Co-Operation

receive suggestions for the home

economics column or to answer,

as far as she is able, any ques-

tions that her readers may ask.

2 c. vegetable water, Salt and pepper.

Vegetable Scotch Broth.

substitute. % c. barley. 1 small carrot.

e. meat stock

keep constantly filled.

Miss Gross will be very glad to

THE RESIDENCE OF THE PROPERTY OF THE PROPERTY

Produce Prices Firm, With Some Prospect of Increase

of produce in the market.

ing offered at 21/2 cents and sweet brick cheese at 45 cents. potatoes at 5 cents per pound, and The prices of nuts of all kinds fine lot of fresh cranberries at have shot skyward and are almost 1215 cents.

es rather high, ranging from \$2.50 per pound

Any great depreciation in prices to \$3.50 per hox. Lemons are sell of foodstuffs is not predicted for ing at 40 to 60 cents per dozen and the present, and in many cases it is freely predicted that prices may 10 to 12½ cents each. Choice orgo higher if this country undertakes anges are hard to get at any price. to relieve desperate food conditions but when available are quoted from reported from the central powers. \$1 to \$1.25 per dozen. Coffee has However, there is an abundance taken another jump of about 5 cents on the pound and eggs are getting Among the recent arrivals on the so high that they begin to taste like market are some nice, crisp break-fast radishes, celery and choice the guaranteed fresh quality and 55 green onions at 5 cents per bunch, cents for packed ones. Butter and and lettuce at three bunches for a cheese are also up another notch, dime. Louisiana shallots, parsnips good creamery product bringing 65 and turnips are offered at three cents and No. 2 quality 58 cents. pounds for 10 cents, and carrots at Wisconsin cheese is quoted at 38 cents per bunch. Cabbage is be- cents, New York at 40 cents and

beyond reach of the moderate purse. Apples are plentiful, but the pric- They range from 30 to 45 cents

DREAMLAND ADVENTURE By DADDY "The Haunted School" (The Birds fool Peggy and Billy Belglum

into going to school after hours. Billy de-clares the school is haunted and then they begin to hear strange noises. They find that the supposed "ghosts" are starying French orphans.) CHAPTER VI. The Orphan Finds a Home,

DEGGY and Billy Belgium exchanged wondering glances. What could Heloise mean by saying there were Germans in America? Then a light hit Billy. "I know what she means," he ex-

claimed, "They must have been in the train wrecked last week at the thing is not to run away from per-Dutch settlement. They thought sons in distress." the kindly Hollanders coming to aid them were Germans."

Heloise was immensely relieved when Billy assured her the Germans hadn't invaded America and couldn't if they tried. Little Jean, when he heard this, bravely waved a cookie and shouted, "Vive, l'Amerique! Vive | "We waiked until I could drag

Jean no farther," continued Heloise. 'At dawn we found ourselves here. We crept through a window. We climbed the ladder to the attic, and I pulled the ladder after us so the Germans couldn't find us. Then we slept and slept.

"Long, long afterward we awoke to find the rooms below filled with children. We did not dare stir for hours and hours.

"When the children went home we erept down. They had left scraps of food from the lunches. There were nuts under a tree. So we feasted on the scraps and the nuts."
"Poor, poor kiddies," sobbed Peg-

gy when Billy Belgium translated

"It was rich fare after our starv-ing in France," said Heloise simply. "Later we crept back to the attic. It was cold and dark, and we didn't know when the Germans would come after us. But we prayed and we prayed, and then we slept.

"The next day was the same, and so was the third. But yesterday the children left no scraps. "I bet you that was after the food conservation talks in the school,"

suggested Peggy. "And we couldn't find any more nuts," added Heloise.

"That was after the boys and the Jays had their clean-up," declared Blue Jay.

"So we went to bed hungry, as we had done in France before," said Heloise. "Little Jean was so brave. He tried to cheer me by telling me he had eaten enough for a week. We woke up hungry and grew hun-grier every minute. We heard you here and we tried to keep quiet, for we thought you Germans. But Jean couldn't help sobbing. When we saw that awful figure in the tree all saw that awful figure in the tree all covered with camouflage we thought we were in the hands of the Huns."
Billy grinned at this description of his "fun" disguise. "Then everything went dark. When I awoke and heard you talking my own be-

loved French, my heart nearly burst with joy.' "Vive l'Amerique," cried Jean, now

all smiles. "Oh, how glad I was to find myself in America-safe, even though homeless and friendless. I am sure we shall find here some kind foster parents." Heloise's eyes glowed at the thought. So did Peggy's.

