

Society Notes

Expert at Canning; Teach Others. Did you know that Mrs. W. K. Vanderbilt, jr.; Mrs. Arthur Scott Burden, Mrs. J. Watson Webb, Mrs. Ralph Peters, Mrs. George W. Pierpont and Mrs. H. B. Fullerton and other prominent New York women made a tour on a special train with the purpose of arousing the farming population down on Long Island to the perils of food shortage and the need for conservation of food supply?

WIFE OF NOTED SWIMMER ENTERTAINED HERE.



MRS. HARRY HEBNER

One of the interesting luncheons of the day was given by Mrs. H. J. McCarthy at the Blackstone for her daughter-in-law, Mrs. Harry Hebner of Chicago, wife of the famous swimmer who figured in the last Olympian contests abroad. Mrs. Hebner is receiving much social attention during her visit.

More Light on the Hat Question



NAVY blue satin is the chief requisite for making this large, round cloche, with its sugar-loaf crown. There, too, must be added some highly burnished blue straw of the bamboo variety, and a great deal of real skill. Only a clever milliner can make this hat.

PURPLE hemp embroidered in deep "Vs" of purple wool is the main point at issue here. The second point is that at the top of the crown, which so cozily snuggles under two fluffy pom-poms. To the left, a hat in which the hemp forms the wide bandeau. The semi-beret top is of dark red satin, embroidered in blue "soutache" straw.

PRESERVING FISH FOR DOMESTIC USE

Housewives Can Add Wholesome Food to Their Winter Larders at Comparatively Low Prices.

As a measure of economy in the present period of high prices of food-stuffs, and as a contribution to the conservation of the food supply, which is one of the country's urgent needs, the bureau of fisheries urges housewives, particularly those living near streams and lakes or the seashore, to preserve fish for home consumption.

Home Economics Edited by Irma H. Gross - Domestic Science Department Central High School

Eggs. In discussing meat substitutes in a previous article, egg recipes were omitted. Eggs are, however, an excellent substitute for meat. Not a substitute, though, in the sense of cheapness, for eggs at the present writing are between 3 and 4 cents apiece. Their value as a substitute lies in the fact that they provide excellent body-building food, just as meat does; yet without some of the objectionable qualities of meat.

Suffrage Bridge Successful.

Dreary, damp weather Monday did not prevent 150 women from driving out to the Country club to play bridge for the benefit of war relief and to have a cup of tea for comfort's sake.

Prizes were as pretty as one could wish for.

The prizes were as pretty as one could wish for. The most sought-after articles were the handsome collapsible card table, which had been given by Mrs. J. M. Metcalf, president of the Equal Franchise society, to whom all the helpers gave credit for the success of the party, and the big thermos bottle, which was Mrs. J. T. Stewart's contribution to the list of prizes.

Kelly-Higgins Wedding

The marriage of Miss Agnes Jane Higgins and Mr. Edward L. Kelly, son of Mr. and Mrs. Michael Kelly, took place at St. Bridget's church on the South Side, Monday morning at 6.

Wedding Announcements

At the residence of the bride's parents, Mr. and Mrs. H. H. Katske, Mr. Irving D. Winslow and Miss Fay G. Mullen were married by Rev. C. N. Dawson, Friday evening.

ness trip to Spokane, Seattle and Portland.

Dr. H. C. Sumney is in New York attending the national convention of the American Medical association.

Miss Theodora Warfield, who is playing in "Very Good Eddie," is a cousin of Mr. T. O. Warfield of this city.

Miss Mona Cowell plans to leave probably Sunday evening for Hartford, Conn., to attend the marriage of a former schoolmate.

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When using coarse-scaled, thick-skinned fishes, cut off the fins or make an incision on each side of the fin and pull it out.

At Happy Hollow Club.

Mr. and Mrs. Robert Trimble will entertain at dinner at Happy Hollow club in honor of their guests, Mr. and Mrs. R. P. Schwab of Pasadena, Cal.

Economy in Weddings is Gospel Elopers Preach

That economy should be practiced in weddings as well as other things during the time that Uncle Sam is in trouble, is the belief of Miss Florence Mordahl and William A. Ackerberg of Sioux City, who eloped to Omaha to avoid an expensive church wedding.

Buying Liberty Bonds For Christmas Presents

Chicago, June 5.—A number of large corporations here are buying Liberty loan bonds to give employees at the annual Christmas distribution in lieu of the customary wage bonus or profit sharing gifts.

