The Omaha Bee's Busy Little Honey-Makers 100,000 Youngsters Join the Health Crusade in Am

USY Bees are working harder this year than ever before because the war is making it necessary for hundreds of thousands of school children to do their bit. And, indeed, why not? Our children are little men and women. They

may not be able to do as much as grown-ups, but the earnest child often does more than the indifferent man or woman. The government is preparing to call on the children of our country-Uncle Sam's little nephews and nieces-to help win the war and we know

that the great army of little folks will rally to the cause. Letters are coming daily to the Busy Bee editor and some of them are splendid. Last week the prize was won by Lois Waite, Rosalie, Neb. Lois is 9 years old and on the Red Side. Honorable mention was won by

Annie Pershe, South Omaha, Red Side, and Alice Houser, Alexandria, Neb., What is the matter, boys? Come on and get in the game. Win some

Rules for Young

Writers

1. Write pininly on one side of the paper only and number the pages.
2. Use pen and lak, not pencil.
3. Short and pointed articles will be given preference. Do not use over 250

words,
4. Original stories or letters only will

5. Write your name, age and address at the top of the first page.

A prize book will be given each week for the best contribution.

Address all communications to Children's Department, Omaha Bee, Omaha, Neb.

MASTER WILLARD ANDERSON.

Baby Willard Anderson, 6-monthold son of Mr. and Mrs. W. E. Ander-

son, 2715 North Forty-eighth street,

His father, a member of the police department, is not given to boasting, but believes his boy would win the

blue ribbon in any baby show. Willard is one of the few eugenic

children born in Omaha, and the

proud parents are willing to match Willard against ony 6-month-old child in Nebraska.

Willard is a robust youngster. He is

not fondled or coddled, nor does he

appreciated being "fussed" with as

Talks When Five Months Old.

The Anderson baby's measurements follow: Weight, 27 pounds; around head, 18½ inches; neck, 10 inches;

At 4 months Master Willard could

Mr. and Mrs. Anderson have not

have discouraged undue attentions

from friends and relatives. They be-

lieve in natural development and

maintain that mere prococity does not

Undisturbed sleep, fresh air, well-

selected foods and cheerful home en-

vironments form the combination

Mr. Anderson is endowed with un-

usual physical strength and tempers

that with a sunny disposition. While

making one arrest he subdued two

ferocious bulldogs before he "got his

man," who was in a barricaded house.

Baby Willard was in a natural pose

when the above picture was taken. He

wakes up with a smile and goes to

sleep with a smile. He cried once and

that was when a hidden pin was caus-

shadow than can a rose.

We live by desire to live. Enjoyment of and zest in life are a constant source of life

supply.

Old age ought to be the happiest period of

which gave this child such a remark-

able start in life.

ing him pain.

sit up and take notice. At 5 months he could say "dada." Although the child is only 6 months of age, accord-

most children are treated.

31 inches.

good books and honorable mentions. Little Stories By Little Folks

A Pony Race. Margurite Bostder, Age 9 Years, No. 57, Elmwood, Neb., Red Side. Winifred was a large, harsh-voiced boy with dark hair. His pony was

white and shaggy, kept in a dirty stable and very poorly fed. Winifred always whipped him and talked cruelly to him when he wanted

Carrol was a boy who was always kind to every one and everything. His pony was black and was kept in a clean stable and very well fed. Carrol never whipped him, but always urged him and talked to him kindly when he

wanted him to go. race and the people called on Carrol and Winifred to run it. The boys got the ponies ready and the man gave the signal to go.

Winifred started out on a gallop, Baby Anderson, 6 Months whipping and kicking his pony. Carroll started out urging his pony

and speaking kindly. Winifred's pony could not go so fast as Carrol's because he whipped it and Carrol did not. He dashed into the crowd and ran over a little boy.

Carrol went on to win the race. The judges decided that Carrol won and the only reason was because Car-rol was kind and Winifred was cruel.

