

WOMAN'S SECTION OF THE BEE

Conducted by Ella Fleishman

PERSONALS

Mrs. Everett Buckingham and Robert Buckingham left Thursday evening for World War, where they will spend the summer.

Dr. and Mrs. A. P. Brogan left Friday for their home at Austin, Tex., after spending several weeks with Mr. and Mrs. Francis A. Brogan.

Corp. J. A. McShane, son of Mrs. J. H. McShane, has just been promoted to a second lieutenant.

Mr. and Mrs. C. W. Hamilton and Miss Marian Hamilton are at Atlantic City for a month.

Mrs. Ralph Peters leaves Sunday evening to spend a month at Prior Lake.

Mrs. John Redick has gone to Prior Lake for the remainder of the summer.

Mrs. M. C. Peters left Friday evening for Camp Grant, Rockford, Ill., to be with her son, Douglas, who is there.

Mrs. George Redick expects to leave next week for Prior Lake.

Miss Helen Hibbard returned Tuesday from several weeks in the east.

Miss Mary Gifford, who had a slight operation last week, and was at the Methodist hospital, is getting along nicely.

Mrs. C. A. Hull is in the east for several weeks, having gone there to see Dr. Hull before he sailed with the base hospital.

Mrs. S. S. Caldwell and family are at Prior Lake, Minn., for the summer.

Miss Marjorie Smith spent last week end as the guest of Mrs. Irving Benolken and Lieutenant Benolken at Camp Dodge, Des Moines, Ia.

Mrs. F. B. Wallace is spending several weeks in Chicago with her father.

Mr. and Mrs. C. H. Peterson and Miss Hazel Peterson left Tuesday to motor to Excelsior Springs for several weeks.

Mr. Louis Moser left Saturday for Detroit, where he will enter governmental service in the aircraft construction department. Mrs. Moser and the children will remain in Omaha until fall.

According to a letter recently received from Lawrence McCague, the Amherst college ambulance section has won special praise for their exceptional bravery at the front, and several of the men have received the French Croix de Guerre.

Cadet Percival Banister, son of Colonel and Mrs. J. M. Banister, returned Friday to West Point after a five weeks' furlough. The summer vacation at West Point has been shortened from 10 weeks to 5 weeks because of the additional members in training.

Harry Burkley left Wednesday evening for Fort Sheridan, where he will attend the junior officers' training camp for two months.

Mr. Paul Shirley, who has enlisted in the service, leaves Monday for Camp Dodge.

Miss Helen Eastman left Thursday to spend several weeks with Miss Gertrude Metz on the Metz ranch near Cody, Neb.

Mr. and Mrs. Clarence Sibbensen returned Saturday after spending several weeks in Minnesota.

Mrs. Joseph Morsman and children of Chicago, will be with Mr. E. M. Morsman for several weeks.

Mrs. Harley Moorhead is spending several weeks at Prior Lake.

Mrs. Charles F. Weller is recovering from a severe attack of the grippe. She has been confined to her apartment at the Blackstone for over a week.

Dr. and Mrs. J. P. Slater left Friday for Salt Lake City, to be gone a month.

Rev. and Mrs. T. J. Mackay have left for an eastern trip and will be with their daughter, Mrs. Austin Gailey at Washington, D. C.

Loring Elliott and Paul Shirley motored to Camp Dodge last week end.

Mrs. Carol Berry of Kansas City is the guest of her sister, Mrs. Louis Loring and Mr. Loring.

Miss Elizabeth Rodgers of Cleveland has been the guest of Mrs. F. P. Loomis and Mr. Loomis for several weeks.

Miss Elizabeth Barnard of St. Louis is the guest of her sister, Mrs. G. McAllister.

Mrs. J. E. Fitzgerald and daughter, Miss Gertrude Marsh, leave Monday to spend the summer at Port Huron, Mich. Mr. Fitzgerald will spend several weeks in August with them.

Mrs. Roy Byrne has been spending several days in St. Joseph with her mother, Mrs. Sheridan.

Mr. and Mrs. Edgar Morsman, jr., and sons, will leave next week to spend the remainder of the summer at Long Peak Inn, Colorado.

