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WOMAN'S SECTION OF THE BEE

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## Why Not Be Natural? You May Have Charm

By BEATRICE FAIRFAX.

"A real person" is one who has an honest knowledge of himself, the mental detachment to stand off and criticize that self, the firmness and strength to cultivate the best and conquer the worst in that self, and enough healthy impulses to thoroughly compel vital, energetic living. "A real person" has healthy instincts, normal desires and an honest way of expressing them, and sanely enough to respect other people's individuality even when expressing his own.

Affectation surely must bore the one who practices it. It means a constant strain, a constant micing along on tip-toes when you want to stride on the balls of your feet. And even as a man must have an excellent memory to be a good liar, so he has to keep careful track of his pose and the things he has done to establish it, in order to keep on affecting it.

The poser is always forced to live up to something he is not. He has to keep his eye on his audience to see if he is making a successful impression. He has to go through the strain of posturing and grimacing and playing-acting. No matter how much he longs to wash off the "grease-paint" and "make-up" from his attitude, he has to go on wearing them.

Now, for naturalness. What will it do for you? Well, first of all, the "you" you honestly are will attract the friendships that are honestly congenial to it and will be able to do the things it honestly longs to do. You don't wear yourself out when you express yourself; you just grow freely along the lines that are natural for you.

How are you going to be natural? In previous articles I have tried to indicate how you may find out what you really are and which of the qualities you really have you want to cultivate. After you have done that, what you want to do with your naturalness is to bring it into human relations.

The first use you make of your naturalness in your human relationship is frankly and honestly to express the affection you feel for people. Suppose someone you like breaks an appointment with you. The Real You says, "I like Jerry. I like him well enough to excuse him for failing me yesterday. Probably he had a reason. Perhaps he isn't quite brave enough to come and make his excuses to me for fear I won't believe him. Well, I like him well enough to give him the benefit of the doubt, I'll ask him what it was all about."

That, I insist, is the natural attitude. But we have cultivated certain poses of pride and dignity. We have taken a position of feeling that

certain things are our due and of insisting on them. So what you probably do is to assume a very topological attitude when Jerry comes along, and by that pose of frozen dignity, filled Jerry with an idea that you don't care much about him after all; or that you are almost too exacting to be a real friend.

If you like people, express it honestly. Don't you see how easy that will be after you have learned to express your tastes and inclinations honestly? Don't you see how natural that will be after you have cultivated your better tastes and inclinations?

Come, Jack Watkins, let us have you for an example. You have found out that you are full of fun and that you like to be amused and entertained—that you have a tendency to let cheap vulgarity amuse and entertain you. You try to educate your love of wit and humor and beauty, and you get yourself beyond horse play humor and burlesque beauty to an enjoyment of finer things.

You're expressing yourself naturally enough; only now you go to charming comedies instead of to cheap burlesque shows, and you wear ties of a wonderful shade of blue instead of green ones checked off with purple and dotted with yellow. You still like a good time and attractive clothes, only now you are reaching a more cultivated standard of what is fun and what is beauty.

Well now, honest Jack, you are walking up Main street one evening and along comes a girl—over-dressed, swaggering, bold, painted and cheaply alluring. Won't you be likely to pass her by in favor of the finer type, just because you have begun to appreciate fineness all along the line?

A little later a charming young woman who is well groomed and full of the magnetism of clean, sweet youth passes by. Now that you have begun to be natural, your impulse is to go up and fairly demand acquaintanceship with her. This is the particular point at which all writers on naturalness stop and hesitate. Lucy Wilton is attracted by you, too, Jack. The natural thing for you two youngsters to do is to scrape acquaintance. Why can't you?

First of all, the game just isn't played that way; and either one of you seeing the other one ready to break the rules of the game, won't quite trust that other to play fairly and squarely always and to give an absolutely honest deal.

Naturalness in the individual is charming; but it cannot go beyond the individual and bend the laws of society to its will. Teach yourself to like the best—and to set about attaining it in the finest and "best" way!

