Indiana Lady Describes Condition, Which She Says Was Due To Constipation and Tells of Relief Obtained From

Scottsburg, Ind.-Mrs. Annie Johnson, of this place, writes: "I well remember I suffered for a long time with constipation, which would get me down. I took doctors' medicines and any number of and my stomach so upset ... I know once I suffered . . . from constipation, I was so ill we had to have the doctor, just so nervous and feverish. The doctor said I would have to quit medicines, my stomach was so bad . . .

My husband was reading and found omething about Thedford's Black-

If your stomach is out of order, you will suffer from such disagreeable symptoms as headache, biliousness, indigestion, etc., and unless something is done.

troubles. It is purely vegetable, and acts in a prompt and natural way, helping to regulate the liver and to cleanse the bowels of impurities.

Try Black-Draught.

EB-15

TODAY'S AID TO BEAUTY

Hair is by far the most conspicdruff, excess oil and dirt; can easily demands of the millers reduced the be used at trifling expense by simply dissolving a teaspoonful of Mr. Holden finds that the car sup Canthrox (which you can get at any ply is about adequate to meet the This makes a full cup of shampoo liquid—enough so it is easy to apply it to all the hair instead of just the top of the head. This chemically has proved no handicap as stock has top of the head. This chemically dissolves all impurities and creates a soothing, cooling lather. Rinsing soft and pliant, while the hair takes on the glossy richness of natural color, also a fluffiness which makes it seem much heavier than it is. the hair is a pleasure.—Adv.



Nuxated Iron increases strength and endurance of delicate, nervous, rundown people in two weeks' time in many instances. It has been used and endorsed by such men as Hon. Leslie M. Shaw, former Secretary of the Treasury, and E-Governor of Iowa; Former United States Senator and Presidential Nomines Chas. A. Towns: General John R. Clem (Retired), the drummer boy of Shiloh, who was sergeant in the U. S. Army when only 12 years of age; also United States Judge G. W. Atkinson of the Court of Claims of Washington, and others. Ask your doctor or druggist about it.

BIG EATERS GET KIDNEY TROUBLE

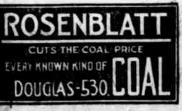
or Bladder bothers you.

The American men and women must guard constantly against Kid- car miles were eliminated. ney trouble, because we eat too cline in health.

of lead; your back hurts or the urine in salaries and other expenses. is cloudy, full of sediment or you are obliged to seek relief two or ment of troops, the roads moved 73 three times during the night; if you special trains, carrying 26,766 men. suffer with sick headache or dizzy, All trains were operated on schedule nervous spells, acid stomach, or you and without accident. have rheumatism when the weather is bad, get from your pharmacist the result of the recent Liberty about four ounces of Jad Salts; take loan campaign, saying that up to before breakfast for a few days Mr. McAdoo, October 14, 63 per and your kidneys will then act fine. cent of the railroad employes of the This famous salts is made from the central zone had subscribed to \$18,acid of grapes and lemon juice, com- 370,340 of the bonds. This was bined with lithia, and has been used equal to an average of \$89 per perfor generations to flush and stimu- son. late clogged kidneys; to the acids in the urine so it no longer is a source of irritation, thus ending

bladder disorders. Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage, and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

Adv.



When Writing to Our Advertisers Mention Seeing It in The Bee

RAILWAYS MAKE RECORD UNDER U. S. CONTROL

Increase Traffic Moved With Smaller Number of Cars Than Last Year; Make Financial Saving.

Hale Holden, regional director of he lines of railroad operating in the central zone, has compiled his rehas submitted the same to W. G. McAdoo, director general. This report goes into detail as to the business of the several railroads during the month and indicates that traffic was better than normal and entirely

satisfactory. The "Sailing day" plan, adopted serts that there has been a saving of 3,429 freight cars per week within the limits of the central zone. At the same time there has been an increased loading in the regions where coal, live stock and grain is

produced. The increase in the live stock loading is about 19 per cent. The total freight cars loaded during September were 164,342, as compared with 142,299 for September of last year, an increase of 22,043, equivalent to a gain of 15.5 per cent. Of the total number, this year 33,658 cars were loaded with grain, as

