

WOMAN'S SECTION OF THE BEE

Conducted by Ella Fleishman

SOCIETY

By MELLIFICIA.

Omaha Woman Has Torpedo Scare While Enroute to England

Miss Joy Higgins, Omaha woman who is in Europe with the labor commission representing the United States, has experienced all the thrills of nearly being torpedoed. In a letter written to her mother, Mrs. A. O. Higgins, she tells of a torpedo just missing their ship by 15 feet. On the first night of their arrival London was visited by an air raid. Miss Higgins did not seem at all frightened, but describes the terrific explosions vividly.

The labor commission of which Miss Higgins is a member has received a royal welcome everywhere in England. The historic Warrick castle was opened especially for them, where they were entertained at a very brilliant reception. Ambassador Page, Admiral Sims, Lord Balfour and many other titled people were in the receiving line.

The commission is now in France, where members are traveling from city to city speaking to the people on America's willingness to give all aid in the war.

Omaha Girls to Finish at Smith.

Miss Irene Rosewater, daughter of Dr. and Mrs. Charles Rosewater, and a graduate of Smith college this June, has been offered the position of demonstrator in the college chemical laboratories. Miss Rosewater specialized in chemistry and expects to take a summer course in bacteriology at the University of Nebraska hospital. Miss Eleanor McGilton, daughter of Mr. and Mrs. E. G. McGilton, is another Smith graduate this year. Miss Katherine Woodworth is another Omaha girl who finishes at Smith in June.

Entertain for Visitors.

Mrs. L. M. Pegau entertained informally at luncheon at the Blackstone today in honor of her guests, Miss Luella Pegau of Los Angeles, Mrs. Julian Hahn and Mrs. Gladys Chambers of Chicago. Covers were laid for six at the luncheon table.

Mrs. Earl Buck will give an informal afternoon in their honor at her home Thursday; Friday Mrs. E. H. Bruening will be hostess at a luncheon, and Saturday evening Mrs. Madeline Krug is giving a dinner in honor of these out-of-town guests.

At Business Women's Meeting.

Miss Grace Grant, former president of the Business Woman's club of the Young Women's Christian association, is in New York attending a special conference of business women, called by the national board of the Young Women's Christian association at headquarters. Three delegates were chosen from this field, one from Minneapolis, one from Des Moines and one from Omaha. The conference is composed of 100 business women from all over the United States. The national board has added to its staff Miss Phillip, a young woman lawyer, who will direct the work in a way that will appeal to business women.

Memorial to Miss Crandell.

A monument to the memory of Miss Marion Crandell, the first American woman to be killed in active service at the front, will be erected shortly at St. Katherine's school in Davenport, Ia., where Miss Crandell was a faculty member. Miss Crandell was a former Omaha woman.

The "Marion Crandell Memorial" will be a teachers' cottage which has long been needed at the institution and will be built on the grounds. Miss Crandell was a canteen worker in the Young Men's Christian association at a "Soldiers Fireside" at St. Mendould, France, when she met death during a German bombardment.

May Birthday Festival.

The Ladies' Aid of Zion Lutheran church, Thirty-sixth and Lafayette avenue, will give its annual May festival Wednesday evening at 8 p. m.

Prof. Mach's philharmonic orchestra, consisting of 30 pieces, will give six or seven selections. Other musical numbers will be given. After the program in the church auditorium, refreshments will be served in the church parlors.

This is the 20th anniversary of this society.

Alumnae Banquet.

On the third Friday of every May the Northwestern Alumnae associations over the country give an annual banquet. On this occasion the members send telegrams to the sister societies. The Omaha association will give the dinner in the Oriental room at the Blackstone, Friday, May 17. A program will be given following the dinner, a number of the guests taking part.

Mrs. Roy Ralph has charge of the arrangements.

Tripp-Burris Wedding.

Announcement is made of the marriage of Miss Sidney Katherine Burris, daughter of Mr. and Mrs. Sidney Burris of Little Rock, Ky., to Mr. Lynn Avers Tripp, director of the army Young Men's Christian association at Fort Crook. The ceremony took place Tuesday at the home of the bride's parents in Little Rock.

On the Calendar.

The St. James' Orphanage Sewing club will be entertained Wednesday afternoon at the home of Mrs. John F. Whalen, 1146 South Thirty-second street.

Miss Edna Riley, who has been taking the nurse's training course at St. Joseph's hospital, is now visiting in Minneapolis and will not return until September.

At 81 years of age, Dr. Maria Sanford, the celebrated University of Minnesota educator, is touring the northwest delivering patriotic lectures.

The popularity of the cape seems not to wane and the cape coat flourishes.

Pretty May-time Bride



MRS. EDWIN H. MITCHELL.

