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*********************** THOUGHT FOR THE DAY:

- 'Tis not by wishing that we gain the prize, Nor yet by ruing, But from our fallings learn how to rise, And tireless doing.

Please Page Hoover!

We Would a Word With Him On the "Verv" Quiet How glorified the humble lump of sugar has become! How closely we watch the sparkling particles as they are poured into our coffee cup by the guardian of the sugar bowl, to see that we receive our allotted share of one teaspoonful. Sugar, by the exigencies of war, is now in the luxurious class and its price will soon exceed that of rubies and pearls.

Herbert has well night Hooverized all the joy out of life, but he did not reckon with the ingenuity of Omaha women. The, food criterion may/ say, "one lump," but it takes a feminine mind to devise a scheme whereby she may exceed her quota. Unpatriotic? No, indeed, simply thrifty, that's all.

A delicious dinner was served at Happy Hollow club the other evening, which was followed, as usual, by a demi tasse. Each tiny cup of the aromatic drink was accompanied by a war-time allotment of sugar. A mere man who was a member of one gay little party, suddenly no-ticed suspicious movements on the part of some of the women. They

seemed to be wrapping things in their handkerchiefs, while others were handling their bags in the same the table, he discovered that those belonging to the feminine members of the party were untouched. He could stand the strain no longer and he inquired just what was the reason of the abstinence.

up affair. Imagine the poor man's horror when the guests informed him that they were taking their allotment of sugar home! Please page Mr Hoover, we would have a word with him.

Scott-Crawford Engagement.

Judge and Mrs. Byrce Crawford announce the engagement of their daughter, Elizabeth Love, to Mr. Wardner Gibson Scott, son of Mr. and Mrs. W. S. Scott of Lincoln. The wedding will not take place until after the war.

as a surprise to the friends of the apartment house is a frame strucyoung couple, for pretty little Miss ture, securely fastened to the sill of Crawford has been wearing a lovely a window in Miss Ryan's office on engagement ring for some time. She the fifth foor of the city hall. graduated this June from the University of Nebraska and is a member

Faithful Summertime Tenants Are These Families of Martins



By RUTH B. WHITNEY.

A`

suite.

dent of public instruction of manner. His curiosity was aroused and, glancing at the coffee cups about be enough of a job to keep one wo-bird house," said Miss Ryan. "They tion to holding this important posi-

> is seldom a vacancy. The tenants year in this alley. have made it a custom to winter in Their Babies.

the south, at which time the apartments are empty, but they return each spring, and if there is a vacancy through death or other cause, these loyal apartment house dwellers who take possession of the vacant

All Miss Ryan's tenants are related, belonging to the family of Purple Martins, a branch of the great and The announcement does not come justly famous Swallow family. The

great fluttering of wings and flashing CTING as assistant superinten- of sharp claws and bright eyes. "I consider it a great honor to have

man busy, but the discovery has been are very particular as to where they made that Miss Belle Ryan, in addi- locate their homes, though I do not know just what are the requisites. A tion, is also sole proprietor and man- friend of mine placed a martin house ager of an apartment house. Not an on her lawn, with trees and fountain ordinary apartment house, but a 'way- near it and everything else a bird

Red Cross. The message to be sent should be taken to any Red Cross chapter and certain formalities complied with

Pigeon Attacks. Every day Miss Ryan places food at wing points and tail. The females wear a white apron and are a little

Soldiers and Marriage Is Topic for Numerous **Discussions In War Time** Much discussion is going on as to whether marriages should be encouraged with men about to enter military service, and whether such marriages should be contracted by women, who know that these men will shortly depart for the battle front. We believe that no woman has a

BEN AND BILL stared at Peggy right to contract a marriage unless she is fully capable of earning her livelihood and providing for offspring, in case the husband does not return. of their heads. It is far from patriotic for a woman heads. to assume marriage obligations when

"Well," said Bill finally, "you're just as sweet as we thought you'd she knows that not only will she not have the money to provide for her he. offspring, but may at the same time "And I'm glad you've got freckles," be unable to make ends meet in caradded Ben, after giving her a long ing for herself.

comes a question of whether

rial in July Humanitarian.

look. What sort of children can one bring "I have only a few," protested Pegup under such conditions? It is much more desirable to have fewer 8y. "That's enough," responded Ben. people than to have them living in

"They prove you're a real person." want, which forces them to crime

and makes them susceptible to dis-ease. Assuming that the woman will be able to discharge her obligations to she didn't like to talk about herself. her children and herself, it then be-"Oh, Balky Sam is all the time sit-

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CHAPTER II.

