

# THE BEE'S PURE FOOD PAGE

PURE AND DELICIOUS

## WALKER'S COCOA

Is a most satisfactory beverage. Fine flavor and aroma and it is healthful.

Well made cocoa contains nothing that is harmful and much that is beneficial.

It is practically all nutrition.

Choice Recipe book free.

Walter Baker & Co. Ltd. Established 1780. Dorchester, Mass.



## The Bee's Household Arts Department

**Decorating the Kitchen.**  
The decorative possibilities of the modern kitchen should not be slighted. Checked gingham are being used to considerable extent in making curtains and sometimes in narrow shelf edging, if arranged so that they can be moved easily and washed from time to time. Green and white checked curtains are cool and pretty, and a change from the more usual blue. When one is buying new casseroles and other earthenware, a selection of dull green instead of brown may be made to carry out the scheme. Plants are always a welcome addition to the kitchen, and hardy green varieties, which grow abundantly and live all winter, will be found satisfactory in this kitchen. A box of parsley or a pot of chives will be found as practical as decorative.

Aprons should match the color scheme, too, if new ones are needed, and the wearer will feel a degree of satisfaction in knowing that she is in harmony with her surroundings, says the "Christian Science Monitor." A figured shade selected to match the rest of the room will add a touch of contrast and give a restful atmosphere to the room besides. One does not mind taking the intimate friend into such a room, when it is so invitingly fitted out.

### Readers Recipes

Sometimes certain foods are not popular with the family because they are not palatably served or be-

cause in their preparation no touch of novelty has been given. These dishes are all based on the simplest and most familiar things, yet they are delicious. Try them.

**BREAKFAST.**  
Stewed Fruit. Oatmeal. Top Milk. Rolls. Coffee.

**LUNCHEON.**  
Tomato Pie. Fried Rice. Banana Cream Sandwiches. Tea.

**DINNER.**  
Carrot Purée. Bread Sticks. Stuffed Cabbage. Haricot Bean Salad. Sponge and Jam Roll. Coffee.

**Tomato Pie.**  
Slice a good sized onion thinly, blanch it, fry in fat till slightly browned. Take one pound ripe tomatoes, skin and cut in slices. Place a layer of onions in the bottom of the pie dish, with a good seasoning of salt and pepper, then a layer of tomatoes, with white bread crumbs scattered over, and a few pieces of butter, and so on until the dish is almost full. Have ready some well mashed potatoes, spread thickly over, so as to form a crust; score them with a fork; bake until brown.

**Banana Cream Sandwich.**  
Mash two ripe bananas and a tablespoon golden syrup, then whip it with half a teaspoon cream. Spread on sponge cake. Press together. Brush over with golden syrup and scatter with chopped almonds or other nuts.

**Stuffed Cabbage.**  
Take a large, fresh cabbage, cut out heart, fill vacancy with stuffing made of the left-over fish (chicken or veal), chopped very fine and highly seasoned, and rolled into balls with yolk of egg. Then tie cabbage firmly together (some tie a cloth around it), boil in a covered kettle two hours. This is a delicious dish and useful in using up cold meats or fish.

**Haricot Bean Salad.**  
Soak the haricots six or eight hours, then boil them until tender. Leave until cold. Pile them in the center of a salad bowl, surround with sliced tomato or beet root and some shredded celery. Cover with whipped cream, flavored with salt and pepper (white). If liked dip the haricot in oil and vinegar in addition to cream. Decorate the cream with a little pepper and arrange the beet root so that it makes a red border to the white pyramid of cream.

## AT THE THEATERS

HERE'S a big, hearty welcome awaiting Watson and Cohan when they step onto the stage at the popular Gayety this afternoon when they open their week's run in "Slitkin & Slotkin, Refined Lawyers." Last season they made a wonderful impression over the Columbia circuit and they are now more than duplicating it. Barney Gerard has included under the banner of the "Girls De Looks" an exceptionally clever cast of principals and a score of pretty choristers. Tomorrow's matinee starts at 3.