Another May-time bride is Miss Camillus Barbara Donohue, daughter of Mrs. M. E. Donohue, whose wedding took place at high noon today, at the home of her sister, Mrs. H. M. Larrabee. The bridegroom, Mr. Edwin Harvey Mitchell, came from Fort Worth, Tex., for his bride and there the young couple will make their home. Father Finney performed the ceremony amid showers of rose petals and spring flowers, and only the immediate relatives of the young couple heard the marriage vows.

The bride was most attractive in her going-away gown of blue with large blue hat to match. From the string of pearls about her throat, the gift of the bridegroom, to her fragrant corsage of sweet peas and orchids, she was as charming a bride as you ever saw all on a May morning.

Following the ceremony a wedding breakfast was served at the Blackstone for the wedding guests. The young couple will take a short wedding trip and will be at home at Fort Worth after June 1.

Personals

Abe Bessel left Monday for Jefferson barracks, St. Louis, Mo.

Mrs. Arthur English has returned from an extended visit in California.

Mrs. George H. Bligh returned Sunday from a two weeks' visit in Chicago.

Mr. and Mrs. D. H. McAvoy will leave the first of June for Boston, where they will make their home.

Miss Mary Grady is convalescing at Nicholas Senn hospital, following an operation Sunday night for appendicitis.

Miss Helen Eastman, who has been studying at the Art Institute in Chicago this winter, is expected home in about 10 days.

Mrs. W. W. Long spent Sunday with her son, John B. Long, at Fort Leavenworth, Kan. Mr. Long expects to be transferred to an eastern camp very soon.

Max Thomas visited his cousin, Mrs. G. C. Peironnet, last week-end enroute home to Minnesota from Camp Cody, where he was ill in the hospital for more than three months.

A baby son was born Sunday to Lieutenant and Mrs. Fred Clarke at Breckmont hospital. Lieutenant Clarke is now stationed at Hoquiam, Wash. Mrs. Clarke was formerly Miss Stella Thummel.

Mrs. Charles Rosewater will go east early in June to attend the commencement exercises, curtailed as they will be on account of the war, of Smith college, from which her daughter, Irene, will be graduated.

Mrs. E. F. Riley and daughter, Florence, leave this evening for the east, to be gone about six weeks. They will visit Scranton, Philadelphia and New York, stopping at Notre Dame, Ind., to visit Mr. Clarke Riley, who is attending school there.

Miss Anne Gifford, who returned from New York Sunday, is continuing her stenographic studies at Boyles college while at home. Miss Gifford will remain in Omaha until she is called for work over-seas with the Nebraska base hospital unit. The date is very indefinite as yet.

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Home Economics

Edited by IRMA H. GROSS, HOUSEHOLD ARTS DEPT. CENTRAL HIGH SCHOOL

Spring Greens

In the days of old, before refrigerators and hot houses made it possible to have fresh fruits and vegetables the year round, people found themselves in the spring time with spring tonics were common, as was the instinctive desire for the spring greens. We now know that fruits and vegetables are an absolute necessity, that canned goods may satisfy the body needs to a great extent, but that a certain amount of fresh food is absolutely essential in an adequate diet.

The need for spring greens is not so great as it was in the days of our grandmothers, but there are few of us who can indulge in fresh foods to our heart's content in the expensive winter season. Hence we find ourselves, in the spring time, not in the run-down condition of a hundred years ago, but still needing to be slightly "toned up."

Varieties of Greens.

We are all familiar with spinach, and some of us know the dandelion as an article of food. It is good only in its young and tender stage, but at that time it is an excellent rival for spinach at no cost beyond the trouble of gathering it. Less well known greens include sorrel, beet tops, lamb quarters and Swiss chard. Beet tops are so nearly like spinach that I doubt if one could tell the two apart after they are cooked.

All these greens are valuable for about the same purpose, namely, body regulating, and all are prepared in the same way. I once read a suggestion that if one did not like the flavor of the wild greens so well it was possible to cook half spinach and half the wild variety together.

Cooking of Greens.

A peck of spinach will serve eight to 12 persons, depending on the size portions desired. A peck may seem like a huge quantity, but spinach has the property of shrinking almost to nothing.

Since we value greens for their mineral matter, which has the power

of keeping our bodies in good condition, and since the mineral water has the property of dissolving in water, the ideal way of cooking greens is in as little water as possible, provided the greens are young and tender. In using old plants, it is sometimes necessary to boil in rather large quantities of water.

Greens may be steamed; or boiled without any water except that which is left on the leaves after thorough washing. The latter way is very satisfactory. Before serving, drain, cut across many times, and season with salt, pepper and fat. Butter, butter substitute, or bacon fat may be used. Some people like the addition of vinegar, and the usual garnish is slices of hard boiled egg.

Cream of Spinach Soup.

3 c. milk, 1 c. cooked chopped spinach, 2 T. fat, salt and pepper, 2 T. flour.

Melt fat, add flour, then milk and stir to boiling. Add spinach and seasoning.

Spinach Sauce for Fish.

1 c. milk, 2 T. flour, 1/2 c. cooked, chopped salt and pepper, 4 c. spinach.