> (Honorable Mention.) Doris' Surprise Party.

Anna Pirshe, Red Side, Age 11, 3209 T Street, South Omaha, Neb. Once upon a time there lived a little girl whose name was Doris. She was very rich and had every-

thing she wanted. The next day was to be her birthday and she was going to be 9 years

When it was time for her father to come home she ran down the street to meet him. He did not come for a long time so

she waited for him, At last she went home and told her mother he was not coming. He nev-er came that night until 9 o'clock. Doris fell asleep and did not know

anything about it. In the morning she awoke and her mother told her to hurry and eat breakfast. After she was through her mother told her to hurry and get dressed and go over to Marie's house

and come back at 10:30. She obeyed and came home just at that time. When she came in the

dressed up. Each had a present for her. How cute looked the boxes with ribbons

Her father got her a big French All had a very good time. In the evening they popped corn and played

At last all went home very tired but happy. They said they all had a very good time. Popcorn Man.

By Cinderetta Guthmann, Aged 12 measures closely to the accepted stand-Years, Plainview, Neb. Blue Side. ards of the "perfect child" of the The popcorn man came along the street shouting to the people to buy

When he reached a deserted corner of the street he only saw two little boys. He turned around and went up the street again, so he did not hear them whispering.
"Oh! Tommy, I have a plan how we

can get some popcorn for nothing," said Johnny, who was a big boy, with mischievous look in his eyes.

"How?" said Tommy.

"Just follow me and I will tell you,"

Faid Johnny.

Tommy silently followed him, wondering what he was going to do.

They ran through a back alley till

they came to Johnny's house.
"Listen," he said, as they stopped chest, 21½ inches; waist, 19¾ inches; upper arm, 7 inches; wrist, 5 inches; thigh, 12 inches; calf, 8 inches; height, "we are going to run fast, a while, "we are going to run fast, quick but softly, up the back stairs and get in mamma's bedroom.' "I don't like to sneak into any

house that way," said Tommy.
"Oh, come on, you little coward; it's our house, and I guess I can go child is only 6 months of age, according it any time I want to," said ing to the Binet-Simon system of mental test he is nearly I year of

Tommy went, for he did not like to age. be called a little coward. "Now," said Johnny, as they got forced the physical or mental devel-opment of the child in the least and safely inside the bedroom, "we are going to put on a dress and be dressed

up like girls. For our hair we will fix the hair switches on our heads some way and put a hat over it." When the boys were dressed they always indicate sound development, stole down the street to the popcorn

Thrives on Simple Life.

man. "We want to buy four sacks of popcorn." said Johnny.
"Well, well, some funny looking girl," said the popcorn man, for Tommy's switch was starting to come

"Did you hear what we said?" asked Tommy again. The man gave them the popcorn.

Johnny and Tommy started to run. "Hey, come back here with the y!" yelled the man. As they would not, he ran after them. He spilled his popcorn and had to stop. When the boys reached home Tommy said, "I am not going to do such a

Health, Happiness and Old Age.

A woman has declared that at 106 she is in better health and happier than at any previous time in her life.

Surely a woman who is healthy at 106 ought to be happy. She would have to be happy to be healthy.

None but a happy disposition could carry one through so many years. A gloomy temperament would strangle life out of the body long before the age of 106.

The human body can no more thrive in shadow than can a rose. trick again. They changed their clothes quickly and said they were going to pay for the things they bought after that.

The Farm. Viola Bell, Fort Crook, Neb., Aged 9

Blue Side. I am 9 years old and in the fifth grade at school. My teacher's name

is Miss Bolling, I have a duck. My sister has ten ducks. I live on a farm. I received the prize book you sent me The name of it is "Oh Mary, Be Careful." I like to read the Busy Bee page. I hope to see my letter in print. I have four sisters and two brothers. One brother is a sailor.

My Two Pets.

Mabel Johnson, Waterloo, Neb., Aged 11 Years, Blue Side.

This is the first time I have written. I hope to see my letter in print.