"I know just the person who will adopt you," she cried, "Mr. and Mrs. Pelton, our wealthy neighbors, were saying just yesterday that they would like to care for a little French girl and boy through the war, and even afterward. I know you are the very ones they want."

Peggy had seen a telephone in the school room. Filled with her grand idea she flew to it. She rang up Mr. Pelton and poured out her story to him. In a minute she was

"They want you. They say to come right away," she cried, hugging Heloise and Jean in her joy.
"Well, this going to school joke has been more fun than I thought it would be," hooted Judge Owl.

"I've learned not to fool with ghost yarus," laughed Billy.
"And we've learned a lot too,"

Patriotic League Notes S. O. S. girls will entertain Friday night at Hanscom park, giving a most successful dance for the sol-

Girls of the Patriots' club will give a soldier dance at Jacobs' hall Saturday evening.

Five acts are now well under way for the girls' vaudeville. Dates have not yet been arranged with the

Brandeis for giving the show. Not a large crowd attended drill in the court house lobby Thursday evening, but it was an enthusiastic one. The young officers sent from Fort Omaha are putting the girls through their paces in true military





ALLY ALL GROUND

down six German airplanes, two years ago today, November 16, 1916. YESTERDAY'S ANSWER

Left side down forehead at shoulder.

murmured Heloise. And then they all started down the road to take her and Jean to

their new home.

shrilled General Swallow. "One where they have a part in a pretty re-



Why Not Buy the Best?

"We walked until I could drag

"Another is to be brave when you

are scared," added Peggy, remem-bering how Billy had climbed into

the window, not knowing whether

he was going to encounter spooks

or Lidnapers. "Wouldn't it have

been awful if we had left Heloise

"And our big lesson is that

and Ican there to die!"

Advo Gold Medal Coffee......40c

Quality Unchanged.

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The Washington Market 1407 DOUGLAS ST.

CENTRAL MARKET CENTRAL MARKET CENTRAL



(U. S. Food Administration No. G-18173.)

Haven't you ever come home after a long day down town just too tired to cook the evening meal and wished

that someone would do it for you?

Let us cook that meal for you. We do it every day for hundreds of people. Our delicatessen department offers you fifty different kinds of cooked and smoked meats ready to serve. Besides there is potato and cabbage salad made fresh every day by our expert chef. Step into the Central Market and take home a deliciously appetizing dinner with you. Come once and you will come always.

Specials for Saturday in Our Grocery Dept.

48.lb. sack Pure Wheat Flour, for \$2.95
24-lb. sack Pure Wheat Flour, for \$1.50
24-lb. sack Pure Rye Flour \$1.55
10-lb. cans Karo Syrup. 85c
10-lb. cans White Karo Syrup, for \$1.75
No. 3 cans Solid Pack Tomatoes, for \$1.75
Fancy Sweet Corn, per can, for \$1.75
Fancy Sweet Corn, per can, for \$1.75
Per Dozen \$1.75
Fancy Sweet Corn, per can, for \$1.00
Del Monte Black Cherries in heavy syrup, per can, 25c, per dozen \$1.75-\$1.45
Del Monte Black Cherries in heavy syrup, per can, 25c, per dozen \$2.25
Fancy tail cans, Red Alaska Salmon, per can \$2.25
Fancy tail cans, Red Alaska Salmon, per can \$2.25
Call cane Fresh Salmon \$20c
Large bottles Monarch Ketchup, for \$2.25
Butter Crackers, per lb. 12½c
Iten's Graham Crackers, per lh. for \$2.0c
Tangier Pineapple, No. 3 cans, for \$3.0c
3 cans for \$3.5c
3 cans for \$3.0c
3 cans Sunkist Sliced Apricots or Peaches, per can \$3.5c
3 cans for \$3.0c
3

BUTTER, EGGS, CHEESE AND OLEO.

