## HOW ONE MAN FOUND HEALTH IN A CITY DENTIST'S CHAIR

the time of the control of the state of the

Symptoms of Illness That Frequently Mislead Physicians Into Incorrect Diagnoses Causing Misery and Suffering Due to Condi-

tion of Teeth.

man contracts.

Every conversation with another

man, every meeting of every kind, in-

volves the expenditure of a certain

ing unsocial and unresponsive whose

have not the health to be otherwise.

To See New Doctor.

gan to have money of my own to

spend, the impulse would come to me

occasionally to try what some new

supper and talked of many things

adore golf. It was dark, but even

under the friendly covering of night

I could not summon up courage to lie.

I had to confess that I was not much

on sports, and the confession cost

me bitterness such as only youth can

The following day I made my way

back to the city and started on my profitless round. I visited first a doc-

tor whose reputation was known

throughout the city as a diagnostician.

It was his business to find out the

hidden diseases that escape the prob-

ing of less expensive men. I told him my whole story—how I had been

"born tired" apparently, how, with-out being really sick, I was never

"Nothing organic the matter with

nervously tired; you haven't reserved

thing for you to do is to see a good

Hammer for Reflexes.

flexes" responded, asked me ques-

tions of various sorts, and concluded

by giving me a prescription for two

kinds of tonic, and a suggestion that

I felt a good deal encouraged after

my visit to that nerve man. He is

one of the two or three leaders in this

field in America; the prescriptions

which he gave me were very expen-

sive, which increased my faith in

their potency; and, finally, his sug-

gestion about an eye specialist sounded promising. When the eye

man gravely informed me that he had

located a "slight astigmatism" and

that I must wear glasses, I could

The hope that sprang into my

heart after my visits to these three

very great and costly men vanished

rapidly, leaving me sunk even lower

in the slough of despond. Until then

there had been some possibility that

wiser doctors would discover trou-

ble where the general practitioners

had failed. Now I had been to the

very best men, and they, too, had found nothing. There was no use in hoping further; the only thing left

was a dull, dead determination to

stick it out and to do a man s work,

All the world, as someone has said.

is divided into two classes-those

who have rheumatism and those who

are going to have it. It was a year ago last spring that I had my first

visit from the common enemy of man-

kind. Only a preliminary twinge in

my right knee, but it was enough to

It was while I was in this state

of mental depression that I ran into

friend at the club who had been a

notorious sufferer from muscular

rheumatism, and was amazed to find

What About Teeth? "Those baths must be great things," I said, for I knew he had been

buried in mud for a month.
"They're all right," he replied; "but

"Teeth!" I exclaimed. "What do

"Among many other things that

you mean? Teeth cause rheumatism?"

they cause, rheumatism is not the

least. There is hardly anything they

don't cause, as doctors have just dis-

'That sounds crazy enough to me,'

said. "Why, look at me! I have heumatism, and I've been to a den-

tist twice a year regularly ever since

"Ever have your mouth X-rayed?"

"Well, take my advice and go and

I spent that afternoon in the office

nothing but photograph jaws all day

with something almost like pity.
"I've kept a duplicate set of these,"
he said. "I want to show them to our

dental society. To look at you, one

would suppose you are perfectly well

yet those pictures uncover trouble

enough to have put a horse to bed."

do it. Do it this afternoon."

was 6 years old."

ne asked.

you advise?"

it wasn't baths that did for me.

with health or without it.

plunge me into gloom.

him apparently well.

I see an eye man.

have leaped for joy.

wholly well.

sharply:

money I could earn in a lifetime.

As my income increased and I be-

This is the first time in sixteen | frail constitutions grow strong and years that I have allowed myself to hearty between the years of twenty talk about my "symptoms." Sixteen and thirty, so I cherished a latent years ago, after a great specialist had hope that my experience might be of assured me there was "nothing organic the matter" with me, I made up my mind that, however much my ill health might spoil my own life, it should not spoil the lives of others.