I go to school every day. I am in The name of it is "Oh Mary, Be Careful." I like to read the Busy Bee page. I hope to see my letter in print. I have four sisters and two brothers. One brother is a sailor.

My Two Pets. Mabel Johnson, Waterloo, Neb., Aged

I hope to see my letter in print.

Babies Play Game of War

Even the babies are doing their bit and learning to salute the colors, officers and the kiddies that play soldier in the streets and back yards, Tiny Dona Rae Keith, Long Pine, Neb., is 15 months old and already has learned the touch-of-the-cap.

plays war with her brother Harold and knows how to charge the enemy. The little folks are admitted to this great game of war to help fill the "left flank" and the "right wing" and other lines which the older children form for battle against the kaiser.

my kitten's name is Snukie. Every time I come home from school Sport is out by the gate to meet me. He wags his tail and it seems like he trys to tell me he is glad I came back.

I haven't any sisters, but I have two brothers. One is 6 years old and the other is 13 years old. Will you please tell some of the Busy Bees to write to me?

Food Conservation. Mary Brown, Glenwood, Ia., Aged 13,

Blue Side. Most women think they cannot help win this great war, but they can help as well as those who go to the front and fight.

The way for them to do this is to the sixth grade. I like my teacher save. To save does not mean for us One day there was to be a pony very well. Her name is Miss Louis, to do without; we can have all we I have two pets. A dog and a want, but save all we can. kitten. My dog's name is Sport and One way to save is to cat less wheat



bread and more corn bread. We need the wheat to send to the allies. A way for the children to help win is to stop eating candy, Let us all try to win the great war Old, Near Perfect Health by saving all we can.

7, Blue Side.

inches long. He sent it so that I got it the very afternoon of my birthday. teeth weren't sharp enough to bite with so I handled it quite a bit. We kept it in a little pond by itself. We had it about a month and it died. The weather wasn't warm enough for it, or else it was handled too much.

Humor of the Trenches.

From the trenches on the western front by way of Canada comes the story of a soldier's narrow escape from death and the

levity displayed by a comrade, illustrating how viewpoints change when men get on the firing life.

Private Mac of an Alberta regiment had a pleus upbringing in his early home in Scotland, and his religious inclinations did not desert him when his family settled on a farm in western Canada. All through the war he carried 'Spurgeon's Sermons' in his breast pocket, and occasionally he does some preaching, with his comrades in arms

some preaching, with his comrades in arms as the congregation.

Private G, of the same regiment lacked the upiringing and the book of sermons, but possesses a sense of humor. The two were in a group resting and smoking when a shot from a German sniper hit Private Mac in the breast, the builet being deflected by the book

it was that our dear brother wasn't a-read-ing of his book of sermons—as he ought to have been—instead of engaging in worldly conversation with sinful soldier men, for if dear Brother Mac had been a-reading of his book of sermons, where, oh, where, my dear friends, would Brother Mac (priceless old thing) have been then?"—New York Sun.

bly.-Christian Herald.





Sister Susie please write

today for the Free Knitting Book issued by the American Red Cross. 'It has full directions, supplemented by fine half-tone illustrations, for making socks, sweaters, wash rags, mufflers and all kinds of things to add to the health and comfort of the boys in the trenches.

It is enough to thrill any woman, be she young or old, to think that some defender of her country's honor will wear into battle something made by her own hands.

Anyone can do this work if they have the proper instruction. Write at once for the FREE Knitting Book. Fill in the attached coupon and enclose a twocent stamp for return postage.

THE CMANA LONG INCOMPANION BUREAU Frederic J. Haskin, Director.

Washington, D. C.

Enclosed find a two-cent stamp, for which you will please send me, entirely free, a copy of "The Knitting Book,

LONDON CLUB HOUSE FOR BLUEJACKETS

Americans Donate Twenty Thousand Dolars to Equip Shore Home With Yankee Conveniences.

