WOMAN'S SECTION OF THE

Oft expectation fails, and most oft there Where most it promises, and oft it hits. Where hope is coldest, and despair most fits.

CLUBDOM

Club notices will not be pub-shed in The Sunday Bee if reeived later than 5 p. m. Friday.

MONDAY

The Athletic and Glee clubs of the Y. W. H. A. will meet on Monday in the club, building, at 8 p. m. in the club rooms at the Lyric

Miss Cecillia Seiler is in charge of the Glee club and Miss Mildred Lezey is director of the new Athletic

Liberty chapter of Eastern Star will hold its final meeting under dispension for its 500 charter members, on Monday at 7:30 p. m. at the Masonic temple.

This will be a business and social meeting as well as special initiation.

TUESDAY

The Spanish club will meet on Tuesday at 8 p. m. in room 505 of the McCague building. The Jewish Relief society will

Fruit-Juice Essences

Jiffy-Jell desserts carry real fruit flavors in essence form, in vials. A wealth of fruit juice is condensed for each dessert. So you get a fresh-fruit dainty, healthful and

This is the new-type quick gelatine dessert ive times as good as the

Loganberry and Pineapple are two of the best lavors. Try them. They're found only in

O Flavors, at Your Grocer's 2 Packages for 25 Cents

Tell Your Boy About This! The Boys' Magazine Free

Send today for a free sample copy. Splendid stories—beauticopy. Splendid stories—beautiful illustrations—handsome covers in colors. Address
THE SCOTT F. REDFIELD CO.
2943 Main St. Smethport, Pa.



KOSMEO Face Powder

Adheres well-is delicatey perfumed and is not affected by perspiration. Insures a fresh, clear, velvety complexion and perfect protec-tion from tan, freckles and sunburn. It cannot clog the pores or injure the skin. Three shades: White, Flesh or Brunette.

At All Toilet Counters GERVAISE GRAHAM

RUB YOUR BACK! STOPS LUMBAGO

Don't drug kidneys! Rub the pain right out with old "St. Jacobs Liniment"

Back hurt you? Can't straighten up without feeling sudden pains, arp aches and twinges? Now, listen! That's lumbago, sciatica, or maybe from a strain, and you'll get ased relief the moment you rub else takes out soreness, lameness and stiffness so quickly. You simply rub it on and out comes the pain It is perfectly harmless and doesn't burn or discolor the skin.

Limber up! Don't suffer! Get a small trial bottle from any drug store, and after using it just once, rou'll forget that you ever had backche, lumbago or sciatica, because your back will never hurt or cause any more misery. It never disap-points and has been recommended for 60 years. Stop drugging kidheys! They don't cause backache. ecause they have no nerves, therefore can not cause pain.—Adv.

mega for Pains

in the Back

hold a meeting in the Jewish wel-fare room on Tuesday, April 1. The literature department of the South Omaha Woman's club will meet at the home of Mrs. N. M. Graham, 4318 South Thirty-second

street, on Tuesday at 2 p. m. Chapter B. X. of the P. E. O. Sisterhood will meet with Mrs. W. H. Kearns, 104 South Fiftieth avenue, Tuesday, for a 1 o'clock luncheon. No. 104 of the United States Grant

sociology Tuesday at 10, at Jacobs

give a program on Tuesday at 2 p. m. at the Y. W. C. A.

The program will be in charge of

Mrs. J. C. Lawrence, the leader. Many line parties have been ar-

ranged for the program. Mrs. Joseph Lawrence is among those who will entertain members of the executive board and leaders of the department.

WEDNESDAY

of Mrs. A. O. Peterson, assisted by Mrs. J. M. Patton, Mrs. A. Alstron and Mrs. George Thompson.

The topic of the day is "Portraits of Women."

The program is in charge the program of tinued Food Conservation," will deliver the principal address of the afternoon session. Mrs. Downing is a food expert from Armour & Co., and her talk for the federated clubof Women.

THURSDAY

Home economic department of the Omaha Woman's club will meet Thursday, at 10 a. m., at the Y. W. C. A. After a short business session the meeting will adjourn to attend the Murphy; conservation, Mrs. Frank

district convention.

