

What is excellent,  
As God lives, is permanent,  
Hearts are dust, hearts' loves remain,  
Hearts' love will meet thee again.—Emerson.

# WOMAN'S SECTION OF THE BEE

Friends I have made whom envy must commend,  
But not one foe whom I would wish a friend.  
—Churchill.

## Home Economics

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### A New Idea in Menu Making

A recent article that I came across gives a good idea for making attractive menus. The trouble with most women is not that they do not know enough different dishes to make; but that they think of the same ones over and over. It is such a nuisance to thumb through a cookbook, especially as many of the things in the average cookbook are not specially familiar. If you thumb through your own cookbook or recipe card file, you get along better, but even that is more or less of a nuisance.

### A Quick Reference.

The idea is to have a small book, or a few recipe cards, and to record simply the names of the different recipes you are familiar with. Thus you would have a page or card

for soups, another for meats, another for fish, and so forth. If you are familiar enough with the dish to make it without a recipe, merely record the name, if you need a recipe, write after the name, the book and page where that recipe may be found. Thus you will have in very compact space, a complete list of all the recipes you have ever tried and found successful. If you run across a recipe you want to remember to try, that recipe name should be written in pencil, or with a question mark after it, until you have tested it out.

### Variations of Recipes.

Any cook who has been at the job a long while realizes that there are really just a few fundamental recipes in the world. Thus dozens of pudding recipes simmer down to the constant pudding foundation. If you write cornstarch pudding on your list, it would be well to place under it all the possible variations. Thus chocolate cornstarch, coffee cornstarch, cornstarch sponge (cornstarch pudding with egg white folded in after the pudding is removed from the stove), maple cornstarch, etc.

### Question Box.

A Nebraska City reader wants suggestion for serving strawberry shortcake without whipped cream. The new marshmallow topping is quite satisfactory, and can be whipped. The claim is made that evaporated milk can be whipped if it is chilled thoroughly. Beaten white of egg, and sugar, that is meringue, may be put on the cake and browned slightly in the oven. Two egg whites plus two tablespoonsful of sugar are sufficient for an ordinary sized cake. The least expensive topping from the standpoint of money, though the most from the standpoint of labor, is strawberry whip.

### STRAWBERRY WHIP.

3 T. sugar. 1-2 c. crushed strawberries.  
1 egg white. 1 c. strawberries.  
Mix all ingredients, (without beating the egg white), then beat steadily 20 minutes with a flat egg beater. This amount will fill a 9 inch cake pan for an ordinary sized cake, and makes a delicious topping of a delicate pink color.

### CUSTARDS.

1 pint milk. Few grains salt.  
2 eggs. Few drops vanilla.  
Baked Custard—Mix all ingredients, strain into cups or a baking dish; set dishes into a pan of hot water and bake in a moderate oven till custard is set and a knife blade will come out clean. Time, about 45 minutes. Avoid baking the custard too long, as it separates. Soft Custard—Scald the milk in a double boiler, pour it over other ingredients well mixed, except vanilla, strain back into the double boiler and cook with constant stirring till mixture will coat a spoon. Add vanilla. If custard is cooked too long the mixture curdles. It may be made smooth again usually by removing from stove and beating vigorously with a Dover beater.

According to figures presented by Pauline Goldmark, manager women's service section United States railroad administration, the number of women employed by steam railroads has increased 40,000 in 10 months.

Lady Constance Stewart-Richardson, a noted English dancer and sportswoman, has arrived in this country on her way to Vladivostok, where she will take charge of the work of the Russian war orphans relief fund.



### Cuticura Clears Dandruff In One Treatment

On retiring, comb the hair out straight, then make a parting, gently rubbing in Cuticura Ointment with the end of the finger. Anoint additional partings until the whole scalp has been treated. Place a light covering over the hair to protect the pillow from possible stain. The next morning shampoo with Cuticura Soap and hot water, using plenty of soap, best applied with the hands. Rinse in tepid water. Repeat the treatment as needed. Cuticura Soap, Ointment and Talcum everywhere 25c each.

