

# WOMAN'S SECTION OF THE BEE

CONDUCTED BY ADELAIDE KENNERLY, EDITOR AND ELLA FLEISHMAN, ASST. EDITOR

## Society

By MELLIFICIA—Nov. 13.

**Thanksgiving on Battleship.**  
When we think of Thanksgiving, visions of mince pies, turkeys, cranberry sauce and cider come to our minds, or, rather, they did, until Herbert Hooverizes the joy out of life. Football games and chrysanthemums seem to be associated with this festive holiday, too, but did you ever hear of spending Thanksgiving on a battleship?

Of course, there will be many of our sailor-suited boys who will be forced to spend their holiday on a warship, but it is a new experience for one of our Omaha girls to do so. Miss Ruth Mills, daughter of Mr. and Mrs. D. R. Mills and formerly a member of The Bee staff, is now a student at Columbia university in New York and has been invited to spend her Thanksgiving vacation with Mrs. Milton Eugene Reed, who is her cousin. Mrs. Wood's husband is in command of a battleship stationed in Boston harbor, as well as instructor at Annapolis, and Miss Mills expects to be well posted on the ins and outs of these huge submarine dodgers by the time her vacation is over.

Miss Mills writes that "New York loves to dress up and parade better than anything else. In the great parade where 20,000 women marched to show their loyalty to the cause, this young suffragist walked with the college girls. It was one of the most striking spectacles the metropolis has ever seen."

Mr. and Mrs. C. W. Russell and Miss Anne Russell were in New York last week enroute from Boston to Washington, where they will spend the rest of their stay in the east. Miss Russell gave a dinner at which several other Nebraska girls besides Miss Mills were present.

"The Hudson is full of battleships all the time. There are also a number of Dutch boats laden with cargoes which the United States government will not let sail. I can see them from my window if I lean out far enough," wrote Miss Mills.

**Armenian Relief Benefit.**  
The Boy Scouts have volunteered their services to sell tickets for the relief to be given by Miss Adelyn Wood and Miss Dorothy Morton in behalf of the Armenian relief fund. The two piano concerts will be given Monday evening, November 19 at the Young Women's Christian association auditorium. Women prominent in social and musical circles are sponsoring the affair. The patronesses are:

- |                      |                  |
|----------------------|------------------|
| Mrs. J. Eastman,     | Mrs. J. Foster,  |
| C. M. Wilkins,       | G. M. Hitchcock, |
| J. L. Kennedy,       | S. S. Caldwell,  |
| H. H. Baughman,      | L. F. Crofoot,   |
| W. P. Baxter,        | F. A. Nash,      |
| E. A. Benson,        | Arthur C. Smith, |
| G. A. Higburn,       | C. T. Kountz,    |
| J. H. Ames,          | Arthur Metz,     |
| J. L. McCaskey,      | H. V. Burkley,   |
| D. B. Weipert,       | F. E. Pearson,   |
| H. H. Griffin,       | A. D. Dunn,      |
| Miss Jeanie Millard, |                  |

**"Doll Shop" for War Fund.**  
A change has been made in the program for the second performance of the "Doll Shop" which will be given Wednesday afternoon at the guild room of St. Barnabas' church. Mrs. Ervine Brandeis' pupils will not dance at this performance but the pupils of Miss Mary Coll will give the dancing instead. The proceeds will go toward the Young Men's Christian association war drive fund.

**Compliment to Bride.**  
Mrs. Chester Nieman entertained at an afternoon bridge at her home in honor of Miss Ruth Slabaugh, whose marriage to Mr. George Engler will take place this month. Yellow chrysanthemums were used throughout the rooms. Three tables were set for the game and the guests were a few of the honor guests' intimate friends.

**College Event.**  
Creighton University Mixers' club will give a harvest dancing party at Keop's academy tonight. Each of the four classes will decorate one cozy corner.

**Simpson-Sigafoos Wedding.**  
The marriage of Miss E. Clair Sigafoos, daughter of Mr. and Mrs. C. A. Sigafoos, to Mr. Earl R. Simpson, took place Monday evening at the home of the bride's parents in the presence of relatives and friends. Rev. Hugh B. Speer of Central United Presbyterian church officiated. The young couple left for a short western trip.

**Cards and Dancing.**  
The women of St. Peter's church will entertain at a card party and dance Wednesday evening at Metropolitan hall.

**First Dancing Party.**  
The Winter Dancing club will give the first dancing party of the season this evening at Harte hall. It will be an informal affair and about 20 couples will be present.