Up to the middle of September An especially fine shampoo for this month the elevator capacity of the weather, one that brings out all the country was exhausted and consenatural beauty of the hair; that dis- quently the movement of grain solves and entirely ramoves all dan- ceased until exportations and the

druggist's) in a cup of hot water. requirements, with the exception of double-deckers for the special loadbeen moved as rapidly as the stockyards companies could handle it. In some instances the railroads have leaves the scalp spotlessly clean, been forced to hold back stock shipments because the yard companies could not handle them.

credited with having made a good the state. Week-end trips to Kan-After Canthrox shampoo, arranging showing during September. Dur- sas City, 250 miles and Chicago, ing the month there were 14,040 in 500 miles, are said to be common. bound cars of live stock, an increase All the great railroads of the west of 3,506, or 33.3 per cent. The out- center here. One trolley line exbound business aggregated 7,243 tends 14 miles without a break. cars, an increase of 1,243, or 20 per Fine buildings abound, and there

Oil traffic was an important item low the ground. with the roads in the central zone, cent fare on the trolleys, and if During the month the roads han- you want a 10 cent shave or a 15 7706 North Thirty-seventh street, dled 516 oil trains, with 14,319 cars, cent haircut, you can have them In September of this year 172,585 by taking a trip to Omaha.

Patterson: two brothers, Robert, carloads of coal were handled, com
"And the stock yards They are who is with the American expedicarloads of coal were handled, compared with 146,302 during the corre- a city by itself. They make an eastsponding month a year ago. The erner open his eyes. Hundreds of

increase was 18 per cent.

Mr. Molden is of the opinion that and strangers are forbidden since

Take a glass of Salts before matter has been called to the attenbreakfast if your Back hurts ion of the central purchasing committee and immediate relief is anti-

> By giving special attention to routing, during the month 492,714

The passenger traffic of the roads much and all our food is rich. Our of the central zone, shows an enorblood is filled with uric acid which mous saving by the consolidation of the kidneys strive to filter out, they offices. He points out that up to weaken from overwork, become September 1, this year 21 consolisluggish; the eliminative tissues clog dated ticket offices had been opened and the result is kidney trouble, in the central zone and that it is bladder weakness and a general de- estimated that these consolidations will result in an annual saving of When your kidneys feel like lumps \$378,059.15 in rent and \$188,919.37

During the month, in the move-

tablespoonful in a glass of water the time of handing his report to

Butter Stock Sold High

Khaki Kolumn

been stationed at the Omaha quar- bankers. termaster corps for the last year.

Francis "Pat" Boyle, who naval training station is visiting his mother, Mrs. Mary Boyle, 1228 South Eleventh street. He soon will be transferred from the Great Lakes station to Newport, R. I.

Capt. Adam Lepphart, property officer of the Omaha quartermaster corps for the last year, left Omaha Sunday for Hoboken, N. Y., on his way for extended field service.

Both Capt. Charles B. Ballard and influenza. Captain Ballard is requartermasters corps.

would not make good soldiers but I service and has forwarded recom- practical evidence that he is not formendations to the board to show gotten.

Sergt. Charles Metz, son of Mr. | that he will make a brave soldier. and Mrs. Fred Metz, has been com- Curtis sends his "application for a missioned second lieutenant and or- position as a soldier" from Brewton, dered to report to Camp Pike, Ark., Ala., and encloses two good recfor duty. The young officer has ommendations from prominent

First Lt. George A. Keyser, formerly of the law firm of Lovely been stationed at the Great Lakes and Keyser, has been in active service in France and, recently was in a hospital at Paris for nine weeks recovering from wounds he suffered when a 77 Hun shell exploded near him. As soon as he was out of the hospital he celebrated by joining his company in the trenches and going over the top" with them in the famous St. Mihiel drive. The young officer is the son of Mr. and Mrs. John Keyser, 4425 Parker street.

Max Tenbaum, well now in Mrs. Ballard are seriously ill with amateur sport circles here, writes from Fort Sill, Okl., where he is in clamation officer of the Omaha the infantry, that out of his company of 250 men all but five have had the Spanish influenza. He also Henry Meyers of local exemption says that his company bought \$36.board No. 3, says that many of his 000 worth of Liberty bonds, alregistrants have explained why they though their quota was only \$9,000. John Reagan, Charles Gore, that only one has taken the trouble | Mickey Gibson and Police Officer to recommend himself for service. Bill Carney, Omaha pals of Ten-Arthur Curtis, 34-year-old negro baum, have just sent the young solregistrant, wants to get into the dier a nice warm sweater as a part of the state, making contracts

to be county clerk or "something."

