No Change in OMAHA PRICES, SAY RETALILESS

Oak Street Methodist Church to Have Big Homecoming Today
U. S. District Attorney to Come Here Monday to Take
Charge of Food

Put Music in Your Home Come to Oakford's Great
Sale of Pianos and Players

More Milk

## Less Meat

## Dr. Henry C. Sherman of Columbia University say

"We are just emerging from a long period during which the food value of milk has not
"Otten milk has been spoken of as a 'meat substitute,' but now we know that milk is ESSE
substitute for milk.
"Milk is an important source of energy, protein, mineral elements an " Not ) is mik the "Not only is milk the most economical intrinsically of the animal foods experiments, thate a liberal use of milk in the diet is the best safeguard against and deffiency which might possibly arise through restricted choice of foods, and the safest way to insure that the consumption of enough food
to supply the energy needed shall meet all other requirements of nutrition to supply
$\Delta \pi$ will.
urated lime wate
Which leads consumers to demge of food values and economic relationships it that the farmer is compelled to convert into pork and beef a larger part
it of his corn crop than the world can properly afford to have so used. Mor
of the corn crop than at present should come directly into human consump of the corn crpp than at present should come directly into human consump-
tion to angment the bread supply; and, much of the corn which now goes tion to augment the bread supply; and, much of the corn which now goes
into the production of meat should be converted into milk instead. In
human food produced per unit of feed consumed the mich human food produced per unit of feed consumed, the milch cow is several times more efficient as a transformer of farm crops than is the animal fed is needed on nutritional grounds, while we could eat less meat and be quite $s$ well off
"The exaggerated place given to meat in our food budget and the high
price which consumers have to price which consumers have to pay for it, together with the reluctance to pay the necessarily increased price of mill, have tended to depletion of
dairy herds through slaughter of actual and potential milch cows for beef or veal",
Phong Douglas 409 or Council B uffs 205 for daily delivery to your
home of clean, cool, elarified and past uurized Miik or Cream. Fresh churned

## Alamito Dairy Co.

VELVET COATS
Cleaned and Ste
$\$ 2.50$
Carey Cleaning Co.

## Thompson-Belden ECO

The Fashion Center for Women


A Showing of Exclusive DAY DRESSES BLOUSES WRAPS and TAILLEURS
Assembled for the convenience of a clientele demanding individuality of style, with attention to detail and execution. The result of a particular effort to secure a display of fine dresses and suits for $\$ 98.50$, as well as other garments variously priced.
Silk Gloves Fownes' and Kayser
silk and fabric gloves silk and fabric gloves
in white and colors with self and contrasting embroidery, fro $\mathbf{7 5} \mathrm{c}$ to $\$ 2.25$ a pair

New FALL
Wash Goods
A fine assortment of plaids, checks, stripes and solid colors, splendid for school dresses, 30 inches wide. 75c a yard.
Fall percales, especially good in dotted designs both dark and light, 36 inches wide. 35 and 40c a yard.


## Our Low-Heeled FOOTWEAR

Both oxfords and high walking boots re examples of fine workmanship and splendid lines. The question of style as well as comfort is solved in these distinctive models. You will find them entirely satisfactory.

## ज (O) <br> High Quality Dentistry At Very Low Prices

In these "high-price" times it is unusual find high-quality service at a low price

We have overcome high prices by great volume of practice and efficient methods, and declared against profiteering, because it is wron and unfair.

If you need dentistry, and desire honest serv
 15 . Trimpers McKenney Dentists

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to give all Foot Sufferers as well as Ground Gripper Wearers

Monday, Sept. 1, 1919
STOCK UP NOW AT PRESENT LOW PRICES


J. J. FONTIUS \& SONS

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