Mrs. H. P. Stein will entertain the Pythian Sisters kensington on Thursday at her home on 714 North

Dundee Woman's Patriotic Club to Give Benefit Twenty-seventh.

FRIDAY

War Mothers of America, as well as wives, sisters and daughters, will meet at 8 p. m. Friday in the City

Ladies' Aid society of the Lowe Avenue Presbyterian church will triotic club has prepare meet Friday, April 4, at 2:30 p. m., at the home of Mrs. P. M. Conklin, day at the Rome hotel. 160 Cuming.

Omaha Woman's Club will meet Tuesday, at 2:30 p. m., at the Y. W. C. A.

The lesson will be a bill for a joint resolution petitioning our representatives in congress to work for and favor the return of railroads to private ownership.

Mrs. C. L. Hemple will act as chairman of the day; Mrs. L. M.

Lord as clerk, and Mrs. A. E. Merthe club has given since the street ryfield as chairman of the committee of resolutions.

Affirmative debate will be taken Mrs. John Gill and the negative Mrs. O. Y. Craig. Assistants are Gladys Shamp, H. J. Bailey, John Welsch, Mrs. U. F. Baldwin, Mrs. ohn Mullin, F. H. Ray and W. C.

Anthon H. Biglow will be the lirector and Mrs. John Mullin, the

Omaha Woman's club will meet n the auditorium of the Y. W. C. A. on Monday at 2:30 p. m., pre-ceded by a short meeting of the

board of directors at 1:30. Delegates for the district conven-

tion in South Omaha will be elect-ed. The tellers are, Mrs. J. O. Yeiser, W. H. Warwick, A. R. McFarland and Miss Gladys Shamp.

The program will be in charge of the musical department under the leadership of Mrs. W. E. Shafer. The chorus with Professor Cox, as leader, will furnish selections; a stringed trio, and a quartet will give the remainder of the program. Com-munity singing lead by Mrs. C. H. Townsend will be a leading feature.

WOMEN! DRY CLEAN THINGS AT HOME

Try it! For a few cents you can dry clean everything.

Save five to ten dollars quickly by lry cleaning everything in the home with gasoline that would be ruined by soap and water-suits, coats,

furs, draperies, rugs-everything! Place a gallon or more of gasoline in a dishpan or washboiler, then put ly everything comes out looking like new. Nothing fades, shrinks or wrinkles. Do not attempt to dry clean without Solvite soap. This gasoline

A package of Solvite soap containing directions for home dry cleaning, costs little at any drug store. Dry clean outdoors or away from flame

A COLD OR CATARRH

Open Up Air Passages.

Ah! What relief! Your clogged nostrils open right up, the air pass-ages of your head are clear and you can breathe freely. No more hawking, snuffling, mucous discharge, headache, dryness—no struggling for breath at night, your cold or

catarrh is gone. Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seek-ing. It's just splendid.—Adv.

Two Women Speakers of National Spring Means New Togs Mrs. A. G. Peterson, State Distinction Presented by the State Federated Clubs

Mrs. N.M. Graham

Odell; home economics, Mrs. Marion

ing led by Harry Murrison, Mrs. Sherman is chairman of the conser-

director of the United States school garden army. Mrs. Addison E. Sheldon of Lincoln, president of the

Nebraska Federation and Mrs. K. R.

J. Edholm, chairman of the tuber-

culosis committee, public health department of the general federation

Dr. R. L. Wheeler will give an

invocation and musical numbers will

be given by Ermo Clow, harpist;

Miss Clara Henni, cellist, accom-

panied by Miss Lydia Henni, and

Still Found by U. S.

Marshal

Tom Flynn, U. S. Marshal, found a still in full operation at the plant of the Carey Cleaning Co., 2401 No. 24th St. Mr. Flynn pronounced same as of the best in the city for purifying and distilling gasolene.

SKINNER

BAKING COMPANY

will be the other speakers.

Miss Jean Farrell, violinist.

With two women speakers of national distinction, Mrs. John Dickin-son Sherman of Chicago, and Mrs. Helen Harrington Downing of No. 104 of the United States Grant
U. P. C. will meet Tuesday at 2:30
p. m., in Memorial hall of the court
house.

