

Adelaide Kennerly
EDITOR

WOMAN'S SECTION OF THE BEE

Ella Fleishman
ASST. EDITOR

First Line Trench
Depends on Strength
Of the Bread Line

"Over the top!" This must be the battlecry in the kitchen of every American home today, as well as the battlecry on the fields of Europe.

It means that the time of talking about food winning this war and how we must save it, is past.

"Over the top!" Get into the real fight of saving food! Face the enemy, starvation, that is invading the countries of our associates in this war, despite the efforts of their brave women to check its advance.

These women have put up a splendid fight. They knew that their men were putting all their strength into beating back the enemy and they, their wives, sisters, mothers and sweethearts, must face the great struggle against starvation alone.

Women whose nearest approach to farm labor before the war was to train their rose vines to grow over their porches and pick fresh sweet peas to their drawing room tables are doing the heavy work of a farm laborer today. They are plowing, raising crops, feeding and tending live stock, keeping cattle barns and farm machinery in repair.

Run Food Factories.
Besides the farming, the women are practically running the food factories, keeping them going day and night as long as they can obtain the raw food products with which to work.

Down to the last child these people have learned something that very few people here in America have as yet learned. It is this: the strength of the first line trench depends on the strength of the bread line. As long as the women can hold the bread line under the shock of war, the men can hold the trenches. When the women fail, the men fail.

In their hour of need, the women of Europe are calling to you, women of America. "Over the top!" Into fight with us against hunger!

If we are to help them, we must save food as never before. Where we have had one wheelbarrow in our work, we must put two in now—or better, still three or four! We must remember that every ounce of food saved is just that much food sent to our soldiers and the allies.

Government May Take
Platinum Jewelry

The Women's National League for the Conservation of Platinum is warning women to prepare for a federal order commandeering rings, tiaras, bracelets, meshbags and other articles of jewelry which have platinum in them.

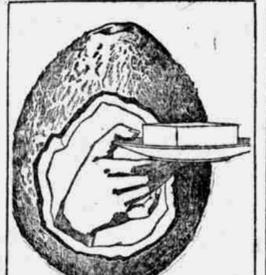
"As our normal consumption of platinum per annum is 165,000 ounces of fine metal," writes Mrs. Ellwood B. Spea of Cambridge, Mass., to the division on women's war work committee on public information, "and we have in sight for our war program 21,000 ounces of crude metal, I think it possible that later the government will have to call for tiaras, meshbags, bracelets, etc. If so, this league will do everything it can to help."

Women college executives, professors of science and wives of scientists form the majority of the membership of the council of the organization, which was organized to inform women of the platinum shortage and the need of this metal to carry on the war.

Buy Larger Birds

Because food-saving throws a heavy burden of consumption upon poultry products, the Department of Agriculture advises the public to stop buying small broilers and squab chickens weighing a pound or less, as such birds if kept alive several weeks longer and systematically fed in crates could be brought up to about 3 pounds by the feeding of buttermilk, sour milk, skim milk, low-grade grains, and similar semi-waste food by-products. Three pounds is set as the minimum weight for poultry purchased by people who desire to aid in true food conservation. For stewing, old birds weighing up to five or six pounds are economical.

A new print is called gros d'Afrique and is being featured by Paquin.



HOLIDAY NUT MARGARINE
Our trademark tells the story of the purity, wholesomeness and flavor of this delicious nut butter. It is made right from the oil of the meat of cocognut combined with peanut oil, milk and salt—not a particle of any other ingredient, preservative or animal fat. For a combination of practical economy and genuine goodness it can't be beaten. It costs fully a third less than creamery butter—tastes just as good (many users say better)—just as high in food value and just as digestible. Serve it with every meal and use it in cooking.
U. S. Food Administration License No. G-13775.
NORTHERN COCOANUT BUTTER CO.
Manufacturers, Minneapolis.
Your Grocer, Delicatessen Store and All Dealers in Pure Food Products Sell the Holiday Brand.
DEALERS SUPPLIED BY THE
OMAHA COLD STORAGE CO.
Wholesale Distributors.

DAUGHTERS OF AMERICAN REVOLUTION
DO RED CROSS WORK IN ARMY BUILDING



Mrs. W. S. Selby

If being in the proper atmosphere has anything to do with results, Daughters of the American Revolution Red Cross auxiliary owes its success to the fact that the women work in the army building.