(Correspondence of The Associated Press.) Base American Flotilla in British Waters, Sept. 15 .- Twenty thousand dollars given by Americans in London has been spent in providing a shore home for the American bluejackets in the destroyer flotilla based on this port. Its correct name is the United States naval men's club house, It probably is the most cheerful spot in town, for it combines everything to make the American sailor as happy and contented as he can be thousands of miles from home.

If it had been built in the United States this shore home could not combine many more of the characteristic American features of up-to-dateness and cleanliness. It is steam-heated throughout, an almost unheard of luxury in this country, and it boasts a restaurant that would make some of the leading American restauranteurs green with envy. It spells comfort to the sailor who brings his British tar friend there with a display of

Quick Lunch Popular.

The cooking is done in full view of the diners on huge gas ranges of the most modern type. There is also a grill. 'A feature is a quick lunch counter patterned after those so popular in American cities. In two large coffee urns is made the best of that My Alligator.

Ronold Bell, Fort Crook, Neb., Aged is some call for cocoa, but not much for tea. The culinary department is My brother, who is a sailor, sent in charge of a commissary steward me a baby alligator about eighteen from the flotilla tender.

There is a piano player, two gramophones and on special occasions a He sent it from New Orleans. Its string orchestra from the flotilla tender. There are two dormitories in the club house, containing altogether seventy-five beds, designed to accommodate that many men ashore on overnighe liberty. These accommodations can easily be increased to 100. There never has been adequate sleeping accommodation in the private homes ashore.

Adjoining the dormitory wings is a tiled bathroom equipped with six shower baths of the newest design. Heavy white porcelain wash basins and other fixtures of the same material help to give the place a clean, substantial appearance. In one corner is a series of steam pipes for drying clothing and just outside this rooms are linen closets where clean are not enough to satisfy the sailors'

clothing is kept.

Want Reading Matter.

In another part of the house two jackets to improve their skill with the several reading rooms equipped with warded through the American emalibrary donated by a British social bassy in London.

Health Crusade in America New York, Oct. 17.—American pre- country into leagues of Modern paredness on an organized basis has Health Crusaders.

almost included the country's infant citizens with the development of the National Legion of Modern Health Crusaders into a permanent body. from 5 to 16 years of age. By the end of the present school year many times that number are expected to be recruited into the ranks from the 20,000,000 boys and girls of school

age in the United States. The plan was suggested originally by the National Association for the Study and Prevention of Tuberculosis as a temporary local feature of its fall Red Cross seal campaign. Believing, however, that the very foundation of efficient national preparedness lies in insuring the health of the children and that the best way to do this is by forming health habits and self-control through systematic discipline, the association announces its plan to bend every effort during this school year toward getting the majority of the school children of the

Little Tots' Birthday Book

Six Years Old Tomorrow (Oct. 22): School. Caito, Marguerite Mason Lota, Mary Mason
Sack, Joe Highland
Schneiderwind, Herman . Vinton Seven Years Old Tomorrow:

Bishop, Harold Central Park Hill, Roall David Ceneral Park have machinery for an unbroken chain King, Ruth Lothrop Kinnerup, Kenneth Lincoln years. Between 16 and consciption McAulifie, Agnes ... St. Josephs age are such organizations as the Maxwell, Mildred .. Miller Park Campfire Girls, the Boy Scouts, the Nesci, Guiseppe Mason United States Boys' Working Reserve Nesci, Guiseppe Mason United States Boys' Working Semerad, Frank...St. Wonceslaus and other military companies. Thilliander, Ethel. Monmouth Pk. Thilliander, Elsie. Monmouth Pk. Eight Years Old Tomorrow:

Lindsay, Ida Alice Garfield Murphy, Eileen Frances Park Nine Years Old Tomorrow:

Sandes, Harold......Pacific Strayer, Margaret............Cass Tyrann, Martha..........Madison

wants, and they complain of an absence of reading material from America. To fill this want a movement is American pool tables enable the blue- under way to interest Americans at home in sending old magazines and cue. For the more studious there are books to the men. These can be for-

A Pledge.

