

WOMAN'S SECTION OF THE BEE

Conducted by Ella Fleishman

Arrangement Made for Sending of Food to Belgium and France

Arrangements have been completed for the relief of the 10,000,000 Belgians and French people now within territory occupied by the Germans, according to information coming from Herbert Hoover to Gordon W. Waffles, federal food administrator for Nebraska.

To transport the great volume of foods across, the allied governments have placed 200,000 tons of shipping at the disposal of the relief commission, of which Mr. Hoover is chairman—this in addition to the vessels already controlled by the commission.

The food program, as outlined, will cost during the next twelve months \$280,000,000 for purchase and transportation. The financing has been arranged on the basis of advances to be made the Belgian and French governments by the United States, in amounts sufficient to pay for materials purchased here. England and France are advancing sums to cover purchases made in those countries.

War Funds Raised at Carnival



Left to right: Mrs. Miles Greenleaf, Mrs. A. S. Williams, Mrs. George Weteram, Mrs. Van B. Lady and Mrs. Harry Patterson.

Members of the Dundee Patriotic club have established a refreshment booth on the Ak-Sar-Ben carnival grounds, the proceeds to be used in carrying out the club's war work. The club is partially financing three canteen workers overseas, has knitted many garments and otherwise provided comforts for soldiers.

The Red Cross salvage department is also maintaining a refreshment booth on the carnival grounds, where coffee and sandwiches will be served every afternoon an evening. Mrs. Will Thomas and Mrs. Allan Farmer are in charge.

Red Cross

Mrs. Luther Kountze, director of canteen service, issues an appeal for one large and one small hard coal heater (stove) for the canteen at Fort Omaha.

All canteen workers, both Fort Omaha and troop train workers, are asked by Mrs. Kountze to report at the Y. W. C. A. Auditorium Monday, September 30, at 2 p. m.

sharp. A military officer will be there to give instructions in regard to marching in the Ak-Sar-Ben parade on the afternoon of October 3.

Mrs. Kountze announces that the reason nothing has been done about canteen uniforms for winter is because Central division, Chicago, has received no orders from Washington. Mrs. Kountze announces, however, that the uniform, when decided upon, will be a coat which may be worn at any time by removing the insignia when not on official duty.

CENTRAL MARKET CENTRAL MARKET CENTRAL MARKET



1008-10-12 Larney, Douglas 1796.
U. S. Food Administration No. G-18173.

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Specials in Our Grocery Department

- 24-lb. sack Pure Rye Flour, \$1.85
- 1-lb. can Rumford Baking Powder, 25c
- A 10c can Free With Each Pound Pinto Beans, lb., 12 1/2c
- Brown Kidney Beans, lb., 12 1/2c
- 18-oz. bottle Sunkist Ketchup, per bottle, 25c
- Per dozen, \$2.85
- 10-oz. bottle Ketchup, bottle, 15c
- Per dozen, \$1.75
- No. 3 cans Sunkist Plums, in heavy syrup, 23c
- Per dozen, \$2.85
- Item's Fairy Soda Crackers, lb 20c
- Item's Fresh Baked Graham Crackers, per lb., 10c
- Extra Fancy Sunkist Blended Peaches, can, 35c
- Three cans, \$1.00
- No. 3 cans Extra Fancy Grated Pineapple, can, 25c
- Mission Brand Asparagus, can, 15c
- 6-lb. can Extra Fancy Grated Pineapple, can, 35c
- 10-lb. can Karo Syrup, 75c
- 6-lb. can White Syrup, 45c
- 10-lb. can White Syrup, 50c
- Borden's Condensed Milk, can, 10c
- Per case, \$4.75
- Apple Jam and Buster Brown Cookies, lb., 23c

Specials in Our Meat Department

- SPRING CHICKENS, FRESH DRESSED, per lb., 35c
- Legs Genuine Lamb, lb., 27 1/2c
- Steer Shoulder Steak, lb., 22 1/2c
- Young Mutton Shoulders, lb. 16 1/2c
- Fancy Veal Roast, lb., 25c
- Morrell's Wappula Bacon, lb. 35c
- Economy Bacon Squares, lb., 36c

SPECIALS IN OUR FLOWER DEPT.

