

WOMAN'S SECTION OF THE BEE

Conducted by Ella Fleishman

CLUBDOM

MONDAY—Patriotic league club rooms open, Y. W. C. A., 8 p. m.

TUESDAY—Custer Woman's Relief corps, Memorial hall, 2:30 p. m. Suffragists observe Lucy Stone Blackwell's birthday.

WEDNESDAY—W. C. T. U., Frances Willard union, Mrs. A. J. Hawkins, hostess, 2 p. m. D. T. A. club, party for soldiers, Y. W. C. A., 8 p. m.

FRIDAY—"Sammy club" to be organized at Y. W. C. A., 8 p. m.

Changed World for Women.

Women all over the country will celebrate on August 13th the 100th birthday of Lucy Stone.

A Massachusetts farmer's daughter, she has been called "the morning star of the woman's rights movement." She began her public work for equal suffrage five years before Susan B. Anthony. She met ridicule and opposition, but largely dismissed it by her sweet voice and her almost magical eloquence.

When she was born there were no free public high schools for girls; they were not admitted to college, or to the professions. Public opinion forbade women to speak, ridiculed them if they wrote for publication, and limited them to a very few ill-paid occupations.

The world for women has been revolutionized, largely through the efforts of Lucy Stone and her co-workers. She was the first Massachusetts woman to take a college degree (at Oberlin, O., in 1847). Her husband's sister, Elizabeth Blackwell, was the first woman to take a medical degree (in 1849); and when she started practice in New York City she had to buy a house, because no respectable boarding house would take in a woman doctor. Another sister-in-law, Rev. Antoinette Brown Blackwell D. D., was the first woman to be ordained a minister (in 1853). Now the United States census shows more than 5,000 women doctors and more than 3,000 women ministers and preachers. Then no woman could vote. Now women have full suffrage throughout more than half the territory of the United States.

Instruction in Games.

At a meeting of representatives of all the girls' clubs in the Patriotic league held Friday evening in the Young Women's Christian association, Miss Clara Julia Anderson of Grinnell college gave instruction in games and dancing for the leaders to teach the rest of the girls in their clubs.

Visiting Nurse Tag Day.

Wednesday, September 4 is the date set for this year's Visiting Nurse association tag day. Forty-seven stations, 17 more than last year, will be established that day for the collection of funds. Mrs. W. E. Rhoades will have charge of the stations; Mrs. Luther Kountze, supplies; and Miss Clara Thomas, publicity. Mrs. W. J. Hydes, president of the board, who is summing at the lakes, will be home in time for tag day.

Woman's Relief Corps.

George A. Custer corps will hold its regular meeting Tuesday at 2:30 o'clock in Memorial hall.

War Work Speakers.

Mrs. E. M. Syrett, former president of the Omaha Woman's club, will speak on Young Women's Christian association war work Monday at the Broken Bow, Neb., teachers' institute.

Mrs. Grace F. Cholson left Saturday for Euellerton, Neb., where she addresses the chautauqua on Young Women's Christian association war work this morning.

Red Cross

Frank W. Judson was called to Chicago for a conference with Howard Fenton, new general manager of the Red Cross Central division, succeeding Bruce D. Smith.

Miss Louise Dinning, who has been in Paris on a two weeks' leave of absence during which she had her passport renewed, has returned to the Belgian Red Cross hospital near Neuport, where she has charge of a ward.

Among the prominent Red Cross workers at the station Friday to meet General Paul Pau, president of the French Red Cross, were E. W. Judson, Z. T. Lindsey, Gould Dietz, Randall Brown, Tyler Belt, W. A. Pixley, John Gamble, Mrs. C. T. Kountze, Mrs. A. L. Reed, Mrs. George Prinz and Mrs. Luther Kountze, with two companies of canteen workers, Mrs. L. J. Healy and Mrs. Howard Baldrige's corps.

The wool shipment for 1,000 pairs of wristlets is expected daily.