(The next article in this helpful series by Miss Fairfax will appear soon in this page. Don't miss it!)

## Advice to the Lovelorn

To Bachelor Farmer: Your communication is too long to print. It has been given serious consideration because of its intelligent construction. Send self-addressed stamped envelope for personal reply.

### Two Girls.

Dear Miss Fairfax, Omaha Bee: Reading your kind advice to others in The Bee, would you kindly answer the following questions: What is the general form of introduction used when introduced, should one rise, and shake hands, when introducing a friend, should one use the friend's name or the one being introduced to the friend, first, when a lady meets a gentleman friend, which should speak first, which should write first, the gentleman or the lady; what are the titles of some of the latest war songs; is it proper for a lady, who is writing to a young gentleman, to ask him to write soon; is it proper to ask a young gentleman, who has accompanied you home, to come in the house if it is not too late, would it be proper when a young gentleman, who has asked a lady friend to accompany him to a theater for her to ask a lady friend to go with them without his permission?

Thanking you in advance for your advice.  
TWO ANXIOUS GIRLS.

On the question of introductions, there are so many different occasions for introductions that you should buy a little book on etiquette and read the forms. It would take too much space to answer in this column.

"Over There." "Um Having a Wonderful Time." "One Day." "When There is Peace on Earth." "Over the Top," and "Keep the Home Fires Burning," are the late war songs. The last is one of John McCormack's successes.

If you are very well acquainted with the young man who accompanies you home, and the hour is not late, there is nothing wrong about asking him to have a cup of tea on

a cold night, especially if some member of your family is there.

No, never ask another girl to accompany you. It is not only an imposition on the young man, but shows a lack of breeding on your part.

### An Excuse.

Dear Miss Fairfax, Omaha Bee: I have been going with a young man several years my senior. A few months ago we became engaged, but he is of a very jealous disposition and lately has accused me unjustly of going with other young men. We quarreled and he has been going with another girl since. He asked me for all the presents he gave me which I gave back, but he did not ask to be released from our engagement. He is still going with this other girl and tells others he likes her better than he does me, but he will not speak to me.

Please advise me as to what I should do as I care a great deal for him and would like to get him back.  
A. E. D.

There is nothing you can do to win his love if it has been transferred to another. He probably accused you of going with other young men because he wanted an excuse to go with the other girl. Such a man would not make you happy, so why grieve? There are many others.

### Wait a While.

Dear Miss Fairfax, Omaha Bee: It seems to me as though I am in great trouble and am undecided what to do, whether to stay at home and try to make the best of it or to leave home, which I'm sure would be against my parents' will. I am only 16 and I have a sister who is 20. We have never gotten along at home on account of the man with whom she keeps company. He is a worthless fellow and hasn't many friends; nevertheless she likes him and has never cared for any one else.

She knows I don't like her company and has always been against me. I have taken many a slap from my mother on account

of him, but still it keeps up. My sister told me if it wasn't for me the family would be better off. Please, Miss Fairfax, tell me what to do?  
E. D. H.

You are too young to leave home. Life would be very hard for you. Nevertheless, I cannot see why your mother should slap you. Perhaps it would be better if you kept silent on the subject of your sister's company and requested her to show you the same consideration.

Sister was probably angry when she said the family would be better off without you. Pay no attention to her and educate yourself for some honest occupation. Then you will be able to go out into the world for yourself.

### Spinsterhood.

Dear Miss Fairfax, Omaha Bee: Could you, perhaps, write a few words in your paper about the girl who has reached the age of 25 and is still unmarried. Her family, not meaning to be unkind, torment her with teasing remarks upon her unwedded life and refer to her as "the old maid." Of course, being a woman, she has considered marriage, but surely she should not be expected to accept any offer that may be presented to her, but should be allowed to wait patiently for the one man who can make life worth while. Hoping this has not bored you.  
E. K.

