KENNERLY , EDITOR AND

ELLA

By MELLIFICIA—Nov. 6. Knitting Bracelet Newest Fad.

"Knitting acquaintances" are the latest social designation. They are the friends women pick up at club meetings, lectures, musicales and on street cars when one woman stops her busy needles long enough to watch sewing and practical household probthe needles some other woman is

plying,
"How are you going to finish that gress. sweater around the neck?" or "How many stitches do you take to overcast?" is what the question which strikes up the acquaintance is likely

Miss Myrtle May has introduced the latest wrinkle in knitting. It is the "knitting bracelet." This is a silver bracelet worn on the left arm from which is suspended two pins which hold the ball of yarn in place while the knitter knits.

No danger of the ball of yarn slipping out of the knitting bag and rolling on the floor-the bugbear of carrying knitting to public places. Miss May attracted much attention at the Woman's club meeting Monday at Metropolitan clubhouse with her new-fangled bracelet.

"No woman is so stupid she can not learn to knit," is the hope held out by Mrs. William Archibald Smith, president of the National Service league. "One woman had to unravel her work three times but she finally mastered it.'

'Any woman who punches holes in a square of linen and then takes thousands of silk threads to painstakingly repair the damage, is a slacker. Every woman should be knitting for the soldiers." said Mrs. Smith.

Miss Elizabeth Muir, Omaha school teacher, has finished fifteen sweaters outside of school hours.

Pancratz-Engellander Wedding.

The marriage of Miss Margaretha Engellander, daughter of Mr. and Mrs. C. Engellander, to Mr. Otto Pancratz will take place this evening at St. Paul's Lutheran church at 8 Wood of Lincoln left Monday evening o'clock. Rev. E. T. Otto will perform the ceremony. Miss Olga Schumaker of Grand Island, cousin of the bridegroom, will sing "At Dawning" before the ceremony.

satin, trimmed with pearls. A long tulle veil will be worn and the bridal bouquet will be of sweetheart roses, Miss Marguerite Hoel, Miss Mar-

cella Schwartz, Miss Patti Atkinson and Miss Marie Eithorst will stretch the ribbons. Their gowns will be of white trimmed with pink.

Miss Bertha Pancratz, the ring bearer, will also be gowned in white and carry . basket of pink snap-drag-

The bride's sister, Miss Edna Engellander, will be maid of honor. gown will be of pink taffeta trimmed with gold lace, A basket of pink snap-dragons will be carried. Mr. William Dellahoy will be best

Mrs. August Dunbier will play the

wedding march. A reception will be held at the home of the bride's parents after the wedding. About 60 guests have been in-

vited.

McCord-Lewis Wedding.

The marriage of Miss Lorraine Lewis, daughter of Mrs. K. C. Lewis

of Chicago, to James Graham Mc-Cord, son of Mr. and Mrs. W. H. Mc-Cord of this city, will take place in Chicago Wednesday, December 5, at 4 o'clock at the Congress hotel,

It will be a very quiet affair, with only the two families present. Mr. McCord and his bride will leave for New York immediately after the cere-mony, where they will be at the Waldorf for two weeks.

They will be at home in Omaha at the Fairview apartments, Fiftieth and Webster streets, after January 1.

Miss Lewis has visited here several times. She was an out-of-town maid at the Ak-Sar-Ben ball this year.

University Alumni Luncheons. University of Nebraska alumni will hold a buffet luncheon at the Hotel Rome Thursday at 12 o'clock when a great many of the graduates and old students who are here for the state teachers' convention will attend. Ernest M. Pollard of Nehawka, president of the Alumni association, will be toastmaster, and there will be several responses. Reservations should be made with the hotel management before 6 o'clock Wednes-

day evening. University of Chicago alumni hold their annual luncheon at the Commercial club at thes ame houh. Principal Masters and Miss Irma Gross of Central High school faculty are receiving these reservations.

High School Dances. Two high school club dances are scheduled for Friday evening. The Emanon dance will be given at Harte hall and the Phi Lambda party at

Turpin's Luncheon Parties.
Mrs. Arthur C. Smith entertained very informally at luncheon at her home in honor of Mrs. Warren Rogers, who leaves soon for the east. The guests were: Mesdames Warren Rogers, John A. McShane and Miss

Mildred Rogers. One of the large luncheons of today was given at the Blackstone in honor of several visiting women. The hostesses of the affair were Mrs. Charles Kisrschbraun, Mrs. Morris Levy and Mrs. William L, Holzman. Covers were laid for 23 guests.