There was no peace talk except

unconditional surrender. Forgiving

Boy Scout's First Aid,

Given Comrade, Saves

The efficient training Phillip Betz

eceived as a Boy Scout probably

aved the life of his companion, Dan-

iel Turner, Fifteenth and Camden

avenue, who was badly wounded

n the left thigh by the accidental

discharge of a shotgun Monday

the hospital was reached.

OBITUARY.

ROLLA M. GOODRICH, 25 years

of age, died at the home of his

Sunday night of Spanish influenza

residence, with interment in West

Carrie.

Hilding.

was not in the creed."

OMAHA FINEST CITY IN STATES. SAYS SKINNER

Best City Between New York and 'Frisco, is Opinion of Watertown (N. Y.) Man Printed in Home Paper.

Charles R. Skinner of Watertown, N. Y., recently grew restless and decided upon a vacation trip. In the Daily Times, of that city, he tells of his travels and devotes a large part of his story to his visit in Oma-

In part he said: "What do I think of Omaha? It is one of the finest cities between New York and San Francisco. There is evidence of enterprise, prosperity and public spirit. They tell me that every one in Nebraska is rich or expects to be-wants to be. There The South Omaha stock yards are is an auto for every four people in Fine buildings abound, and there vived by his parents, Mr. and Mrs. are great stores both above and be- Frank Goodrich.

miles of railroad tracks, thousands shipments. Railroau officials the great place. You see long does not care to see the slaughter, all on foot. You count until you

and then you estimate the rest. "One man was looking for six lost sheep among 150,000! An attendant bound for home was carrying something alive in a bag. It was a pig which he had rescued from destruction in one of the pens, where thousands of "porkers" crush the lives out of "little families" which happen to arrive, either on the way or in

"There was a loan drive in progress, with handsome girls selling bonds-a big war tank moving up and down the street. They did not need to fire guns to attract attention. A colored war map 40 feet square hung from one of the buildings. You could almost distinguish your boy "over there." There was enthusiasm for war only. I did not hear politics mentioned. One little poster told of some one who wants

CHILD GETS SICK CROSS, FEVERISH IF CONSTIPATED

"California Syrup of Figs' can't harm tender stomach or bowels.

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, Meath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other chilof "California Syrup of Figs," then harmless, and in a few hours all this all that is necessary. It should be

sickness. Beware of counterfeit fig syrups Ask your druggist for a bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups

FOOD OFFICIALS LOOKING INTO POTATO PRICES

Man Ships Carload to Kansas and Fifty Dollars More

ceived \$450 more for the carload Fine fireplace goods at Sunderland's than his best bid here.

Life After Accident

are living up to the rules in all in-stances. The best grades are retailing as low as 38 cents a peck morals squad at the time. or \$1.50 a bushel. This leaves the large share of the profit for the ommission firms, and forces the retailers to sell at a very small mar-

n the Missouri river when the ac-Officials of the food administracident occurred. Young Betz suction maintain that the commission ceeded in rowing the boat to shore, men are entitled to only a reasonwhere he staunched the flow of blood, which, according to Police Doctor Edstrom, would have been the investigations now under way fatal. So efficient was the scout in his treatment, that it was unnecessary to change the bandage until with the profiteers.

Brief City News

lighting Fixtures .- Burgess-Granden Have Root Print It-Beacon Press. Dr. Frank Simon, suite 713, Oma-ha National Bank Bldg.

Postpone Meeting—The Allies' auxiliary of the First Presbyterian church have postponed their meeting scheduled for Wednesday, due to influenza quarantine. After the ban is lifted regular meetings will be held. Negro Orator to Speak Hereclonel Roscee Conklin Simmons the famous negro orator who spoke at the Auditorium several months ago, will speak at the Cavalry Bap-tist church, Twenty-fifth and Far-

Injured in Auto Smash-Mrs. Eva Walker, 2646 Harney street, re-ceived a severe cut on the top of her head and internal injuries, when the auto in which she was riding col-lided with an auto driven by Frank Buckley, 2206 Lake street, at Thirtieth and Newport avenue Sunday

Visits in Rochester-A. B. Warren the McCord-Brady Wholesale company, just returned ochester, Minn., Monday Grocery a number of bids from the commis-from Rochester, Minn., Monday morning, where he has been spend ing a few days with Mr. McCord, president of the firm, who is under hospital.