I am breaking that resolution be
I am breaking that resolution be
I are that my early twenties passed, however, with no visible improvement. I got on in business reasonably well, but I was far below real efficiency. I limited myself rigidly as to pleasures and even as to hu-

cause I think I have discovered what is the matter with half the people of the world, who without being sick, are more or less constantly depressed and troubled with pains that are not "or- amount of energy. There must be ganic" and, therefore, apparently be-thousands of men and women in the yond medical help. I believe I can world who bear the reputation of bedescribe the symptoms of at least a million men and women in these fault lies in the fact that they simply United States who will recognize in my story a counterpart of their own.

I come of moderately well-to-do parents. My ancestors on both sides lived wholesome, self-respecting lives. None of them passed away much before eighty. How it come to pass that doctor might do. I remember one I should "enjoy poor health" seemed such impulse especially, because it

I passed through the usual succes-sion of children's diseases in mild form, and except for them I cannot remember ever having had the ministrations of a physician in my first fitteen years. I can remember being taken by my mother to the dentist taken by my mother to the dentist when I was 6 years old.

Long before this I had been initiated into the use of the toothbrushso long, in fact, that I must have been born with a toothbrush in the place of the traditional silver spoon. I feel it necessary to set this down, partly out know. At that moment I determined of justice to my parents, and partly that I would be well if it took all the because I understand that a late medical theory ascribes all tooth decay to lack of oral cleanliness. I am the living proof that this theory will not

Lots of Work Needed.

I can recall my first appointment with a city dentist clearly enough. even to the very words he spoke. I opened my mouth, he poked the instrument here and there for a brief minute, and, turning to my mother, in accusing tones he said to her: "Mrs. Elkins, there's a pile of work

to be done." He began by pulling three teeth. Six or seven years of hard, conscientious brushing out of eleven years of life-and this was the reward!

It was during these years of my early teens that I first remember a certain deficiency of vitality, a lack of endurance that left me tired, and ready to go home and to bed while other fellows were still fresh. It was not sufficiently pronounced to be if I'm not mistaken. noticeable to my people, nor to handi-

So I made my way up through high school and into business, living a virtuous and more or less unhappy life. I had everything that ought to make a man happy-a good home, congenial work and the appearance of splendid health. Indeed, I have never lost that appearance: it seems to be one of the curiosities of a condition like mine that a man can look the perfect picture of health while feeling utterly miserable. Knowing this, I often wonder what tragedies are hidden behind rosy cheeks and eyes almost

My trouble was, first of all, that I was never really rested. I slept fairly well, but I would get up in the morning almost as tired as when I went to bed. My wife sometimes leaps to the floor and stretches her arms above her head to greet the new day, and exclaims, "I could eat the world!" I have never in my whole life felt that way. Generally I have risen rather blur-eyed, with a Rind of grim resolve to make my strength equal to the day's burden, somehow or other. And many a morning I have lain on my pillow, watching the rays of the sun push their way through the window and spread and dance, and have pictured the sunlight as a kind of implacable enemy. kind of implacable enemy.

Down to Mere Nerve.

Usually this tired feeling would pass off by the time I had eaten breakfast, and I would reach my office with a fair amount of energy and determina-tion for the job. But after an hour or two all that energy would have used itself up and I would be down to mere nerve again. It was as though Nature had given me a man's size body, and a brain for a man's size job, but had equipped me with a reser-voir that would hold only a child's

My people had never believed much in doctors. I complained to them once or twice about my feelings, and they brushed the complaint aside as being a product of an unduly active imagination. They had no time or money to squander on the health of a boy who cost as much to feed as I did and who looked so perfectly

We had moved from the city to a suburb, and our new dentist, a conscientious young fellow, was honestly concerned at the way in which my teeth persisted in going to pieces, in spite of all his care and my vigorous consumption of tooth powder and washes. He asked me questions about my health, and sought by putting litmus paper in my mouth to determine whether the saliva was acid or alkaline. So far as I could see, there was no reaction visible on the paper, but he believed that there was something the matter with my stomach which caused an condition of the mouth.

My people listened to his report though they paid no attention to my own, and on his suggestion I was taken to doctors of various sorts.

More Fresh Air.

Looking as well as I did, I re-ceived a superficial examination, a slap on the back and an injunction to get more fresh air into my lungs, drink more water and think less about my health. So my youth passed, and manhood came to me, and found me with several hundred iollars' worth of dental work in my mouth, a tired body, a chastened spirit, and a conviction that I sufered from some disease such as no man had ever had before, since the octors seemed unable to locate illing my body to a hospital, in order that an autopsy might be percovered and charted.