Miss Mary Morsman is attending the girls' camp, Camp Serrana in New Hampshire.

Mr. and Mrs. A. A. McClure have returned from the east and are at the Fontenelle.

Miss Belle Hatch will spend two weeks in New York and Chicago.

Miss Dorothy Snyder of Washington, daughter of Mr. and Mrs. E. C. Snyder, is visiting Mr. and Mrs. George B. Eddy, 517 South Twenty-fifth avenue.

Mr. and Mrs. M. J. Bender are among the members of the Omaha

Young Matron Leaves Omaha



MRS. LYELL RUSHTON.

The war is not only taking our young men, but their pretty brides, also, and many of the young matrons have left their home city to be near their soldier husbands. Mrs. Lyell Rushton is one of the attractive young women who is spending the summer away from Omaha, as she is now living in Lincoln. Mr. Rushton, who enlisted in the service some little time ago, is at the radio school and expects to remain in Lincoln several weeks longer.

colony at Colorado Springs, as are also Mrs. Alfonso Wilson and Mrs. H. S. Townsend.

Mr. and Mrs. Martin Harris left Friday for Grand Rapids, Mich., to be gone two weeks.

Miss Margaret Colby will arrive Sunday morning from Chicago to spend a few days with Miss Mae Engler.

Mrs. E. O. Hamilton and Miss Ruth are at home after a six weeks' stay with Lt. Warren H. Hamilton, at Camp Jackson, Columbia, S. C.

Mrs. Isabel S. Clow will spend two weeks in Minneapolis and other Minnesota points.

Mr. L. W. Lowe, who has completed his freshman year at Ames college, has been appointed navy butler inspector and will pursue the work at Lamont, Ia., until fall.

Mr. and Mrs. C. H. Sawyer of Jop-

lin, Mo., are visiting Mrs. Sawyer's mother, Mrs. Elizabeth Kleffner, and her sisters, Mrs. H. Laufenburg and Mrs. B. B. Booth.

Misses Catherine Dee and Margaret Dineen left Saturday afternoon for Stead's ranch, Estes Park, Colorado, to spend two weeks.

Mr. and Mrs. J. L. Dowd entertained 14 guests at a dancing party, J. M. Flynn 10, and Dr. and Mrs. William Berry gave a party of 12.

Vernon Shinrock, who is a member of the aviation corps, stationed at Camp Lee Hall, Norbury, Island, Va., is at home on a 15 days' furlough. Mr. Shinrock was called home by the illness of his father, Mr. Fred C. Shinrock, who has been in the Methodist hospital for the past two weeks.

Edward O'Neil arrived Saturday from the aviation school at the University of Illinois to spend a two days' furlough with his parents, Mr. and Mrs. T. J. O'Neil.

Mother, Why Don't You Take Nuxated Iron

And Be Strong and Well and Have Nice Rosy Cheeks Instead of Being Nervous and Irritable All the Time and Looking So Haggard and Old?—The Doctor Gave Some to Susie Smith's Mother When She Was Worse Off Than You Are and Now She Looks Just Fine

Any Woman Who Tires Easily, Is Irritable, Nervous and Run-Down, Should Take Nuxated Iron to Help Increase Her Health, Strength and Vitality.

"There can be no strong, healthy, beautiful, rosy-cheeked woman without iron," says Dr. Ferdinand King, a New York physician and Medical Author. "I have strongly emphasized the fact that doctors should prescribe more organic iron—Nuxated Iron—for their nervous, run-down, weak, haggard-looking women patients. Pallor means anemia. The skin of an anemic woman is pale, the flesh flabby. The muscles lack tone, the veins sag, and the memory fails, and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women the roses go from their cheeks.

"In the most common food of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapoca, sago, farina, degenerated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods, and silly methods of home cooking, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss. Therefore you should supply the iron deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

"Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test: See how long you can walk



or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

Numbers of nervous, run-down people who are ailing all the while have astonishingly increased their strength and endurance simply by taking iron in the proper form and this, after they had in some cases been going on for months without getting benefit from anything. But don't take the old forms of reduced iron, iron acetate, or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter in the blood of her children is, also not that kind of iron. You must take iron in a form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless.