Boegh Must Explain

Why Didn't Take Burglar

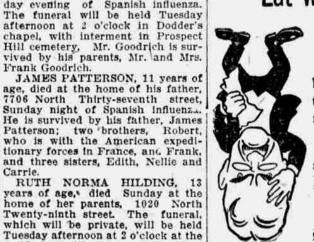
Policeman Boegh, who is stationstreet, will have to explain why he der the jurisdiction of the military failed to answer a burglar call Sunday night, in a report to Chief Eber-

P. W. Gookley, 2806 Burt street, from \$1.40 to \$1.50, leaving the com- states that he captured a burglar who had entered the home of Mrs. Alice Kuhl, a widow who was alone The commission men contend that with her two small children, Sunday in selling the potatoes at the pres- night. He called the police station ent prices asked, they are still un and told them to come to Twentyder the price set by the price fixing | eighth and Cuming streets. He says committee, and are not violating he waited fully half an hour for the the rules of the food administra- police, but finally the man escaped. Desk Officer Trobce admits getting the call and says he called istration say that the retail grocers Officer Boegh twice, telling him to hurry the second time. Boegh claims to have been busy with the

Thomas H. Jackson Files Answer in Divorce Case

Thomas H. Jackson, in his answer and cross-petition in a divorce action started by his wife, Janet Jackson alleges that Mrs. Jackson able profit, regardless of the prices | became addicted to the use of chlorset by the administration, and if oform, and that upon his refusal to obtain the drug for her she threw show that the above statements are his clothes out of their home correct, a way will be found to deal on several occasions and ordered

Stomach Acts Fine, No Indigestion! Eat without Fear of Upset Stomach



If your meals hit back causing belching, pain, flatuence, indigestion or heartburn here's instant

Pape's Diapepsin is noted for its speed in ending all stomach distress.

Lawn cemetery. The girl is survived by her parents, Mr. and Mrs. J. N. UPSET? Pape's Diapepsin ON YOUR FEET

Millions Are Weak and Ailing Because

a poor physical condition who will be surprisedjust been an acid-stomach, which is merely another name for what doctors call superacidity. Yet it is now positively known that acid-stomach is the cause of a very large number of diseases.

Excess acid in the stomach prevents proper digestion and assimilation, thus causing the blood to become thin and impoverished, as a result of which people become sallow-skinned, emaciated and

Excess acid causes irritation all along the intestinal tract-irritation so severe and aggravating as to frequently result in catarrh and even cancer of the stomach

Excess acid causes stomach and intestinal fermentation, producing poisons which, absorbed into the blood and carried throughout the system, cause auto-intoxication, insomnia, nervousness, irritability, mental depression, melancholia, dizziness, vertigo and, often times, valvular heart trouble and

Yes, many people will be greatly surprised tolearn that such a long train of physical ailments can be traced directly to an acid-stomach. But there is no need for surprise. Think what acid mouth does to the teeth. The acid eats right through the enamel-the hardest substance in the human body. And that is exactly what makes teeth rot and decay. No wonder, then, that excess acid in the stomach plays such havoc; causes so much illhealth and misery-makes so many people weak and ailing-unfit for either work or pleasure and brings on premature old age.

So often you have heard the remark; "I've taken all sorts of tonics and medicines and tried many different doctors but nothing seems to help me." Nine times out of ten the person making such a remark has an acid-stomach And until the excess acid is removed, nothing WILL help. Remove that excess acid and the results are truly wonderful. Health and strength return almost like magic.

A wonderful modern medicine called EATONIC literally wipes it out. It does the work easily, speedily and thoroughly. It makes the stomach pure, sweet, cool and comfortable. It helps you get full strength out of every mouthful of food you eat; and unless you DO get full strength from your food you cannot enjoy robust, vigorous health.

Try EATONIC and see how wonderfully different you will feel. See how quickly EATONIC banishes the immediate effects of acid-stomach bloat, heartburn, belchifig, food repeating, indigestion, etc. See, too, how quickly your general

health improves-how much more relish you take in eating-how much more easily your food is digested-how soundly you sleep-how nervousness and irritability disappear. And all simply because, by taking EATONIC, you get rid of a lot of excess acid that has been holding you back and making your life miserable.

