Home Economics Edited by IRMA H GROSS HOUSEHOLD ARTS DEPT CENTRAL HIGH SCHOOL

pickled beets are as follows:

Wash thoroughly, scald in hot

vinegar to the quart may be added.

Add one teaspoon salt to a quart.

Vegetables en Surprise.

tables and cover with rice. Bake

Serve from the dish in which the

Corn Pudding.

1 14 c. rooked corn, 14 t. pepper.
2 eggs, slightly beat-114 T. melted butter, en.
1 pt. milk.

Mix ingredients and bake in a

slow oven till firm, about 45 min-

nurses under the direction of the

Miss Florenec Kober of Phila-

delphia, chief of the motor service

department of the Women's Over-

seas hospital in France, has returned to this country wearing the

horizon blue uniform of a sous-lieutenant of the French army.

Miss Kober has been twice decor-

ated-with Renaissance Order and

Secretary to the secretary of the

state of Arizona is the position held

by Miss Harriet Jean Oliver.

Whenever the govenor and the act-

ing govenor leave the state at the

line, and several times she has discharged the duties of the guberna-

Brooklyn Bridge

they pass, an' pass, an' pass, an' pass, From Harlem an' Bay Ridge—wonder where the people go Who cross the Brooklyn bridge?

torial office satisfactorily.

same time Miss Oliver is next in

Medal of Honor.

American Zionist medical unit.

food is baked.

1 t. salt.

utes.

1½ c. milk.
 button onion, 3 c. cooked rice, sea-

A Paper Wedding Anniversary. | to put up beets by the cold pack At the request of a reader, today's process, even if some vinegar is column is devoted to a dinner suit- used. Unless a great deal of vineable for a paper anniversary. If it vegetables without the long cookis possible to have such a dinner on ing or processing. Complete directions for cold pack canning were tions for cold pack canning were carry out the paper idea very apIn brief, directions for putting up propriately. However, if the dinner is to be indoors, it might be labeled an indoor picnic. It is generally water long enough to loosen the possible to find picnic sets of paper skins, then dip quickly into cold dishes rather prettily decorated, and skins. Scrape or pare to remove Tenn., arrived Tuesday to be the nearly the whole meal may be sented. nearly the whole meal may be served boiling water till each can is almost on this set of dishes. If such dishes full. This water may be a vinegar are obtainable, use plain white paper solution instead, or one tablespoon table cloth and napkins to set off the decorations on the plates; if the pic- Place rubbers and tops of jars on nic set is plain cream paper, then a loosely, and boil 90 minutes in the decorated paper tablecloth and nap- hot water bath. Remove Jars, kins would be appropriate. It will tighten tops, and test them. not be necessary to use much of a centerpiece as it would detract from 2-3 c. cooked carrots 2 T. butter. the "paperiness" of the table ap- 2-3 c. pointments. A simple bowl of pale salt and pepper. colored or white blossoms, with a Melt butter, add flour, then milk good deal of greenery would be and stir to boiling. Mix with the pretty. A hot weather menu which could dish with the seasoned rice, line

be served almost entirely on paper both bottom and sides; put in vegedishes is as follows: Cantaloupe Cup With Nabiscos. 20 minutes in a moderate oven.

Pomeranian Potatoes
Wax Beans in papes cases Rolla
Jelly Olives
Stuffed Tomato Salad Cheese Wafers
Ice Cream with Crushed Raspberries
Cake
Candles Coffee or Lemonade Cantaloupe Cup.

Make any desired fruit cocktail, and serve in a half cantalope. Have a spray of green on each plate. A good fruit cocktail combination is oranges, peaches, bananas and pineapple.

Veal Loaf With Egg.

8 lbs. chopped veal 16 ground salt 1 T. sait 4 c. cracker crumbs 2 hard cooked eggs 2 raw eggs 1 t pepper

Mix all but hard cooked eggs, and put half of mixture into a a greased baking dish. Put whole hard cooked eggs end to end down the center of this mixture and cover with the rest of the meat. Bake one and one-half hours in a moderate oven, basting occasionally if necessary. When cold slice thin, and there should be a ring of egg in the center of each slice.

Pomeranian Potatoes. 12 small potatoes 4 T chopped pimen-boiled.
1½ c. milk, pers.
2 T, butter, 3 T. finely chopped onlon.

Melt butter, add flour, then milk and stir to boiling. Add pimentos and onions, and pour over the potatoes that have been sliced into a baking dish. Bake in a moderate oven 20 minutes.

t-teaspoon.

T-tablespoon.

Question Box.

All measurements

An' pass by all day long.

An' pass by all day long.

An' trains up in the air

Go whizzing past the livelong day.

An' by assengers all stare.

An' boys an' girls an' old folks, too. and onions, and pour over the po-

Mrs. J. J. S .- I think it is safer



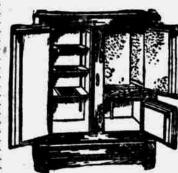
II. Model College Town.