Toledo, O., on the program, the annual convention of the Second district, Nebraska Federation of Wom-Mrs. Millard Langfeld will give sion Thursday in Grace Methodist the fourth of a series of lectures on church, on the South Side.

On account of the serious illness the chairman for this district, The public speaking department of the Charling Berry, the meeting of the Omaha Woman's club will will be opened at 10:30 o'clock by the vice chairman, Mrs. George Herbert Boyer of Papillion. Dr. C. Mrs. George Shield's division. Prof. Mrs. John B. Watkins, president of the South Side club, the address of welcome; Mrs. C. T. Pike of the Papillion club, the response, and Mrs. Clair F. King of Papillion, accompanied by Mrs. John Harrmann, will lead the patriotic singing.

Mrs. N. M. Graham, secretary of the district and a former president of the South Omaha club, will open Nu Sigma will meet Wednesday at 9:30 a. m., at the home of Mrs. N. P. Feil, 502 South Thirty-sixth street. The program is in charge the business meeting with the reading of minutes and reports, Lunch-Mrs. Downing, speaking on "Con-

> women was arranged by The Oma-Departmental reports will given as follows: Art, Mrs. Halleck Rose; civics, Miss Katherine Worley; civil service, Mrs. Harriet Mac-

Dance at Rome.

Want to dance happiness into hundreds of little childrens' hearts -both here and in France? That is what the Dundee Woman's Patriotic club has prepared for in its vation department, General Federabenefit dance to be given on Tues- tion of Women's Clubs and assistant

Besides financing canteen workers, these women make layettes for Omaha babies who otherwise would The parliamentary law depart-ment of the Omaha Woman's club long to baby days, but for the actual suffer for-not the dainties that benecessities. They provide glasses for little Omaha children whose parents could not afford to give them "new eyes.

Mrs. H. B. Robinson is chairman of the reception committee, whose members are Mrs. James Chadwick, Mrs. George Waterman and Mrs. Harry Patterson.

Army and Navy Club.

Sergt, Howard Steberg of Omaha, recently discharged from the service, will sing at the second of a series of dances given at the Army and Navy club on Thursday.

The Orpheum will give one of its acts also as entertainment.

These dances are for soldiers both discharged and in active service.

Your Used Silverware Made Like New

We re-plate your used Silverware making it like new. Anything of metal we re-plate including brass beds and finish as desired.

Bring us your used articles and save buying new ones.

Eastern Plating Co., Main Office, 705 S. 16th. 1218 Farnam. Phones: Tyler 3649. Douglas 2566.

DON'T HAVE **GRAY HAIR**

It's Easy to look Young and Fascinating by Use of "La Creole"



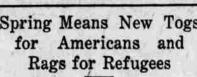
look 15 years younger." TO woman should be handicapped socially by gray or

faded hair. Every woman owes it to herself to look her best and avoid the appearance of coming age. Gray, streaked with gray, or faded hair makes many a woman look old before her time, and gray hair ls so very unnecessary.

is the most popular Hair Color Restorer in use among society Men and Women of America today. It is a safe, delightful toilet preparation which uniformly restores gray. streaked with gray, or faded hair to its

LA CREOLE Hair Dressing will not stain the scalp, wash or rub off, or leave the hair with that greasy or dyed appearance. You apply it yourself by simply combing or brushing it through the hair before retiring, and the results will de-

Connell, and all good drug stores and toilet counters everywhere Price .. \$1.00



Spring Sundays mean discarded winter clothes and airy, fluffy summer ones for us.

Omaha societies, business firms

Seventeenth will receive packages until Wednesday.

Shipment of Clothes for Devastated France

The auxiliary of the allies of the First Presbyterian church Miss Jessie Millard, chairman, has just made it first shipment of refugee garments to the American Committee for Webb, Valley; industrial and social Devastated France. The list in-cludes 932 pieces. In the women's conditions, Miss Gladys Shamp; legislative, Mrs. William Berry; li-brary extension, Mrs. John Gill; literature, Mrs. C. M. Schindel; enclothing were 200 garments. To the children were sent seven aprons, 13 dowment fund, Mrs. C. M. Schindel; endowment fund, Mrs. C. M. Hempel; reciprocity bureau, Mrs. N. E. Johnson, Valley; scholarship, Mrs. G. W. Wattles; education, Miss Elizabeth Hewitt; Fifth Victory loan, Mrs. L. M. Lord; Mrs. M. D. Cameron, general federation director for Nebraska, will also speak. hats and caps, 50 drawers, 40 petticoats, 42 pairs of bootees, 50 under-waists, 130 little babies' shawls and 100 nightgowns. In household supplies were 220 pillow cases and 80 sheets.