This is the help you need. You need it to keep your stomach in a strong, healthy condition so that, in turn, your mind and body will be strong and

It is so easy to get this help-and it costs so little. So why suffer another hour when sure, quick relief is at hand? Ask your druggist about it. He knows that tens of thousands of people all over the United States have used this wonderful modern remedy and the results have been nothing short of marvelous. Everywhere people who have used EATONIC testify to its power to bring quick relief. The testimonials of some of these people are so enthusiastic and tell of such remarkable results as to be almost unbelievable.

If you are one of those who have "tried everything," but in spite of it are still lacking in physical strength and vigor, begin at once to take EATONIC. Don't put it off. Get back your physical and mental punch. Have the power and energy to work with a vim. Enjoy the good things of life. Learn what it means to fairly bubble over with health. Like thousands of others, you will say that you never dreamed it possible that such a wonderful change for the hetter could be brought about so So get a big box of EATONIC from your druggist

today. We authorize him to guarantee EATONIC to please you and you can trust your own druggist to make this guarantee good. If EATONIC fails in any way, take it back-he will refund your money. If your druggist does not keep EATONIC write to us direct and we will send you a big 50c box. You can send us the 50c after you receive it. Address H. L. Kramer, President, EATONIC Remedy Co., Corner Wabash Avenue and 11th Street, Chicago, Hl.

Druggist and Firm Are ARMY POLICE IN DRIVE TO CLEAN TEN-MILE LIMI

Sued by Woman for

Eva Thamann of Ralston, on be-

children, has entered suit in disettrict court against John, Joseph, Jessie and A. E. Merritt and Shere

man-McDonnell Drug company for

The petitioner alleges that the

defendants, from December 24 to

30, 1917, sold to her late husband,

John Thamann, quantities of es-

sence of winter green, which caused

his death. It is alleged that the

winter green was not medicated and,

therefore, was within the provisions

On Frontier of Holland

Amsterdam, Oct. 20.-The Belgian

flag is flying over the town of Houcke, just across the frontier

from the Dutch town of Sluis.

BELL-ANS

Absolutely Removes

Indigestion. Druggists

refund money if it fails. 250

Ringworm-

Scalp Sores

Prescription. So easy to apply, not greasy or messy. It washes into the scalp and the relief is instant. Try it

today. It is guaranteed. 85c, 60c and

The Liquid Wash

Sherman & McConnell Drug Co.

Stop Itching Eczema

Never mind how often you have tried

and failed, you can stop burning, itching

eczema quickly by applying a little zemo

furnished by any druggist for 35c. Extra

large bottle, \$1.00. Healing begins the

moment zemo is applied. In a short

time usually every trace of eczema,

tetter, pimples, rash, blackheads and

similar skin diseases will be removed.

vigorously healthy, always use zemo, the

penetrating, antiseptic liquid. It is not a

greasy salve and it does not stain. When

others fail it is the one dependable

treatment for skin troubles of all kinds.

The E. W. Rose Co., Cleveland, O. -

For clearing the skin and making it

of the state prohibitory law.

Belgian Flag Again Flies

\$10,000 damages.

Death of Husband

Two Women Face Federal Prostitution Charge and Taxi Driver for Selling Liquor to Soldier.

nam streets, on the evening of Oc-Ida Wakenight and Martina Sorenson, 307 North Twenty-fifth street, charged with operating a house of prostitution within the 10-mile zone, and Carl Kimball, taxi driver, same address, charged with selling liquor to a soldier in uniform, were brought before Commissioner Neeley this morning. The trio were arrested by the military police along with the proprietyess of the house at that number, whose name is withheld pending investigation of her part in the affair.

It is rumored around the federa building that -this is a hint towards a general shake-up by the military olice in Omaha of all prostitution and selling of liquor to soldiers coming under the recent order of the War department increasing the zone covered by the military police from five miles to 10 miles. Under this new 10-mile zone ruling the d at Twenty-fourth and Cuming entire city of Quaha will come unpolice.

The order from the War depart ment, signed by General Payton C March, states "it shall be unlawful to engage in prostitution, or to aid or abet, procure or solicit for prostitution, or to set up a house of ill The selling of liquor to solfame." diers in uniform in the zone of the military police will also become a much more hazardous task than heretofore.