Peggy Meets Balky Sam.

as if their eyes would jump out

By Daddy-Peggy's Bird Circus

the ting down to rest," exclaimed Bill, marriage is based upon a beautiful at-"And he always does it just when we tachment and sincere friendship, or are in a hurry. He's thewhether it is simply the lure of the

Peggy interrupted quickly. She'd uniform. Let the woman honestly heard that soldiers sometimes used decide whether she loves the man strong language when arguing with should he return maimed or wounded. If she can, then by all means let the say anything he shouldn't. sufficiently to nurse and comfort him

"Remember there is a lady pres-ent," she warned him. "The Giant of marriage take place. If not, she is simply one more of those who assume the Woods says the best way to keep the marriage bond without the right understanding of its sacredness and from swearing is to fill your mouth so full of big words there isn't any room for swears." obligations, and later on make life miserable for themselves and those nearest and dearest to them.-Edito-

"Thank you, Miss Good Fairy," an-swered Bill. "Hereafter I'll just call him a cantankerous cudgermudgeon and let it go at that."

Balky Sam looked around at Peggy and gave her a sly wink. It was so funny she had to giggle.

"Seems as though we are always meeting you when we need help," said Ben to Peggy.

"Are you in trouble?"

"Not exactly trouble," answered "It's just a matter of disap-Ben. lied with the central powers, or occupointing a lot of the soldier boys who pied by them, through a new bureau are about to start to France. We of comn. nication of the American wanted to send them off with a laugh and now we can't do it."

"How were you going to make them laugh?" asked Peggy, a bit puzzled.

"The recreation director had engaged an animal circus to come and The Red Cross will send it via Washamuse 'em," explained Ben. "You ington and neutral countries, but know what I mean-one of those naturally cannot guarantee the delivvaudeville shows with ponies, dogs, ery of any message in present war monkeys and the like. Bill and I conditions. However, the service is were sent to town with the mule team being conducted generally without to get the baggage. At the depot we found that the train carrying the cir-Only purely personal family messages should be offered to the Red cus had been wrecked, smashing up Cross for transmission. Messages re-

the outfit so it will be a week before it will be ready to show here. By lating to financial or political matters. that time thousands of the boys will or public affairs cannot be forwarded.

e person using this service should be on the way to France." "Isn't that a pity!" exclaimed Peg

his nose. But Peggy teasingly | she climbed into the wagon, Bill said snatched it away. She laughed at his "Geddap," and away they went for eagerness and gave him a wink. Balky camp, Balky Sam munching content-*(Peggy is surprised by the birds, who come to call on her. While they are visit-ing their attention is distracted by an army mule, driven by Peggy's soldier friends, Ben and Bill Dalton, which sits down in the street and refuses to budge.) eagerness and gave him a wink. Balky Sam slyly winked back and quickly Peggy rewarded him by shoving the grass into his hungry mouth. Then the street and refuses to budge.)

"Dreamland Adventures

Peggy rewarded him by shoving the grass into his hungry mouth. Then enlists Balky Sam in her show.)

A complete, new adventure each week beginning Monday and ending Saturday



Come to Minnesota's ten thousand lakes-the land of sky-blue water. Revel in the virgin forests, filled with their pungent, health-giving aroma. Here with pack-sack and canoe you can travel old historic canoe trails-pick up a guide or packer if you need one and depart from the haunts of man for as long or short a time as you like.

You who love the mystery and magic of the wilderness, in whom the strong heart of the adventurer beats high-

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With thousands of lakes and as many rivers and streams-Minnesota offers the fisherman-the vacationist-and the sportsman an unlimited choice of recreation.

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Ten Thousand Lakes of Minnesota Association 1125 Commerce Building, Saint Paul, Minnesota

The Saint Paul in Saint Paul is a complete hotel; 306 rooms, 300 baths. Make it your communication point on tour. Send mail and telegrams in our care.