Mrs. C. T. Kountze Brings Latest News From New York

(Continued From Page One.)
abroad. Mrs. Urb will likely come here during August. She will explain the advantages, pro and con, for both canteen and clerical workers at home and abroad. A mass meeting of business women will be held to hear the message which Mrs. Urb brings to those interested in the work.

Hospital hut service, which is in the formative state, will give an opportunity to women who are able to offer some entertainment to the convalescent in the hospitals. The requirements are as follows:

Applicants must be between 25 and 40 years of age.
Must have robust health, certified to after examination by a physician designated by Red Cross.
Must have a good knowledge of French.

Must volunteer services and pay all expenses, if possible. (Approximately \$1,200 for six months, including initial equipment and steamship passage.) If a woman is particularly well qualified for this service the Red Cross will, under certain circumstances, pay her transportation and maintenance, but volunteers paying expenses are preferred. A knowledge of French is very desirable, as women with such knowledge entering this service may be interchanged with women occupying similar positions in French hospitals.

Must be free from all German connection.
Must not have a husband, father, brother or son in the armed forces of United States, or of our allies, either here or overseas, or in the Young Men's Christian association, Red

Cross, Knights of Columbus or similar organizations abroad.

Must be willing to sign for at least six months' service in France, Belgium or Italy, wherever assigned. In cases where the American Red Cross pays expenses it is necessary to sign for one year's service.

Must wear uniform when on duty. Must be vaccinated for smallpox and inoculated for typhoid and paratyphoid.

Must give the names of three or more references, American citizens, not relatives—one at least a woman.

In general, applicants should be in excellent physical condition, capable of hard and continuous physical labor under uncomfortable conditions. No woman not ready to give full time, conscientious service, need apply. Good temper, discretion and self-reliance are essential; seriousness of purpose and dignity of deportment are required. College women and women who have taken the Red Cross course in elementary hygiene and home care of the sick are particularly acceptable.

North Side Mothers' Club Arrange for Soldiers' Relatives

The North Side Mothers' club, which, as one of its many activities, undertook to find suitable homes where parents and other relatives of soldiers might find the right surroundings in which to meet their sons who are in the army when they visit them, have been doing the work thoroughly and systematically and have turned in to the war camp community service a list of homes, and the extent and character of the accommodations which can be furnished at each.

A card system is being prepared, and one set of the cards will be placed with Mrs. Mead, travelers' aid worker at the Union depot, and the

other at war camp community headquarters in the Omaha National Bank building, so that assignments may be made from either place. Information as to the character of this service will be placed in the hands of each soldier during the coming week, when the service will be fully inaugurated as possible to Fort Crook.

Hotel Atlantic

Clark near Jackson Boulevard
The Hotel Success
of Chicago

The hotel's excellent service, its convenience for the quick transaction of business, its proximity to theatres, shops and public buildings make it the ideal headquarters for a crowded day.

450 Rooms

\$1.50 up

With Bath

\$2.00 up



Time is more than money now; wasting time is unpatriotic.

In these days of conservation of time and work old ways must give way to new ways.

It is a positive waste to put up with the old, time consuming, back breaking methods of dusting, cleaning and polishing woodwork and floors. It is a waste of money, too.

There is an easier way. A quicker way. And a better and far more economical way. The saving you make in brooms alone will pay for the cost of the new way.

Study the contrasts shown in the pictures above. They tell the story. Banish the old way. Adopt the new.

O-Cedar Mop Polish Mop

brings the new way—the quick—the easy—the better—the economical—the pleasant way of dusting, cleaning and polishing all woodwork and floors in your home. It does all these things at one time. It makes it easy to clean those hard-to-get-at places. It gives floors a high, lasting polish as you dust them.

Try the O-Cedar Polish Mop (Battleship Model) at our risk. Simply deposit the price with your dealer. He will deliver the mop to you. Test it for three days, if at the end of that time, you are not delighted with the work it does and the work it saves, your money will be returned without a question.

Channell Chemical Company
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