Ida Wakenight, and Martin Sor enson, appeared before Federal Judge Woodrough Monday, and pleaded guilty to a charge of prostitution and were sentenced to 90 days in the county jail. The soldiers working on the case testified that they gave the women marked money which was later found in their possession by Department of Justice of-

DON'T NEGLECT A RHEUMATIC PAIN

Go after it with Sloan's Liniment before it gets dangerous. Apply a little, don't rub, let it

penetrate, and—good-by twinge! Same for external aches, pains, strains, stiffness of joints or muscles, lameness, bruises. Instant relief without mussiness or soiled clothing. Reliable-the biggest selling liniment year after year. Economical by reason

enormous sales. Keep a big bottle



JEFFERIS FOR CONGRESS

REPAIRS OMAHA STOVE REPAIR WORKS 1206-8 DOUGLAS STR. PHONE TYLER 20

IT'S NOT YOUR HEART; IT'S YOUR KIDNEYS

weariness, sleeplessness, nervousness, de-spondency, backache, stomach trouble, difficulty when urinating, pain in loins and

Kidney disease is no respecter of persons. It attacks all classes, regardless of age, sex or conditions. A majority of the ills afflicting people today can be traced back to the kidney trouble.

The kidneys are the most important organs of the body. They are the filterers, the purifiers, of your blood. If the poisons which are swept from the tissues by the blood are not eliminated through the kidneys, disease of one form or another will claim you as a victim.

Kidney disease is usually indicated by weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, difficulty when urinating, pain in loins and condition and ward off the danges of other

difficulty when urinating, pain in loins and lower abdomen, gall stones, gravel, rheumatism, sciatics and lumbago.

All these derangements are nature's signals to warn you that the kidneys need funded if they do not help you.—Adv.

SPANISH INFLUENZA--THE WAY TO TREAT IT AND TO AVOID IT

Grip Masquerading Under a New Name.

peared in Spain in May, has all the by human contact, chiefly through appearance of grip or la grippe, coughing, sneezing or spitting. So which has swept over the world in avoid persons having colds-which numerous epidemics as far back as means avoiding crowds-common history runs. Hippocrates refers drinking cups, roller towels, etc. to an epidemic in 412 B. C., which Keep up your bodily strength by is regarded by many to have been plenty of exercise in the open air, influenza. Every century has had and good food. its attacks. Beginning with 1855 this country has had five epidemics, the last in 1889-90.

There is no occasion for panicinfluenza or grip has a very low breeding places for the germs. Uso percentage of fatalities-not over Vick's VapoRub at the very first one death out of every four hun-sign of a cold. For a head cold, dred cases, according to the N. C. melt a little VapoRub in a spoon Board of Health. The chief dan- and inhale the vapors, or better ger lies in complications arising, still, use VapoRub in a benzoin attacking principally patients in a steam kettle. If this is not availrun down condition-those who able, use an ordinary tea-kettle. don't go to bed soon enough, or Fill half-full of boiling water, put those who get up too early.

not only for your own sake but to arising. avoid spreading the disease to NOTE-Vick's VapoRub is the others-take a purgative, eat plenty discovery of a North Carolina drugof nourishing food, remain perfect- gist, who found how to combine, in ly quiet and don't worry. Nature salve form, Menthol and Camphor herself is the only "cure" for in- with such volatile oils as Eucalypfluenza and will throw off the at- tus, Thyme, Cubebs, etc., so that tack if only you conserve your when the salve is applied to the strength. A little Quinine, Aspirin body heat, these ingredients are or Dover's Powder may be given liberated in the form of vapors. by the physician's directions to VapoRub can be had in three sizes allay the aching. Always call a at all druggists. While comparaphysician, since the chief danger of lively new in certain parts of the his strength returns stay in bed often without the slightest harms at least two days or more after the ful effect,

fever has left you, or if you are

Simply the Old - Fashioned over 50 or not strong, stay in bed four days or more, according to the severity of the attack. HOW TO AVOID THE DISEASE. Evidence seems to prove that this Spanish Influenza, which ap- is a germ disease, spread principally

KEEP FREE FROM COLDS. Above all, avoid colds, as colds

irritate the lining of the air passages and render them much better in half a teaspoon of VapoRub from

THE TREATMENT. time to time—keep the kettle just slowly boiling and inhale the steam

grip is in its weakening effect on North, it is the standard home the system, which allows complica- renfedy in the South and West for tions to develop. These are chiefly all forms of cold troubles over pneumonia and bronchitis, some- six million jars were sold last year. times inflammation of the middle VapoRub is particularly recomear, or heart affections. For these mended for children's croup or reasons, it is very important that colds, as it is externally applied a the patient remain in bed until can, therefore, be used freely and

Black-Draught.

worse condition than I was before taking, port for September of this year and

Draught and brought me a package to try. I used it regularly at first until I began to teel better, then I used just a dose occasionally. I was cured of this constipation and am sure the Black-Draugh did it."