Red Cross Makes Letter Writing Possible Between **U. S. and Central Powers** Anybody in good standing in this country may write to relatives or

This building contains eight family into it, but they refused to separate apartments in which there stay, yet here they remain year after gium, Poland and the countries al-

There is now a family of little ones just learning to fly. They creep out of the door and timidly perch on the

promptly notify friends and relatives. to try their wings, when, to the ap-

into which they have not yet ventured.

could want, and introduced a martin friends in Germany, Austria, Bel-

sill until their parents, flying anxiously around them. finally persuade them parent surprise of the youngsters,

these untried wings bear them safely up and they swoop down to the pavement below in long, graceful curves. There is another little family just hatched, and one can see their shiny eyes peering out at the strange world interruption.

Miss Ryan's tenants are a beautiful

Pi Beta Phi soro

versity and is a member of the Phi a pigeon makes the mistake of think-Kappa Psi fraternity. Mr. Scott has ing these attentions are meant for been a member of the Interstate Com- him, but he soon finds out his error, merce commission for some time, but as the Purple Martin tribe pounce has resigned and is now endeavoring on him and drive him away with a to enter a more attractive branch of the service.

Secret Wedding.

The marriage of Miss Frances Coleman, daughter of Mr. and Mrs. George Coleman, to Mr. Walter Mc-Gill, son of Mr. and Mrs. A. L. Mc-Gill of this city, took place in Papil-lion, July 13. The young couple have not told of their marriage, but their friends have discovered their secret. Mr. and Mrs. McGill are occupying a cottage at the Dietz club, where they will remain for the rest of the summer.

K. and L. of S. Picnic.

About 100 members and friends of Omaha council No. 415. Knights and Ladies of Security, enjoyed a picnic at Carter Lake park Sunday, taking basket dinner and, supper there. Pitching horseshoes and other di-versions occupied the rest of the afternoon and evening.

**** PERSONALS *****

A daughter was born to Mr. and Mrs. W. D. Eck this morning at the

Miss Elizabeth McDonald is spending the summer at Camp Michigamme.

Ford hospital.

Mr. and Mrs. Thomas A. Fry and daughters, Elizabeth and Ann, motored to Excelsior Springs and have spent the last two weeks at the Elms hotel.

Miss Ethel Anderson is the guest of Mr. and Mrs. A. A. Holtand.

Mrs. James Allen has recovered from her recent illness and is occupying her cottage at Seymour lake.

Miss Lucile Hyde Robinson has passed successfully the examination for overseas duty, and will leave soon for France, to take a secretarial position. Miss Robinson is now in New York City, where she has spent the past year studying. She is the daughter of Mrs. Roberta Hyde of this city

Dr. R. S. Anglin, who has been in the east for the last six weeks, taking a policlinic course, returned to Omaha today.

Mr. and Mrs, Howard Rushton returned Saturday from Columbus, O., where they were called by the illness and death of Mrs. Rushton's father. Mr. W. C. Taylor.

Mrs. Harry Jordan is at Prior Lake, where she will remain until the first of August.

Canning Don'ts.

model, which is recommended for both Don't use soap on blanching cloths. utility and charm. This frock is sure Wash and rinse in hot water and hoil the cloths. Get a free canning manual by writing to the National War Gar-den Commission of Washington for gray. This model is easy to make, requires no trimming except knife pleatone.

ing, and possibly a gray satin girdle. Don't assume that the water sur Voile in a very good quality can be bought for 35 cents the yard. The drop rounding jars will keep boiling without attention to fuel. The right temperature must be maintained for suc-cess. Write to the Naional War Gar-plain. This gown will not soil or den Commission of Washington and muss easily, and is altogether an obtain a free canning manual economic war time garment.

By GERTRUDE BERESFORD

Mr. Scott also attended the uni-in front of the house. Occasionally duller in color than their husbands. Like the other members of the swallow faimly, martins catch their food

on the wing and live entirely upon insects. "One day," said Miss Ryan, "one of the birds came to feed the little Quaker Gray Makes darning needle, "but the babies ate it in a short time. They must travel

Quaint Gown far for their food, as this is a water insect."