Food Will Win the War!

Society women in the food administration uniform helped the firemen to can the corn grown behind the

Are you a good American or are you one of the careless, selfish peo-ple who leave the work and self-denial

Sign the United States food administration pledge card and fall in line with the others to prove your Ameri-

canism and help win the war. A patriotic police officer occupied his off duty time by growing and canning vegetables of which any gar dener or housewife might be proud.

Local Committee Will Further Work of County Home Demonstrator

CONDUCTED BY

ADELAIDE

Mrs. Charles Rosewater, Mrs. Harriet MacMurphy and Mrs. T. H. Tracy make up a local committee named by Mrs. F. H. Cole to further th work of Miss Mattie Hall, county home demonstration agent.

Home demonstrations in cooking, lems are provided for in an emergency war measure passed by con-

Miss Maud Wilson of Lincoln, head of the home economics department of the state university, left for Washington, D. C., Monday to receive further information on the work to be undertaken, Mrs. A. E. Davisson told something of the plans at a meeting of representative clubwomen in the city hall last Thursday.

County commissioners will be asked to furnish some of the money to carry on the work.

PERSONALS

Miss Carita Herzog of Lincoln will arrive Wednesday to be the guest of her aunt, Mrs. Samuel Katz, at the Blackstone. Miss Herzog will attend the Omaha-Lincoln foot ball game on Saturday.

Mr. and Mrs. C. W. Russell and daughter, Miss Anna Russell, and Mrs. Charles E. Johannes are in New York, where they expect to spend a month sightseeing.

Mrs. Louis Jaques of Chicago, who is the guest of her sister, Mrs. Arthur Keeline, will remain until the end of

Miss Hazel Updike will leave Thursday evening for an extended eastern trip. Miss Updike will visit Miss Frances Hibbard at Yonkers and several other school friends at Providence and Long Island.

for Texas on a hunting trip,

Colonel Charles F. Weller and Mrs. Weller have returned from a three weeks' trip in the east. They are now The bride, who will be given away at the Blackstone, but may take a by her father, will be gowned in white southern trip after Christmas.

> Mrs. H. D. Foster has returned to her home in Chicago, having spent a few weeks with her parents, Mr. and Mrs. J. T. Twiss. Her little nephew, Master Buddy Edholm, returns with her, having spent the summer with his grandparents.

Composers Worked in Peculiar Ways Their Wonders to Perform

Just how do composers go about putting their musical thoughts on paper? Haydn, it is said, never worked except in full dress. He would shave ing, says:

"I can think of no more striking "I can think of no more striking uable ring on his finger, then shut himself in a quiet room for a few nours where he could work in peace. Wagner was also a dandy, and robed himself in gorgeous dressing gowns, but he did his composition standing at

room in a high New York building; 1-3 c. molasses beited water 1 c. sait 42-3 c. whole wheat Wagner. Rossini composed while The young couple will not take a trip at this time, but will go at once to their new home in Sprague street. Wagner. Rossini composed while traveling in a carriage, but also wrote some of his music while lying in bed. Mendelssohn planned his words clear- dough should not be stiff enough to ly in mind before beginning to write, and then wrote a remarkably clean manuscript. Beethoven was very un and turn into greas d bread pans. tidy, and worked slowly; a notebook filling half full. Let rise till bulk is left by him shows that he worked nearly doubled, and bake as white often f r vears over a single melody bread. Bread may be baked in gem

before it took the shape he wanted. Chopin also wrote with extreme care, but he produced only a very small quantity as compared with Mendelssohn, Mozart, Bellini and Weber, all of whom died, as did Chopin, before they were 40. Nevertheless, almost every note Chopin wrote is still in active use, though it is nearly a century old.

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NO. 4, FLO-LES APTS. Corner 20th St. and Capitol Ave. who are ever seeking to retain those vagrant thoughts.) All my good intentions are for naught. To concentrate is but a phantom dream.

Vagrant Thoughts

By ADELAIDE KENNERLY.