Yes, from the tasteful brick depot over the white pavements to the imposing halls of College Hill. Two thousand small, but thor-oughly modern in material ap-

oughly modern in material ap-pointments.
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Exceptional health record. Fine sultural and moral tone.

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\$16.50, \$26.50, \$29.50 \$34.50, \$45.00 and up to \$75.00

Ice Chests

\$4.50, \$5.75, and \$8.00.

Personals

Miss Evelyn E. Neale and Miss Alma Krebbs are spending two

Mrs. Hugh Carpenter of Drake Court, left Tuesday for an extended trip to Denver and the mountains,

Mr. and Mrs. Oliver Bonny have returned from an extended trip through the southern states. They will take an apartment at the Morris.

Mrs. Cecil Skinner of Brookings, S. D., is the guest of her brother, Mr. Russell Phelps, and Mrs. Phelps. Miss Frances Dudley of Nashville,

Miss Betty Fairfield, who spent the week end visiting her aunt, Mrs. Edmund Field of Lincoln, returned Sunday evening. Mr. and Mrs. C. G. Sibbernsen

with their guest, Miss Katherine Smythe of Washington, D. C., left Sunday to spend 10 days at Lake Okoboji. Mr. and Mrs. Robert Clayton of

Honolulu, who are the guests of Mr. and Mrs. Thomas Cahill, are spending several days at the George Davis home in Council Bluffs. T. C. Brunner has gone to his

Clear Lake summer home on Sunset Beach. He and Mrs. Brunner exnect to spend the balance of the summer there and return some time Mr. and Mrs. E. L. Simmons left

Monday evening for an extended visit in Chicago and points in northern Michigan. Mrs. Frank Patrick left Mon-lay Girls of Palestine have become visit her mother, Mrs. R. A Hotts, who celebrates her 90th birthday.

July 22. A daughter, Betty Jane, was born to Mr. and Mrs. W. T. Moore at the Methodist hospital Saturday.

Mr. and Mrs. James Riley an nounce the birth of a daughter, Frances Bertha, Monday, at St Joseph's hospital.

Miss Meliora Davis, who is visit ing Mrs. Robert Uhlein in Milwaukee, will return August 7.

Raspberry and strawberry stains can be removed with cold water if treated while fresh. Most fruit Thoroughly rubbing in cold water repeat, but in that case they should per day since January 1, 1919. first be rubbed with soap.

Aeroplane motor revolution Mrs. Low: meters have been invented by an Englishman to enable an aviator bridge, out in the Bronx, tances travelled. to estimate his speed and dis-

There are three classes of scouts. tenderfoot scouts, at least 10 years old; second-class scouts; first-class scouts, up to 18 years of age.

Women barbers are quite numerous in Japan.

Light food is best for summer. Many people use less meat during the hot months and substitute

GOOCH'S **BEST MACARONI**

Cooked with a small portion of meat to give a meat flavor. Try it.

When He Comes Home

Where do you suppose HE wants to find you? Exhaustedly pushing a broom—with all the freshness gone from your face?

On the veranda, taking it coolly, ready to welcome him with a smile? If he has always to find you head over heals in household tasks, try the veranda for a change this summer. He will never let you go back to the old work again.

Give the HOOVER ELECTRIC SWEEPER One Trial. We will demonstrate THE HOOVER one day with no obligation on your part-and YOU CAN PAY FOR IT BY THE MONTH.

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TYLER 1011.

Blue Serge a Good Choice



By GERTRUDE BERESFORD.

If you are in doubt what to choose for an early fall dress, you may safely select this model of blue serge with trimming of black silk braid and a sash of navy blue grosgrain ribbon faced with old blue. The front panel runs from the neck to the edge of the tunic, and the back of the blouse overlaps a kimono side piece and fastens to the front panel with black bone but-The skirt is moderately wide tons. and is plainly gathered at the waistline, where it is attached to the Braid of varying width ompleted by a cuff of ivory white harmense. A collar of ivory white harmeuse describes a becoming line around the "V" neck. With this dress is worn an effective black silk

Girl Scouts

Growth in Girl Scout Movement. stains will disappear if wet with the ages of 10 and 18 are enrolled a solution of one part iodie of as Girl Scouts, according to a repotassium to four parts of water. port furnished by Juliette Low, and published by the United States Bustarch and exposing to the sun sev- reau of Education, Department of eral days will take out obtinate the Interior. Registrations have fruit stains. It may be necessary to been made at the rate of about 150

The work of the Girl Scouts is described as follows in the report of "The scope of Girl Scout work is

national: troops are organized every state except Utah, and they are active in the territory of Hawaii firl Scout troops are affiliated with the work of schools, churches, settlement houses, civic councils, community welfare organizations, women's clubs etc., but the Girl Scouts' organization is nonsectarian and nonpolitical. A girl may belong to other organizations at the

"The average home is evolved by the parents for their own comfort and convenience. The school room atmosphere and environment are created by the personality of the teacher. The adolescent girl longs for a place of her very own where she can be herself, and where she can do the things she wants to do. The Girl Scout troop fulfills this need, because it is the girl's own creation, founded and managed by her in co-operation with comrades of her own age."