"Hot Soup" for Boys on Way to Front; Broth That Sammies Say Can't Be Beat TO DEDICATE NEW



AROUND THE SOUP KITCHEN GOMMITTE ON MAIN MARAMETER, SAME SIME American soldiers enjoying a hot meal on the march to the front in France

was born of a violent love affair. I met the young lady at a summer resort. We paddled on the lake after to him and see what he says."

able to save. I've noted my conclusions on my report; you can take it to him and see what he says." What Report Showed.

my way up-town I read his report. Here it is. One does not have to be an expert to see that it meant a pile of trouble:

Upper Jaw, Left-1st molar: Par-tial canal filling. 2d molar: Test for vitality. 1st and 2d bicuspids: Partial canal-filling, abscess condition. Upper Jaw, Right-Central and lateral canine: Partial canal-filling, abscess condition. Bicuspids: Partial canal-filling, with cystic area extend-ing to 1st molar. 2d molar: Please

test for its vitality.

Lower Jaw, Left-Molars: Partial canal-filling, pericemental irritation. 2d Bicuspids: Partial canal-filling. Canine: Partial canal-filling, abscess. Lower anteriors: Considerable absorption process, abscess condition about all, partial canal-filling. Central.

Lower Jaw, Right—1st Bicuspid:
Partial canal-filling and abscess. 2d Bicuspids: Test for vitality. 1st and 2d molars: Partial canal-filling, ab-

He went over me carefully, I will say that for him; and when he concluded his examination, he said scess condition. I hunted up the best dentist in New York. His prices were twice as high as any I had paid before, but You've overworked; you're they were high. There may be a lot of bluff in the learned professions, power enough to carry you. The there may be isolated cases where lawyers and doctors and dentists are nerve man. A man like Coburg, for instance. I'll give you a card to charging exorbitant fees, not because they have unusual ability but because him; he'll fix you up in short order, they have unusually high rent. There doubtless are some such cases, I say, but my experience has been that mere a man is getting big money for

> my trouble. Crowns in my mouth were leaking and secreting food that of the Register, has chosen Smith colformed poisons; root canals, as the lege.
>
> The graduates are: ally filled, resulting in abscesses. There were at least six so-called blind abscesses at the roots of my teethcalled blind because their presence was not indicated by any external swelling, and could be discovered only by the X-ray. Yet any one of them was draining sufficient poison into my blood to corrupt my whole sys-

Scratch your finger; let a dentist infect it with even a tiny particle of pus, and it will swell and fester. What, then, must be the effect of pus continually generated and constantly eing drained into the system from a half-dozen infected teeth?

It is not pleasant to talk about; and need not go into any further detail. Suffice it to say that I had every crown in my mouth removed, every dead tooth opened up and re-treated four could not be treated and had to be pulled), and new work put in rom start to finish, every bit of it checked and tested, as we went along.

That was two years ago, almost. and from the day that the work was completed until now I have never had he slightest touch of rheumatism. eat more heartily, sleep better, and have far more vitality and joy in living

than ever before in my life. A woman came to my dentist while was being treated. She suffered from neuralgia. There were no cavities in her teeth apparently, and she had been examined by various physicians, none of whom could locate the cause of her trouble. I saw the dentist take an X-ray of her teeth on the side of her face where the pain oc-curred, and watched him develop it. There, as plain as day, lying across the roots of three of her teeth was a fourth tooth that had never come through. It was a bad job removing that tooth, but the woman has had no trouble since.

Suffered From Bad Teeth.

A man in an office near mine suf fered for years with his eyes. He had been treated by a first-class spe-cialist, but in spite of everything his eyes would become terribly inflamed once or twice a year. Finally, as a last resort, the doctor sent him to a dentist. The X-ray showed that four of his teeth were causing all the trouble. They were to all appearances perfectly sound, and he hated to lose them. But he has had no eye trouble of a dental X-ray specialist who does since they came out.