**Dinner for Choir.**  
Mr. George H. Payne will entertain members of the St. Mary's Avenue Congregational church choir formerly conducted by Mr. Thomas J. Kelly, at dinner at the Blackstone on Wednesday evening.

**Events of the Day.**  
Officers from Fort Crook and Fort Omaha will be honor guests at the informal dancing party given by the Elks' club at their hall this evening.  
The B. G. club, a Council Bluffs organization, will entertain a party of 20 at the Orpheum this evening.  
Miss Marion Towle was honor guest at a luncheon given by Miss Gertrude Metz at her home today. Covers were laid for 14 guests.

**"Silence Is Golden,"**  
Says Man of Many Tongues—Korniloff

Whatever may be said or thought of Korniloff, there can be no doubt that he is brilliantly clever. He might be termed a 'self-made man.' At the age of 13 he was tending sheep on the steppes; today, at 47, he has at his finger-ends the literature of fifteen countries and all manner of military science.

Though he can converse in fifteen languages, Korniloff is a great believer in the maxim that "silence is golden." On one occasion he said: "I am a fighting general, accustomed to act and not to talk. In Petrograd most of the time is spent in talking."

## Soliloquy of Modern Eve

Of course you are an enemy, but the question is, what kind? Are you a man or a mouse—a woman or a weakling.

By ADELAIDE KENNERLY.

Every positive has its negative. Every ray of sunshine has its shadow. Every human force has its opposite. Every love spot has its hate. Every saint is partly sinner. All of us have our enemies, no matter how much we try to be a friend. But there is one thing we can do. We can be silent about them. No matter how great a person you are there are always those who see you small and insignificant.

### The Menace.

Enemies are not all bad. In fact they are quite necessary to the scheme of things. They spur us on to progress; they keep us in the line of defense. You are an enemy to someone. I am an enemy to someone. We are all enemies and friends. The big question is, What kind of an enemy are you? If you are saying mean, pernicious, vindictive things about folks whom you do not like, if you are leaving bad impressions concerning them on the minds of others; if you are doing underhanded deeds in order to retaliate, then you are not only wasting time, but becoming a menace to humanity. You are growing smaller and meaner with each act.

### Good Enemy.

But if you are a good, square, honest enemy; an enemy because of principle or honor or something worth while, then you are a builder for humanity, you are progressive and little less than a friend to your enemy. It doesn't matter that you are an enemy. It's the kind of an enemy you are that decides, in the minds of the public and the Supreme Being, whether you are a man or a mouse—a woman or a weakling.

## PERSONALS

Mr. and Mrs. W. O. Putt received a cablegram Monday from their son, Sergeant John Leslie Putt, announcing his safe arrival on European shores. Sergeant Putt is a member of one of the aero squadrons. Thomas Egan and Walter Thrane, two other Omaha boys, are members of the same squadron.

Mr. Harry S. Byrne left Thursday for Cincinnati on a business trip.

Mr. Frederick Koenig returned Monday from an eastern trip.

Lieutenant C. L. Shook and Mrs. Shook spent the week-end in Omaha visiting relatives.

Mrs. George B. Prinz left Monday evening for Chicago.

A daughter was born Sunday to Mr. and Mrs. Hartlett Powell of Salt Lake City. Mrs. Powell was formerly Miss Margaret Metcalf of this city.

## English Feast Days Pass Into History As War Continues

There is scarcely an old city or village in England that, before the war disrupted everything, did not have an annual banquet of some sort, designed to advertise the particular products for which the place is famous, says an exchange. Colchester had its annual oyster feast, which was given every October, usually at the beginning of the month. But that was a comparatively modern festival. Much more ancient was the yearly white bait dinner at Greenwich, which at one time was almost as great a social event as the dinner given by the lord mayor of London.

The fish pie dinner at Gorleston, near Yarmouth, had as its guests each year 65 fishermen, with the vicar at the head of the table. The number at the table was strictly limited to 65, except the vicar, and was never more or less.

At Yarmouth, the home of the far-famed Yarmouth bloater, the annual herring dinner was quite an event. The menu consisted entirely of herring of all ages from infant sprats to grandfather herring, prepared in many different ways.

Peterborough's sausage dinner was given every year by the mayor and corporation of the town, and every variety of sausage known was served to the guests. Another famous "feed" was the venison dinner given at Farnham by the bishop of Winchester.