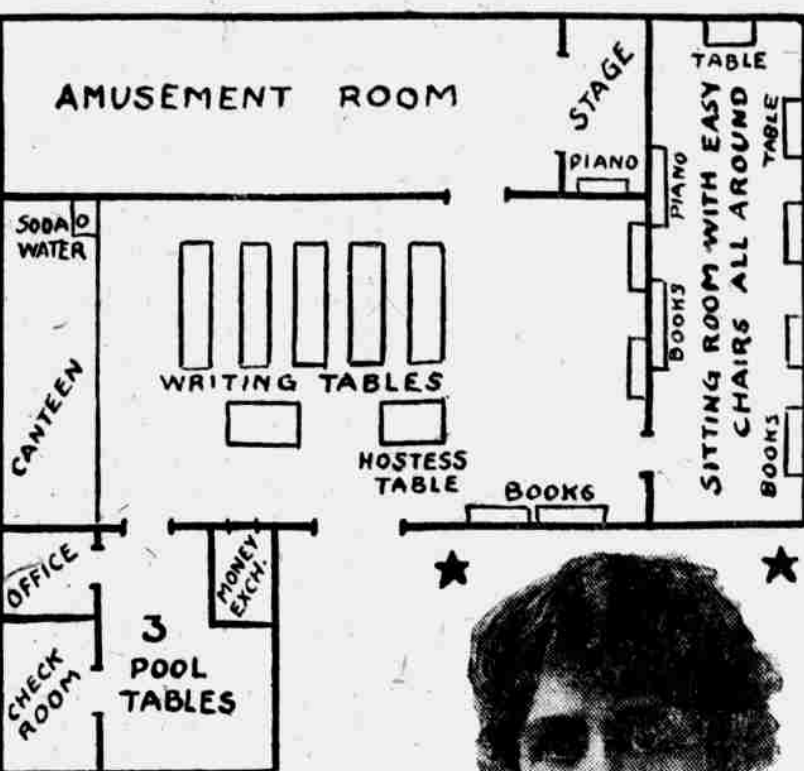
The salvage truck working in the Windsor school district collected a great quantity of newspapers and other good salvage.

A woman and two children, soliciting funds for the Red Cross without authorization, barely escaped arrest in the Grain Exchange building Friday.

Mrs. H. B. Robinson, with a corps of workers, opened the public workshop Friday to begin work on mending 500 soldiers' uniforms.

Organization of Junior Red Cross work for District No. 4 is going forward rapidly under the direction of leaders—County Superintendent Alice A. Swanson, Holdrege, and Superintendent C. L. Little, Cambridge. The first county institute to be held under the organization was Furnas county, where each teacher under the lead of Miss Hennegan of Lincoln, knit a 10-inch square, and these were made up in afghans. The yarn was furnished by County Superintendent Fletcher. All teachers were very enthusiastic over the work and decided to start by enrolling all the pupils in their schools as members of the Junior Red Cross, and then have each child knit

Mrs. Kalk, Mother of Navy Hero, Writes of Y. M. C. A. Hut Work for Naval Forces in France



WHAT patriotic-spirited American women are doing in France may be gleaned from an interesting insight into the work of a former Omaha woman, Mrs. Flora Stanton Kalk, who is serving as Y. M. C. A. hostess in one of its huts located in Brest, France, for the comfort of U. S. naval forces operating in European waters. Special interest attaches to Mrs. Kalk, who is the sister of Mrs. T. F. Kennedy of Omaha, because of her son, Lieut. Stanton Kalk, naval hero, who lost his life in the sinking of the Jacob Jones A. steamship to be launched in December will be christened in his honor, Mrs. Kalk having been asked by the secretary of the navy to do the honors.

The information comes to Mrs. Kennedy in a letter from her sister, enclosing a sketch of the hut in which she is serving.

"This drawing will give you some idea of our hut. Off behind the canteen are some more rooms for the Y. M. C. A. men workers. As you can see, it is quite a large building and they are adding to it now, putting up a building for showers and things like that at one end and a gym at the other. There are five women and six or eight men workers. The men are supposed to run the canteen part except that they have to have help so a woman goes on from one and remains until four; then another woman goes on until seven. The mornings are usually very quiet for the men are all busy then and don't get much liberty.

Duties of Hostess.

"Each day one woman is hostess for the day which means she gets down about nine o'clock, sees that the place has been cleaned, that the flowers are all fresh, if not goes out and buys new ones; that the books are straightened and back in the cases and that the writing tables are all provided with pens and ink and the checkers are all with the boards. After that she sits at the hostess table and gives paper and envelopes to all who want it and is a bureau of information, taking only enough time off for lunch and dinner."

"The rest of us are busy planning other things and helping them get up plays, movies, concerts, lectures and anything that can be gotten up. This is hard, for after planning everything,

a 10-inch square which will then be made into afghans and delivered to the Senior Red Cross. Later other work will be done.

To get the work more fully organized an institute will be held at the Oxford auditorium Tuesday. All committees, auxiliaries, all teachers and all others interested in the Red Cross work are invited to attend this meeting, at which L. W. Trester, state director, will speak.

