normally again.

or setting up an irritation at the Jad Salts is inexpensive, harmneck of the bladder, obliging you less, and is made from the acid of cleanse, purify and freshen the en- to seek relief two or three times grapes and lemon juice, combined tire alimentary tract before eating during the night. The sufferer is with lithia, and is used by thousands in constant dread, the water passes of folks who are subject to urinary sometimes with a scalding sensation disorders caused by uric acid irri-

and is very profuse; again, there is tation. Jad Salts is splendid for kidneys and causes no bad effects difficulty in avoiding it. Bladder weakness, most folks call whatever.

it, because they can't control urina-tion. While it is extremely annoy-ing and sometimes very painful, quickly relieves bladder trouble.



he DOCTOR'S How Red Blood-Rich In Iron-ADVICE Helps to Make Mar Mart Helps to Make Men Masters Of Their Own Destinies

Physician Explains Why Strong, Vigorous, Successful People Back Up Brain Power With Physical Strength and Energy To Help Them Win-Says

Dr. LIEWIS DAKCP The questions answered below are gen-eral in character; the symptoms or dis-eases are given and the answers should apply to any case of similar nature. Those wishing further advice, free, may address Dr. Lewis Baker, College Building, College-Ellwood streets, Dayton, O., enclos-ing self-addressed, stamped envelope for reply. Full name and address must be given, but only initials or ficitious name will be used in my answers. The remedies can be obtained at any well-stocked drug store. Any druggist can order of whole-NUXATED IRON HELPS MAKE **RICH. RED BLOOD**

"Fern" writes: "I have suffered with a bad cough for some time and I am also weak and tired most of the time, which I think is due to the severe coughing. Can you give me a remedy?" Answer: Yes, your weakness is due to the coughing, but you should be well re-lieved by using the following: Get a 2'5-oz, package of essence Mentho-Laxene and make according to directions on the bottle, then take, a tenapoonful every hour or two until the cough is cured. This makes a full pint of the very best and safest cough syrup. AND NERVES OF STEEL Like That Possessed by Pioneers of Old. It Often Increases the Strength and Endurance of Weak, Nervous, Rundown People in Two Weeks' Time.

"Strong, healthy men and women with plenty of iron in their blood are the ones who go through life with a smile, self-reliant and fearless and their dynamic power and energy make them virtually masters of

their own destinies," says Dr. John J. Van Horne, formerly Medical In-spector and Clinical Physician on the Board of Health of New York City, in commenting on the relation of strong nerves and physical endurance to the attainment of success and power."

"The keen, active brains and tremendous force possessed by healthy, red-blooded people often gives them a great advantage over those others whose thin, pale, watery blood robs

them of self-confidence and initiative, weakening their wills and causing them to imagine they are the victims of all sorts of dread ailments. Yet there are thousands of such men and women who undergo a most remark-able transformation the moment they get plenty of the right kind of iron into their blood to give increased energy and endurance. Their imagined ills are forgotten, they gain physical poise and fitness, mental alertness and greater power to combat obstacles and withstand severe strains. To help build stronger, healthier men and women, better able physically to meet the problems of everyday life, I believe that physicians should, at every opportunity, prescribe organic iron—Nuxated Iron—for in my experience it is one of the best tonic and red blood builders

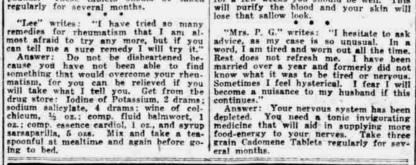
known to medical science." Dr. James Francis Sullivan, formerly work and other physician of Bellevue Hospital (Outdoor Dept.), New York, and the Westchester County Hospital, in commenting upon the foregoing statement says: "Every keen, active successful man and woman of today recognizes that a sound, strong body is the basis of all real achievement and they leave no stone unturned ko safeguard their health. Lack of iron in the blood not only foregoing statement says: "Every keen, active successful man and woman of today recognizes that a sound, strong body is the basis of all real achievement and they leave no stone unturned to safeguard their health. Lack of iron in the blood not only makes a man a physical and mental weak-ling, but it utterly robs him of that virile force, that stamina and strength of will which are so necessary to success and power in every walk of life. I strongly ad-vise every man who is fagged out by worry, easily assimilated and

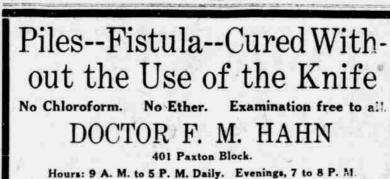
This is Not An Age for Nervous and Physical Weaklings - the Nation Demands Men of Blood and Iron-Men Like the Rugged **Pioneers** of Old.

Without the red blood-rich in iron created by eating coarse foods and leading healthy out-door lives the Pio-neers would have lacked the strength and endurance to hew their way through the virgin forests and estab-blood-rich in iron-

use a free nation. Today it is red blood-rich such as Nuxated Iron helps to build, that gives force, energy and power to conquer obstacles an virtually masters of their own destinies. n the

Manufacturers' Note: Nurated iron, which is make them black, nor upwet the stomach. The





Sundays, 11 A. M. to 1 P. M. Only.