Notes of Interest

Dr. and Mrs. H. M. Clananah are at the Greenbrier where they attended the annual meeting of the American Pediatric society held at White Sulphur Springs, W. Va., last week.

Sterilized Bottles

Many an epidemic of dangerous disease has been traced directly to the absence of sterilized milk.

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ALAMITO PASTEURIZED MILK contains no dangerous disease bacteria.

Take no chance with disease. Begin use of ALAMITO Safe Milk NOW.

Two Easy Methods.

Two easy methods of preserving, namely, canning and salting, are available to housewives. To be sure of success the methods here described should be carefully followed.

When using coarse-scaled, thick-skinned fishes, cut off the fins or make an incision on each side of the fin and pull it out.

How to Prepare.

Cut the fish into strips to fit the length of the jars to be used and rub with dry salt, using a level tablespoonful to each pint jar of fish.

EGG A LA GOLDENROD.

2 hard-cooked eggs, 1/2 t. salt, 1 t. butter, 1/4 t. pepper, 1 t. flour, 3/4 c. milk, 1 c. parsley.

Nurses Do Not Receive Orders to Start for Front

No orders for Omaha Red Cross nurses to leave for New York had been received up till noon.

"Bunions Do Not Receive Orders to Start for Front"

You need not suffer bunions any longer. No matter how large they are, they can be cured.

Instant Bunion Relief Guaranteed — or Not a Cent's Charge

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"Bunions Do Not Receive Orders to Start for Front"

You need not suffer bunions any longer. No matter how large they are, they can be cured.

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Our Prices will please you This pretty patent leather Pump, pair, for only \$4.50

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Housewives, Attention!

The Massachusetts Woman Suffrage association has issued the following timely advice:

Garbage Pails—Put In. Egg Shells—After being used to clear coffee.

Potato Skins—After having been cooked on the potato. Bones—After having been boiled in soup kettle.

Coffee Grounds—If there is no garden where they can be used for fertilizer, or if they are not desired as filling for pin cushions.

Tea Leaves—After every meal. Orange Skins—Unless used as source of jelly-making material to be added to rhubarb or strawberry juice.

Asparagus Ends—After being cooked and drained for soup. Garbage Pail—Keep Out.

Bread—Slices may be used for toast, moistened with hot salt water. Crusts and pieces may be dried and crushed for use on scalloped dishes.

Mistakes of different kinds of bread and muffins may be crushed and used life ready-to-eat cereal. Pieces may be softened in water or milk and used in brown bread, griddle cakes and muffins and for stuffing.

Fat of All Kinds—May be melted and strained, some used in place of lard and butter. Any far too hard, too strong, in flavor or too old may be used in soap.

Table Waste—Each member of the family should be trained to take on his plate only as much as he will eat. Cooked Eggs—Scrambled, omelets, etc., may be used in garnishing salad, in hash, soups, etc.

Macaroni and cheese, tomato sauce, etc., etc., as stuffing for peppers, tomatoes, etc. Cooked Cereal—May be reheated, may be fried and served with syrup, may be used in muffins, bread, griddle cakes and puddings.

Meat—May be served cold, reheated in gravy, chopped and served on toast, chopped and mixed with potatoes, or bread, for hash. Soup Meat—About one-twentieth of nourishment in meat is drawn out in making soup. The flavor is also drawn out, but if more flavor can be added to the meat it can be used in a meat pie, stew, hash, mince meat, etc.

Table Waste—Only as much should be prepared as will be eaten. Vegetables and Water in Which They Have Been Cooked—Vegetables may be used for salad and for soup. Water may be thickened, milk and seasonings added, and used for soup. Vegetable water may also be used to make gravy for roast meat and used instead of plain water in cooking meat for stew.

Stale Cake—May be steamed and served with a sauce, as pudding. Chop the whites and add to the sauce. Pour sauce over the toast arranged on a platter. Force the yolks through a strainer onto the top of the sauce. Garnish with parsley.

Egg Tomato Toast—Substitute one cup strained tomato in the above recipe for the cup of milk. Add two tablespoons chopped green pepper to the sauce. LUCANIAN EGGS.

2 hard-cooked eggs, Salt and paprika, 1/2 c. cooked macaroni, 1 t. onion juice, 1/2 t. grated cheese, 1/2 c. buttered crumbs, 1/4 c. thin white sauce.