War Insurance Facts

So many questions have come to Miss Sarka Hrbkova, chairman of the Woman's Committee of the State Council of Defense relative to payments of war insurance that she has issued the following statement which is authorized by the War department: Under the provisions of the act the beneficiary named does not secure the amount of the policy in a lump sum on the death of the insured, but receives a monthly payment from the insurance. The payments cover a period of 20 years or 240 months.

For an insurance of \$1,000 the beneficiary would receive a monthly payment of \$5.75 for 20 years. For the maximum insurance of \$10,000 the beneficiary would receive a payment of \$57.50 per month for 20 years. Insurance may be had in any amount from \$1,000 to \$10,000 in multiples of \$500 and the policy is payable on the basis of \$5.75 per month for each \$1,000 of insurance for 240 monthly installments.

Proceeds from insurance of soldiers under the war-risk insurance act can not be attached, assigned, or otherwise taken by creditors.

WASH GRAY HAIR IN ALUM WATER

Restores Gray Hair to Its Natural Color.

It's the new wonder. It acts like magic. Restores white, gray or faded hair to its original youthful color. The hair will stay the same rich, natural color, stay fluffy, glossy, brilliant, clean and odorless, with a clean scalp. It's a joy forever. Dissolve one bottle of ovelo powder in two ounces of water, moisten the hair with some of the solution, and while yet damp, rinse the hair in tepid alum water (two heaping teaspoons of powdered alum to one quart), then rinse well in plain, tepid water. That is all. Ovelo powder is inert, and so absolutely harmless, that a child could drink the solution. Any druggist can easily see ovelo powder for you, if he happens to not have it in stock.—Adv.

THOUGHT FOR THE DAY

The sword of power has blood on it, the crown of authority has thorns in it and the pillow of majesty is hard as stone. But the heart of simplicity is full of happiness and the voice of the cleaner glorious with song. What czar of the Russians has glorified his tasks with singing? What Napoleon has walked arm in arm with happiness?

Washington Society

By E. C. SNYDER.

Washington Bureau, Omaha Bee.

The 15th White House wedding Wednesday evening scarcely made a ripple on the surface of the social atmosphere. The president's niece, Miss Alice Wilson, became the bride of Rev. I. S. McElroy, formerly of Columbus, Ga., now pastor of the Presbyterian church at White Sulphur Springs. In all the history of weddings in the historic mansion, this one was witnessed by probably the very smallest company. There were but 16 to sit down at dinner in the state dining room, after the ceremony in the blue room. There were two guests outside the immediate family circles of the bride and bridegroom, Miss Elizabeth Perkins of Muncie, Ind., and Rev. R. M. Turnbull, who was best man. The bride's only attendant was the bridegroom's sister, Mrs. Crook, of Sparta, S. C., wife of Capt. Martin Crook of the Y. M. C. A. service in France. The blue room, which never admits of much elaborate decoration because of its own stately and significant beauty, had a great many maiden hair ferns banded on the mantel and forming a sort of hedge around the oddly shaped oval room. These were studded with white hydrangeas and white fox, blossoms quite out of the ordinary for wedding bowers and altars.

A string sextet played the wedding marches and soft music during the ceremony following the playing of "The Star Spangled Banner," when the President and Mrs. Wilson led the way into the blue room just before the entrance of the bridal party. The bride and her parents, Mr. and Mrs. Joseph B. Wilson of Baltimore, and the bridegroom with his parents, Rev. and Mrs. I. S. McElroy of Columbia, Ga., arrived at the White House on Tuesday evening in time for dinner with the president and his family. They were joined there on Wednesday morning by the bridegroom's sister, Mrs. Crook, their cousins, Mr. and Mrs. Louis Bryant of Tennessee, Miss Perkins who came from the Wilson apartment in Baltimore, where she has been visiting, and Rev. Charles L. King of Georgia. There were no other guests save Miss Margaret Wilson and Mr. John Randolph Bolling, brother of Mrs. Woodrow Wilson.

The flowers which decorated the White House were all gathered from the old-fashioned garden designed by Mrs. Roosevelt, at the south of the mansion, and from Lafayette park, from the large garden facing the White House doors, on the avenue side of the park.

Mr. and Mrs. Walter Penfield nee Lucile Bacon of Omaha, returned to Washington on Wednesday morning from Swamscot. The thermometer went to 107 in the shade, and Mrs. Penfield began making their plans for getting down to the Hot Springs of Virginia, at once. It is a much cooler place than it sounds and they have gone down for the week-end, at least.

Mrs. Reavis, wife of Representative Reavis of Nebraska, who is now in France, will entertain the Nebraska Girls' Knitting class in her Cleveland park home, next Monday evening.