CENTRAL MARKET DE CENTRAL MARKET DE CENTRAL

lilome Economics

The Stock Pot

Our sisters across the water, es pecially the French women, appreciate a stock pot much more than we do. Until the great war, many American women were very impatient of saving small amounts of food, and the stock pot is most valuable for utilizing these small

avings. Most of the expensive meats, and bone, which is only good for making stock. Any steak, even round, can aid the stock pot as to bones, 1 large onton, while a roast bone can almost be the basis of a soup by itself. Head and feet of poultry, properly cleaned, are valuable additions. In making stock from fresh or cooked bones and meat they should be covered with cold water, allowed to ered with cold water, allowed to ered with cold water, allowed to ered with cold water, allowed to endon. Simmer till done, then sesson to taste soak 30 minutes, then brought to taste. a slow boil. Simmer three or four hours, During the last hour of cook- Cooky Jar at Fort Omaha. ing, add seasonings of vegetables,

The water in which vegetables Navy club that the National League have been cooked may be used instead of plain water, and less seasoning added. Any left-over vege-Lost on September 15 and brought tables may be added toward the end of cooking. To increase the nourishment of a

soup, cereals are excellent. Left- who operate the canal boats beover rice, barley or even cooked tween Hayes and Liverpool, a dis breakfast food many be stirred in at tance of some 300 miles. the end (allowing time enough to heat the cereal), or a small amount pain and sorrow our prayers will of rice or barley may be put in the bring joy and happiness and peace," last hour of cooking. Allow about one-half cup of raw cereal to one quart of soup.

If you have just vegetable water and vegetables left and want the meat flavor, a small amount of beef (In her next adventures, Peggy goes extract or one or two bouillon with the Birds to the sunny Southland, cubes may be used instead,

Vegetable Soup. % c, uncooked rice, 1 c. mixed cooked



we have received that beautiful

Hawaiian Record, Drowsy Waters"

and No. 18493,

No. 17767-Price 85c

"When She Sang Hush - A - By - Baby' to Me"

Then we still have No. 45155,

"SMILES"

and No. 18507,

"HINDUSTAN"



15th and Harney

Medical Women Campaign Brown is directing over there. Dr. ing our recent influenza epidemie for Funds Nov. 23

Nu Sigma Phi sorority girls of the paign to raise funds for the establishment of a medical dispensary in devastated France. Saturday, Nov. 23 is the date set for soliciting funds.

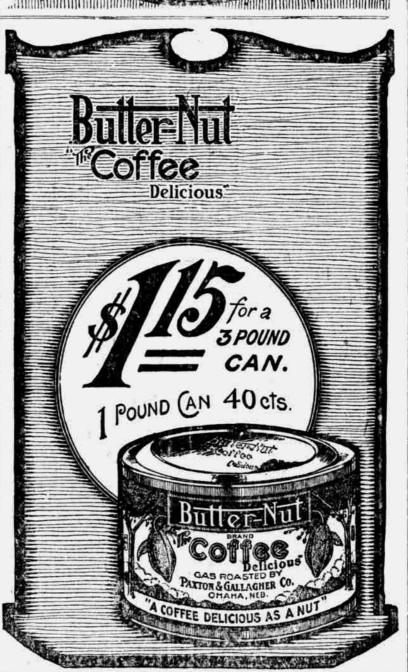
Some of this group are practicing physicians. Several are interns in the local hospital, while others are some of the less expensive ones, and some of the less expensive ones, have a considerable percentage of add vegetables and season to taste.

Cook gently all except vegetables, salt completing their course at the medical college. The call came to them cal college. The call came to them through the war service committee of the National Medical Woman's association, known as the American Women's hospitals.

The plan is to equip a dispensary similar to one which Dr. Alice







OLDAN NUTMARGARINE 70% Cocoanut Oil 15% Peanut Oil 5% Milk, Salt & Moisture OMAHA COLD STORAGE CO.

months they took care of 2,500 pa- respond to a call for help of this tients, many of these children who sort, which will be needed in France. University of Nebraska medical col- had been exposed to every danger Serbia and Belgium for years to lege, although a very busy group of physically and mentally during the come. women, have pledged themselves past three years. Five thousand dol- Dr. Olga Stastny, state chairman, to undertake the direction of a cam-



lars will establish such a dispensary, Dr. Mary Sheldon and Miss Edna providing bare necessities. Gibbs have charge of the local cam-Omaha women who realized dur- paign, Cream of Rye Delicious in a Dozen Ways

Brown writes that her dispensary the hardships resulting from scarce

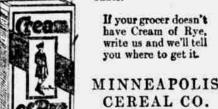
sends aid to six villages; that in two ity of doctors and nurses will surely

NATURE filled rye with more body-building, strengthproducing and energy-creating elements in easily-digested form than any other grain.

We take the choicest rve, flake and steam it by a special process that enhances the rich natural rye flavor. As a breakfast porridge, this flaked

rve is easier to cook, and as delicious as it is satisfying.

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are so easy to obtain we would askare you enjoying all the benefits of electricity in your home?

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turns long, dull evenings into pleasant ones.

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