## Busy French Premier Keeps No One Waiting

Punctuality is a characteristic of M. Painleve, the French premier. It is one of his boasts that he never kept any one waiting a second who had an appointment with him. He is a great theater-goer, and at one time was the writer of dramatic criticisms in Le Gaulois. He is a man of marvelous physical and intellectual energy. "Give me four hours' sleep, three days a week," he said once to a friend, "and I can work full speed for the rest of the time."

## A Frame for the Recipe.

If you are an up-to-date housekeeper using a card catalogue for recipes, you are probably often annoyed because the cards become soiled. Secure a small passe-partout post-card frame to be found in any department store. Into this the card may be readily slipped and removed after use.—From Good Housekeeping.

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## Home Economics

Edited by Irma H. Cross—Domestic Science Department Central High School

### Save the Meat.

Meat, especially beef, takes its place with four or five great staples which are absolutely essential foods for a nation and its army. We stay-at-homes are urged to use most carefully this very important food.

### Why We Need Meat.

By "we," I mean not only the armies, but every person. We eat meat because we like it, but what is the need back of this? There are two things which meat, as a protein food, does for us. It gives us energy to carry on our daily tasks, but that is a minor reason, for sugar, or starch, or fat will give us energy just as well. In fact, fat furnishes more energy, weight for weight than meat does. But protein, of which meat is an excellent example, does one thing that fat, sugar and starch can never do. It provides the necessary material out of which our body tissues are built. It is an obvious fact that a little child builds tissue for he increases his body weight enormously from birth to maturity. It is equally obvious that an adult convalescent builds tissue, for there again body weight increases. But it is also true that in a normal, healthy grown person the body tissues are constantly being broken down and repaired. It is protein that provides the building material.

### Should Avoid Excess of Meat.

There are two good reasons why the quantity of meat should be limited. One reason is that our meat is always expensive, and in the end products after meat—or any protein—is digested and used are apt to clog the system. Furthermore, a large amount of meat may not be well digested and hence may cause digestive disturbances. Thus we see that the conservation suggested of meat only once a day and omitted entirely one or two days a week, is in entire accord with the views of experts on diet.

### What We May Substitute for Meat.

There are nine special protein or body-building foods: Meat, fish, eggs, cheese, milk, dried peas, dried beans, lentils and nuts. So far as body-building goes, one may be substituted for another rather well. They do vary in digestibility, however. Milk and eggs probably head the list as to ease of digestion, certain meats and fish without much fat come next and cheese and nuts are rather far down in the list. For a person with a strong digestive system, these differences are of small moment, for eventually all are completely digested.

### Meat and Conservation.

Use no meat from young animals. Veal, lamb and young pig should be absolutely barred from the tables of patriotic citizens. It is easy to see that a full grown animal produces much more meat than a young animal. In the case of lamb, it is the wool of the mature animal that is especially needed. It seems to be difficult for women to realize that what they demand from their butchers will be supplied—unless the government steps in. I heard a woman say, in all seriousness: "Why shouldn't I buy veal if my butcher has it? The calf is dead anyhow." To be sure it is dead lady, but how many more calves do you

suppose your butcher will buy if he finds that veal doesn't sell?  
Tuesday is meatless day. From the standpoint of conservation poultry is not meat and of course fish is not. Serve meat only once a day. For the sake of your pocketbook, for the sake of your health and for the sake of conservation.

### Use every bit of left-over meat.

- RICE AND NUT LOAF.**  
1 c. rice cooked, 1 1/2 t. flour, 1 t. nutmeg, 1 c. bread crumbs, 1 egg.  
Mix all except 1/2 c. bread crumbs. Place in a greased pan and spread with crumbs. Bake 35 minutes in a moderate oven and serve with tomato sauce.

- SMALLOPED CHEESE.**  
2 c. milk, 2 eggs, 1 t. salt, 1/4 lb. cheese, 6 slices buttered toast.  
Beat eggs, add salt, pepper and milk. Dip toast in mixture and place in layers in a greased baking dish. Sprinkle each layer with cut or grated cheese, pour remaining liquid over the whole.

- VEGETABLE CHOWDER.**  
1/2 lb. dried lima beans, 1/2 onion, sliced, 1 lb. carrots, 1/2 c. milk, 1 little fat, Pepper and salt.  
Soak beans over night, cook slowly until tender. Brown the onion in the fat, add this and the carrots to the beans. Cook slowly 20 to 30 minutes. Mix flour and milk till smooth, then add for the last 10 minutes.