Les Darcy, the Australian prize When about 4 o'clock he ring champion, came to this country handed me the films on which my as a perfect physical specimen. oft-filled teeth were pictured, he few months after his arrival he had looked at me with surprise mingled an attack of rheumatism. He was taken to a hospital, examined, and it was found that every tooth in his mouth was decayed. He died two

weeks later. I could go on citing instances al most without number. They have all tended to form this conclusion in my "But I've never neglected my mind: If I were called upon to find teeth," I exclaimed; "I must have a out what was the trouble with a railmind: If I were called upon to find thousand dollars' worth of dental road, I would start to look first at work in them this minute. What do the terminal and freight yards, where all the traffic enters the system, and "I advise you to take those pictures if I were ever to suffer from ill health to the best dentist in the city," he again I would begin first to inquire answered. "Have him open up every whether, perhaps, the trouble did not formed and the obscure disease dis- tooth in your head and see just what originate in my mouth, where all the

# **GET DIPLOMAS AT** OMAHA CENTRAI

Girls Are in Majority; Commencement Exercises Will Be Held June 7; Seniors Choose Colleges.

There will be 243 students graduited from the Central high school on June 7. The girls are in the major-ity, with 141.

Fogel, Ben Frank, Julius Frank, Meyer Gardner, Stanley

of the students as the institution Graham, Frederick where they will continue their educaion. Several will remain in Omaha.

tion. Several will remain in Omaha. More than 100 seniors have not chosen their college or intend to discontinue their education.

Dr. Charles H. Judd, head of the college of education at the University of Chicago, will deliver the commencement address at the Auditorium Friday night, June 7, to the graduates of the four high schools of Greater Omaha.

Tornelis M. Aaron Greenfield, Aaron Swet, Abe Harman, Woerner Revere Vanko, James Weit, Alfree Weilar, Platt Weilar, Platt Weilar, Platt Weilar, Prederick Willox, Byron Wilcox, Paul Jerpe, George William Wilmoth, L. Harmor Johnston R. Wallace Winterton, Leonard Kenyon, Meredith Wolfe, Joe Geisler, Herbert Wright, Fred Kerr, Ralph Kiewit, Peter

One to West Point.

Daniel Longwell, lieutenant colonel of the cadet regiment, will enter West Point. Leland Potter will make West Point. Leland Potter will make Majorle Allen, Emily Rose Head, Lillian Holms, Eva Lorraine application at Annapolis. The Univer- Anderson, Erma C. rolled back my eyelids and looked at my pupils, tapped my knees with a little hammer to see how my "relittle hammer to see how my "relittle hammer to see how my "reflexes" responded asked me guest who is doing the same work for less.

Secretions Formed Poisons.

All my life I had been paying for what I supposed was first-class dental what I supposed was first-class dental athletes, will enter Nebraska University. Floyd Paynter, an all-bell. Nina Benson, Helen A. Berser, Lena Benson, Helen A. Berger, Lena Benson, Helen Ben ton. Ilda Langdon, assistant editor

Kjellgaard, Holger C Kline, Maxwell Kolb, Edward Allison, Charles Anderson, Roscos Balbach, Carl

come only recently to recognize the importance of the teeth; and to many laymen the claims that are made for Daley, Mildred McLaughlin, Matthe possible effects of bad teeth must Frances McVeigh, Rita Darlow, Dorothy Anna Marxen, Della A. seem wildly exaggerated. Who could imagine, for example, a pain in the knee being cured by the extraction of a bad molar? Yet I know just such Drishaus, Mildred

Indeed, I am ready now to believe Easter, Thelma A almost anything, having proved by my own experience that are the control of my own experience that one may have | Eddy, Isabella been faithful to the dentist all his life, Edwards, Dorothy and yet find under the X-ray conditions sufficient to cause any disease from dyspepsia to housemaid's knee.

