
elieve Danger
Further Riots in Chicago Ove

Chicago Soldier Rilled.


When You Feel Dumpy'And Out of Sorts Generally

Look around a little and see if the trouble is perhaps with the food. A lot of people need better nourishment.

## Grape-Nuts

Contains marvelous nutrimentall the goodness of wheat and bar ley, includind their rich mineral elements. Have Grape-Nuts as a daily ration with other food and see if life doesn't take on a bríghter look. A delícious, economical food! You'll like it "There's a Reason

PEOPLE WATCH WORHINSS OF NEW CODE LAW

## Governor Thinks New Measur

 Has Power to Deal WithProfiteering in the State.


NUWAY
y style.
 offersive mark or tag. Don't that sound good?
Won't it be a grand and glorious feeling, little lady, to rid yourself of wa
wash woman proposition?

Have seven real enjo
Adams Laundry Co., Inc.

| My Heart and My Husband |
| :---: |
| ADELE GARRISNS New Phase of |
| "Revelations of a Wife |

If You Bake at Home Now is a Good Time to Begin the Use of

## Gooch's Best Flour

"The Best You Can Buy"

Sold in the Best Stores

Bunkers 5000 Feet High
Come and beat Colonel Bogey on
the course at Banff, nearly a mile

U. S. R. R. Administra-
tion, Director General

Fatness Kills 31,000 Yearly of Railroads, Chicago \& Northw
Railroad.
 1919.
Omata at
Chicago
This rrain
passenger