- BOSTON ROAST.**  
2 c. cooked beans, Salt, 1/2 lb. grated cheese, Bread crumbs.  
Mash the beans, add cheese and sufficient bread crumbs to make the mixture stiff enough to be formed into a roll. Bake in a moderate oven, basting occasionally with fat and water. Serve with tomato sauce.

**Mrs. Caldwell Gives "The Stone Bridge" to Y. M. C. A. War Fund**

"The Stone Bridge," a painting by Chauncy Foster Ryder, made a deep impression on lovers of art in Omaha when it was exhibited by the local Fine Arts society during the fall of 1914. It was purchased by Mrs. Victor B. Caldwell and framed by Mr. Milton Darling. Desirous of doing her most, Mrs. Caldwell has donated the picture to enlarge the war fund of the Young Men's Christian association.

"The Stone Bridge" is on exhibition at Orchard & Wilhelm store, Mrs. Victor Caldwell (Harney 5609) and Mrs. Frank W. Bacon (Harney 945) have charge of the tickets and the entire proceeds will be turned over to the Young Men's Christian association war fund.

Wonder why the Britons never thought of conserving the language by taking that unnecessary "u" out of labour.—Florida Times-Union.

**LIP READING**  
For slightly or totally deaf adults. For Particulars Address, **EMMA B. KESSLER**, NO. 4, FLO-LES APTS., Corner 20th St. and Capitol Ave.

## A Coming Problem

Illinois was perhaps the first of all the states actually to get to work on the important question of re-education of crippled, maimed and mentally deficient soldiers. As early as June the workers there had some progress to report: The chairman of the royal commission of Canada consulted with their director in the work for Canadian soldiers. He has sent many appeals to them for teachers of mental hygiene. They also are responsible for the statement that the research committee in Paris, which has been examining into the number of wounded who can be re-educated, say that 20 per cent of them cannot be re-educated at all; they are too seriously crippled. Of the 80 per cent remaining,

45 per cent of them can go back to their own trades, and that leaves 35 per cent that will have to be educated into something else or will have to have special work provided for them, or will have to become dependent upon charity. Those are the people that we have been training ourselves to take care of. The problem is one of the greatest before us. Some states are already at work considering all the resources which they can put at the disposal of the medical section of the Council of National Defense, and the way in which women can co-operate with them on the plan which is finally decided upon.

Flies may be kept from damaging gilt frames by going over the frames with a soft brush dipped in a pint of water in which three or four onions have been boiled.

## Honest Made Shoes For Young Men

Shoes that not only have all the style that the well-dressed young man demands, but are made of better material than can usually be bought for the price. The market is flooded with shoes of inferior quality, due to the advance in price of high-grade material. This inferior quality is not discernible to the average person until the shoes have been worn. These young men's shoes come in the flat English and the high toe lasts, are made of real calfskin, genuine oak soles, leather counter and box toes. They are Drexel quality throughout.

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| Fresh Pork Chops . . . . .26 1/2c                        | 15c Quality Peas, per can . . .12c                   |
| Steer Sirloin Steak . . . . .18 1/2c                     | 15c Quality Corn, per can . . .12c                   |
| Steer Porterhouse Steak . . . . .20c                     | 15c Quality Tomatoes, per can . . .12c               |
| Armour Star Skinned Ham, 28 1/2c                         | AMOUR BUTTER, EGGS, CHEESE                           |
| AMOUR Shield Extra Lean Bacon, at . . . . .39 1/2c       | Strictly Fresh Country Eggs, per doz . . . . .40c    |
| <b>Money-Saving Grocery Department.</b>                  | Fancy Elgin Creamery Butter, per lb . . . . .45c     |
| Skinner's Macaroni or Spaghetti, 3 pks. for . . . . .25c | Fancy Cream Cheese, per lb . . . . .28c              |
| Shredded Wheat Biscuit, per pkg., for . . . . .12c       | <b>FRESH FRUITS AND VEGETABLES</b>                   |
| Fancy Dry Lima Beans, lb. . . . .15c                     | Fancy Large Grape Fruit . . . . .7 1/2c              |
| Hand-Picked Navy Beans, lb. . . . .15c                   | Fancy Jonathan Apples, per bu. box . . . . .1.85     |
| Fancy Head Rice, per lb. . . . .10c                      | Potatoes, 15 lbs. to peck, per peck, at . . . . .40c |
| Bulk Oatmeal, 4 lbs. for . . . . .25c                    |  |
| Old Monk Olive Oil, 45c size . . . . .32c                |  |
| Fancy Red Salmon, Tall cans . . . . .25c                 |  |

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