If you do not know what's the matter, and if the doctor, wagging his Gant, Hazel Gertrude is no organic trouble, doesn't know what's the matter either, go and get your teeth X-rayed. This is my advice; it cost me more than thirty years of suffering and hopelessness. I pass it on in the faith that to many others, in whom hope is fast evapor-Promised Land; that they may discover, as I did, that the health they seek is waiting for them in the den-

Bantin, Clarence Fred Kushner, Edward Barber, Peter Thad- Isldore deus Lake, Benjamin Barson, Sidney Landgren, Edgar Bastien, Ivan H. Lindley, G. Harold

Barson, Bidney
Bastlen, Ivan H.
Bertrand, Wilson Gee Linsman, Morris
Beverldge, Wendell Longwell, Daniel
Haselton McCoun, Leonard P.
Borcherding, Perry A. Maxwell, Eugene
Bramman, Maurice T. Blake
Brisbin, Lansing
Brown, Julius Miller, Nathan
Brown, Julius Miller, Nathan
Brown, Julius Miltauer, George C.
Buckingham, Robert
Carson, Hugh
Constantine Marcus
Copeland, Jacob
Cunningham, Bruce
Dale, Munson
Denrmout, Richard
Earl
Dodda, Robert
Ellington, Donald
Lindley, G. Harold Earl Dodds, Robert Ellington, Donald Paynter, Floyd Lee Peterson, Harold Petersen, Paul Potter, E. Leland Quivey, Clyde Rogers, Clarence Rosen, Samuel M. Rosenblatt, Sol. Rusicka, Richard Sage, Raymond Wallace Sallander, Audley Slater, Chester Dean Elwood, Rex Eychaner, George Feldman, Charles Fernald, Reginald Fike, John Fiske, McKee Fleishman, Max

Smith, Austin Smith, Richard Eu gene spellman, Walter Greenfield, Aaron

Klewit, Peter Girls.

Hilliker, Frances Huntzinger, Marie Hurt, Elsie Jenkins, Annie B. Jensen, Fanny Mae Johnson, Helen Mae Johnson, Louise Edna Johnson, Mildred Jones. Marion A.

Kelley, Eunice Klein, Ines Koenig, Gertrude Campbell, Almaria Charlotte Johanna Krogh, Elva Kulakofsky, Beulah Kulakofsky, Fannie Canan, Dorothy Carlson, Margaret Christensen, Iva Clarke, Helen D. Bangdon, Ilda Cleland, Frances C. Langren, Agnes P. Coble, Marion Frances Lear, Collinetta Lepper, Dorothy Leslie, Mary Louise Lindborg, Enid McAdams, Clara Cohn. Rose Cohn. Sophia Mary McLaughlin, Margare Dean, Alice

Matthews, Margaret Miller, Carolyn Moring, Elizabeth V Moring, Elizabeth V. Morrow, Florence, Florence Motz, Bertha H. Murphy, Margaret Murray, M. Vera Neff, Helen Nelson, Esther Ruth Nelson, Garnett Niswanger, Elithe Norton, Ruth Ord, Marjorie France Parker, Anna Peak, Odessa Belle Perrigo, Elizabeth M Gray, Dorothy Green, Mildred Grobeck, Lettie

Porter, Anna Clyde Price, Florence Gwin, Helen Hagelin, Mirlan Commercial High school has 34 stuating, it may prove a guide to the dents prepared for graduation, 15 boys and 19 girls. They are: Four-Year Diploma.

For Use in Carrying Supplies to Allies

Building Concrete Vessel of 4,500 Tons

HIGH CHURCH MEN K. OF C. BUILDING

Soldiers' Club House at Fort Omaha Pronounced Best Structure of Kind in United States.

Dedication of the newly erected Knights of Columbus building at Fort Crook, installed for recreational and educational work for the soldiers, will be held Suntay morning at 10 o'clock.

Archbishop J. J. Harty will celebrate solemn high mass and will deliver an address. The presentation of the building, on behalf of the Knights of Columbus, will be made by George F. Corcoran of York, Neb., to Colonel Hite, representing the 41st infantry. T. J. Doyle of Lincoln will deliver a

patriotic address.
Assisting Archbishop Harty at the e Bishop Patrick Mc-Govern of Cheyenne, Wyo.; Mon-seigneur A. M. Cclaneri, Rev. James A'Hearn, Rev. F. X. McMenemy, Rev. Robert Kelley, Rev. D. P. Harrington, Rev. W. F. Borer, Rev. P. C. Gannon, Rev. J. F. McCarthy, Rev. Edward Flanagan, Rev. P. A. Flanagan and Rev. James W. Stenson, who will be master of, ceremonies.

