

WOMAN'S SECTION OF THE BEE

Conducted by Ella Fleishman

CLUBDOM

MONDAY—
Spanish club, 594 Karbach block, 8 p. m.
Many Centers and Patriotic League clubs, Y. W. C. A. 6 p. m.
Association of Collegiate Alumnae, executive committee, Fontenelle, 3:30 p. m.
War council, Fontenelle, 4 p. m.

TUESDAY—
Business Women's council, Auditorium, 11:30 a. m. to 1:30 p. m.
P. E. O. sisterhood, B. X. Mrs. O. A. Danielson, hostess.

THURSDAY—
P. E. O. sisterhood, Chapter E, Mrs. Terry Reimers, hostess, 2:30 p. m.

FRIDAY—
Daughters of St. George, Mrs. G. Collins, hostess, 2 p. m.
Bell-Lettes Literary club, Knights of Columbus hut, 10 a. m. to 5 p. m.

New President of West Omaha Mothers' Club



Mrs. Blaine Truesdell

Mrs. Blaine Truesdell is the newly elected president of the West Omaha Mothers' club. The club's literary programs have been dispensed with since early spring in favor of Red Cross work. The first united patriotic service done by this organization was to help with the outfitting of the Nebraska base hospital.

After this work at the First Presbyterian church was completed the Mothers' club members devoted their time to the warehouse. Work for the Red Cross will continue during the summer, but it has not been decided just what the nature of the work will be. Plans are being made now for the annual picnic supper, to which husbands of the members will be invited. The affair has been set for June 13 at Elmwood park.

Michigan Alumni Luncheon Monday

University of Michigan Alumni association of Missouri valley will have a special luncheon at the University club Monday, at which Michigan university men in the various army camps near Omaha will be guests of honor.

The special purpose of the meeting at this time is in connection with arrangements being perfected to complete the Michigan union building now under construction at Ann Arbor, at the call of the United States government, the building to be used for quarters for 1,200 student officers for special training in the work given at the university.

The officers are: President, Henry H. Lovell; first vice president, John R. Webster; second vice president, Stanley M. Rosewater; secretary, John H. Ready; treasurer, Raymond M. Crossman.

Advisory committee: Frank Crawford, A. W. Jeffers, Clement F. Kimball, Council Bluffs; E. M. Morsman, Jr.; R. C. Peters, De Forrest Richards and Casper Yost.

Executive committee: Raymond M. Crossman, A. G. Ellick, Jesse P. Palmer, Dr. C. F. Crowley, Arthur Mullen, John A. Rine and Stanley M. Rosewater.

Daughters of St. George. The Daughters of St. George will meet at the home of Mrs. G. Collins, 423 South Thirty-first street, at 2 p. m. on Friday afternoon.

War Service Summary of General Federation of Women's Clubs

A summary of the war service rendered by the 9,000 clubs included in the General Federation of Women's Clubs was given by Mrs. Eugene Reilly, chairman of the business committee, at the 14th biennial convention, known as the war service convention of the federation, held at Hot Springs, Ark., early in May. It was founded on reports of all the federation state secretaries concerning the work done by the clubs in their respective states.

The clubs of the general federation raised \$4,880,000 for Liberty bonds; expended \$55,128 in thrift stamps; raised over \$90,000 for the Red Cross; \$55,106 for the library fund, and \$89,788 for the work of the Young Men's Christian association. Funds were also raised for the Young Women's Christian association activities, French, Belgian and Armenian relief, and several hundred French children were adopted by the clubs.

Broader Recognition Asked.
The convention passed resolutions which called for recognition of women in administrative and governmental positions, particularly where interests of women are affected. This set of resolutions also petitions utilization of women physicians in the medical reserve corps of the United States army, with the same conditions of pay, retirement, insurance and military rank to which men physicians are entitled, and the further use of women physicians in the contract service of the army.

A resolution, which received the approval of the food administration, was one in which the delegates voluntarily pledged themselves to consume no wheat or wheat products until the next harvest, or about September 1, 1918. The convention urged upon the health authorities in the different states the adoption of approval measures for the prevention and treatment of venereal disease.

Personals

Mrs. W. T. Robinson is visiting her sister, Mrs. Strode, in St. Louis.

Mrs. R. Copp is the guest of her sister, Mrs. S. R. Rush, and Mr. Rush.

Mrs. D. G. Cavers is spending a few days with Mr. J. A. Cavers and Miss Marjorie Cavers.

Mrs. Wilson Low is expected home next week from Little Rock, Ark., where she has been with her son, Lieutenant Raymond Low.

Mrs. W. P. Durkee of Chicago, who formerly lived in Omaha, is spending a few days with Mrs. R. L. Carter and Mrs. M. F. Funkhouser.