- 1,000 Asparagus Plumosa Ferns, each, 9 1/2c
- Butter, Eggs, Cheese and Oleo, Strictly Fresh Checked Eggs, per dozen, 35c
- No. 1 Fancy Grade Butter, lb., 55c
- Wisconsin Cream and Brick Cheese, per lb., 35c
- 8-lb. palis Snowflake Oleo, \$1.68
- Gem Nut and Swift's Lily Brand Oleo, per lb., 32c
- Swift's Premium Oleo, in roll, per lb., 33c
- Creamed Cottage Cheese and Whipping Cream Fresh Daily

Fruits and Vegetables

- Fancy Concord Grapes, basket, 48c
- Fancy Cal. Tokay Grapes, basket, 70c
- Per lb., 15c; 2 lbs for, 25c
- Honey Dew Melon, crate, \$2.50
- Each, 30c to 50c
- Mail Orders Filled at Above Prices
- Fancy Jersey Sweet Potatoes, per basket, 45c
- Per lb., 10c
- Three lbs, 25c
- Fresh Fruits and Vegetables of All Kinds.

Bee Want Ads Are Business Getters. Try Them

Home Economics

Edited by IRMA H. GROSS
HOUSEHOLD ARTS DEPT. CENTRAL HIGH SCHOOL

Cottage Cheese Campaign

The United States is undertaking, among its other difficult tasks, the creating of a new demand on the American table. For years we have fed to animals or wasted outright—large amounts of skim milk. And why? Because no one appreciated its possibilities. At least not enough people appreciated them to pay for the trouble of converting the milk into cheese. We have scorned skim milk and looked upon cottage cheese as a "something extra," not realizing that cottage cheese is a splendid food worthy of a real place in a meal.

Let me give you an idea of the importance the government attaches to the use of cottage cheese. To popularize this use, the bureau of animal husbandry is sending a woman agent to every state to arouse interest in the question. I happen to know that a former as-

roll and bake about 25 minutes, basing from time to time with fat.

Cottage Cheese Balls.

- 1/2 c. milk
- 2 T. fat
- 2 T. flour
- Salt and pepper
- 3 c. cottage cheese
- 1 c. mashed potatoes
- 1 egg beaten
- Bread crumbs

Melt fat, add flour, then milk and stir to boiling. Gradually beat cheese into it. Add mashed potatoes, season, make into balls, roll in crumbs, then egg, then crumbs and fry in deep fat until a golden brown. Delicious served with tomato sauce.

Cottage Cheese Salad Dressing.

- 1/2 c. milk
- 1 c. weak vinegar
- 1 egg
- 1 c. soft cottage cheese
- 1/2 T. melted butter

Mix dry ingredients together and cream them with the melted butter. Add to the heated milk and stir till thick. After the mixture has boiled add vinegar slowly, stirring all the while. Add egg, with constant stirring. Beat the cottage cheese gradually into the dressing. The mixture should be perfectly smooth. Whipped cream may be folded into the dressing.

Scalloped Eggs with Cot. Cheese.

- 4 hard cooked eggs, 1 pimento or green pepper, cut in strips
- 1/2 c. cottage cheese, pepper, cut in strips
- 1/2 c. buttered bread crumbs
- 1 c. white sauce

Cut the eggs into quarters and place part of them in a greased baking dish. Cover this layer with

Co-Operation

Miss Gross will be very glad to receive suggestions for the home economics column or to answer, as far as she is able, any questions that her readers may ask.

Assistant professor of home economics in one of our great universities is now devoting her entire time to the interests of cottage cheese.

Whether the government succeeds or not depends upon you and me. Every family that tries, likes, and tries again a new cottage cheese dish is helping out Uncle Sam, as well as her own pocket-book. (For cottage cheese is very cheap in proportion to its food value.)

Pimento and Cottage Cheese Roast.

- 2 c. cooked cereal, green peppers
- 1 c. cottage cheese, (chopped)
- 1 c. dry bread, 1/4 t. salt, crumbs, 1/4 t. soda, 1/2 t. pepper, 1/2 t. paprika, 1 c. white sauce

Mix all ingredients, making the mixture very stiff. Form into a

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