



Society

HEADS STATE WOMEN'S LIBERTY BOND WORK.



Mrs. A. G. Peterson of Aurora, state chairman for the Women's Liberty Bond committee, spent the day in Omaha conferring with the local committee.

Mr. Taft Will Have a Busy Day Here

Just how many invitations one man can accept for one day is the question in the minds of the Omaha Society of Fine Arts committee, which has in charge arrangements for ex-President Taft's visit to Omaha October 19.

Mr. Taft arrives early Friday morning, October 19, and leaves early the next morning, so I don't see how we can crowd it all in, said one of the committee members.

For Miss Baum. Mrs. C. C. Allison will entertain at dinner at her home on Wednesday evening for Miss Katherine Baum of Philadelphia, who is the guest of Miss Virginia Oiffutt.

Hoffmann-Remillard. Mrs. W. F. Heide announces the marriage of her daughter, Adeline Remillard, to Christian G. Hoffmann, which took place Thursday evening, September 27, at St. Peter's church.

Red Cross Nurses Leave. The following Red Cross nurses have received orders to report for duty at Camp Pike, Little Rock, Ark., and will leave this evening:

Children's Parties. Children's masquerade parties, patriotic and hard times parties, are planned by the directors of Prairie Park club which opened its winter season Saturday evening with a dancing party.

Future Events. Mr. and Mrs. Charles Metz will entertain at dinner at their home Tuesday evening for Mr. and Mrs. Norman Mack of Buffalo.

Miss Marion Towle will entertain at luncheon for these same guests on Wednesday.

Miss Helen Ingwersen will be hostess at a window party for the electrical parade on Wednesday evening.

Personals

Dr. and Mrs. J. H. Wallace left Monday evening for Boston and New York, where Mr. Wallace will attend the meeting of the National Dental association from October 22 to 27.

Mrs. W. A. C. Johnson will leave Wednesday evening for New York where she will meet Miss Katherine McCormick, who has been spending the summer in Connecticut.

Mr. and Mrs. Fred S. Hadra have closed their cottage at Carter Lake club and taken a house at 212 South Forty-first street.

Mrs. Nancy J. Moore will be the guest of her cousin, Captain James Prentice of the Fort Omaha balloon school, in his box at the Ak-Sar-Ben ball.

Miss Hazel Frienk of Newman Grove, who will be one of the out-of-town maids at the ball, will arrive Thursday to be the guest of Mrs. H. B. Whitehouse until after the Ak-Sar-Ben festivities.

Mr. and Mrs. C. F. Weller and daughter, Miss Marion Weller, left Monday evening in their car for Glenwood, where they will attend the wedding of Miss Ellen Weart, the niece of Mrs. Weller, who will be remembered, as she has visited the Wellers several times.

Mrs. Walter E. Page, who has been at the hospital for several weeks suffering from a nervous breakdown, returned to her home today.

Miss Dorothy Thorne is home from California, where she has been living for the past three years. Miss Thorne is the daughter of Mr. F. W. Thorne.

Mrs. Eva Miller and daughter, Miss Eva Irene Miller, of Fremont will arrive on Friday to be the guests of Mr. and Mrs. J. Clarke Coit.

Mr. Joseph Maul Metcalf is home after her summer's sojourn, part of the time spent in Portland, Ore., with her sister, Mrs. Ada Hershey, and the latter months with her brother, Mr. Edward J. Cornish, and Mrs. Cornish at Cold Springs-on-the-Hudson and New York.

Mrs. Lee Bridges will leave the latter part of this week for a two weeks' hunting trip in the sand hills.

Mr. George W. Chambers of Hr-

Home Economics Department

Edited by Irma K. Gross - Domestic Science Department - Central High School

School Lunches.

The schools of our large cities and some rural schools are helping to solve the problem of the lunch away from home for the school girl and boy. In many places attractive and nourishing food is provided at very nominal cost, often less cost than for the same quality and amount of food brought from home.

With any child, variety and nutritive value are important. A neatly packed lunch means oil paper, a paper napkin, a collapsible lunch box, or fresh brown wrapping paper.

Variety in lunches is a difficult problem. There must always be sandwiches, fruit and a sweet; the only solution is to make different combinations within these narrow limits.

The importance of fruits in the lunch should not be overlooked. It provides the necessary balance to an otherwise dry and fairly concentrated meal.

Suggested Lunches.

