GRAHAM FLOUR HELP MOTHER FIGHTS IN BREAD PROBLEM

of but Seventy Per Cent,

as Does the White.

CHANCE TO HELP COUNTRY By A. R. GROH.

Say "graham flour" to the groces man next time you buy flour. Tell ger pittance she was able to earn in him you don't want that white stuff that utilizes only 70 per cent of the wheat and wastes the other 30 per

Thus you can help your country, for graham flour utilizes 100 per cent of the wheat. You can also help yourself, for graham flour is more nutri-

self, for graham flour is more nutritious than white flour.

I got considerably "het up" when
I saw an article stating that white
flour utilizes only 70 per cent of the
wheat. That's no way to concerve
our wheat crop, I sez to myself.

So I put on my hat and raincoat
and rubbers and went up to the Updike mill on north Sixteenth street,
where I met Ben L. Yohe, the superintendent. I put the proposition
up to him.

up to him. "That's true," he said, as he took out a pencil and did a little figerring on the front of a "Northwestern

Does Some Figuring.

"It takes four and a half bushels of wheat to make a barrel of flour," he said. "In other words, it takes 270 pounds of wheat to make 196 pounds of flour."

"Whole wheat flour, on the other hand contains a warm out of the

"Whole wheat flour, on the other hand, contains every part of the wheat, doesn't it?" I asked.

"Whole wheat flour may contain anything," said Mr. Yohe. "Sometimes they take ordinary flour and mix in middlings and bran and make what they call whole wheat flour. If people want to use flour that contains all the wheat, they should use graham flour."

"That is made out of all the wheat?" I asked to make sure.

"That is made out of all the wheat?"
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"Every bit of the wheat is used in making graham flour," he said.

"Well, why on earth don't people eat that?" I exclaimed. "It tastes just as good or better than the white bread and everybody knows it's more nutritious end better for your health. And that way we would utilize our wheat crop 100 per cent instead of 70 per cent."

per cent,"
"Well," said the miller. "The only reason is that many people prefer a very white color in bread. For my-self, I don't. I think a nice brown is a much more appetizing color."

Agrees With the Miller, "Here, too," said I fervently.

"Here, too," said I fervently.

"Another reason is that graham flour won't always keep as well in summer as white."

This, however, is not a strong objection. With reasonable care it will keep all right.

"The government ought to pass a law compelling everybody to use graham flour, flour made from the whole wheat," I declared.

Don't you agree with me centle.

wheat, 'I declared.

Don't you agree with me, gentle reader? Don't you think we ought to do it even without a law?

Experiments show that white bread alone will not sustain life for long. Bread made from the whole wheat will. From white flour the vitamines, checkbare and cells with the standard self-

will. From white flour the vitamines, plosphates and other mineral salts, much of the proteins, mcs' of the fats and a good deal of the carbohydrates are bolted out. The body needs these. The stores don't have much graham flour on hand. But when the housewives begin demanding it they'll get it soon enough. It's all ready in the mills.

mills.
Use it and you'll help your country
and yourself. Don't forget. Say
"graham flour" to the grocer man,
And say "graham bread" to the baker

Norfolk Man May Succeed Bucholz At Omaha National

C. E. Burnham, president of the Norfolk National bank, Norfolk, Neb., and director of the Federal Reserve bank of this district, is said to be the leading candidate for vice president of the Omaha National bank to succeed the late W. H. Bucholz.

President Joseph Millard of the Omaha National bank refuses to divulge the names of any bankers who are being considered for the place, but he admitted the directors have in view several men whom they are considering at this time. He said an announcement would probably be made the early part of next week.

From other sources, however, it is

From other sources, however, it is learned that President Burnham of the Norfolk National is the leading

Women Operate Elevators in Salt Lake City Buildings

Salt Lake City, Utah, May 5.— Women elevator operators were hired in one of the largest business blocks

WE CLEAN RUGS DRESHER BROS.

Cleaners, Hatters, Furriers Tailors. 2211-2217 Farnam St. Telephone Tyler 345



\$3.00 Reduction on all Cabinet Ranges for this week only.

Omaha Gas Company

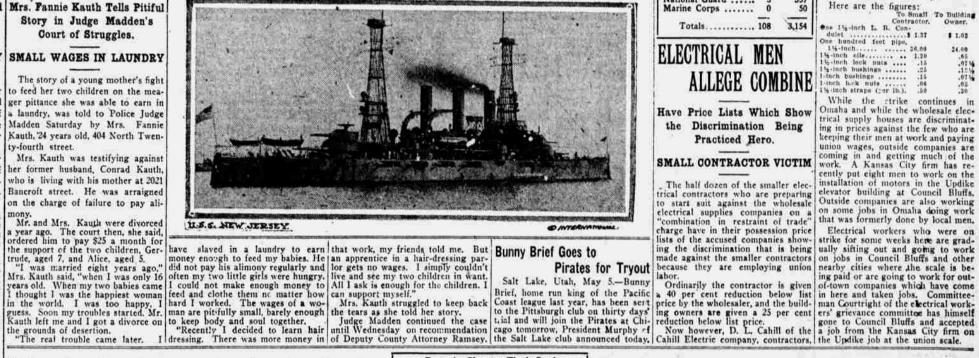
Uses All of the Wheat Instead Mrs. Fannie Kauth Tells Pitiful Story in Judge Madden's Court of Struggles.