(In sympathy and encouragement to all young writers

At night I settle down to figure out A course of action or a theme-My brain becomes a rendezvous for vagrant thoughts.

Sequential thinking now is quite the thing. Resolve upon resolve bursts forth anew. But each new thought, alas! takes up the wings On which all others vanished, as they flew.

By brain's a rendezvous for vagrant thoughts. Such thoughts! The little vagabonds fly 'round. In and out, quite uninvited. With tears I try to hold, corral or pin one down-

It laughs, and winks, and shrugs and disappears. Poor brain! A rendezvous for vagrant thoughts. They come from every corner of the earth-From every clime, from every class and creed. But when I try to sift one thought that's worth

A cent, I have a sorry time indeed. Bah! Brain that's but a rendezvous for vagrant thoughts.

Wild as they are, these wayward things, Each leaves an impress-each of little worth. Yet, in the whole the meeting always brings Some unsought, golden glimpses of the earth Unto my brain-the rendezvous for vagrant thoughts.

But when the rendezvous breaks up at dawn. Minus any aid or effort of my own-One worth-while thought remains with me alone To pay the rent for others that have flown,

So I dedicate my brain to vagrant thoughts.

Business of Being a Woman Plus Is One American Mother's Job

novels, six novelettes, and 30 short should accomplish quicker than fedstories in the last six years—that's a eral amendments, bickerings, or pretty good record for a woman, isn't picketings.

issue of Good Housekeeping. of her life, "on a kitchen table placed just back of an upright piano. And was the cause of a great celebration. whice "The lean years began when my tion. father and mother both died, and lasted till I sold my first story. They carried us through every humiliting and trying form of poverty I haven't had much time to form any very ex-

pensive tastes or habits Fannie Hurst, writing of Mrs. Norris in the November Good Housekeep-

composite of the modern American woman than Mrs. Norris. A wife, a mother, a novelist, a truck-gardener. a Ford owner (and proud of it), she is

Whole Wheat Bread.

molasses and cool to lukewarm. Add softened yeast and beat in flour. The

pans.

A husband, a son, a home, five | a panegyric for woman suffrage that

"If Mrs. Norris has a hobby outside it? The name of the woman who has of her almost abnormal love of work accomplished all this is Kathleen and an instinct to mother the children Norris whose new serial "Birthright" of the world and run away with a is scheduled to open in the December Fordful of them every now and then on no-grown-ups-allowed, all-day wrote my first story," says this picnics, it is her keen belief in and well known woman writer, in telling enthusiasm for the economic independence of woman. 'A job and an income for every woman in the world while I wrote it, I had to take care is the first step toward better days! of a small boy and run my own she says. She declares that this is kitchen. In those days every story the great underlying principle upon which rests the modern-woman ques-

> Are you an enemy of Germany or are you one of those expecting special privileges if the kaiser's forces win?

other viand, instead gives a more piquant flavor to the dish and aids greatly in digestion. Try it and see for yourself.

Keep a Supply of COORS in Your Home (45)

OnWheatless Days-The Best Substitute

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RYE BREAD

WITH THE REAL RYE FLAVOR

THIS SPLENDID BREAD CONTAINING

THE HIGHEST NUTRITIVE PROPERTIES

WILL PROVE A PLEASANT CHANGE

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DIET. ORDER VICTOR RYE IN AD-

VANCE FROM YOUR DEALER. # #

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The Best Rye Bread Is



have been quoted at us that we are quite ready to accept the slogan, gaining headway. The corn, the oats, nounced them good "Save the wheat." That staple cereal the barley, the rye-all make palatable must so be handled that it will "go breads when once we cultivate a likaround" among the allied countries. The question that arises now is how selves on learning to eat new breads. best to effect this saving. There are We can do the same here when we the three solutions: More production think of all that new breads signify. of wheat, substitution for wheat and

You might think that you and I-city dwellers-have no effect on the production end, but we have if you think of flour production. By our de-mand we can influence the kind of flour milled and the kind of flour milled determines the amount of flour obtainable from a given amount of wheat. For white flour utilizes only 72 per cent of the wheat grain for human food—that is, 100 pounds of housewife is powerless unless backed loaves. Let rise till loaves double wheat produce 72 pounds of white by her family. A "wasteless" meal is in bulk, then bake as ordinary bread. flour, while graham flour utilizes the whole grain and the flours in between utilize considerably more than the 72 per cent. The argument offered by the white flour advocates is that the 18 per cent left from white flour is better used by animals and that white flour is more completely digested by human beings. The first argument is refuted by the fact that man needs cereal foods greatly at the present

Food Conservation

Save the Wheat.

