

Many a young man is utterly ruined by wealth and want of occupation. It does not cost much to live a happy, honorable life, but it costs a mint of money to live and do nothing.—T. W. Hanford.

# WOMAN'S SECTION OF THE BEE

For whatever men say in their blindness, And spite of the fancies of youth, There is nothing so kingly as kindness, And nothing so royal as truth.—Alice Carey.

## Home Economics

Edited by IRMA H. GROSS  
HOUSEHOLD ARTS DEPT. CENTRAL HIGH SCHOOL

### Easter Entertaining.

So many requests for Easter entertaining have been received that it is possible to answer them only through this column. Easter festivities usually center around bunnies and eggs with spring colors, the delicate greens, violet and yellow in abundance. No decorations could be more appropriate than bouquets of the spring flowers. The Easter Lily is too stately to lend itself well to table decoration; yet if one could secure a rather low plant it would be beautiful for an Easter dinner table. A tall plant is, of course, out of place as a table centerpiece. Place cards may carry out the flower idea, or they may be small bunnies standing up at each place. Such place-cards may be bought, or may be cut out from a pattern. It is always possible to find a picture of a bunny and use that as a pattern. Very little skill is needed to outline the ears, eyes and nose and paste a standard on the back.

### Menu for Easter Dinner.

- Grape Juice Soup
- Roast Pork
- Baked Potatoes on the Half Shell
- Creamed Cauliflower
- Daisy Salad with Wafers
- Easter Ices
- Sunshine Cake
- Coffee

The above menu carries out the violet and yellow colors, especially if the cake frosting is tinted a delicate violet and garnished with candied violets. The salad and dessert courses are suitable as refreshments for an afternoon or evening party. The daisy salad is very appropriate for Easter, though it is not a good idea from a dietetic standpoint to serve an egg salad after a meat course.

### Grape Juice Soup (for six).

4 T. tapioca  
1 qt. grape juice  
Cook 15 minutes in double boiler. Serve very cold, topped with whipped cream.

### Baked Potatoes on the Half Shell.

Cut baked potatoes in two lengthwise, and scoop out the contents. Mash well and add one tablespoon milk, one teaspoon butter, and a shake of salt and pepper for each potato. Beat till very light, then pile lightly back into the shells. Sprinkle with a small amount of grated cheese and bake in the oven till the cheese just melts.

### Daisy Salad.

Cut hard cooked eggs in two lengthwise, allowing about two eggs for three people. Scoop out the yolks, mash well, and season with

salad dressing. Arrange a ball of this egg yolk mixture on a bed of lettuce. Cut the egg white into strips as one would quarter an apple. Arrange these curving strips of egg white around the yolk balls to form the petals of the flower. An extra spoonful of salad dressing may be placed at the side if more dressing is desired than is with the egg yolk.

### Easter Ices.

Put a pyramid of lemon ice on each serving dish, pour over it boiled custard, then sprinkle thickly with chopped blanched almonds.

### Easter Games.

A variation of blowing a feather across a sheet is blowing a blown out egg. Seat the guests on the floor in two lines facing each other, holding a sheet spread out. The egg is blown from side to side. If it touches a person, he is out of the game and the object is to see which side can stay in longest.

A good game for girls is dressing blown out eggs to represent dolls. Crepe paper and paste is furnished and ink to mark in the features.

### Fish Dinner.

- Filet of Flounder. Sauce Tartare.
- Stuffed potatoes.
- Escalloped tomatoes.
- Lettuce or cabbage salad.
- Cocoanut pudding.

### Filet of Flounder, Sauce Tartare.

Flounder.  
1 egg  
1 c. bread crumbs  
1 t. salt  
1 c. finely chopped 1 t. onion juice  
1 c. capers or olives  
Be sure the mayonnaise is seasoned highly. Just before serving add the other ingredients; mix and serve in sauce boat.

### Vegetable Soup.

An excellent winter vegetable soup may be made from the marrow bone and from any left-over vegetables, a little sprinkle of rice and barley, a little chopped celery and parsley or other available greens. Simmer all together slowly for several hours.