Prepare as the cream of spinach soup, adding the lemon juice just before serving.

Luncheon Spinach.

2 c. cooked hominy, Butter, or butter, 2 c. cooked, chopped spinach, Bread crumbs, Salt and pepper.

Grease a baking dish, fill with alternate layers of hominy and spinach, and season each layer with salt, pepper and butter. Cover with crumbs and bake just long enough to heat through.

Spinach—Bohemian Style.

1/2 peck spinach, 1 t. flour, 1 1/2 c. beef soup, 2 eggs, beaten, 1 T. butter, Pepper and nutmeg, substitute, If desired.

Pick over and wash the spinach, cover with boiling salted water boiled 10 minutes, then drain. Chop fine, put back in pan and cover with the beef soup. Simmer 20 minutes. Blend the butter and flour, add to spinach, then the eggs and seasoning. Simmer five minutes.—Bohemian-American Cook Book.

The Woman With a Past—Dare a Man Marry to Reform Her?

By BEATRICE FAIRFAX.

"Dare a man risk marrying a woman to reform her? Will a woman with a black record back of her ever make a good wife? Can a woman who has been bad ever change and make good?" These are some of the questions which men frequently ask me.

I should like to answer "Of course." And let it go at that. I like the idea of giving every human being a chance, of judging people by the flicker of good in them, even though it lights up a swamp of slimy ugliness. But that will not quite work.

I don't believe in marrying a man to reform him, and so I cannot conscientiously uphold the idea of marrying a woman to reform her. When A marries B to reform B it is almost a foregone conclusion that it won't work.

When B marries to reform A the story is very different. If the longing to be worthy of A, to be a fit mate for A, to live out the rest of life as a decent, honorable partner and beloved of A, is sufficiently impelling to make B conquer the evil self and lift the good self—then I say to A, you have a blessed influence on B, and the new B that is made through you will be a splendid mate (this with as much assurance as anything can be said of human nature)—so go ahead, and may you both be blessed.

Nothing that any human being does through ignorance or poor judgment or a moment of weakness can be made to count against him finally if he is capable of rising above his own

blunderings. If a sinner repents the tragedy is remembering the ugly things and trying to get away from them. The strength and courage which makes the blunderer or the evildoer face life squarely, be honest about the past wrongs and determined about the future good, are more admirable than those who have never blundered or been tempted can know.

Anyone who raises above an evil self, slays it and becomes good and strong is magnificent. If he does it because of his own consciousness of right and longing for right, he is twice admirable. But even if he does it to be worthy of pride, love, happiness or social recognition, he is good.

The point of the whole thing is: How sincere is the reformation? When you marry a man or woman to reform him or her, you are marrying someone who promises to turn over a new leaf. If the promise is sincerely meant why shouldn't they turn over the new leaf first and prove that the reform is in their own souls—a thing they themselves pride, not, a concession they make to you?

No, I don't believe in marrying a drunkard, nor a convicted thief nor a murderer, nor a woman of evil habits. But I do believe that if such a one turn away from evil and seek good none of us has a right to refuse to accept him or her on the basis of the present good.

Strength to Come Back. Suppose that Mary has been lax. Suppose she has been addicted to drinking and smoking and the permitting of cheap familiarities—suppose even real degradation for Mary. Of she is strong enough to come back in spite of the fact that the forces of society keep pushing her down deeper and deeper, then society ought to

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recognize her, not as a woman who was once bad, but as a woman who was big enough to conquer that badness.

Dare a man marry such a woman? In all fairness—why not if he believes in the right and justice of killing the fatted calf for the prodigal son when he decided to come home? But a man will have to back up his squariness in such matters with the willingness to fight a world which is not yet ready to accept the prodigal daughter.

The world thinks that a woman who has blundered is bad. Once bad, always bad, says society, sneering at reform.

But society forgets something very important. Some women are delivered over to temptation by the very finest things in their own nature. They love and give when they should withhold; they sacrifice themselves through devotion to someone else.

Then there is the woman who is given over to evil by desperate need, by ignorance, by all sorts of social forces which she was not in the beginning equipped to fight.

We spend millions reclaiming deserts. Why not then spend at least a little understanding in reclaiming those who are not "waste" but who have let the springs and the fertile goodness in their nature be swept over by evil seeds. It isn't safe to marry a woman in order to reform her, but it is cruel to deny a woman who has reformed her right to happiness.

Zionist Medical Unit to Work in Palestine

The American Zionist medical unit, equipped by Hadassah, the women's Zionist organization, has complied with all requirements of the American government, as well as those of the British government, and will sail early in May for work in Palestine. "It is expected that this unit will be a conspicuous factor in the execution of the organization and sanitary plans for the restoration of the land," says Henrietta Szold, chairman of Hadassah.

Jane Houghton, the foremost woman rifle shot in the world, is teaching marksmanship and the art of self-defense to a number of New York society women.

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