Concluding performances will be given today of the hilarious Orpheum bill which is topped by the musical revue, "Putting It Over," presented by a company of 17 soldier boys. The curtain this evening is to rise at 8 o'clock. Opening with the matinee tomorrow Emma Haig and Jack Waldron are to offer their original 1919 conception of song and dance as one of the leading features. Another will be the amusing skit, "A Package of Smiles," which will be offered by T. Roy Barnes and Bessie Crawford. A featured act, something entirely new, will be offered by the scientific enigma, Madam Burnell, whose comedy is derived from an electric current, assisted by some clever people.

Matinee and evening performances today close the engagement of "A Dangerous Girl," the musical comedy which has run all week at the Boyd.

Opening a week's engagement at the Boyd theater tomorrow evening, the big Winter Garden spectacular revue, "The Passing Show of 1918," brings what is reputed to be the largest musical comedy organization ever moved in this country. The all-star cast is headed by Willie and Eugene Howard, and they have the support of a long list of Broadway favorites and a real Winter Garden chorus.

One of the most attractive bills at the Empress this season closes its engagement today. It is headed by "The Gypsy Revue" dancing novelty. A popular feature is the surprise act of Ward and Wilson. The comedy element of the bill is provided by character delineations and song studies of Skelly and Heit.

The Cohan and Harris show, "Going Up" comes to the Brandeis theater October 27, 28 and 29. Twenty singing numbers stud the piece and the chorus changes costumes more than eight times. The cast, which will present "Going Up," here is headed by Raymond Crane. Other include Norma Brown, Loretta

## Hastings Woman Made Head of the Nebraska Federation

Mrs. John Slaker Named at Closing Session of 24th Annual Convention at Fairbury—Has Been Chairman of State Endowment Work.

Mrs. John Slaker of Hastings, is the new president of the Nebraska Federation of Women's Clubs. This announcement was made yesterday at the closing session of the 24th annual convention at Fairbury.



Mrs. Addison E. Sheldon.

Mrs. Slaker was president of the Hastings Women's club for three years and is president-elect for the Fifth district from which office she will now have to resign. She has been chairman of the state endowment work for the federation in Nebraska.

During the war, this new club leader was chairman of the woman's committee, county council of defense, Mrs. E. Goodrich of Nelson is the defeated candidate. Other officers elected are: Vice president, Mrs. E. B. Penny, Fullerton; recording secretary, Mrs. S. M. Dewey, Fairmont; corresponding secretary, Mrs. Paul Perryman, Ord; treasurer, Mrs. E. G. Drake, Beatrice; auditor, Mrs. Elizabeth Smith, Chadron; general federation state secretary, Mrs. A. E. Sheldon; general federation director, Mrs. A. E. Sheldon.

**Delegates Elected.**  
Delegates elected to the biennial convention of Women's clubs to be held in Des Moines, Ia., next June, are: Mesdames J. F. Lees, B. F. Pitman, Warren Perry, Cyrus Mason, J. H. Melville, George Frater, O. A. Williams, T. J. Doyle, Bertha Miller, T. I. Hatfield, Florence

Parks, and Miss Julia Fuller. Alternates: Mesdames Leonard Nash, John Pfeiffer, T. J. Gist, M. A. Hopteller, W. W. Wright, H. N. Coleman, Hattie Summers, H. N. Coleman. The proposed revision of the state constitution was defeated and the former constitution prevails.

## Delightful You'll Say---

After tasting the Special This Sunday—

It's "Apricot" A real delight of unexcelled goodness.

### Delicia

Ice Cream Specials Please All—

Order them through your dealers.

## Fairmont Creamery Co.

OMAHA'S NEW STORE. SPECIAL FOR SATURDAY. Hardware Department. BROOMS, 49¢. H. H. HARPER CO. 17th and Howard Sts., Flatiron Bldg.

### EAT SKINNER'S THE BEST BREAD

SKINNER BAKING COMPANY DOUGLAS-1922

## Puritan Hams and Bacon

### A Complete Food

Many health-giving foods are lacking in pleasant flavor.

Many savory dishes are lacking in health properties and some are positively injurious.

Puritan Hams and Bacon are energy builders in the highest degree and each affords a delightful relish distinctively their own.

"The Taste Tells"

THE CUDAHY PACKING CO.

If your dealer doesn't handle Puritan, Telephone F. W. CONRON, Manager 1321 Jones St., Omaha, Neb. Phone Douglas 2401

Puritan Hams and Bacon are smoked daily in our Omaha plant, insuring fresh, brightly smoked meats at all times.