With traditional gallantry, army men have surrounded the "Daughters" with every comfort. The latest bit of co-operation is the establishment of the coziest little tea room and kitchenette where the industrious ones can have luncheon without even taking off their white veils and aprons.

As the noon day whistles blow, the gauze and muslin is abandoned for the tea kettle and the sandwiches. One hour is allotted for the noonday meal.

The tea room's opening is almost co-incident with the first anniversary of the workers. Just about a year ago J. J. O'Conner, head of the central division of the Red Cross, sent two S. O. S. messages to the Daughters of the American Revolution, advising them to begin at once on war relief work.

Mrs. Walter Selby was chosen chairman. She immediately organized the first independent Red Cross auxiliary in Omaha. They began daily work in two small rooms. Today they are established in a room large enough to accommodate 400 women and have to their credit 35,000 surgical supplies and hospital garments.

Perhaps such a splendid record is in a measure due to the inspiring talks which the army men frequently give to the assembled workers. The interest in these war relief workers is a personal matter with the officers, a

number of them have wives and daughters who are enrolled here.

When Colonel Grant urges the hange makers to further endeavor he is addressing his wife and three daughters—the Misses Dorothy, Helen and Mary Grant.

The wives of both Major Frith and Captain Faringly are included among the army women who devote many hours at this Red Cross center. Any woman is welcome whether she can point to distinguished warrior ancestors or not.

"Willingness to work is the only requisite," said Mrs. Selby. "There is no fee charged as there was in the beginning of our work."

The following Daughters of the American Revolution members act as chairmen: Monday, Mesdames J. J. Stubbs and R. C. Hoy; Tuesday, Mesdames Walter Selby, C. E. Hall and E. F. Pope; Wednesday, Mesdames C. E. Hall, Lynn Kilgore, Vincent Hascall; Thursday, Walter D. Williams, J. Von W. Schulte, W. I. Walker, and Friday, Mrs. Walter Selby.

Red Cross Notes

Women of the Morris apartments Red Cross auxiliary cleared \$115 by a card party and dance they gave in the hotel Saturday night. The proceeds will be used to buy a sewing machine and supplies to carry on Red Cross work. The dance was held in the lobby; cards in the smoking room and punch was served in the Chinese room, besides which the women sold homemade candy. Mrs. A. J. Cackle and Mrs. A. J. Hasson had the affair in charge.

Among the newest Red Cross auxiliaries are the Benson High school auxiliary, Miss Mary McNamara, chairman; Central Park Congregational church, Miss George Lorenz, chairman; Field school, Miss Jeanette Newlan, chairman; Albright, Mrs. J. M. McCarthy, chairman; Sunny Hour, Mrs. J. W. Nicholson, chairman.

At the Thursday night meeting of the Business Woman's auxiliary to the Red Cross, at the Young Women's Christian association, 65 workers were present and 1,015 gauze bandages were made.

J. R. Pulis, recently returned from the front, spoke to the women on the work of the Red Cross in France.

Verdigris is the first town to announce that a shipment of the work done by the junior Red Cross is ready. The children have completed 13 sweaters, five pairs of wreslets, four pairs of socks and 28 wash cloths.

A school for teachers who are taking up junior Red Cross work in the schools has been instituted at Columbus by County Superintendent Fred S. Lecon.



MARY GRANT.



DOROTHY GRANT.



HELEN GRANT.

Menu of Central High school banquet at the Blackstone Thursday night:
Cream of Tomato Soup
Hearts of Michigan Celery
Queen Olives
Roast Tenderloin of Beef
Mushroom Sauce
Browned Potatoes
Garden Peas
Head Lettuce
Thousand Island Dressing
Ice Cream
Demi Tasse

Why Not Use Popcorn
Instead of Candy?

Use popcorn. Give candy a rest. Popcorn belongs to the romantic period of the open fire and the home made Christmas of our Pilgrim fathers. The United States food administration has asked us to save sugar. Of course we will, and one of the ways we can do it is by eating less candy. Popcorn makes an adequate substitute.

The number of people who serve it is growing less and less. Yet a dish of hot buttered or candied popcorn is invariably greeted with enthusiasm. Try it the next time your friends drop in for the evening.

For 10 cents a package of popcorn can be bought which will go further than three pounds of candy. Popcorn can be served with milk as a supper dish and never fails to call forth applause. The parched kernels when ground like coffee make a very good breakfast food with cream or top milk.