The "Sailing day" plan, adopted for the purpose of expediting the movement of freight and at the same conserving equipment, was respected a success. Mr. Holden asserts that there has been a saving

serious trouble may result. Thedford's Black-Draught has beer found a valuable remedy for these

as against 27,402 during the same month of last year. uous thing about us and is proba- there was a heavy movement of bly the most easily damaged by bad grain and had there been an availor careless treatment. If we are able outlet the probabilities are that very careful in hair washing, we it would have been a record month. will have virtually no hair troubles. As it was, about the middle of the

According to Mr. Holden coal has of stock pens scattered over hunbeen going forward at such a rapid dreds of acres, with cattle, sheep rate that the fuel administration has and hogs, make up this city. Elebeen pressed to provide markets for vated walks give extended views of and the fuel administration have co- driveways leading to the shipping operated and worked in such perfect house and slaughter pens, and they harmony that it is believed the fuel are filled with endless droves. One situation is well in hand.

the labor situation is improving and the war. Porter-house steaks, lamb the increase in the number of em- chops and ham all around you, but ployees in the mechanical departments of the roads is encouraging, reach 6,000,000,000 (the loan limit) During September of this year the roads of the central zone in the car and locomotive department were giving employment to 88,940. as against 79,281 during the corresponding month of last year.

Generally the physical condition of the roads is good, better than during the corresponding month of a year ago, when all of the lines are taken into consideration. The tie the pens. situation is about the only thing that is unsatisfactory. There is a shortage of several millions, but the

cipated.

Mr. Holden points with pride to

Rail Commission Alleges

The Nebraska Railway commission has intervened in an action dren's ailment, give a teasponful pending in district court, between Van B, Lady and the Alfalfa Butter don't worry, because it is perfectly company. In its petition the commission alleges that Lady and the constipation poison, sour bile and Alfalfa Butter company have sold stock for \$100 to \$125 per share, out of the bowels, and you have a whereas the real value was \$50 per whereas the real value was \$50 per well, playful child again. A thorshare. The commission asks that ough "inside cleansing" is ofttimes the difference between the selling price and real value shall be placed the first treatment given in any in a trust fund for distribution among those who bought the stock.

Postage Rate Raised.

Melbourne, Oct. 20 .- Parliament has passed a bill increasing the postage on letters and newspaper packages by a half penny. The time for closing the war loan has been extended to October 28.

letter of an ages and for grown-up plainly printed on the bottle. Look carefully and see that it is made by the "California Fig Syrup Company."—Adv.

City and Gets Four Hundred Than Best Bid Here. Numerous reports of profiteering

in potatoes by the middle men or commission firms of Omaha have

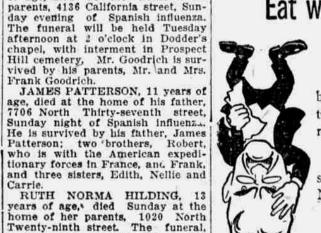
come-to the food administration recently and an investigation is now under way. One instance is given of a farmer from out in the state who shipped a car load of potatoes to the Omaha market. He received sion men, but they were all so low that he refused to accept any of them, but reshipped his car to the the care of physicians at the Mayo Kansas City market, where he re-

Pay 60 to 80 Cents.

It is claimed that commission men are scouring the potato growing sections of the northern and western with the growers. In numerous instances they purchase the potatoes at from 60 cents to 80 cents a bushel o. 5. Omaha. Prices to retailers stein Tuesday. here in the city are said to range mission men 70 to 80 cents a bushel

The officials of the food admin-

The boys were hunting in a boat



Food souring, gas, acidity! relief. No waiting! Never fails!

costs so little at drug stores.

-Keep it handy. Tastes nice and

Of Acid-Stomach have been sick and ailing, weak, run down and in even dumbfounded—to learn that their trouble has

heart failure.

You can now rid your stomach of its excess acid

pleasant-tasting-you eat them just like candy.