## Trade at the WASHINGTON MARKET, where all goods are sold as represented

Fresh Dressed Spring Chickens, per lb.	27 1/2c
Choice Steer Rump Roast, per lb.	17 1/2c
Choice Steer Beef Roast, per lb.	12 1/2c
Choice Steer Short Ribs of Beef, per lb.	9c
Young Veal Roast, per lb.	17 1/2c and 20c
Young Veal Chops, per lb.	25c
Young Veal Breast, per lb.	15c
Young Mutton Chops, 2 lbs. for	25c
Young Mutton Legs, per lb.	15c
Choice Steer Round Steak, per lb.	20c
Sugar Cured Breakfast Bacon, per lb.	29 1/2c
Sugar Cured Skinned Hams, per lb.	27 1/2c
All brands of best Creamery Butter, per lb.	69c
Royal Oleomargarine, per lb.	30c
Pig Pork Roast, per lb.	18 1/2c
Peerless Laundry Tablets, washes clothes without rubbing, 16 tablets to the box, per box.	25c
Full line of Fruits and Vegetables at the lowest prices.	

## Washington Market 1407 Douglas Street

—prepared as a delicacy or a substantial part of the meal

## Gooch's Best Spaghetti

will prove a revelation in flavor. Smooth, white and tender.

SOLD IN THE BEST OF STORES

## FLASHES from FILMLAND

PHOTO PLAY OFFERINGS FOR TODAY

ONE of the strongest photoplays seen here for some time is the Paramount - Artrcraft special picture, "The White Heather," which will be shown for the last times at the Rialto today. The battle of two men in diving suits on the bed of the ocean is remarkably effective.

Sun—A comedy treat is the photoplay picture, "A Damsel in Distress," co-starring June Caprice and Creighton Hale, and showing for the last times at the Sun today. Every situation in the story might happen to anyone—that's what makes the whole thing so enjoyable.

Moon—Mary Murray, all by herself, is the double attraction at the Moon today. That is, she is the double attraction in "The Twin Pawns," the Pathe feature, wherein she is cast in the double role of twin sisters. It is a splendid picture, being well received, and will be shown for the last times today.

Muse—Second-run pictures being shown at the Muse do not seem to lighten the seating capacity of the house. The feature picture for Saturday is "The Deserter," starring Charles Ray, and while this picture has been seen by thousands, the work of the star is always of such character and scope that many delight in seeing him in the same picture twice.

Empress—Billy Rhodes has electrified her associates by the way she handled herself in a score of intensely dramatic scenes in "The Blue Bonnet," which is being shown at the Empress for the last times today.

## CENTRAL MARKET

1608-10-12 Harney Street Douglas 1796

Keen Satisfaction—When you can step into the most complete sanitary market in the middle west and select anything your taste dictates.

Whether you wish a tart cheese or a rare fruit or just a dainty tempting cake, you can find it at the Central Market. Come once and you will come always.

### SPECIALS FOR SATURDAY SELLING

Strictly Fresh Dressed Fancy Spring Chick, per lb.	29 1/2c
Extra Fancy Steer Pot Roast, best cuts, lb.	11 1/2c
Fancy Prime Rolled Rib Roast, per lb.	25c
Steer Rib Boil, per lb.	9c
Pig Pork Roast, per lb.	17 1/2c
Mutton Stew, lb.	7 1/2c
Mutton Shoulder, per lb.	12c
Fancy Young Veal Breast, per lb.	15c
Spare Ribs, per lb.	19c
Fancy Sugar Cured Back Bacon, per lb.	27 1/2c
Navy Beans, per lb.	10c
Grape Nuts, per pkg.	2 1/2c
16-oz. can Carolina	12 1/2c
Per dozen Creamery Bulk Butter, can	15c
Dundee or Elkhorn Milk, can	15c
Per dozen	17 1/2c
Carnation Milk, per can	15c
10-lb. can Karo Syrup	85c
1-gal. jar pure Sweet Apple	95c
White Syrup	95c
1-lb. can Crisco	35c
60c grade Central Special Coffee, per lb.	45c
No. 6 cans Tomatoes	12 1/2c
McCombs' Maple Fudge, Saturday only, per lb.	38c
Fresh Select Checked Eggs, per dozen	80c
Creamery package Butter, per lb.	67c
Per lb. Butter	60c
8-lb. pkg. Swift's Premium and Snowflake Oleo	75c
5-lb. pails Swift's Snowflake	81.80

## BASKET STORE SPECIALS

For six days, Saturday, Oct. 25 to Friday, Oct. 31.