Choir Will Sing. At the mass a choir under the di-rection of Harry Burkley will sing. The 41st infantry band will furnish music during the presentation cere-

A general invitation is extended to the public, and arrangements have been made for half-hourly street car service from Twenty-fourth and N streets, South Side, starting at 9

The new building has been inspected by many people who have visited similar buildings in different forts and cantonments throughout the United States, and they have pro-nounced it the best building of its kind in the country.

### Dr. Frederick Finch Strong Lectures Here This Week

Brilliant and spectacular experi-ments with a stage full of electrical apparatus will be shown by Dr. Fred-erick Finch Strong, Tufts college lecturer, who comes to Omaha lodge of the Theosophical society, and will deliver a series of three public lectures, at 402 Lyric building, Nineteenth and Farnam streets, next Tuesday, Wed-nesday and Thursday, at 8:15 p. m. Inventor of the "Vacuum Elec-trode," now generally used under the name of the "Violet Ray," author of many scientific text books and lecturer for more than 20 years on science, psychic phenomena, theosophy and comparative religion, Dr. Strong is said to speak with authority on the

Klauschie, Arthur Moriarty, Milton Reynolds, George

Goerne, Ruth Hoisten, Mildred Kalmbach, Margaret Pomy, Hermine Skinkle, Leola Stilling, Helga. Three-Year Certificate.

Rupright, Helen Tauchen, Angeline. Clark, Lora Gates, Effe Kosper, Meyer Two-Year Sinclair, Helen E

Bernstein, George Junge, Herman Krupa, Andrew Mittleman Harry Bleick, Margaret Fjellin, Florence Fleisher, Sadye Grabo, Eda Jensen, Mabel Peterson, Rose. Reinhardt, Myrtle Robinson, Helen B Robinson, Helen B. Robinson, Lilly Rogers, Mildred P.

Singles Katherine Skidmore, Charolette Stallard, Evelyn Stone, Josselyn Stratbucker, Gertrude, Suilivan, Vera L. Titus, Grace Frances Travis, Winifred Wahl Frances Wallace, Helen M. Weller, Allice Mae Wesin, Alice T.White, Mildred White, Virginia Whitelaw, Beatrice Wiese, Dora A. Romano, Florence K. Wiese, Louise Shepard, Lenoir Shepard, Mercedes

South Girls Outnumber Boys. South High will have 50 graduates, 18 boys and 32 girls. They are:
Anderson Clifford Cohn, Caroline
Derbyshire, Russell Compton, Marion S.
Domshydte, Henry Davis Atla I. Anderson Clifford Derbyshire, Russell Domshydte, Henry Emigh, Wayne Espegren, Arthur Hamilton, Lloyd

Hamilton, Lloyd Henni, Robert Johnson, Clarence Kazlowsky Abraham Kazlowsky Abraham Larson, Clifford Madison, Arthur Mattox, Carl Mattox, Carl
Mundt, George
Rathsack Herbert
Rubin, Charles
Stejakal, Ladislav
Wilson, Raymond
Anderson, Anna M.
Benson, Ruth H.
Bevington, Ethel M.
Bird, Erlynn B,
Bliss, Margaret
Broscheit, Clara L.
Colwell, Mary E.

Davis, Margaret E. Duncan, Bessie Eimborg Clara Henke, Amanda Mahoney, Mary Mushkin, Marion Scoffeld, Barbara

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Value List

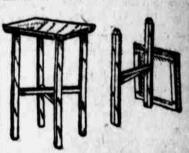
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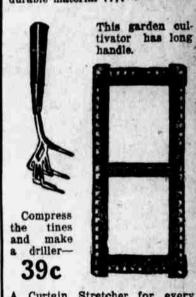




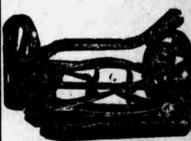
and golden, an ideal plant stand .....



Clothes Hampers, round and well woven of strong durable material ....



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Howard St. Bet. 15th and 16th

When Buying Advertised Goods Say You Read of Them in The Bee

BUILDING CONCRETE SHIP COMMITTEE ON FOLK ON S.

Many men who start out in life with he'll have to pull; others he may be is received. Doctors themselves have A view of a reinforced concrete hip of 4,500 tons recently launched on the Pacific coast.