Countless ruined villages in France are in the process of recon-Mrs. Sherman is the chief speaker for the evening session which opens that Omaha is responding in its at 7:15 o'clock with community sing-

HOSIERY

Chairman Victory



Mrs. A. G. Peterson, state chairman for the woman's committe of the Victory loan, was a guest in the city this week. She came up to confer with T. C. Byrne and other workers in the drive and to address the opening meeting of woman workers held Thursday at the Athletic club.

Old People's Home.

Dean Tanock and the Trinity cathedral choir will conduct a religious service at the Old Peoples home Fontenelle boulevard, Sunday after-

Red Cross Notes

The auxiliary was organized July 18, 1917. Since July, 1918, with a membership of 25 active workers, 320 hospital garments, 590 surgical dressings and 210 refugee garments, and many knitted garments, have been made. Every quota has been finished and every demand upon this auxiliary has been met with a cheerful and prompt response.

Miss May Tobin, acting chairman of the knitting department, announces that as yet only 120 sweaters and 140 mufflers of the knitting quota-9,020 garments to be completed as soon as possible-are in the field. Eight of these sweaters and three of the mufflers have been finished and returned. Knitters are needed to make the completion of this quota possible.

The Carter Lake auxiliary met on Thursday, March 27, and completed its last quota of refugee garments, and, with the money left in the treasury, decided to adopt a French orphan and care for it.

Mrs. A. D. Chapman, chairman, announces that the auxiliary will not disband, but from now on will meet once every mouth in 'he homes of the members and keep in readiness for any relief work that may come up. The first meeting will be held at the residence of Mrs. A. T. Gibson, 2552 Marcy street, the first Thursday in May. Work on the knitting quota will be taken up at

Mrs. Edward L. Burke will be home next week from Excelsior

Become Slende A Simple, Guaranteed Method

If you would like to lose, weekly, from one to five pounds of burdensome fat while eating and drinking all you need, also enjoying life far better than at present, just follow this advice:

Take seven deep breaths of fresh air each morning and evening; after each meal take a little oil of korein; eat all you need, but chew thoroughly, and follow other simple directions of the guaranteed Korein system.

simple directions of the guaranteed Korein system.

Men and women who were waddling around with heavy, sluggish bodies have, in many cases, reported a gradual, agreeable reduction of thirty to eighty pounds, with wonderful benefit to health and figure. This very season is the time to become slender, attractive, vivacious and healthier, very easily. Get oil of korein at the druggiat's: it comes in capsules, convenient to use and is now sold at before-war low price. Weigh and measure yourself week to week. You can scarcely realize the joy that awaits you in normal symmetrical figure, with good health and longer life. Show others this advertisement.—Adv.

Advises "Corn Silk"

Extract in Treatment of Kidney and Bladder Ailments.

Allays Inflammation and Restores Normal Action.

silk compounded with other simple, ley, Ill. well-known drugs, seems to bring results in the treatment of Kidney and Bladder disorders that might almost be classed as miraculous. Congestion and inflammation of the kidneys and bladder cause untold distress. Pains in back and hips, pain and pressure tem. Often CURES constipation. in bladder region, frequent desire Prevents appendicitis. We have sold to eliminate, causing restless sleep soon wears out the patient's vitality and more serious results follow neglect.

The soothing, balmy effect of Balmwort Tablets are noticed quickly as the inflammation is allayed and the organs are toned up to act as nature intended. Alexander T. Matya, 30 Elm

street, Passaic, N. J., writes: "I have been taking Balmwort Tablets for Kidney and Bladder trouble and find they give me the most beneficial results.

Stop your suffering and nightly distress by asking your leading druggist for a tube of Balmwort Tablets. Price \$1.00.-Adv.

DRINK HOT WATER IF YOU DESIRE A ROSY COMPLEXION

better and feel better after an inside bath.