No indeed, it hasn't bored me. It interests me, as a role of a stupid attitude which belongs to bygone years and not today. Nowadays there is no stigma in spinsterhood. Women who find work which they enjoy and can do well, and who do not find the particular man with whom they feel marriage will be a perfect thing, go about their business cheerfully and seriously with no attitude at all toward marriage. If they meet the right man, the joy of life as nature meant it to be lived can be theirs. If they do not, there is work—splendid, ennobling work. To call a girl of 25 an old maid is silly; but still

more foolish is it for a girl to make herself miserable over good-natured teasing. Women very often remain unwed to 30 or 35 and still never merit or receive the title of old maid. You are foolish and sensitive and probably take an attitude which encourages teasing.

### Stop It.

Dear Miss Fairfax, Omaha Bee: Among my acquaintances is a very interesting young married couple. I go to their home quite frequently and think a great deal of their friendship. But lately I have been getting quite ardent letters from the young husband. I am quite bewildered—I have always considered him as a good friend, but never in any other light.

Now I do not want to hurt his feelings, yet I feel that I cannot continue my visits to his home. I hate to break my friendship for his wife. What shall I do?  
P. A. W.

Drop him by all means. Such a man is neither worthy of his wife's love nor yours. It is not half as serious to break your friendship with his wife as it is to continue going there and get yourself into serious trouble.

### A Married Man.

Dear Miss Fairfax: I am 18, a high school graduate, and employed as book-keeper, earning \$15 a week.

Previous to this position, my employer—who has been married for several years, but has no children—looked a great liking to me. I decided to leave and learned his wife had deserted him.

He has proposed several times to me, but since he has not as yet been divorced I will not listen to him. Secondly, there is quite a difference in age, as he is 32. Thirdly, it seems as if I would do injustice to my older sister and to my father to consider any matrimonial question at my age.

I know this man thoroughly, both socially and financially. He is a man possessing some of the finest qualities. S. S.

My dear girl, no man who is not divorced

has any right to be talking marriage to a girl. Nor should this man have started making love to you when you were in his employ and he was still the husband of another woman. The difference in your age is not of any great importance, and you would certainly not be doing your parents an injustice if you married a man who might even be able to help them a bit. Nor does the fact that you have an older sister, unmarried, count. But it is important that the man is not in a position to marry you.

### Not Fair.

Dear Miss Fairfax: A friend has been married six months and is still at business. Before the marriage her fiance consented to let her work, as he was likely to be called to serve Uncle Sam. Now he is going away to camp shortly and is settling up some affairs the following little misunderstanding arose. She thought it best to pay both his and her insurance for a year in advance, which he agreed very willingly. Now she has all of her insurance signed over to her husband and he, in return, said, as he had made his well-to-do parents the beneficiaries, he did not want to ask them for the insurance paper, as they may feel hurt about his doing so. Now, as his parents have their son insured already and the wife paid for this other policy, is this fair? ETHEL.

This is manifestly unfair. Since the parents are already insured, are well-to-do and the wife, on the other hand, is working and has paid the premium on her husband's policy it is only simple justice that she should be protected. I think if the young husband state the case plainly to his parents they will recognize that it is only fair and decent for their boy to protect the girl he married and swore at the altar to cherish. If they don't see it he must still protect her. To do otherwise were a grave injustice.

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1 cup of flour  
2 cup of milk  
2 eggs  
1 tablespoonful Mazola  
1 cup grated or chopped corn

2 rounded teaspoonfuls of baking powder  
1 teaspoonful of salt  
1/2 teaspoonful of pepper

Sift flour, baking powder, salt and pepper into bowl; add milk, well-beaten eggs, Mazola and grated corn, or if canned corn is used put it through meat chopper. Add mix well and fry in deep hot Mazola. It is best to make the fritters small. You are then sure they will be done through. Use a teaspoonful for each fritter.

P.S.: Clam fritters are made the same way, using one cup of canned minced clams instead of corn, or one cup of fresh clams put through the meat chopper. When using fresh clams less milk is used.



**Rover's Collar**

What's the matter with poor Rover? Oh, I see! He has no collar. Dog-catchers are after him. Draw a collar quick for him.

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