Mr. and Mrs. C. J. Hubbard will move to the Colonial the first of the week.

Mrs. O. Y. Kring will leave this week for the Atlantic coast, where she will spend the summer motoring with friends through the New England states.

Miss Rose Dempsey will leave Monday evening for Denver, to be gone six or seven months.

Arthur Loomis and Russell Peters, who have been attending Cornell, have returned home.

Miss Helen Pearce is expected home next Saturday from New York. Mrs. Charles Marple and Miss Josephine moved this week to 411 North Forty-ninth street.

Miss Helen Peycke, who has been at Vassar college, is expected home about June 15.

Miss Helen Eastman, who has been at the School of Applied Arts in Chicago, returned home Monday.

Mr. and Mrs. Joseph Baldrige and Miss Gwendolyn Wolfe left Wednesday for their summer home, Clifford Lodge, at Rockland, Me.

Industrial and social conditions committees in each state were urged to give consideration to the problem of employment in war industries of women and girl prisoners and inmates of jails and workhouses co-operating with state representatives of national labor in working out the solution of these problems.

Regarding the problem of the returned crippled soldier the convention expressed the desire that each local club encourage the soldier to accept government training for a useful occupation to insure his independence and self-respect. All the federated clubs were urged to co-operate in every possible way with the Federal Board of Vocational Education in its plan for the returned war cripples.

Resolutions were passed indorsing maintenance of labor standards and continued support of legislative protection of women and children in industry and the organization of women for labor necessary in food production.

Artistic, Economical Dress Desired.
The General Federation of Women's Clubs went on record as standing behind every effort to make clothing artistically better and more economical, purchasing only what is suitable and buying only the best fabrics the government can allow for civilian use. There was also indorsement of the compulsory use of the label "Made in America" for all American fabrics and clothing and labeling of goods of foreign manufacture, both to protect creative genius in foreign countries as well as to do justice to American manufacturers.

A resolution was passed recommending vocational training for public service along the lines indicated by the publications of the department of civil service reform of the general

ederation. These publications have received the approval of the National Education association, of a number of state superintendents of public instruction and are in use in 75 of the reference libraries of the country.

Another resolution reads as follows: "Whereas, the shipping board has presented to this convention the vital need of haste in providing ships for war emergency service; therefore, be it

Resolved, That the representatives of the civil service department conduct an educational campaign among the wives, mothers and daughters of the shipbuilding workmen, to arouse patriotic enthusiasm and stimulate a sense of personal responsibility for the successful and rapid prosecution of the shipbuilding program."

English the Fundamental Language.
In one resolution the legislators of the various states were petitioned to enact at the earliest possible moment laws which would make English the fundamental language for the people of this country and to compel all schools to develop part of each year's curriculum to the study of American ideals and institutions. Resolutions similar to those passed by the Daughters of the American Revolution at their 27th continental congress recently held in Washington, which concerned wearing of a spe-

cial sleeve band instead of the conventional mourning costume, saluting of the flag by women, and the punishment of dishonor by enforced kissing of the flag, were passed.

Women For Peace Council.
One of the last resolutions passed at the convention was as follows: "When in the providence of God the present war for democracy shall cease and representatives of world powers shall gather to discuss terms of settlement of a justifiable peace, the General Federation of Women's Clubs, an organization of 2,000,000 women, believe that the motherhood of America should be represented at the council table

through selection by proper authorities of one or more representative women of America." The recommendation was passed that the fund for furlough houses in France be raised to \$2,000,000, this fund to be administered by the war victory commission of the General Federation, under plans to be decided by the War department.



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HOW TO PREVENT APPENDICITIS

Appendicitis is primarily due to the poisons formed by decaying food in the bowels. It is a disease caused by improper and insufficient bowel elimination. Many people have only a small passage in the center of the bowels while the sides are clogged with old, stale, fermenting matter. They may have a bowel movement every day but it is not a complete movement and the old stale matter stays in the system to ferment and cause trouble. Besides appendicitis such unclean bowels cause headaches, stomach trouble and 80 per cent of all other sickness.

The old foul matter sticking to the sides of the bowels often stays in for months, poisoning the body and causing that listless, tired feeling known as "auto intoxication."

HOW TO AVOID TROUBLE.
The way to avoid sickness and to keep feeling full of ambition is to watch your bowels. Just as you keep the outside of your house clean, you should also KEEP THE INSIDE CLEAN. It is even more important to keep the bowels clean than it is to keep your body washed, because the millions of pores in the thirty feet of bowels quickly absorb poisons generated by decaying food left carelessly in the bowels. Don't allow the old, fermenting, filthy stuff to stay in your bowels for weeks, but GET IT OUT and keep it out. Remember, filthy bowels are the cause of most sickness—no stomach, liver or any other organ can do its work with a foul cesspool sending out gases and

poisons. Even if your bowels move slightly each day, that is not enough. There must be an occasional THOROUGH, complete cleansing to rid your system of all accumulated decaying matter.