### Okra Gumbo.

(A famous New Orleans Dish)  
1 chicken  
1 onion  
2 cups cooked tomatoes  
2 cups canned, sliced okra  
1/4 pod red pepper  
1 pound sliced ham  
1 tablespoon chopped parsley  
1 tablespoon vegetable oil  
Clean and cut up chicken. Cut ham into small squares. Put the vegetables into the soup kettle, and when hot add the chicken and ham. Cover closely and let it simmer about ten minutes, or until nicely browned. Add the onion and parsley and cook to a light brown. Fry the okra separately. Pour in tomatoes, okra and about three quarts of water and add seasonings. Simmer until the meat is tender. Serve hot with boiled rice. A good deal depends upon the seasoning in okra gumbo, which should be high.

### Stuffed Celery.

Clean and dry one bunch of celery. Season a cream cheese; if necessary add a little milk to soften. Fill the stalks of celery with the cheese, dot in pieces of walnuts or pecans, sprinkle with paprika.

### Menu

- BREAKFAST  
Stewed Apples Oatmeal  
Coddled Eggs Toast  
Coffee or Cocoa
- LUNCHEON  
Corned Beef Hash  
Potato Cakes  
Cornbread Tea
- DINNER  
Vegetable Soup  
Sliced Roast  
Riced Potatoes Brown Gravy  
Creamed Carrots  
Apple Sauce Cookies  
Coffee

## Sports Clothes Bloom After Sombre Seasons



Genuine leather coats will be a feature in sport clothes this season. Here is a belted model on the best lines.

Here is a new deep opening Sweater crocheted in filet pattern with a hat to match.

The 1919 version of the Sleeveless Sweater in peacock blue and chrome yellow worsted embroidery

## Soliloquy of Modern Eve

By ADELAIDE KENNERLY.  
FORESEEING, perchance, nations ruined with greed and frivolity, a bomb was thrust into the center of a dancing, light-hearted world and physical wreckage wrought. Now millions of hearts in pity are wrung and oceans of tears are shed for our mangled and maimed humanity—those happy youngsters and experienced, seasoned men. They skipped through life on the crest of the waves, snuffing the air—never one diving deep into the sea of truth or reality—missing the deep breaths of life. But the Great Power had a different plan for His children of earth's scattered lands who were plunged headlong into turmoil by the clashing swords of death. Ah, yes! Arms and legs have been severed—physical perfection crushed to a mass. Eyes have been blinded, ear-drums have burst and bodies laid in waste. But spring shall awaken new hope for all—the spirit shall feed from the gods. And Fate's silent arrows may pierce the heart but never a piece in vain. Ofttimes a physical handicap is God's greatest gift to the soul. And who shall say "nay" to the trust in our hearts that our boys, like the bird with a broken pinion, shall "scale the stars upon their broken wings."

## ADVO COFFEE Famous Brew

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## Saturday Specials

- Oranges, worth 75c per doz., Sat. only... 58c
- Fancy Strawberries, per box... 20c
- Iceberg Head Lettuce, per head... 10c
- Fresh Asparagus, lb... 25c
- Golden Age Macaroni or Spaghetti, 2 pkgs... 15c
- Sapallo, 3 bars... 22c
- 25 oz. K. C. Baking Powder, per can... 22c
- Walter Baker's Chocolate, per lb... 39c
- Pure Maple Sugar, lb... 35c
- 3-lb. can Crisco... 92c
- Monarch Catsup, per bottle... 22c
- Evaporated Apples, per lb. pkg... 29c
- We sell all sizes Mazda Lamps.

Sommer Bros. Harney 188.