Laws Revised by National Council.

The form of the laws, promise, and the tests for scout rank were revised by the National Council in

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Advice to the Lovelorn

Love Comes Unbidden and, "To Love or Not We Are No More Free Than the Ripple to Rise and Leave the Sea."

The question is: "Why is it?"

Please admit it.

By BEATRICE FAIRFAX -

Dear Miss Fairfax, Omaha Bee: Being rather ignorant of social especially those pertaining times? to nuptial affairs, I am coming to you for information.

I am to be married the first of with once in a while always try to

next month, and as I am not having a wedding I wish to send out announcement cards to my relatives and friends. What I wish to know is when these are supposed to be mailed out. Should they be ready and mailed the day I am married? It seemed queer to me to have an announcement of a marriage printed before the event takes place, but I suppose that is the way it would

Thanking you for a reply, I am, sincerely,

ANOTHER WONDERER.

ried without having a wedding? Mail out your announcements as sessor is a man. Some one in an ing yourself and don't try to sink to jar of cold water. soon as possible after the ceremony -preferably not later than the day have them engraved before the event takes place, so you see if you change your mind at the last minute you will have had all this expense for nothing.

Compliments Don't Fill the Bill. Dear Miss Fairfax, Omaha Bee: You have solved so many problems for young girls, would you please help me solve mine?

I am a young girl, 19 years old, with blue eyes and curly hair, and quite tall. My friends consider me nice looking, witty and clever. I have many girl friends, also boy friends, but the boy friends do not ake me out as often as I would like them to. I go out with young men once or twice, but then they seem to drop me, but always saying complimentary things about me to my

friends. I try to dress neat and stylish, am a good entertainer, and have had a first-class education. Thus far I

parallels the edge of the panel and lanuary, 1919. At the opening of trims the kimono sleeve, which is every Girl Scout troop meeting there is a simple ceremony. After the scouts salute the flag of the United States and pledge their allegiance, the captain gives the crisp command:

"Scouts give your promise." They reply as follows:
"On my honor, I will try to be

true to God and my country; to help others at all times; to obey the scout laws." "Scouts, repeat the laws," is the next command.

The scouts answer:
"A girl scout is trustworthy; a girl scout is loyal; a girl scout is helpful; a girl scout is kind; a girl scout is clean; a girl scout is cour-

girl scout is cheerful; a girl scout "Scouts, give the motto," is the The girls answer, "Be prepared."

This List Will Aid In

Your Marketing

Stockinet Star Ham

Evaporated Milk

Star Summer Sausage

Vegetole (Shortening)

Armour's Oleomargarines and Nut-ola Margarine

Conting Butter Voilbuil Package Foods— (Soups, Meats, Fish, Fruits, Vegetables, Condiments,

Shortenings, Beverages, etc.)

Star Bacon

teous; a girl scout is preserving; a

Wedding Announcement Cards. | have completed two years and a half broader, his physical powers more not. of a college course. I am tall constant, his tastes and pursuits
Would that interefere with my good more conducive to development, but they do not deny woman's capability; they are aware of her tremendous strides during recent years and "love me up" when I know that crave for her equal opportunity and they receive no encouragement from me. I loathe this vulgarity of let-

ting any Tom. Dick or Harry kiss biological differences permit. But you. It is entirely against my prin- you asked a question, didn't you? ciples. I know that these same young men do not act this way with From your letters I judge you are somewhat mature for your age. Your height lends dignity, and your commendable principles add still Sincerely, DOTTIE DIMPLES. further to the qualities which call P. S .- Your judgment is first-class think, for I know you are a man for respect and admiration, but Please admit it. D. D. which do not necessarily attract for respect and admiration, but Am glad you think my judgment youthful boys. This need not disis good, but I protest in the name turb your mind, for you will be ap-Dear me! How can you be mar- of womankind that you should think preciated by men of discrimination the summer diet. They will keep good judgment proves that the pos- and intelligence. Keep on improv- nicely for several weeks if put in

effort to compliment the late beloved frivelous levels in order to taste Dr. Anna Shaw said she had the little popularity, which amounts to brain of a man. If all our men nothing. The reason the young men were as smart as Dr. Shaw, then in- act as you say they sometimes do, is deed would the remark be a compli- because they are they, and not bement. People who think don't say cause you are you. They are probsuch things. They may concede ably very much the same with your that man's opportunities have been girl friends, whether you know it or

Auxious The address of Red Cross headquarters for Omaha is "Douglas County Court House, Omaha.'

After investigating conditions recognition with man, so far as among women workers in munition biological differences permit. But plants in France and England, Miss Mary McDowel, vice-president of the Chicago Women's Trade Union League, refutes the stories of extravagance among these women. In both countries the women averaged less than \$1 a day, which was scarcely a decent living wage.

> Lemons are a good hot weather fruit and should be generously in



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