- 1. Three graham bread sandwiches with cream cheese filling, six stuffed dates.
- 2. Two roast beef sandwiches, two oatmeal cookies, one peach.
- 3. Peanut butter cracker sandwiches, one pear, one cup cake.
- 4. Cheese sandwiches made of rye muffins, grapes.
- 5. Egg sandwiches, plums, chocolate cookies.
- 6. Graham bread lettuce sandwiches, sweet chocolate, one peach.
- 7. Salmon sandwiches, celery, vanilla wafers.
- 8. Brown bread pimento cheese sandwiches, one apple, salted peanuts.
- 9. Jelly sandwiches, one pear, cheese crackers.

Value of the School Lunch. It is probably easier to regulate quantity of food to be eaten in a packed lunch than it is at a meal eaten at a table.

Co-Operation. Readers are cordially invited to ask Miss Gross any questions about household economy upon which she may possibly give helpful advice; they are also invited to give suggestions from their experience that may be helpful to others meeting the same problems.

Co-Operation

school boy requires 2,500 to 3,000 calories per day, the average girl 2,200 to 2,600 calories. The "average" boy or girl, mythical creature that he is and indefinite as a guide, yet gives us some basis for studying the food needs of the particular person in mind.

Roughly Calculated Food Values. Article: Small of very juicy fruit..... 100 Large fruit..... 150 Sandwiches, two full slices of bread (dependent on thickness of bread and fillings)..... 200-250 Cookies or cake (indefinite because so varied in size and kind)..... 50-250 Cake of sweet chocolate..... 500

The figures are so indefinite that the only help they give us is to realize that two sandwiches, one piece of fruit and two cookies or one fairly large piece of cake are somewhere near the average boy or girl's requirement.

Baked Corn and Pork.—Take a pound of corn prepared as samp, only in half grain instead of quarters. Place this in cool water and leave soak over night. In the morning change the water. Place over the range and let cook. Have ready at hand a brown earthen pot or deep vessel. Throw this corn into the pot, add two tablespoonsful of good New Orleans molasses, one tablespoonful sauce of the Worcestershire type, a coffee spoonful of dry English mustard; when thoroughly stirred moisten with white stock. Take a nice piece of parboiled pork about one-half to three-quarters of a pound, place it in the center partly exposed and bake slowly for two or three hours.

Corn Soup.—Into a pot place a ham bone or a piece of pork; pour over it a can of corn, dilute with milk to the desired point and let boil together; season to taste. When done, this soup can be strained or served as is. Serve with it small dice of fried bread.

Stuffing.—If you have any boiled hominy left from the morning, let it cool. When cold mix with it ham pounded in a mortar made into a paste, or deviled ham; season to taste. This can be used as a stuffing for chicken, guinea hen, squab, fresh ham loin of veal, veal roll, etc.

Toothsome Ways of Cooking Corn

At the request of the New York World, N. A. L. Lattard, maitre d' hotel of the Hotel Plaza, has invented six new corn dishes, the recipes of which are given here for the first time.

Lattard, who is one of the most celebrated chefs in America, is very much interested in making corn dishes popular and thus aiding the work of Food Commissioner Hoover.

He has suggested the establishment of an experimental kitchen to investigate new ways of using corn, and pending its establishment he is "doing his bit" by experimenting himself.

The new recipes given here are designed especially for home use. They do not call for any extravagant outlay or any implements not found in an ordinarily equipped kitchen. In fact, they are essentially "war time" recipes. You will find them all economical and delicious. Learn to use more corn yourself.

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Soliloquy of Modern Eve

Lost: A Friend

By ADELAIDE KENNERLY.

Out of my life goes a friend. I take the passing lightly as a fleeting moment, never thinking of her worth, never feeling for a single moment what she meant to me.

The whirligig of life keeps up its endless chain of nothings and my brain dances round in pursuit of things less worthy than a friend.

It was my carelessness that hurt. Suddenly she found herself outside the pale of my deeper feelings, discovered that she was as much, and no more, than many others who should have meant nothing to me.

Through all her days of devotion her love had come to naught. It was as a bit of nesting pollen blown upon the hardest rock. She brought me happy days. She brought me gladness when life seemed to hold nothing but sadness.

All this I accepted without emotion, without devotion or sincere appreciation. Ah! I did not understand, until it was too late, that she meant

more to me than all others—the fair weather friends—and now I grieve for her when it is too late.

Without such a friend there is a space which cannot be filled. There is a maddening hollow which only the lonely at heart can feel.

