

# Experts Talk to the Women

## WOMEN FLOCK TO HEAR THE EXPERTS

Learn How to Can Vegetables and Meats and Hear Debate on How to Buy.

That conservation has taken firm hold of the women of Nebraska was shown Wednesday afternoon in the woman's department of the State Conservation congress at the Auditorium. If empty seats greeted the speakers in the men's department, no such condition existed on the other side of the canvas, where the women's department was being conducted on the stage of the Auditorium.

When Mrs. Paul Rivett of Florence, the first speaker in that department, came on the platform at 2 o'clock, carrying a crate of beans, another of spinach and third of tomatoes, together with a wash boiler, a dozen or so glass jars, a big chunk of fresh beef and a few other things, practically every seat was filled. And women were not the only ones in sight. About one-third of the seats were occupied by men.

**Talks on Canned Goods.**  
The official title of Mrs. Rivett's lecture was "Demonstration, Canning Vegetables and Meats." And she demonstrated, all right. She canned beans and spinach and tomatoes right up there on the stage and then turned round and fixed a piece of beef so that it will last for the next ten years—provided it is not eaten before that time.

Mrs. Rivett used the "coldpack method" of canning. She first sterilized the glass jars, the tops and the rubber bands. Then she cooked the beans from seven to ten minutes. The spinach she steamed for ten minutes. The tomatoes took just about as long a time. Then she put the vegetables in the jars. Next she put the tops very loosely on the jars, set the jars in the wash boiler and for an hour and a half and let them boil away. She told her audience to boil the things just that way every day for three days and to then screw the tops down tightly. "They will keep indefinitely," she said.

**Work While Vegetables Boil.**  
While the vegetables were being boiled for the hour and half the congress went on to other work.

Mrs. Charles Lotz of Omaha told about economic buying from the viewpoint of the housekeeper and Byron Reed, grocer, of Omaha, told about the same thing from the viewpoint of the opposite side of the counter.

Mrs. Lotz said buy for cash; Mr. Reed said there was no saving in doing that. Mrs. Lotz said take your market basket and go to the store. Reed said use the telephone and have it ordered and charged. "It will save delivery costs," said Mrs. Lotz. "It will increase expenses for clerk hire," said Reed. After half an hour of joint debate "time" was called with the audience undecided as to which was right, but unanimously of the opinion that the viewpoint of the housekeeper and that of the grocer is exactly opposite to each other.

Rome Miller of the Rome hotel told about food economy in public places and Mrs. Harriet MacMurphy, with the subject, "Care of Food in the Home," told what to do with the food and how to keep it after it was once secured.

## Odell Tells of Lack of Live Stock on the Farms

Frank G. Odell, secretary of the Federal Land Bank of Omaha, in his talk to the Conservation conference yesterday told of the lack of live stock on Nebraska farms as revealed by the survey made by appraisers of the Land bank.

This survey covers only the farmers who have applied for loans from this institution.

The applications for loans of these 330 farmers show an average acreage per farm of 480, an average number of milk cows upon each farm of 18.74, an average number of beef cattle—old and young—of 20.5, an average number of hogs per farm of 13, and an average number of brood sows of 4.4.

Mr. Odell then gave the live stock situation by counties as this tentative survey showed it, and concluded:

"Representative farmers who are present in this assemblage from the counties which have been examined are much more competent to state to this audience than is this speaker as to whether there has been an actual decrease in the amount of breeding stock upon the farms of western Nebraska.

"Whether there has been such a decrease it should be plainly apparent to all that every reasonable effort should be exerted to increase the live stock production of Nebraska and to make such production profitable to the farmer who incurs all of the risk attendant upon this vital contribution to the national need."

## Lincoln Highway Board Prepares for Spring

The Lincoln Highway commission of Nebraska met in Omaha Wednesday noon to talk over plans for putting the highway in the best possible shape throughout the state for the coming spring tourist travel. The commission consists of J. W. Welton, Ogallala; George Wolf, Fremont; A. V. Hoagland, North Platte; J. E. McNally, Schuyler; T. H. Bolte, Kearney; Roy Cussack, North Bend.

## Waste in Using Too Much Sugar in Coffee

Do you waste sugar in your coffee or tea? Is some left in the bottom of the cup. If so, stop it. By doing so you will save money for yourself and you will conserve the country's sugar supply.

The suggestion comes from Mrs. D. Campbell, 4181 Cuming street. "Don't put more sugar in your coffee than you need," she says. "And stir it up so that every grain is dissolved. Thus you will get the full food value of the sugar and at the same time will save the dishwasher some work."

## Women Gather to Discuss Need of Conservation in the Homes

Heads of every women's organization in city and state held a separate conference at the Rome hotel in connection with the state conservation meeting to lay out the work of conservation in the homes. Miss Alice Loomis of the University of Nebraska home economics department, who presided, was authorized to appoint a permanent committee to handle the state work.

