CLUBDOM
 President's "Hello" Girls are Back From France


## Omesa <br> Oil

Rheumatism and Lumbaso

$\pm=5$

## The Demand for

Cottage Cheese

The demand for Cottage Cheese is to a consid erable degree accounted for by the public's in creasing appreciation of its extraordinary food value.
Specialists of the United States Department of Agriculture say Cotta
meat substitutes.
It contains a larger percentage of protein (the chief material for body-building) than most meats and furnishes this material at a lower cost. In every pound of cottage cheese there is about one-
fifth of a pound of protein, nearly all of which is dififth of a
As a source of energy also, Cottage Cheese is much cheaper than most meats at present prices.

## FREE

A 20-page booklet "COTTAGE CHEESE DISHES" published by the U. S. Dept. of Agriculture and containing recipes for

## Uneooked Cottage dishes Soups and sazces <br> Soups and sauces Egge ombintions Meattike dishites <br> Meatlike dishes Potato dishes <br> Salads and salad dressing Sandwiches and breads

Pies and puddings
Uses of whey.
may be obtained FREE FOR THE ASKING. Simply Phone Douglas 409 or C. B. 205 and we will either mail you a copy or have our route man leave you a copy.
Alamito Cottage is creamed by us with rich coffee cream and will please the most particular palate.
Camp Tixe

## We'll Give You 20c

in Aluminum Mold values, for every end label you send us this week from a package of Jiffy-Jell. The end label must be the one which mentions the flavor. See picture. The flavor must be either Loganberry, Pineapple; Lime or Mint. Labels on our other flavors count for 10 cents each, but the four flavors mentioned
count for 20 cents each. Think of that. Each Jifly-Jell package costs $121 / 2$ cents. count for 20 cents each. Think of that. Each Jiffly-Jell package costs $121 / 2$ cents.
Yet the end label is worth 20 cents this week toward these molds.



## We Pay Women

## Who Will Try Our Finest Jiffy-Jell Flavors



This remarable offer is madi, for onew evek only to indace very Fruit Essences Sealed in Class
 The favors are ich chand abondant We wue falf a pineapple to

 Tchatine in dimber

## $121 / 2$ c Per Dinner

Yify-jell comess readysweetened. in propere color and atidnated con . one paclage serves six people in mold form or 121 it youn whip
 vors give you fariet

Also Salads
Lime.fruit flavor makes tart, green ealad jell. Serve
with yeur saladso or mixis the salataditin before cooling; mir firt flavor makes a farnish jell. rich in frechbind Maint flavor makes as ammish jelt rich int

Lime Fruit
 Accept the offers we make below. It will introduce

For Desserts and Salads


## This Week's Mold Offers

## 

Ail moids are pure elisminum



 ix indentations mark our six ix individixal in sevvings. The


You Can Buy These Molds This Week With Labels
se Our Offers at Side of Coupon


Individual Dessert Molds


Vegetable Salad Mold-Style-D


Fruit Salad Mold-Style-E Ato Pint Devert Mold Stylo-C

## MAIL THIS


 Individual Dessert Molds, assortd, value 10 c each. Vegetable Salad Mold, Style - D - value soc. Fruit Salad Mold, Style - E-value 50 c . Pint Desert Mold, Style - $B$ - vilue 50 c . Pint Dessert Mold, Style-C-value 50c.