Martins Pay Rent. In payment for their apartments the martins furnish not only amusement but floods of beautiful and cheerful song. They have voices much like pleasant laughter, and their mellow notes may be heard at almost any time of day, echoing between the gray walls of city hall and Bee build-

ing. The purple martin is one of the best fighters in the bird tribe, not hesitating before he attacks a hawk or crow, but he has one enemy that has made him almost unknown among the birds of the east, that enemy is the little sparrow. The sparrow steals the martin's home and generally annoys him, and usually where sparrows increase the martins will leave. For some reason or other the sparrows have not stolen the apartments in Miss Ryan's bird house. Possibly the many visitors the martins have frightened the sparrows

away, but the martins do not mind them. Many of the bird lovers of Omaha visit Miss Ryan's office and sit for hours near the window watching the comedies and tragedies of bird life that are played out before them. The martins do not mind these visitors at all, but go on with their home keeping and baby raising affairs as calmly as if no one were present.



graduate nurses began Monday morn-Cross.

Gould Dietz announces that the second war drive money for the Red Cross is now due and payable at Red thorities of Columbus, Ind., to se-Cross headquarters in the court riously consider a proposal to install house

citizen, who vouches for his faith, unless the person is known personally to the chapter officials. The Red Cross will endeavor to de-

iver all proper messages without cost to the applicant for this service. Answers will be received by the same procedure, that is, through Washington and then to the individual. No money can be sent and no letters will be delivered to persons in the military or naval forces of the

enemy.

Mrs. Gavin Will Drive Ambulance at the Front

MRS. W.A. GAVIN.

present a letter signed by a reputable "I wish there were something ! gy. could do. "Princess Peggy, aren't you coming

back to us?" chorused the birds Peggy looked up. There they were, perched on the roof of the house. looking anxiously down.

"What a funny looking lot of birds!" laughed Bill, "Have you a menagerie of your own, Miss Good Fairy?

That question gave Peggy an idea. The birds certainly did look comical, particularly Blue Heron, with his long legs, and Judge Owl, solemnly blinking down at her. Why couldn't they give a show? They knew more than any birds she had ever seen on the stage. And in making the de-parting soldiers laugh they would be doing a service for Uncle Sam.

"My birds," she cried, stretching up her arms to them, "how would you like to be in a show?"

"No, thank you, we don't want to be prisoners!" chorused the birds.

don't mean that way," Peggy quickly reassured them. "I mean give a show of your own free will for the soldiers. It will be lots of fun."

"Fun! That's what we are here for," hooted Judge Owl.

Fun is the spice of life It drives out pain and strife It cuts care like a knife And makes men brave and blithe."

"Will you be in it, Princess Peg-gy?" asked General Swallow.

Yes, I'll be your trainer and tell you what to do," promised Peggy en-

thusiastically. "Then we'll all be in your show," chorused the birds. Ben and Bill had been watching

Peggy and the birds with keen interest. They didn't know what was being said, but they did know that Peggy was able to talk to the birds. and it was amusing to see the way they answered. "My birds will take the place of

your animal circus," Peggy told the soldiers.

Mrs. W. A. Gavin, the English golf-"Finel" cried Bill. "I felt in my bones that you would come to the er who has been playing exhibition

rescue. Miss Good Fairy.' games in this country for the benefit "Where's your baggage?" added Ben. "We'll load it aboard and hike of the ambulance fund, will soon leave ing. These nurses are enlisting for france to drive an ambulance at the period of the war with the Red the front. Mrs. Gavin's brother, Capt. time to begin."

Peggy thought rapidly. She would need costumes for the birds and some apparatus on which they could perform. Her doll's trunk would supply the costumes and she had toys that would serve as apparatus. She ran

quickly into the house and gathered up the toys and the trunk. For her own stage costume she selected a pretty tinseled frock she had worn at a fancy dress dancing party.

Ben and Bill laughed at her baggage, but loaded it on the big army wagon, where it seemed almost lost They invited the Birds to ride, but all declined except Judge Owl and Blue Heron, for whom flying was not all

Soon they were ready to start. But there was Balky Sam, still sitting in the middle of the street as comfortable as you please, and not showing

a sign of moving. "Well, what do you think of that antankerous cudgermudgeon?" exlaimed Bill.