Each health crusader pledges "to do nothing that may hurt the health of any other person, and to help keep home and town clean," to do at least This army of youngsters already num- 80 per cent of the "health chores," or bers 100,000 6, both sexes, ranging to sell at least ten Red Cross seals for the anti-tuberculosis fund, and, in general, to obey the crusaders' health

The "chores" number eight, including washing the hands before each meal; drinking a glass of water before each meal and before going to bed; brushing the teeth in the morning and evening; taking ten or more deep breaths of fresh air each day; playing outdoors or with windows open more than thirty minutes each day; staying in bed ten hours or more each night and keeping bedroom windows open; sitting and standing straight, eating slowly and attending to each bodily need at a regular time; frequent and regular bathing.

These chores are charted on weekly record cards that are filled out by the parents, and on the basis of the percentage standing thus earned periodical honors and titles, such as squire and knight, with accompanying medals, are awarded. The title of knight banneret, accompanied by a gold pin, is the highest rank. Programs.

Some of the special programs of work suggested for the health crusaders, in addition to selling Red Cross seals, are fly and mosquito campaigns, baby welfare work, clean-up week, food protection and first aid work.

With the extension of the local leagues of the Modern Health Crusaders in every school of the country as is planned, the United States will of health preparedness from 5 to 31

A FAIRY STORY.

By Paul T. Gilbert in Cartoons Magazine. I'll tell you a story if you won't tell— Las night down in the misty dell, I had followed a firefly's dancing spark. Murphy, Eileen Frances....Park
Nesci, Joseph....... Philomena
Race, Mary Alice.....Webster
Thompson, Burton...Walnut Hill
Nine Years Old Tomorrow:
Culton, Clifford Hawthorne
Culton, Clifford Train

He sped so softly through the glen
That hardly a dew-drop was shaken down
From the blades of grass in the fairy town:

Then on a mandolin that was made Of a ladybug's fragile shell, he played . A little tune full of airy grace— "O, My Ladylove with the Pansy Face." And then from a toadstool of silvery sheen

papers and magazines are also sent to the men from London, but there As when the bee and the bluebell meet.

And then, as sure as ever you're born,
A little man with a sword of thorn
Pops up, 'n he and the fairy knight
Engaged in an awfully bloody fight;
But the knight with his trusty grass-blade true Slashed off his head, and stabled him, too,

Nuxated Iron to Make New Age of Beautiful Women and Vigorous Iron Men

Say Physicians-Quickly Puts Roses Into the Cheeks of Women and Most Astonishing Youthful Vitality Into the Veins of Men—It Often Increases the Strength and Endurance of Delicate, Nervous "Run-Down" Folks 100 Per Cent in Two Weeks' Time.

Opinions of Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elizabeth's Hospital, New York City; Dr. James Levis Beyea, for fifteen years Adjunct Professor in the New York Homeopathic Medical College, and Wm. R. Kerr, Former Health Commissioner, City of Chicago.

NEW YORK, N. Y.—Since the remarkable discovery of organic iron, Nuxated Iron or "Fer Nuxate," as the French call it, has taken the country by storm, it is conservatively estimated that over three million people annually are taking it in this country alone. Most astonishing results are renorted from its use by both physicians and laymen. So much so that doctors predict that we shall soon have a new age of far more beautiful, rosy-cheeked women and vigorous iron men. NEW YORK, N. Y .- Since the remarkable Dr. Ferdinand King, a New York Physician

men.

Dr. Ferdinand King, a New York Physician and Medical Author, when interviewed on this subject, said: "There can be no vigorous iron men without iron. Pallor means anaemia. Anaemia means iron deficiency. The skin of anaemic men and women is pale: the flesh flabby. The muscles lack tone: the brain fags and the memory fails and often they become weak, nervous, irritable, despondert and melancholy. When the iron goes from the blood of women, the roses go from thee blood of women, the roses go from their cheeks.