If you want to see the glow of

healthy bloom in your cheeks, to see your skin get clearer and clearer you are told to drink every morning upon arising, a glass of hot water with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach. liver, kidneys and bowels, before putting more food into the stomach. Men and women with sallow skins. iver spots, pimples or pallid complexion, are those who wake up with coated tongue, bad taste, nasty

headaches, bilious spells, acid stomach or constipation should begin this phosphated hot water drinking. A quarter pound of limestone phosphate costs very little at the drug store, but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and fresh-

breath, others who are bothered with

HAVE DARK HAIR AND LOOK YOUNG

Don't stay gray! Nobody can tell when you darken gray, faded hair with Sage Tea and Sulphur.

Grandmother kept her hair beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this oldtime recipe, improved by the addition of other ingredients, all ready to use, at very little cost. This simple mixture can be depended upon to restore natural color and beauty

A well-known down town druggist says everybody uses Wyeth's Sage and Sulphur Compound now because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another aplication or two, it is restored to its natural color and looks glossy, soft and beautiful.-Adv.

BEST WAY TO WASH THE HAIR

We find you can bring out the beauty of your hair to its very best advantage by washing it with canthrox. It makes a very simple, inexpensive shampoo, which cleanses the hair and scalp thoroughly of all the dandruff, dirt and excess oil, leaving a wonderfully clean, wholesome feeling. After its use you will find that the hair dries quickly and evenly, is never streaked in appearance and is always bright, soft and fluffy; so fluffy, in fact, that it looks more abundant than it is, and so soft that arranging it becomes a pleasure. Just use a teaspoonful of canthrox, which you can get from any good druggist's, dissolve it in a cup of hot water; this makes a full cup of shampoo liquid, enough so it is easy to apply it to all the hair instead of just the top of the head.

Adler-i-ka Again!

"Adler-i-ka is the only medicine for gas on the stomach. I never had so much relief with any medicine. I would not take \$25.00 for the relief one bottle of Adler-i-ka gave Just a simple extract of green corn | ing it." (Signed) H. L. Hicks, Ash-

> Adler-i-ka spells ALL gas and sourness, stopping stemach distress INSTANTLY. Empties BOTH upper and lower bowel, flushing EN-TIRE alimentary canal. Removes ALL foul matter which poisons sys-Adler-i-ka many years. It is a mixture of buckthorn, cascara, glycerine and nine other simple drugs. Sherman & McConnell Drug Co .-

You may need a little sulphur

To Help Eliminate and Regulate the Functions of the Body. Sulpherb Tablets a Boon to Womankind Who Suffer. Not only a boon to womankind,

but to men, women, boys and girls. Sulpherb Tablets have proven to be the simple, mild but most effective. in the overcoming of conditions primarily due to constipation and inactive kidneys. Women suffer periodically, and at such times suffer in silence, when if they could only know that the sulphur, cream of tartar and herb extracts in Sulpherb Tablets would surely bring relief, there would be millions made happy and free from headaches, backaches, languor, constipation, pimples, eruptions, etc., due to accumulated poisons in the body. Mrs. E. Phelan, 189 Cambridge

your good advice to others I have found relief. I was troubled with backaches, headaches and dizzy spells so I started to take your Sulpherb Tablets which gave me grat relief. May your good work good

St., Boston, writes: "In reading

Sulpherb Tablets are very, very good and sold by all druggists, at 30c per tube.—Adv.

THAT TIRED FEELING!

Do You Know What It Means? It Means That You Are Sick, Says a Great Health Expert. Cadomene Tablets Will Help

You know you have the tired feeling, but you wonder why. It is because the various organs of your body are not doing their duties. You need a tonic to help them perform until nature takes hold. And Cadomene Tablets are guaranteed by the manufacturers to be just the tonic you need come the lethargy of nerves and weak, fluabby Try them a week and see w hat wonders they perform for yo our poor, tired aching body and

To get in or out of busin less, pub-lish a Bee Want Ad and look for rewater and limestone phosphate act sults in the way of answe is to

-Adv.

mind. Sold by all druggists

waists, silks, laces, gloves, shoes your back with soothing, penetrating "St. Jacobs Liniment!" Nothing wash them with Solvite soap. Short-

> soap is the secret of all dry cleaning. -Adv.