Professor Buck of the University of Nebraska, who is here for war work, and Mrs. Buck, are established in a home in Fairmont street, and have Mr. Buck's mother, Mrs. Hall, with them.

PERUNA IS THE ROAD TO HEALTH

This road is open to all sufferers from catarrh, either acute or chronic, coughs, colds, bronchitis, effects of grip, indigestion, constipation, or other complaints due to inflammation or congestion of the mucous linings.

PERUNA A YEAR-ROUND MEDICINE

FOR YOUNG, MIDDLE-AGED AND INFIRM

Miss Helen Thomas, R. D. No. 4, Box 106, Paris, Kentucky, testifies in behalf of her brother, her sister and herself. Her letter is an inspiration to the sick. Read it.

"It is a great pleasure to write you of the beneficial effects my brother, sister and myself have derived from the use of Peruna and Manalife. We, indeed, owe them a great debt of gratitude for the good health we are enjoying."

"Several years ago, I suffered a severe attack of LaGrippe followed by Typhoid Fever. Careful nursing with Peruna and Manalife piloted me safely through. For Systemic Catarrh, Catarrh of the Stomach, Asthma, Chronic Constipation, and all ailments arising therefrom, Dr. Hartman's Remedies stand unequalled. I speak from my own experience and observation. If people would only use these remedies that have successfully stood the test of time, it would lessen the number of vacant chairs by the hearse-stones."

Miss Thomas' family is only one of many thousands that owe a debt of gratitude to Peruna. It is a good remedy to take any time and the proper one for emergencies.

Sold Everywhere Liquid or Tablet Form Ask Your Dealer

SOUTH SIDE

Mrs. William Yager and son, William, are spending several weeks at Estes Park.

Mr. and Mrs. F. A. Cressey are at Estes Park.

Miss Alice Kraji of Schuyler, has been the guest of Miss Agnes Barta. P. J. Nestor has returned from a short trip to Chicago.

Dr. and Mrs. F. O. Beck have gone on an auto trip to Yellowstone park.

Mrs. J. L. Barta has returned from Schuyler, where she visited friends for a few days.

Dr. Rolland Enson is spending some time with South Side relatives and friends.

Private John Krejac is home from Camp Funston for a short visit with his parents.

Miss Alta Gillette will spend the week-end with friends at Irvington.

Ralph King has enlisted as a motor mechanic and will train at Kansas City.

The Misses Bessie Duncan and Barbara Scoville spent the summer at the Kearney normal.

Miss Dorothy Van Sant is visiting at Tilden.

Miss Blanch Crowe has been visiting at Missouri Valley, Ia.

Mrs. Leslie Smith and children are visiting Mrs. Smith's mother at Lewis, Ia.

Miss Elsie Stevens is spending her vacation in Minneapolis and St. Paul.

Miss Alice Casteel is in Des Moines, Ia., for a visit with relatives.

Mrs. J. W. Hasburg and daughter, Jean, are in Dupre, S. D., visiting with Mrs. W. A. Aldrich, formerly Miss Dora Hasburg.

Mrs. George Krause, who has been in the St. Joseph's hospital, will be brought home Sunday very much improved.

Mrs. M. Goldenburg is at Excelsior Springs.

Arthur Reynolds has enlisted in the navy.

Gilbert Bott, Clarence Johnson and Charles Reuban have enlisted in the navy and left for San Francisco to train.

Miss Nellie La Velle spent a couple of days this week in the St. Joseph hospital, where she had her tonsils removed. She is now getting along nicely.

Mrs. George Rahn has returned from a short visit to Shenandoah, Ia.

On Thursday evening Mrs. J. W. Allen entertained for her daughter, Miss Isabelle Dowrie. The evening

was spent with music and dancing, followed by dainty refreshments. Those present were:

Misses—Florence Brondor, Luelle Egan, Ethelyn Berger, Helen Schroeder, Lillian Hodgen, Isabelle Dowrie, Messrs—Ray Clinchard, Jennings Karquist, Lawrence Loechner, John Ross, Lee Jordan, Wallace Dowrie.

ENGAGEMENT.

An announcement of interest to younger social circles is made by Mrs. Lula Frankel in Denver, Colo., of the engagement of her daughter, Susie, to Irving T. Oberfelder of Sidney, Neb. No date has been set for the wedding. Miss Frankel is a charming young woman. She is a graduate of East Denver High school and attended the Colorado Woman's college.

Mr. Oberfelder is the son of Judge J. Oberfelder of Sidney, Neb., and is a graduate of the University of Nebraska. He is now at Camp Funston, where he has been manager of the Liberty theater at the camp.