"Maybe I can start him," volun-teered Peggy. She jumped off the wagon, ran to the backyard where there was a particularly nice patch of long grass, and pulled two big handfuls. She gave one handful to Balky Sam's mate, who started to eat

Their Medicine Chest For 20 Years

and Bowel Complaints. For many years while I was perfecting my formula I studied and investigated the laxalives and catharties on the market and became convinced that their main fault was not that they did not act on the bowels, but that their action was too violent and drastic, and upset the system of the user; which was due to the fact that they were not thorough enough in their action, some simply acting on the upper or small intes-tines, while others would act only on the lower or large intestines, and that they almost invariably produced a habit re-quiring augmented doses.

I believed that a preparation to produce the best effect must first tone the liver, then act on the stomach and entire alimen-tary system. If this was accomplished, the medicine would produce a mild, but thorough elimination of the waste without the usual sickening sensations, and make the user feel better at once.

and does more than any larative or market today. The thousands of le from users have convinced me I was r and that the user of **Manny's Constr** family medicine, even though he may used it for twenty-five years, never to increase the dose. T is characteristic of folks after they pass the allotted "three score years and ten," to look back over the days that are gone and thoughtfully live them over.

I find myself, at seventy-one, frequently drifting back a quarter of a century, when I see myself in the little drug store I owned at Bolivar, Mo., making and selling a vegetable compound to my friends and customers-what was then known only as Dr. Lewis' Medicine for Stomach, Liver and Bowel Complaints. My knowledge of medicine and the suits of its use in my own family among my friends, before I ever offere for sale, caused use to have great fait nature's Remedy from the very first.

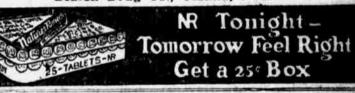
And now as I find myself nearing the age when I must how to the invitable and go to another life, my greatest pleasure is to sit each day and read the letters that each mail brings from people as old or older than I, who tell of having used many's Remedy for ten, fitteen and twenty years, and how they and their children and grandchildren have been benefitted by it.

grandchildren have been beneauted by it-It is a consoling thought, my friends, for a man at my age to feel that saids from his own success, one has done something for his fellow man. My greatest satisfac-tion, my greatest happiness today, is the knowledge that tonight more than ease million people will take a many a many (NR Tablet) and will be better, healthier, happier people for it. I hope you will be one of them.

Atheuris Pres

A. H. LEWIS MEDIOINE CO.,

After experimenting with hundreds of different compounds, I at last perfected the formula that is now known as Mature's Nemedy, which I truly believe goes further Beaton Drug Co., Omaha, Neb.



Woman's Morning Sickness—

POOR WOMAN, she is called upon to suffer and carry MORE than her share of human ills, but the one that seems to be most trying and unfair of all is the sickness that comes to her at the time of life when she should be at her best-when every ounce of her strength should be for the carrying out of that act of Nature that makes her bring a new life into the world.

MANY WOMEN SUFFER-awfully-terribly during this time with a stomach sickness. It is the kind that never can be told in words-the morning sickness of a woman.

Before Baby Comes-

It is one of the most trying tests of human endurance, and all the more so because it is so hard to control.

Few remedies can be depended upon to give more or less temporary reliet So many tavorable reports have come to us from those who have used EATONIC during this time that it is with the greatest satis-faction we say to ALL SUFFERERS from this peculiar woman's sick-ness of the stomach "DO IRY EATONIC—give it a fair tria. and GET THE HELP we so confidently fee, sure you will get.

The results have been so uniformly good wonderfu. in many cases - that we say to you and giadly do we say it that any poor woman sufferer who obtains a package of EATONIC from any drugges in this city or drug stores anywhere and uses it according to the simple di-rections if it tails to do the good and give the new that it should—all she has to do is to return it to the druggist whom you know and can trust and the money will be cheerfully refunded. Remember it only costs a penny or two a day to use EATONIC

SO WE SAY Do not ever suffer again



Complete the letters of Simon's sign-they will spell the name it with great relish. Balky Sam of an animal (cat tribe). Answer to previous puzzle, KIPLING ful which Peggy frisked in front of

Dudley Ryder, is a prisoner in Germany. The shortage of men has led the au-

A campaign for the enrollment of