ADVANCE SITTINGS MUST BE THE RULE

time and that animal feed is not lim-

The Heyn Studio Asks Patriotic Folk to Make the Best of Restricted Facilities.

Much Reduced Force Must Cope With the Entire Pre-Christmas Rush of

Portrait Work. Artists, really expert operatives. highly skilled finishers and the like, are scarcer now than ever before in the history of photo making. War and draft demands made no exceptions among those schooled to produce the portraits

you admire so much. Materials are undeniably scarce, shipments are delayed, and, in every way the "production end" of any art, or business, puts one to a test in these days of conservation. And still folk want photographs

good photographs-protraiture

that entails effort in conception and time in production. Not only do folk want excellent portraiture, but they will want more pictures than ever because of the thousands of pictures they will want to send to beloved sons, husbands, brothers and sweethearts in camps, cantonments, and, in even the trenches of France. In this connection The Heyn Studio at 16th and Howard Sts., Omaha, wishes to remind you that Christmas is only seven weeks away. Even in normal years the pre-Christmas rush begins to show

year when "production" in any line is so badly hampered? The Heyn Studio is endeavoring manfully with a much reduced force of eleven operatives, but the Heyn standard of work has been religiously kept up. War conditions or no war conditions, a Heyn portrait of this year must possess all of the high art characteristics of former seasons. Still, it is an admittedly hard task to keep up such a standard if advance time is not taken advantage of. Patrons will help matters so much if they will but arrange to sit for Christ-

tself a full two months ahead, so

what is the state of affairs this

mas pictures at once. Newer ideas are in evidence at the Heyn studio. A finer art theme than ever may be expected here; poses that are in unison with the style demands of now; finished work that is positively refreshing -if you will only take time by the forelock and arrange for sittings at once. The throngs, the crowds, that frequent first class studios just before Christmas, will be more than ever in evidence this

If it makes matters any more convenient why not phone for an appointment-Phone Douglas 481. Please help-by arranging for earlier Christmas work.

Home Economics Edited by Irma H. Gross - Domestic Science Department Central High School

FLEISHMAN, ASS'T EDITOR

ited to wheat bran. We can say to the second argument that the coarseness

value from it.

ing for them. If we were traveling in foreign lands we would pride our-I have heard the criticism that the war breads call for white flour-yet more economical use of the wheat we dare to consider themselves conservation devices. The experienced housewife knows that only wheat and rye flour contain gluten, a substance which gives elasticity to bread. The good housewife knows also that when she saves 50 per cent-or only 25 per 9 c. white flour cent-of wheat flour she is really sav-

> suming of every crumb of bread or flour, or enough to make a soft cake or pastry. At this point the in- sponge. Let rise till it doubles its dividual saving looms large and the bulk, knead again and form into

possible only through the co-operation of each individual around the table.

War Breads.

If any of my readers have not experimented with war breads, you may be interested to know what the products are like. It is the general opinion of those who have tried them that they are good. Some of the bakeries are putting out a 10-cent loaf (one pound) of war bread which is really of whole wheat flour is a great aid in delicious; and the various war breads So many pleas have been made for keeping us well, even though we do discussed below are all very palatable a saving of wheat and so many figures not digest the bran and receive heat. Some of the recipes have been tried The substitution idea is gradually the girls without exception pro-

Real War Bread. 3 T. fat, melted 1 t. salt 6 t. baking powder

mashed potatoes 1 c. rye flour Scald the cornmeal wit two cups of the water, boiling. Cool and add other ingredients. Beat hard, then bake in well greased and floured muf-

fin pans in a hot over from 10 to 15

Mr. Wattles' Oatmeal Bread.

c. boiling water 4 c. catmeal cake yeast, seftened 2 T. meited fat in % c. lukewarm 1-3 c. brown sugar boiled water 1 t. salt.

Pour boiling water over oatmeal; let cool to lukewarm. Add yeast Wiser use of wheat means the con- softened in water, and 11/2 c. white



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