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## Former Newspaper Woman Being Deported From England, Is Report



Miss Lillian S. Troy

Miss Lillian Scott Troy, an American writer and former correspondent of a number of American newspapers, is being deported from England, according to an announcement made by the British government. She is an acknowledged friend of Baron von Horst, formerly of California, who recently was repatriated from internment. Miss Troy has been in England for several years, and during her residence in that country has been active as a suffragist. The manner in which she espoused the cause of militant suffragists brought her into disfavor with the British government. During the great strike of dockworkers in 1913 she supplied 96,000 meals to starving children of the strikers.

## Girls From Munitions Factories Slow to Return to Domestic Service.

England is facing an after-the-war servant problem that is much more exacting than any that disturbs the United States, where conditions have been gradually reaching a point at which the cook and housemaid, who perform indefinite tasks during unlimited hours, fortunately are becoming extinct types of workers. In London domestic service is now organized and the eight-hour day has been decreed, much to the discomfort of householders. Girls who have three or four years' experience as employees in munition plants are slow to return to their old labors, for they have learned the meaning of specialized tasks and exact hours. According to reports received by the United States Department of Labor, the owners of fine residences, many of which have been occupied for war needs, find it more difficult to procure women than to obtain men for domestic service. It is demonstrated that butlers and footmen who have been through the war are glad to return to the old routine, while the maids who have known the delights of independence resist the "living-in" system which limits their freedom.

Considerable controversy has been caused in England by the action of the Women's International league in sending a half million women to Germany for German babies. Theatrical organizations have pledged themselves to fill all vacancies whenever possible by men and women who have served their country in army, navy, marine corps or Red Cross work.

## Man Quotes Bible To Prove God Hates Women

Suffragists Say That Opposition Consists of Crooks, Gamblers and Every Vicious Gang In Hawaii.

Washington, April 29.—The Bible was used to defeat the bill in the Hawaiian legislature which sought to confer suffrage upon the women of the islands, the National American Woman Suffrage association announced last night. The bill failed to pass by the narrowest margins. Charles Lake, leader of the opposition, quoted the Bible as offering ample proof that God despised woman and sought to put her down as a servant and inferior to her lord and master. Summing up in his address before the Hawaiian legislature in opposing the suffrage bill, he said: "Was Moses, the first leader of the Israelites in their prime in Egypt a woman? No, he was a man. Was Joshua, the successor of Moses a woman? No, he was a man. Christ talked to fishermen and made them his followers. Were the fishermen women? No, they were men." The women in their statement say:

"Had this bill carried another territory would have been added to the twenty foreign governments and one United States territory which have beaten the United States senate in giving suffrage to women. 'The Hawaiian woman suffrage bill was killed at the behest of the political gangsters who manipulated the government of the city and county of Honolulu for their own profit and who have the support of every crook, every professional gambler, and every vicious element in the city.'"

The women have already begun plans for another campaign.

## Mrs. McCormick Held Captive for Four Months by the German Army.



Mrs. Frank G. McCormick.

Mrs. Frank G. McCormick, bride of Sergeant-Major Frank G. McCormick, of Mahaffy, Pa., was formerly Miss Eleena V. Marsden, of Saskatoon, Canada. She enlisted in the stenographic corps of the Canadian army in 1914 and soon went to France. During the great German drive she was wounded and captured and held prisoner four months. During this time, she declares, the Germans deliberately disfigured her. After her release she went to London and soon returned to service in France. In April of last year she was again wounded, and while being taken to a hospital met her future husband. The photograph was made upon her arrival in New York.

## My Heart and My Husband Revelations of a Wife

Adele Garrison's New Phase of

### Why Madge Crept Downstairs to See What Dicky Was Doing.

As I walked swiftly down the hall to the staircase I heard Dicky's voice from the door of the library. "Madge, oh, Madge!" he called softly. I knew he was afraid of awakening the other members of the household, by this time asleep.

I ignored the call absolutely, hurrying up the steps as fast as I could. My husband's voice sounded again, this time with a peremptory note through its softness. "Come here, you little idiot."

Through all my cold anger a note of that voice tugged at my heart, pleaded with me to turn. But the affront he had given me was too fresh. I stole my heart and went steadily onward.

"Then go to the —" The closing of the library door cut off the conclusion of the sentence uttered with angry intonation. And I was actually glad of the gruff tone. I was so angry that I wished no quick repentance of Dicky's to be able to mitigate my wrath.