"In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, degerminated cornmeal, no longer is iron to be found. Refining pricesses have removed the iron of Mother Earth from these impoverished foods and silly methods of home cookery, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss.

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron, just as you would use sait when your food has not-enough salt."

Former Health Commissioner Wm. R. Kerr, of the City of Chicago, says: "I have taken Nuxated Iron myself and experienced its health giving, strength-building effect and in the interest of the public welfare I feel it my duty to make known the results of its use. I am well past three score years and

and in the interest of the public welfare I feel it my duty to make known the results of its use. I am well past three score years and want to say that I believe my own great physical activity is largely due today to my personal use of Nuxated Iron. From my own experience with Nuxated Iron. I feel it is such a valuable remedy that it ought to be used in every hospital and prescribed by every physician in this country."

Dr. & Sauer, a Boston physician who has studied both in this country and in great European medical institutions, said: "As I have said a hundred times over, organic iron is the greatest of all strength builders.

have said a hundred times over, organic iron is the greatest of all strength builders.

"Not iong ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find nim with the blood pressure of a boy of twenty and as full of vigor, vim and vitality as a young man; in fact, a young man he really was, notwithstanding his age. The secret, he said, was taking iron—Nuxated Iron had filled him with renewed life. At 30 he was in bad health; at 46 he was careworn and nearly all in. Now at 50 after taking Nuxated Iron, a miracle of vitality and his face heaming with the buoyancy of youth Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely casses through you without doing you any good. You don't get the strength out, of it, and as a consequence you become weak, pale and traine to and his face beaming with the buoyancy of youth Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely cases through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and siekly looking, fust like a plant trying to grow in a soil deficient in iron. If you are



not strong or well, you owe it to vourself to not strong or well, you owe it to vourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have grined. I have seen dozens of nervous, ran-down people who were alling all the while double their strength and endurance and entirely rio themselves of all symptoms of lysopnia. liver and other troubles in of lyspenia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this, after they had in some cases been coctoring for months without obtaining any benefit." Dr. Schuyler C. Jaques, Visiting Surgeon of St. Elizabeth's Hospital, New York City,

said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory re-sults. And those who wish to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

one which should be generally prescribed by all physicians. Notwithstanding the fact that I am nearing my 80th birthday, a short course of Nuxated Iron has made me feel like a new man. Friends say, 'What have you been doing to yourself, you look so well and full of life?' In my opinion there is nothing like organic iron—Nuxated Iron—to put youthful strength and power into the veins of the weak, run-down, infirm or aged. But beware of the old forms of metallic iron which often do more harm than good. To be absolutely sure that my patients get real organic iron and not some form of metallic variety, I always prescribe Nuxated Iron in its original packages."

NOTE—Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians, both in Europe and in America. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron that they offer to forfeit \$100 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 100 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Sherman & McConnell Drug Stores and all good druggists.

SPECIAL TO PHYSICIANS. Doctor, when you wish to prescribe a true tonic and blood builder, one that puts the real "stay there" strength and youthful vigor into the blood and nerves, try Nuxated Iron. If you have been using the old forms of metallic iron, without success; if you have had patients complain of discolored teeth, upset stomachs, hardened, tied-up secretions, etc. from the use of metallic iron, again we suggest, try Nuxated Iron. Nuxated Iron will be furnished by any druggist on an absolute guarantee of success or money refunded. It is highly endorsed by such physicians as Dr. James Louis Beyes, for fifteen years Adjunct Professor in the New York Homeopathic Medical College; Dr. N. H. Hornstine, for ten years in the Department of Public Health and Charities of Philadelphia; Dr. A. J. Newman, late Police Surgeon of the City of Chicago, former House Surgeon Jefferson Park Hospital, Chicago; Dr. Ferdinand King, New York Physician and Medical Author, and others. In most cases physicians direct the use of two five-grain tablets three times per day after meals.