

A day for toil, an hour for sport, But for a friend, life is too short. —Emerson.

WOMAN'S SECTION OF THE BEE

To me the meadow flower that blows and gives Thoughts that do often lie too deep for words. —Wordsworth.

Home Economics Edited by IRMA H. GROSS HOUSEHOLD ARTS DEPT. CENTRAL HIGH SCHOOL

Concerning Frostings

A clever friend of mine said to me recently, "It really does not make a great deal of difference to most people what kind of cake you serve just so the frosting is attractive." As I thought over this statement it seemed remarkably true. Leaving out of consideration the few people who scorn the sugary delicacy on the top of the cake,

most of us are charmed with a thick creamy frosting. This thick creamy frosting is one of the most difficult culinary tricks to accomplish. Also, unfortunately, it is one of the feats that can be learned only at the school of experience, though a few suggestions may help out. Even Miss Farmer in the Boston Cooking School Cookbook, which is one of the best cookbooks ever written, covers the difficult point of beating sufficiently by saying, "Beat till of the right consistency to spread." Alas, the

point is to know what that "right consistency" is! Boiled Frosting. 1 c. sugar, 1 t. vanilla or 1-2 c. boiling wa- 1/2 t. lemon ter. Juice. 1 egg white. Few grains salt. Put sugar and water in saucepan, and stir to prevent sugar from adhering to saucepan; heat gradually to boiling point, and boil without stirring until syrup will thread when dropped from tip of spoon or tines of silver fork. Four syrup gradually on suite of egg, beaten till stiff with the salt. Beat till of the right consistency to spread. Then add flavoring and pour over cake, spreading evenly with back of spoon. The important points are the length of boiling and the amount of

beating. The thread test is the most practical; but even with that test one must be careful because the first suggestion of a thread is not quite long enough boiling, and a heavy thread means too much boiling. The first good thread is the correct indication. If frosting is beaten too long it will not spread smoothly. This fault may be remedied by adding a few drops of boiling water. Brown Frosting. Use brown sugar instead of white. Delicious but slightly more difficult to make. Chocolate Frosting. Add one and one-half squares melted chocolate to the syrup and egg whites just as soon as the two are combined. Marshmallow Frosting. Add one-fourth to one-half pound marshmallows, softened in a double boiler, to the frosting during the beating. This frosting is especially delicious. Lady Baltimore Filling. Divide the frosting in two parts; before it is ready to spread, to the one part, add chopped nuts and raisins. Use this part as the filling and put the plain white on top. A more elaborate cake is made by cooking a larger amount of frosting, adding nuts and raisins to two-thirds of it, and using the fruited part both between and on top. Then cover the rough frosting on top with smooth white. The part with fruit should be taken out and spread when rather soft. Imitation Marshmallow Frosting. During the beating of the frosting, after the mixture has cooled



"John, I'm ashamed of these"

Of course she is, and so are you every time your wife speaks about that old-fashioned bathroom equipment in your home.

Many a time you've looked them over and almost decided to rip out those antiquities. But you haven't done it.

Why? Probably because you've thought of it only from the standpoint of pride and comfort and concluded that those reasons were insufficient.

But there's a bigger reason—for your HEALTH'S sake and the health of your family. No consideration on earth would delay the removal of those old eyesores if you knew that tomorrow their unsanitary features would strike down some member of your household.

Then why wait until it happens? The installation of modern, sanitary, Thomas Maddock bathroom equipment costs so much less than you think, that it will be worth your while to have us tell you about it.

Ask us to tell you about the Maddock way.

United States Supply Co. 14th and Farnam Sts. Omaha, Neb or Consult Your Plumber

Nadine Face Powder (In Face Boxes Only) Keeps The Complexion Beautiful Soft and velvety. Money back if not entirely pleased. Nadine is pure and harmless. Adheres until washed off. Prevents sunburn and return of discolorations. A million delighted users prove its value. Tints: Flesh, Pink, Brunette, White. Sold by Leading Toilet Centers or Mail National Toilet Company, Paris, Tenn.

ARE YOU FIT-TO-WIN? CENTRAL MARKET EVERYTHING FOR THE TABLE

Table listing various food items and prices: Pure Cone Leaf Lard, Armour's Star Bacon, Blue Bell or Sunlight Flour, 1-lb. can Rumford Baking Powder, Fancy Country Butter, Extra Fancy Strawberries.

Engaged

Mrs. Fred C. Dellone announces the engagement of her daughter, Alice, to Lt. John Hopkins, of Sioux City, Ia. The wedding will take place in the fall. Miss Dellone has been assistant probation officer of the juvenile court for three years. Lieutenant Hopkins has received his discharge from the army and resumed his law work in Sioux City. He was a former Creighton football star.

somewhat, add one teaspoon baking powder. This will make the frosting fluff up.

Egg Luncheon. Sunburst Eggs, Toasted Rusk, Potato Salad, Sliced Oranges with Fresh Grated Coconut, Wafers.