In preparing buttered popcorn, remember that a very little butter goes a long way.

Have you tried sugared popcorn? A syrup is made, by boiling together two teacups of sugar and one teacup of water. Boil until the syrup strings. Then pour over six quarts of freshly popped corn and stir well.

Have you forgotten the delicious old fashioned popcorn ball? This is the way they are made:
1 1/2 pints syrup (no-foam butter lard or maple). 1 teaspoon vinegar.
1 cup sugar.

Cook until the syrup hardens when dropped into cold water. Remove to back of stove and add one-half teaspoonful of soda dissolved in a tablespoon of hot water and then pour the hot syrup over four quarts of freshly popped corn, stirring till each kernel is well coated, when it can be molded into balls or into any desired form.

Popcorn can be colored by dipping into beet juice or any fruit juice.

To polish grained wood, soak a flannel in a little linseed oil, rub the wood well, then polish with a dry soft cloth.

Wilhelmina of Holland
Assailed by Subjects
As a War Profiteer



QUEEN WILHELMINA

Some of the beloved subjects of Queen Wilhelmina of Holland are grumbling at the immense profits out of the war the queen is credited with making. These profits come partly from the sale, at quadrupled prices, of timber from the royal forests, and from the queen's share in several steamship lines, her subjects declare. The Dutch, being a notably thrifty folk, are not grumbling so much at the royal profits as over the alleged fact that her royal highness pays no income tax.

SATURDAY SPECIALS AT EMPRESS MARKET

Extra Fancy Strawberries, per box.....15c	Head Lettuce, each.....7 1/2c
Creamery Butter, per lb.....42c	PIG PORK LOINS, PER LB.....22 1/2c
Seed Onions, per lb.....12 1/2c	Steer Sirloin Steak, per lb.....21 1/2c
Elkhorn Cottage, Pot or Carnation MILK, 2 cans for.....25c	Steer Shoulder Steaks, per lb.....18 1/2c
Tall Salmon, per can.....15c	Steer Roiling Beef, per lb.....13 1/2c
Neb. Potatoes, 15 lbs. to the peck, per peck.....22 1/2c	Steer Pot Roast, per lb.....17 1/2c
Red Globe Onions, per peck.....35c	Home-made Hamburger or Pork Sausage, per lb.....15c
Grapefruit, large one, each 8c, or 6 for.....25c	Extra Lean Skinned Hams, per lb.....27 1/2c
Oatflower, per lb.....7 1/2c	Sugar Cured Hams, per lb.....23 1/2c
Leaf Lettuce, 3 bunches for.....10c	Extra Lean Bacon, per lb.....41c
NOTE—We have added 3 more trucks to our delivery. Our order department is complete, so telephone your orders now, as we can fill them at any time and deliver to all parts of the city.	Sugar-Cured Bacon, per lb.....34 1/2c
	Pork Neck Bone Spare Ribs.....7 1/2c

MAIL ORDERS FILLED AT THE ABOVE PRICES.
THE EMPRESS MARKET
113 South 16th Street. Douglas 2307.

You'll score big in your family circle if you order a case of

Edelweiss
REG. U.S. PAT. OFF. Cereal Beverage

A beverage of real merit—rich in strength building qualities and delicious to the taste. Edelweiss Cereal Beverage is a "different" beverage—pleasingly different in its invigorating properties and sparkling purity. Try it today. For sale everywhere.

MCCORD-BRADY CO.
13th and Leavenworth Sts. Omaha, Neb. Phone Douglas 1670.

Schoenhofen Company Chicago

A Case of Good Judgment

Puritan Hams and Bacon

FOOD—
Buy It With Thought

To buy food with thought means to buy it with knowledge of food values. There is a great difference between foods, according to their actual food value in relation to cost. Many foods with a low price per pound are so deficient in nutritive properties as to be really expensive. Puritan Hams and Bacon are foods with high caloric content. There is comparatively little waste in them—practically no waste at all in their preparation. Ask your dealer for PURITAN. "The Taste Tells"

THE CUDAHY PACKING COMPANY

If your dealer doesn't handle Puritan, phone F. W. CONRON, Manager, 1321 Jones Street, Omaha, Neb. Telephone Douglas 2401. PURITAN HAMS and BACON are smoked daily in our Omaha Plant, insuring fresh, brightly smoked meats at all times.