CAMPBELL'S ASSORTED SOUPS—Nationally known and popular. SPECIAL, per can	10c
ARCADIA LEMON PIE FILLER—Delightful pie and cake filling. SPECIAL, per package	7 1/2c
AUNT JEMIMA PANCAKE FLOUR—Makes those golden brown cakes. SPECIAL, 1 1/2-lb. package	13c
AUNT JEMIMA PANCAKE FLOUR—Buy the large size and save money. SPECIAL, 4-lb. package	41c

### OTHER MONEY-SAVING ITEMS

CORN SYRUP, 10-lb. cans	82c
5-lb. cans	45c
1 1/2-lb. cans	15c
WHITE SYRUP, 10-lb. can	83c
5-lb. cans	51c
1 1/2-lb. cans	15c
CALIFORNIA BROWN BEANS—A close-out price, per lb.	5c
QUAKER WHEAT HEARTS, large size	22c
QUAKER CORN FLAKES, 8 oz.	10c
COCOA, in bulk, per lb.	30c
SNIDER'S TOMATO CATSUP, 16 oz.	29c
8-oz. size	18c
BASKO JELLY POWDER, per pkg.	10c
RUB-NO-MORE WASHING POWDER, large size	25c
small	6c
DIAMOND "C" LAUNDRY SOAP, always popular, per bar	4 1/2c
CONYBEAR STRAWBERRY PRESERVES, Apple base, 15-oz. jar	29c
CONYBEAR PURE PRESERVES, jar	35c
BASKO FLOUR, 24-lb. 51 5/2; 48-lb. 22 9/8	
SWANDOWN CAKE FLOUR, large size	35c
AUNT JEMIMA BUCKWHEAT FLOUR—1 1/2-lb. size, 16c; 4-lb. size	49c
TIP BAKING POWDER, 1-lb. can	13c
CASH HABIT BIRD SEED, pkg.	15c
BASKO MACARONI AND SPAGHETTI—Full 8-oz. size, choice, per pkg.	8c
BASKO PEAS, highest quality, per can	21c
BASKO TEA, our pride and leader—1-lb. carton, 68c; 1/2-lb. carton	35c
CASH HABIT JAPAN TEA, a fine tea—1-lb. carton, 60c; 1/2-lb. carton	31c

Specials for Saturday, Monday and Tuesday in Our Meat Markets.

FANCY ROUND STEAK, per lb.	20c
FANCY POT ROASTS, per lb.	11c
SUGAR CURED PICNIC HAMS, per lb.	17 1/2c
WILSON'S NUT MARGARINE, 1 lb.	29c
SUGAR CURED LEAN BACON, per lb.	34c
MILK-FED SPRING CHICKENS, per lb.	26 1/2c

Specials Daily—It Will Pay You to Watch Basket Store Windows.

Best Quality, None Higher. "Live Better For Less." Basket Stores Guarantee "Money's Worth or Money Back."

## OMAR WONDER FLOUR

## OMAR WONDER FLOUR

## The Real Food Show

We invite you who are interested in good things to eat to attend the annual Pure Food Show at the Municipal Auditorium beginning Saturday, October 25th. It will be intensely interesting as well as educational. Then when you have seen everything they have to show you there, come to

SOMMER'S SPECIALTY SHOP and see the real food show. Here you will find an array of imported and domestic specialties not shown at the Auditorium—nor in fact at any other store in Nebraska, and they are not merely for show, but for you to take home. Store Open Until 11:00 P. M. Every Day.

Sommer's Specialty Shop CANDIES FRUITS DELICACIES 210 S. 17TH STREET TEL. DOUGLAS 728 GRANDIS THEATRE BLDG.

## OMAR WONDER FLOUR

## EAT SKINNER'S THE BEST MACARONI

## OMAR WONDER FLOUR