Sunburst Eggs. 4 hard-boiled eggs, 4 thin slices of toast, 1 c. milk, 1 rounded tablespoonful butter substituted, 1 rounded tablespoonful flour, 1 tablespoonful grated onion or 1/2 teaspoonful grated nutmeg, 1 teaspoonful salt.

Chop the whites of eggs very fine and add to half of the cream sauce; rub 3 yolks through strainer and add to other half of sauce; place toast on hot plates, pile whites on the toast and the yolks with the sauce around the toast; grate with extra yolk over all and garnish with parsley.

How to Make Cream Sauce—Put the butter into pan; when melted add the flour and onion; mix until smooth; add cold milk slowly and stir until thick and creamy; boil three minutes, add seasoning.

Table listing breakfast and dinner items: BREAKFAST (Grape Fruit, Creamed Codfish, Muffins, Coffee), LUNCHEON (Celery Soup, Crackers, Bread, Butter, Apple Sauce, Ginger Bread, Tea), DINNER (Salmor Loaf, Creamed Potatoes, Creamed Peas, Biscuits, Honey, Head Lettuce, Thousand Island Dressing, Apricot Gelatin, Coffee).

Miss Marian Weller Plans Pre-Nuptial Trip



Marian Weller

Miss Marian Weller, whose engagement was recently announced to Mr. F. H. Murphy, will leave the first of May to visit Mr. Murphy's relatives in St. Louis. Miss Weller will be accompanied by her father, Mr. Harry S. Weller. After visiting in St. Louis she will spend several weeks in Chicago with Miss Pauline Hayward, and while there will be bridesmaid for Miss Marion Pierce at a June wedding. Both girls were school friends of Miss Weller at St. Mary's and have been visitors in Omaha many times. Most interesting is the announcement of the betrothal of Miss Wel-

ler, for she is one of the most attractive members of the younger set. Mr. Murphy has many friends here, for he received his commission as lieutenant at Fort Omaha and was later promoted to captain at Camp Jackson, Columbia, S. C. He was also stationed at Camp John Wise, San Antonio, Tex., and since receiving his honorable discharge has been engaged in business in St. Louis. The wedding, which will take place in October, will be a beautiful affair with such a charming bride, and no doubt numerous pretty girls in attendance.

Heart Beats

By A. K. The men have A lot to say About women who Want the vote And don't think That the Female of the species Has sense enough To think with men Of the legislature Or congress Or senate Or even school boards Or little politics. They accuse them Of screaming for freedom And demanding the ballot And picketing The White House And getting out Suffrage papers And making stump speeches And button-holing voters And demanding things And holding parades And then wearing Their skirts so Tight, that They can't march In their own parades. And we women Admit And acknowledge That we are Queer creatures And we would Be the queerest Creatures upon This queer old Earth if It were not For the men Whose fantastic Maneuvers And muddled motives Give them The lead in this Many ringed circus Of queer people. "Everyone is queer But these are just And there is me And a little bit queer." SELAHI

boys that like me. My father is a very wealthy man and I have everything I want, but he does not approve of me going out with the boys. All of these boys have asked to marry me, but I feel that I am too young. I do not love all of these boys, but I do love one of them. Would you think it right if I married him to avoid living with a step-mother? My father is going to be married again soon and I can't bear the thought of living with a step-mother. This boy is very handsome and has lots of money, so I would have everything as I have been used to. Is it right to let this boy kiss me or should I wait until I am married? If my father will not consent to our marriage we will elope. Hoping to see this in print, yours, "P."

P. S.—I have been away to boarding school most of my school days and had planned to go back after this vacation, but am going to wait until I know what to do. My father at present is out of town and I am living with my aunt, so I can easily wait until I hear from you. You are too young to take life so seriously. Marriage at your age would mean the cutting short of your girlhood. You are popular—why not enjoy your popularity a few more years. Your father has your welfare in mind. Seventeen-year-old girls rush into deep water like baby chicks and are risking their future happiness. Run back to school and be a dear, good, sweet little girl for a while. You will profit in the end.

Not a Matrimonial Column. Dear Miss Fairfax, Omaha Bee: I will tell the truth or use more of myself. To be honest with readers, I do not know whether I am good looking or not. That is only skin deep, of course. Looks would not make much difference if she has a good, true, clean heart. I believe readers thought before that I was a sort of a calm person. No, I am not. I will send a photo of myself, but I don't think that would be necessary. I wish the "Lonesome Girl" would write to me. Have you her address? I do believe she would love to have a good, true and clean boy friend. I hope some girl will write to me soon. My phone number is Douglas 3138. Thanking you in advance, respectfully yours, "H."

Never, never! Did I intend this for a lonesome or a matrimonial column. And today I am bewildered by the letters I am receiving from folks who wish to know the address of "Little Liza Jane" and "Peggy Boyd," and I have neither of these addresses. Sorry there are so many lonesome boys and girls, but there seems to be little I can do.