## Girl Problem Serious in Russia as in Any Military Center

The girl problem is as serious in Archangel, Russia, as in any big military center, says Miss Elizabeth Boies, director of Y. W. C. A. work in Russia, who is home on a short leave of absence. "Many girls from Central Russia went up to Archangel to spend the summer because of the heat and of the food shortage and when military operations were begun in the territory surrounding they were unable to go home. They were virtually refugees without clothes, furs and the heavy winter clothing necessary in that northern region. With the coming of the expeditionary force the housing question became a serious one. We secretaries have fairly comfortable quarters—rooms with beds in and lighted with electricity. To be sure there are several of us in each room. "Many girl clerical and stenographic workers were needed of course at army headquarters and at the postoffice. This offered employment to some of the refugees and women are doing everything in Archangel even to running tram cars and trucking. They need organized recreation and that is what we are trying to give them. "Prices are high and food is difficult to get up there. Dried fish is about the only thing which one can buy on the street. In a second class restaurant a cup of cocoa costs \$1.50. That was one of the reasons why it seemed wise to open a hostess house for American soldiers—so that they would have some place to go where they could have a bit of social life. There we have been able to concoct cookies from flour, oatmeal and sugar to give the boys a little to eat and a home-like place in which to spend their leisure hours. Eggs, milk, baking powder, even furniture and such necessities as nails are not to be had in Archangel. "The barrenness of living conditions were described rather well in

an account of a reception at the hostess house in the American Sentinel, the paper published by the expeditionary force which said: "The apartment was pleasantly decorated in wallpaper, chintz, curtains and graceful sprigs of evergreen. In some of the rooms there was furniture. A bit of color means a great deal during the gray winter days of the north."

A nun who is in a convent at Ottawa, Ont., has been granted a license as a stationary engineer.

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- Quality brand Macaroni, pkg 7 1/2c
- Asst. Tangles Sausage, can... 10c
- 4-lb. can Rumford Baking Powder... 23c
- 1-lb. can Rumford Baking Powder... 23c
- Extra fancy Red Alaska Salmon... 25c
- 40 grade Advo Bulk Coffee... 35c
- Three pounds for... \$1.80
- Booth Sardines in tomato sauce... 20c
- Prime Rolled Rib Roast, per lb... 35c
- Steer Pot Roast, lb... 25c
- Steer Round Steak, lb 3 1/2c
- Young Mutton Shoulder, per lb... 17 1/2c
- Steer Beef, lb... 17 1/2c
- Young Veal Roast, lb... 25c
- McComb's Italian Cream Chocolates, regular 75c value, Saturday only, per lb... 49c
- Extra Fancy Large Navel Oranges, each... 5c
- Extra Fancy Spinach, lb... 10c
- Per peck... 30c
- Extra Fancy Asparagus, per bunch... 10c
- Strictly fresh checked Eggs, in carton, per dozen... 30c
- Fancy Country Butter, in rolls, per lb... 25c
- Wisconsin full cream Cheese, per lb... 35c
- 5-lb. roll Swift's Snowflake Oleo, per roll... 1.10
- Gem Nut and Lincoln Oleo, per lb... 30c
- Fancy grade Peasant Butter... 20c
- Creamed Cottage, per lb... 28c
- All kinds of fancy Cheese.
- Extra Fancy Rhubarb, bunch, 10c
- Extra Fancy Louisiana Strawberries, per box... 20c
- Fruit and Vegetables of All kinds.
- 5-lb. roll Swift's Snowflake Oleo, per roll... 1.10
- Gem Nut and Lincoln Oleo, per lb... 30c
- Fancy grade Peasant Butter... 20c
- Creamed Cottage, per lb... 28c
- All kinds of fancy Cheese.

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- Fresh Ox Tail, 3 for... 10c
- Fresh Spare Ribs, per lb... 20c
- Choice Boiling Beef, lb... 15c
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- Fancy Veal Breast, lb... 17 1/2c
- Extra Lean Pork Chops, per lb... 25c
- Home made Hamburger Sausage, per lb... 20c
- Fresh Hearts, per lb... 10c
- Lean Sugar Cured Breakfast Bacon, per lb... 37 1/2c
- Sugar Cured Picnic Hams, per lb... 24 1/2c
- Best Creamery Butter, lb... 66c
- Extra Fancy Large Navel Oranges, each... 5c
- Fresh Rhubarb, bunch... 10c
- Fresh Green Peas, per lb... 25c
- Fresh Green Asparagus, per bunch... 15c
- Corn, Peas and Tomatoes, 2 cans for... 25c
- Good Oleomargarine, lb... 27 1/2c

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