My friend is near me. I see her each day, but the love is dead and cannot be fanned into life. The great unseen something within her made life worth living; it called into play all the wild little emotions, sending joy rays into my sad heart to cheer me when weak and weary. And I accepted them, even expected her to be my comforter.

"I lost a day because I grieved?" Perhaps. But it only made tomorrow the sweeter by contrast.

If I grieved, who knows but that was the awakening of a sleeping soul or a slumbering part thereof? Such grief is short. But I grieve today because I have lost my most valuable possession—that which can never be replaced—I have lost a friend.

Thorne's

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Silk and Velvet Frocks, \$12.50 to \$29.75
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Fur Set--Pieces

Misses' River Mink Sets. \$ 9.95
Misses' Natural Coon Sets. \$16.50
Misses' Badger Sets. \$16.75
Misses' Raccoon Sets. \$33.50
Misses' Black Marten Scarfs. \$15.75
Misses' Taupe Fox Neckpieces. \$19.75
Misses' Black Lynx Neckpieces. \$19.75
Misses' Rain Coats. \$8.95 to \$14.75
Misses' Middies in galatea, serge and flannel. \$1.00 to \$3.50
Swagger Sticks, 55c to \$2.00

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Prunes, Fancy Italian, 4-basket crate, per Crate, \$1.48
—Per Basket 38c
Best Quality Bartlett Pears, box. \$1.80, \$2.40

TOKAY GRAPES—
per lb., 7c; per Basket, 35c; per Crate, \$1.37

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Fit for a King

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THE PERFECT

Ice Cream

Ak-Sar-Ben visitors to thoroughly enjoy their visit to the festivities should partake of a large, wholesome dish of this famous Ice Cream.

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At Popular Prices

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Story & Clark Campbell Burgess-Nash Steinman

Kurtzman and the celebrated Autopianos.

BURGESS-NASH COMPANY

Nebraska Red Cross Makes Big Gain in Membership

The Red Cross now has 170,000 members in the state of Nebraska. No state in the union has made a more patriotic showing in behalf of the Red Cross. Fully 15 per cent of the population of the state is represented in the membership of this organization.

According to local officials this is a larger membership, population considered, than any state in the union. Three months ago Nebraska first started an active campaign for memberships, being one of the last states to perfect an organization. At the beginning of the campaign there were but 2,712 active members.

Daily News Must Pay \$10,000 Libel Verdict

The state supreme court has decided against the Omaha Daily News on the appeal of the \$10,000 verdict in favor of Judge Estelle of Omaha, returned by a jury in district court at Fremont. Judge Estelle sued the Daily News for libel about five years ago.

The first jury to hear the case at Fremont returned a verdict of \$25,000 in favor of Judge Estelle. This verdict later was reversed on the ground that it was an excessive amount.

The second trial resulted in a \$10,000 verdict, which the supreme court has just held not to be excessive.

Slackers To Go to Training Camp With Next Contingent

Three men who failed to register for the army draft were brought to Omaha from the Fremont jail, where they have been since their arrest, to go with the next quota of selected men to the training camp. They are Willis Young, arrested in Denver; Louis Desmoines, arrested in South Sioux City, and Besse Hardon, arrested at Chadron. Harry Walters, arrested in Salt Lake City, is also ordered to join the next quota. All men arrested for failure to register have to join the first draft of the selected army, if they pass the physical tests, in two weeks.

Charge \$12 All That is Paid On Coal Bill of Over \$4,500

The sum of \$12.04 is all that has been paid on a \$4,513.58 bill for coal, according to suit filed in federal court against Welsh Bros., an Omaha coal concern. The plaintiff is the Union Coal and Coke company of Colorado. The coal was sold and delivered, the plaintiff says, between July 25 and September 12, 1917.

Gladys Will Miss Out On Ak-Sar-Ben Parades

Gladys Johnson, charged with vagrancy, drew an internment of ten days in the city jail, the judge saying that till the Ak-Sar-Ben festivities were over it would be best to keep Gladys in the cooler.

Hooer Says Be Patriotic. Pay your food bills promptly. Order once a day or carry your goods home. Help conserve food and man force. Do not be a slacker.

Coors Malted Milk

Sprinkled on breakfast foods ice cream or any other viand, instead of sugar, gives a more piquant flavor to the dish and aids greatly in digestion. Try it and see for yourself.

Keep a Supply of COORS in Your Home