Cut eggs in eighth lengthwise, add macaroni, white sauce and seasonings. Arrange in a greased baking dish, cover with buttered crumbs and bake fifteen minutes in a moderate oven.

FILLED OR DEVILED EGGS. 6 hard-cooked eggs, Paprika, 2 t. butter, softened, Salt, 1/4 t. mustard.

Cut eggs in two lengthwise. Remove yolks and mash with seasonings. Fill the whites with the mixture and serve on a bed of lettuce. One tablespoon salad dressing may be used in place of one tablespoon butter.

Variations—Addition to yolk mixture of finely minced chickens, ham, tongue, pickles, olives, pimientos, green pepper, sardines, salmon, etc. EGG CUTLETS.

2 t. butter, 4 hard-cooked eggs, 1/2 t. salt, 1/4 c. milk, 1/4 t. paprika.

Make cream sauce of butter, flour, milk and seasoning. Add chopped eggs, pour on well greased platter and set aside two hours to cool. Form into croquettes; roll in crumbs, egg and crumbs; then fry in deep fat. Garnish with parsley.

MEXICAN EGGS. 2 small onions, Salt and pepper, 1 small green pepper, 4 eggs, 1 t. bacon grease, 6 slices toast, 1 c. canned tomatoes, Minced parsley.

Fry minced onions and pepper in bacon grease, add tomatoes and seasoning. Fry eggs, slip onto toast, surround with hot sauce, and sprinkle with minced parsley. A good chafing dish recipe.

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Jelly—Armour's pure, glass, 11c. CANNED FRUIT. Apples, 25c, 23c, 12c. Peaches, 27c, 24c, 12c. Seup—Spicer's, per can, 12c. Campbell's of Armour's, 13c.

CONDIMENTS. Catsup—Armour's Small, 13c; Large, 22c. OLIVE OIL—Pompeian Brand—1/2 gal., \$1.88; 1 qt., 86c. 1 pt., 45c; 1/4 pint, 25c. FISH—Sardines, 17c, 19c, 25c. Salmon, tall cans, 17c, 19c, 25c. Macaroni, Spaghetti, Noodles, 14c. Pimientos—Shimola or 2-in-1, 8c; 3 for 22c. Peter's Paste, a good one, 4c. Shimola Home Sets, dauber and polisher for SUGAR, 90c.

MEAT DEPARTMENT. CHEESE—Full Cream Wisconsin, per lb., at 32c. Swiss, 35c. BUTTER—Best Creamery, carton—per lb., at 43c. No. 1 Best Creamery, carton, per lb., at 41c. Best Beef Pot Roast, lb. 30c and 22c. Best Sirloin and Round Steak, per lb., at 31c, and 33c. Best Neck Bones, lb. 8c. Best Fresh Eggs, dozen, 37c. Sugar Cured Bacon, lb. 34c. Sugar Cured Bacon, strips, lb. 32c. Crisco, 41c, 52c, \$1.54. Butterine—A pure, wholesome diet. Best Tip, colored, lb. 28c. Tip, white, lb. 27c. Cash. Magnolia, a 2-lb. roll for 41c. While you compare prices also note quality of our meats—Quality first with us.

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Dry Picked Roasting Chickens, lb. 19 1/2c. Extra Fancy Pig Hams, lb. 19 1/2c. Choice Steer Sirloin Steak, lb. 25c. Extra Fancy Veal Round Steak, lb. 30c. Home Made Breakfast Sausage, lb. 15c.

Best Granulated Sugar, 11 lbs. for \$1.00. All Brands Creamery Butter, lb. 35c. 8 bars Diamond C Soap, lb. 25c. Walter Baker's Cocoa, in bulk, lb. 23c. Regular 3c Coffee, while it lasts, 28c. Regular 2c Coffee, lb. 20c.

FRUITS AND VEGETABLES. Navel Oranges, regularly 25c, do. 20c. Large Juicy Lemons, dozen, 20c. Extra fancy Missouri Berries, qt. box, at 25c. Large Ripe Pineapples, each, 15c. 2 for 28c. Extra Fancy Rio Tomatoes, 25c. Extra Fine Radishes, 3 bunches for 8c. Visit Our Ice Cream Parlor and Lunch Room—Large Cream Sundae and Soda always 5c. Delicious Ice Cream, per qt. 15c. We deliver all over the city. All orders southwest of Dodge leave the store at 10 A. M. All orders northwest of Dodge leave the store at 2 P. M. All country orders promptly attended to—The largest mail order house in the midwest.

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