NOSE CLOGGED FROM

Apply Cream in Nostrils To LA CREOLE Hair Dressing

youthful beauty and lustre, light you surprisingly.

Spring Sundays for European refugees will mean no clothes but rags unless the quota designated by the Red Cross in its campaign for used clothing is filled.

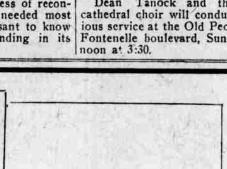
and individuals have given of their The street railway service offered space for 90 cards in its cars throughout the week. The city has given two trucks for delivery; J. P. Jerpe, one; Trimble Brothers, two; the Blackstone garage, two; the Board of Education, through Miss Belle Ryan, has taken care of the schools, hotels, boarding houses and private homes are urged to give for the Red Cross of every kind of cloth-

ing or material.

The headquarters at 313 South

Has Gone

usual generous way.



OUR assortment of Phoenix Hosiery brings admiration from every one who gives us an opportunity to show it. Our Phoenix showing is Phoenix all-even to the unusual and out sizes ir

Men's, 80c, \$1.00 and \$1.50 Women's, \$1.10 up to \$2.50



Get Back Your Grip On Health

Physician Gives Practical Advice On What to Do To Help Build Up Your Strength, Power and Endurance-Explains How Organic Iron - Nuxated Iron - Helps Put Renewed Vim and Energy Into the Veins of the Weak, Nervous and Run-down-



time in many instances. In explaining why he regards iron as absolutely essen-tial to the greatest develop-ment of physical and men-tal power, and discussing the probability of building itself an evidence of tremendous public confidence and I am convinced, that if others would take Nuxated Iron when they feel weak and run-down it would help make a nation of stronger, healthier men and women." up a stronger race of peo-ple by increasing the supply of iron in their blood, Dr. George H. Baker, former-ly Physician and Surgeon, Monmouth Me-morial Hospital of New Jersey, says:

healthier men and women."

Commenting on the use of Nuxated Iron as a tonic, strength and blood-builder, Dr. James Francis Sullivan, formerly physician of Bellevue Hospital (Outdoor Dept.) New York, and the Westchester County Hospital, said:

"Thousands are held back in life for want of sufficient iron in the blood. A weak body means a weakened will power, and like the race horse beaten by a nose, many a capable man or woman falls just short of winning because they don't back up their mentality with the physical strength and energy which come from having plenty of iron in the blood. That irritable twitch, that fit of despondency, that dizzy, fearful feeling—these are the sort of signals nature gives to tired, listless folks when the blood is clamouring for strength-giving iron—more iron to restore the health by enriching the blood and creating thousands of new red blood cells. morial Hospital of New Jersey, says:

"Iron is absolutely necessary to change food into living tissue, muscle and brain. Refined foods and modern methods of cooking have robbed us of much of the iron which Nature intended we should receive and for supplying this deficiency and increasing the red blood corpuscles, I know of nothing more effective than organic iron—Nuxated Iron. From a careful examination of the formula and my own test of Nuxated Iron, I feel convinced that it is a preparation which any physician can take himself or prescribe for his patients with the utmost confidence of obtaining highly beneficial and satisfactory results. The fact that Nuxated Iron is today being used by over three million people annually as a tonic, strength and blood-builder, is in

this trouble then purchase only Nuxated Iron in its original packages and see that this particular name (Nuxated Iron) appears on the package."

If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. Numbers of nervous, run-down people who were ailing all the while have most astonishing increased their strength and endurance simply by taking iron in the proper form. And this after they had, in some cases, been doctoring for months without obtaining any benefit.

Manufacturers' Note: Nuxated Iron recommended above is not a secret remedy but one which is well known to druggists everywhere. Unlike the older inorganic iron products, it is easily assimilated does not injure the teeth, make them black, nor injure the teeth, make them black, nor injure the teeth, make them black nor injure that just as soap and there druggists.

Says we can't help but look

To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken each day leaves in the alimentary creans a certain amount of indigestible material, which if not eliminated, form toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

scription organic iron— Nuxate d

ens the skin on the outside, so hot