HOW TO CLEAN BOWELS QUICK.
THE MOST COMPLETE bowel cleanser known is a mixture of buckthorn bark, glycerine and ten other ingredients, put up in ready prepared form under the trade name of Adler-I-ka. This mixture is so powerful a bowel cleanser that it ALWAYS does its work properly and thoroughly. It removes food and poisonous matter which other cathartic or laxative mixtures are unable to dislodge. It does a COMPLETE job and it works QUICKLY and without the least discomfort or trouble. It is so gentle that one forgets he has taken it until the THOROUGH evacuation starts. It is astonishing the great amount of foul, poisonous matter a SINGLE SPOONFUL of Adler-I-ka draws from the alimentary canal—matter you would never have thought was in your system. Try it right after a natural bowel movement and notice how much MORE foul matter will be brought out which was poisoning your system. In slight disorders such as occasional constipation, sour stomach, "gas on the stomach" or sick headache, one spoonful brings relief almost INSTANTLY. Adler-I-ka is the MOST THOROUGH bowel cleanser and antiseptic ever offered in ready prepared form. It is a constant surprise to people who have used only ordinary bowel and stomach medicines and the various oils and waters.

REPORTS FROM PHYSICIANS.
Dr. James Weaver, Los, Utah: "I have found nothing in my 50 years' practice to excel Adler-I-ka."
Dr. W. A. Line, West Baden, Ind.: "I use Adler-I-ka in my practice and have found nothing to excel it."
Dr. F. M. Prettyman, Mallard, Minn.: "I use Adler-I-ka in all bowel cases and have been very successful with it. Some cases require only one dose."
Druggist D. Hawks, Goshen, Ind.: "One of our leading doctors has used Adler-I-ka in cases of stomach trouble with wonderful success. He has not lost a patient and saved many operations."
J. E. Puckett, Gillham, Ark.: "I had bad stomach trouble. After taking Adler-I-ka I feel better than for 20 years. Haven't language to express the awful impurities which were eliminated from my system."
Cor. E. Noblett, Saxeysah, Okl.: "Thanks to Adler-I-ka I can sleep all night now, something I could not do for years."
Mrs. L. A. Austin, Ausland, Minn.: "I could not eat a thing, my stomach was so weak. Adler-I-ka made me feel better and am now able to work and gain."
Adler-I-ka is sold only by the leading druggists in each city.
Sold in Omaha only by Sherman & McConeil Drug Co., 16th and Dodge; Beaton Drug Co., 15th and Farnam; Yates Drug Co., 16th and Chicago; throughout Nebraska by the leading druggist in each city.—Adv.

16th and Harney Sts.

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Genuine, Delicious, Foaming, Sparkling Malt and Hops

Temperance Lager Brew

Make It In Your Own Home In a Few Minutes, From a Pure Malt and Hops Extract

These are the days of temperance drinks. Although non-alcoholic malt beverages, "near-beers," etc., are now being sold in bottles everywhere, they all lack a certain indescribable snap and flavor. But you don't need to miss these desirable qualities. You don't need to put up with those flat, tasteless, lifeless substitutes.

It is not generally known that a genuine malt and hops brew—non-intoxicating, but with all the cheer and invigoration—can be easily made at home. Most people think that such a brew can be made only by a brewer. But a wonderful new process enables you to make, at small expense, as palatable and satisfying a drink as you could wish for. Just get a package of

Peerless Malt and Hops Extract

from any druggist and follow the easy directions which accompany it. You mix the Extract with 7 gallons of water—and you produce, at small expense, a most delicious, sparkling, temperance lager, entirely unlike the usual insipid substitutes.

It satisfies the palate perfectly. You will like it better than you did the old saloon beverage—and it will be far better for you. Malt and hops make the most healthful drink. Your homemade temperance lager will be rich in nutritious properties, and you will like it better than anything you ever drank.

You can keep it in bottles to be used freely by your family and friends whenever you like. And think how cheap it is! You can make this tasty, "tang-y," foamy, invigorating temperance lager for only

About 22 Cents Per Gallon!

A package of Peerless Malt and Hops Extract—enough to make a brew of 7 gallons—will cost you but \$1.50. Where could you ever get a perfect beverage as cheap as that? Try it now! You will be delighted. Remember, you will like it better than injurious alcoholic saloon stuff. Yes, you will like it better. YOU WILL LIKE IT BETTER!

Call on your druggist today. If he is sold out he can quickly get more for you from his wholesaler.

NATIONAL MALT PRODUCTS CO., 1224-1228 S. Western Ave., CHICAGO