It isn't very often that I allow myself to be swept by such a white hot flame of anger as consumed me when I finally reached my room and locked the door behind me. Usually I can control myself, and before I have reached the unreasonable stage my common sense comes to the rescue.

But in the half-hour following my tempestuous exit from the library I gave no heed to the warning little voice that told me I was jeopardizing the success of Mr. Stockbridge's carefully laid plans by thus angering Dicky. I knew that he was perched on the edge of the door, up the whole engagement if he let his temper get sufficiently the better of him, but I didn't care. So intense was my anger and pride, that I believe I could have stood aside and seen him destroy everything I cherished, save only my baby, without deigning to utter a word of protest.

Papers Being Tossed Around. I heard him come upstairs and go to his room, then the familiar sounds of papers being tossed around, sure sign that Dicky was hunting something he had mislaid. Then he came out of his room, closing the door behind him, and went downstairs.

My curiosity began to get the better of my wrath. Was he so angry that he meant to take the last train into the city and stay there during the whole of the next day's planned festivities? I listened intently for the sound of the closing of the door, but it didn't come, and after a long interval I opened my door and softly crept downstairs and into a corner of the hall from which I could see the library door. It was almost closed, so that I could not see into the room, but I could hear a constant rustling of paper, which was distinctly neither the turning pages of book, magazine or newspaper, and it was punctuated by a queer, soft, swishing sound, the meaning of which I could not guess.

Madge Investigates. Thoroughly mystified, I crept back upstairs, thankful at least that he had no thought of leaving the house. But what in the world was the meaning of his queer performance in the library?

There was no use in speculating, however, so I turned my attention to getting ready for the work and festivities of the next day and evening. I much feared that I would not need any preparation for the latter, but I doggedly went forward upon the assumption that somehow things would turn out all right. I put all the accessories of my evening toilet into a dress case, leaving it open, that the last thing before leaving the house in the morning I might lay in my gown and cloak. Mrs. Stockbridge, who seemed bent upon showing me how sweet and considerate she could be when she tried, had written me a dear little note offer-

ing to hang up my things for me to avoid the rumpling if I would send my dress case to her home as soon as I arrived at school.

Then as it always my custom, made ready as far as possible for my departure the next morning. Every article of the clothing I was to wear was in readiness, laid out where I could reach it with the least trouble. As I brushed and braided my hair I thought ironically of the pleasure with which I had anticipated wearing the modish suit and hat which Dicky had insisted upon my selecting. I had not yet shown them to him; indeed, the suit had just come home after minor alterations, and I had quite counted upon the pleased surprise which I was sure would be his when he first saw them.

As I turned out my light and crept into bed I heard Dicky's footsteps upon the stairs again. He halted for a second or two outside my door, then went on to his own, closing it. I waited until I heard his shoes drop on the floor, sure sign that he was really going to bed at last, and then sprang out of bed, put on a bathrobe and slippers, and crept noiselessly downstairs to the library.

The torn manuscript had disappeared, and the things upon the big work desk were arranged differently than they had been earlier in the evening.

With a sudden thought I opened the compartment where we keep the mucilage, library paste, scissors and other accessories. The bottle of library paste had just been used, I could plainly see that, and the scissors were still sticky.

Dicky must have been pasting together the manuscript I had torn in anger.

(Continued Tomorrow.)

Austrian women who received the right of suffrage following the dissolution of the empire, participated in their first election recently, when they voted for delegates to the Constituent assembly.

Topeka clubwomen have started a movement to have householders in the same locality cut the grass on the same day, so as to keep the lawns uniform.

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## Belated Debut



Lady Ivy Spencer

Lady Ivy Spencer, eldest daughter of Viscount and Viscountess Churchill, recently made her debut, which was delayed by the great war, in London, according to a report received here. Lady Ivy has been active as a canteen worker since the outbreak of the war.

By presenting each one a nice, new doll, Mrs. J. B. A. Robertson, wife of Oklahoma's governor, made happy 50 little girl inmates of the state industrial school.

For sale by Sherman & McConell Drug Co.

In Winnipeg the minimum wage for women employed in restaurants has been fixed at \$12.50 per week and the number of working hours has been limited to 10 per day and 48 per week, one whole day each week to be free.

Following years of agitation the British Parliament has finally passed a bill providing for the admission of women to the practice of law not merely as solicitors, but as barristers as well.



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