Lonesome Norwegians. Dear Miss Fairfax, Omaha Bee: Would you kindly publish this in the "Lovely" column of The Bee? We are two young, lonely soldiers and would very much like to correspond with a couple of Norwegian girls, about 20. Names and address may be obtained from Miss Fairfax. PALE.

Your writing is good and your English is good, therefore I cannot see why the girls should avoid you because of your accent. It is only the ignorant accent which is objectionable in most cases.

Betsy Ross Bread The Ideal Family Loaf Patronize Your Neighborhood Grocer JAY BURNS BAKING CO.

The Effect of By-Products On Food and Livestock Prices

If a thousand pound steer could be used for nothing but its food parts, its meat, sold at regular prices, would not bring what the steer cost. If its three hundred and fifty pounds of inedible parts were thrown away, either producers would have to take lower prices for animals or consumers would have to pay more for food.

Hence, Armour and Company must find a way to use and sell every ounce of all livestock.

One of the fundamental benefits of big business is that it has the resources to make scientific investigations in developing new products and the organization to sell them when they have been developed.

There is more imposed upon us than merely the marketing of meat. The beef animal referred to above affords an instance—35% of our efforts in manufacturing and selling have to do with parts that are not food at all. Multiply this one steer by millions. Think of the problem of finding markets for glue, curled hair, hides and pelts, wool, lubricating oils, soaps, banjo strings, pharmaceutical preparations, sand-paper and many other by-products in almost unending quantities. This would be difficult for a concern with lesser facilities; no large organization, even, could accomplish the task without years of endeavor in upbuilding many kinds of markets.

To produce foods economically, we not only have to be in many lines of business but we must also be large factors in each of these many lines. For, upon our ability to profitably market the by-products, depends our ability to buy and sell foods at our present small margin of profit.

But packages by-products relate to more than food. They affect the everyday life of all. They give employment and wages to many additional thousands of workers and they are used in every business and craft, and relate to every industry in the world.

Thus it is that when you purchase Armour Products you are doing two important things:

You are helping assure producers of fair prices which encourage them to raise the food supply of the future.

And you are definitely securing for yourself utmost value in the food you eat.

ARMOUR AND COMPANY OMAHA Reddour General Manager

Lovelorn

By BEATRICE FAIRFAX



Dear Mr. Vosburgh: I find QUINEGG the most wonderful shampoo for the hair and scalp that I ever have used.

QUINEGG Shampoo

makes your scalp tingle with the delightful sensation of perfect cleanliness and leaves the hair soft, lustrous, beautiful and CLEAN. Stimulates the growth of new hair. One 8 oz. bottle contains enough for MANY applications yet costs no more than you pay a hair dresser or barber for ONE shampoo. Use QUINEGG SHAMPOO for economy and for better results. One size only—50 cents. Your druggist will cheerfully refund your money if you are not perfectly pleased. Get a bottle and try it today.

Vosburgh—Chicago

If your druggist does not have Quinegg Shampoo, you will find it on sale and recommended by Sherman & McConnell Drug Store, Beaton Drug Co., Merritt Drug Co.—Adv.

Famous In A Day For Her Beautiful Complexion Oatmeal Combination Does It

A Free Prescription Does Its Work Overnight. You Can Prepare It At Your Home.

New York: It is my own discovery and it takes just one night to get such marvelous results, says Mae Edna Wilder, when her friends ask her about her wonderful complexion and the improved appearance of her hands and arms. You can do the same thing if you follow my advice she says: I feel it my duty to tell every girl and woman what this wonderful prescription did for me. Just think of it. I never tire of telling others just what brought about such remarkable results. Here is the identical prescription that removes every defect from my face, neck, hands and arms. Until you try it you can form no idea of the marvelous change it will make in just one application. The prescription which you can prepare at your own home is as follows: Go to any grocery and get ten cents worth of ordinary oatmeal, and from any drug store a bottle of Derrwille. Prepare the oatmeal as directed in every package of Derrwille and apply night and morning. The first application will astonish you. It makes the

skin appear transparent, smooth and velvety. I especially recommend it for freckles, tan, sun spots, coarse pores, rough skin, ruddiness, wrinkles, and in fact, every blemish the face hands and arms are heir to. If your neck or chest is discolored from exposure, apply this combination there and the objectionable defect will disappear. It is absolutely harmless and will not produce or stimulate a growth of hair. No matter how rough and uncleanly the hands and arms, or what aches they have had through hard work and exposure to sun and wind, this oatmeal-derrwille combination will work a wonderful transformation in 10 hours at the most. Thousands who have used it have had the same result I have had. Note: To get the best effect be sure to follow the complete directions contained in every package of Derrwille. You have only to get Derrwille and oatmeal. You need nothing else and it is so simple that even your mother and sister can do it. No girl or woman can afford it. The manufacturers and sole agents guarantee that there will be a noticeable improvement after the first application or they will refund the money. It is sold in this city, and a more refined catalogue by Derrwille, Boston and all parts of the world, through the Sherman & McConnell, the Beaton and the Merritt stores.—Adv.