A special committee on labor in farm homes is headed by Mrs. A. E. Davison of Lincoln, also of the home economics faculty. Both committees report at Thursday morning's sessions.

Planting vegetable gardens, especially vegetables which can be canned for next winter's use; substitution of cornmeal for potatoes, beans and cheese for meat, whole wheat bread for white and dried vegetables for fresh or canned vegetables were conservation means advocated by Mrs. Charles H. Aull.

**Could Drive Tractors.**  
Women who drive automobiles can just as easily learn to manage farm tractors," read Mrs. Aull from a circular letter written by Carl Vrooman.

A spirited discussion on whether the conservation committee should carry on its work directly under the government or under the National Council for Defense occupied the greater portion of the meeting. Federated clubwomen, for the most part, headed by Mrs. J. N. Paul of St. Paul, president of the Nebraska Federation of Women's Clubs, and the state suffrage president, Mrs. W. E. Barkley of Lincoln, stood for the national council as an organization appointed by the government as a working agency.

**Claims of Service League.**  
Mrs. J. Langworthy Taylor of Lincoln, state chairman for the National League for Woman Service, pressed the claims of the service league as a

## Prof. Burr Urges Farmers To Prepare for Next Year

Prof. W. W. Burr, head of the department of agronomy of the University of Nebraska, in his talk before the State Conservation Conference yesterday, urged attention to future crops, since he pointed out that the crops of this year are pretty well ground. He declared that much of done for this year except intensive cultivation to get the best possible crops out of the seed already in the ground. He declared that much of the seed planted and sown this year is of the slow germinating kind, for the reason that this year the kernels have particularly hard shells or hulls which absorb moisture slowly.

"There is wheat enough in the state right now," he said, "to seed the wheat fields of Nebraska next fall, but it is being hoarded. This must be overcome."

He urged the stacking of grain this



MISS ALICE LOOMIS.

prior organization to the council for defense.

The conference voted to work directly under the government.

Among the well-known clubwomen from out in the state who are at the meeting are Mrs. J. H. Hegarty and Mrs. Hinman of North Platte, Bryson of Fullerton, C. A. McCloud of York, A. A. Grantlan of Lexington and F. H. Hall of Lincoln.

Two men, F. W. Arndt of Blair and P. E. O'Garth of Cedar county, took part in the discussion.

## FARMERS' WIVES DO NOT WANT UNI GIRLS

Say That Skilled Workers Would Want Too Much Pay and Others Would Want to Be Guests.

That the farmer's wives do not want to accept the magnanimous offer of Nebraska university girls, who are willing to go on the farms this summer and assist the overworked women, is the opinion of Mrs. A. E. Davison, instructor in the home economics department of the State College of Agriculture in Lincoln and chairman of the agricultural department of the National League for Woman Service, in Lincoln.

"In my extension work throughout the state I meet a large per cent of the farmer's wives in Nebraska and I have discussed with them the proposition the college girls have made. In one town where I talked to twenty women for an entire afternoon on the subject they refused to entertain the idea. When I asked them if they would refuse trained college girls capable of canning 100 quarts of tomatoes in a day they replied, 'Such girls would demand wages beyond our incomes.'"

**Would Work for Nothing.**

When told that many of the girls wished to volunteer their services free, the women replied, "Then we would have to treat them as guests and they would be more bother than they are worth. Only help who would be willing to eat in the kitchens, which in the summer are insufferably hot, who would be willing to attend to the baby and help in the fields if necessary, unless personal friends of the women on farms, will be acceptable," according to the women.

Mrs. Davison also made an earnest plea that Nebraska women not waste even a particle of food, so great, in her mind, is the demand for the strictest conservation.

## Food Measures Are Given Right-of-Way

Washington, May 23.—Food legislation was placed in a favored position in the senate today by unanimous consent for immediate consideration of the first bill, which deals with stimulating production. The bill became the unfinished business, giving it a privileged parliamentary status.

While it is being considered by the senate, the house will take up the second administration measure.

In presenting the first and revamped bill to the senate today, Senator Gore, chairman of the senate agriculture committee, proposed to repress all efforts to attach any prohibition legislation. He hoped to have the prohibition question postponed for consideration with the food "control" bill in the house, a provision to that end being in the Lever measure offered yesterday, which would authorize the president to regulate grain used for manufacturing intoxicating beverages.

## Sharks and Seaweeds Are Exhibited at Food Show

New York, May 23.—Filet of shark gray fish, various forms of edible seaweeds and large array of practically unutilized American foods of highest dietetic value are among the exhibits in the food and health exhibition opened today at the American Museum of Natural History.

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