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FURS HAVE NEVER BEEN SO POPULAR

Three classes are featured — the all-enveloping garments such as long coats and large capes, the short coat and coatee effects, and stoles, collars and animal scarfs. Short coats and vestees generally have small collars. Large coats and capes generally show deep yoke and large collar effects. The favored furs are Hudson Seal, Mole, Squirrel, Nutria, Muskrat and Mink, with Fox leading for scarfs. Furs will be necessary to every fashionable woman during the fall and winter months.

OUR AUGUST SALE

offers the early buyers an opportunity to purchase furs for considerably less than our usual low prices.

Our line includes many novelties and staples. Or you may select the pelts you wish and have them made according to your individual taste.

HOW TO PREVENT APPENDICITIS

Appendicitis is primarily due to the poison formed by decaying food in the bowels. It is a disease caused by improper and insufficient bowel elimination. Many people have only a small passage in the center of the bowels while the sides are clogged with old, stale, fermenting matter. They may have a bowel movement every day, but it is not a complete movement and the old, stale matter stays in the system to ferment and cause trouble. Besides appendicitis, such unclean bowels cause headaches, stomach trouble and 90 per cent of all other sicknesses. The old, foul matter sticking to the sides of the bowels often stays in for months, poisoning the body and causing that listless, tired feeling known as "auto intoxication."

HOW TO AVOID TROUBLE

The way to avoid sickness and to keep feeling full of ambition is to watch your bowels. Just as you keep the outside of your body clean, you should also KEEP THE INSIDE CLEAN. It is even more important to keep the bowels clean than it is to keep the body washed, because the millions of pores in the thirty feet of bowels quickly absorb poisons generated by decaying food left carelessly in the bowels. Don't allow the old, fermenting, filthy stuff to stay in your bowels for weeks, but GET IT OUT and keep it out. Remember, filthy bowels are the cause of most sickness—no stomach, liver or any other organ can do its work with a foul cesspool sending out gases and poisons. Even

if your bowels move slightly each day, that is not enough. There must be an occasional THOROUGH, complete cleansing to rid your system of all accumulated, decaying matter.

HOW TO CLEAN BOWELS QUICK

THE MOST COMPLETE bowel cleanser known is a mixture of buckthorn bark, glycerine and ten other ingredients, put up in ready prepared form under the trade name of Adler-ika. This mixture is so powerful a bowel cleanser that it ALWAYS does its work properly and thoroughly. It removes foul and poisonous matter which other cathartic or laxative mixtures are unable to dislodge. It does a COMPLETE job and it works QUICKLY and without the least discomfort or trouble. It is so gentle that one forgets he has taken it until the THOROUGH evacuation starts. It is astonishing the great amount of foul, poisonous matter a SINGLE SPOONFUL of Adler-ika draws from the alimentary canal—matter you would never have thought was in your system. Try it right after a natural bowel movement and notice how much MORE foul matter will be brought out which was poisoning your system. In slight disorders, such as constipation, sour stomach, "gas on the stomach" or sick headache, one spoonful brings relief almost INSTANTLY. Adler-ika is the MOST THOROUGH bowel cleanser and antispasmodic ever offered in ready prepared form. It is a constant surprise to people who have used ordinary laxatives and stomach medicines and the various oils and waters.

REPORTS FROM PHYSICIANS

Dr. James Weaver, Lon, Utah: "I have found nothing in my 50 years' practice to excel Adler-ika."

Dr. W. A. Line, West Baden, Ind.: "I use Adler-ika in my practice and have found nothing to excel it."

Dr. F. M. Prettyman, Mallard, Minn.: "I use Adler-ika in all bowel cases and have been very successful with it. Some cases require only one dose."

Druggist D. Hawks, Goshen, Ind.: "One of our leading doctors has used Adler-ika in cases of stomach trouble with wonderful success. He has not lost a patient and saved many operations."

J. E. Puckett, Gilman, Ark.: "I had bad stomach trouble. After taking Adler-ika I feel better than for twenty years. Haven't language to express the awful impurities which were eliminated from my system."

Cora E. Noblet, Sauerbark, Okla.: "Thanks to Adler-ika I can sleep all night now. Something I could not do for years."

Mrs. L. A. Austin, Ausland, Minn.: "I could not eat a thing, my stomach was so weak. Adler-ika made me feel better and am now able to work and gain."

Adler-ika is sold only by the leading druggists in each city.

Sold in Omaha only by Sherman & McConnell Drug Co., 16th and Dodge; Benton Drug Co., 14th and Farnam; Yates Drug Co., 16th and Chicago. Throughout Nebraska by the leading druggists in each city.—Adv.