SMALL WAGES IN LAUNDRY

The story of a young mother's fight to feed her two children on the meaa laundry, was told to Police Judge Madden Saturday by Mrs. Fannie Kauth, 24 years old, 404 North Twenty-fourth street.

Mrs. Kauth was testifying against her former husband, Conrad Kauth, who is living with his mother at 2021

SHIPS OF OUR NAVY—The U. S. S. New Jersey, a second line battleship, carrying four 12-inch guns, eight 8-inch, twelve 6-inch, twelve 3-inch rapid firers, three 3-pounders and four



SATURDAY'S MUSTER ROLL FOR OMAHA. Saturday. Total.

Totals 108

ELECTRICAL MEN ALLEGE COMBINE

Have Price Lists Which Show the Discrimination Being Practiced Hero.

SMALL CONTRACTOR VICTIM

The half dozen of the smaller elec-

has made a table of comparative prices, shawing how the Western Electric company quoted them to him and how the same company quoted them to a certain building owner.

Figure Tell Story.

While the strike continues in Omaha and while the wholesale elec-Omaha and while the wholesale elec-trical supply houses are discriminat-ing in prices against the few who are keeping their men at work and paying union wages, outside companies are coming in and getting much of the work. A Kansas City firm has re-cently put eight men to work on the installation of motors in the Updike elevator building at Council Bluffs. Outside companies are also working on some jobs in Omaha doing work that was formerly done by local men. Electrical workers who were on

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four-poster in at least one of

your bed rooms. The charm that

captivated our grandmothers

We are featuring this week

a particularly strong line of

these beds, of most careful design and finish; prices-

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\$37.00 and \$39.00

Every Bed a Bargain. Displayed on the Fifth Floor.

still endures.

There's a wealth of satisfac-



Do You Know You Can Get a Genuine Victrola for \$15?

A machine that can bring the music you love best, sung by the world's greatest artists, right into your own



Victrola IV, \$15 Other styles \$25 to \$400.

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This Stylish English Earth-enware, decorated in bold black and yellow, is surprisingly inex-

In tea sets and salad sets it is truly delightful. Nothing could be smarter for porch service.

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depends upon the polish you use. We use O. & W. on OURS, and have since 1895. It costs 25c and 50c the bottle.

0

perfection-

High grade nickel plated tumbler holders for bath room; made to screw on the wall, 20c.

With toothbrush attachment, 29c.

8-inch Casserole in brown Weller cooling ware, 39c.

mg ware, 19c.
Potato masher and ricer, 25c.
Friction gas light that does away with
dangerous matches, 39c.
81 can Punch Oll and large size \$1.50
Gedar Mop; outfit complete, for \$1.19.

\$4.00



Good Furniture Made for People Who Care, by Men Who Know

F ROM the many beautiful "period" dining suites lately arrived, we choose this one for its simplicity and charm of design, the motifs of which were derived from the famous dining room at Hatfield House in Warwickshire, England. The quaint shapings and the selection of fine 60-inch Buffet with three small drawers at top and woods adhere strictly to the original pieces. A more graceful and cornect suite would be hard to find, even in our city's best homes. rect suite would be hard to find, even in our city's best homes.

Everyone interested in Period Furniture for the dining room, is invited to look at the displays upon our floors. Queen Anne, Jacobean, Sheraton, Adams, Charles II, William and Mary, styles of our grandfathers, reproduced to charm you and incidentally suit your purse.

N enduring, practical suite, that never grows old, that you can count

The finely marked lumber is significant of the care with which it

A on to deliver service for a lifetime, the product of Berkey and Gay.

There's a pleasure in examining the fine cabinet work of this suite, even

to the opening and closing of the smoothly working drawers of the chif-

was selected, the genius of the two-tone effects marks it as a very desir-

able Bedroom Suite designed for people who care, by men who know.

period styles at prices that suit all purses.







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Bedroom Suite In Two-Tone American Walnut

54-inch Dresser with plate mirror, as illustrate for \$75.00
Chiffonier, as illustrated \$55.00
Dressing Table, as illustrated \$48.00
Full Size Bed, as illustrated \$55.00
Chair \$9.50 The above suite is but one of very many new be droom suites to be seen on our floors in the various



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This delightful fabric is well represented. There are over a thousand different patterns and color combinations from which

to choose for every possible color effect you wish to pro-duce. Priced as follows: 18c to \$2.00 per Yard

DOWN STAIRS FOR KITCHEN WARE = National Gas Week---May 7th to 12th

fonier or dresser.

—all next week we shall demonstrate the very best gas range, designed for the family of moderate means, in all America, offering you most unusual inducements to make this

The Detroit Jewel Special The Range that means better and more economical cook-

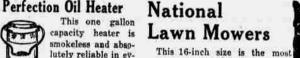
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And for this week we will give you \$4.00 for the range you are NOW using, install the Detroit Jewel without extra cost and give you absolutely FREE a polished iron, self-basting roaster with wire meat rack, worth \$1.50.

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ner top makes the plac- | The large patented are placed at exactly the right height. This elimining and removing of oven that "bakes better" utensils easy and free gives a steady heat at any required temperature. ates tiresome stooping. The extra roomy bur-

Trays of whitest porcelain under the broiler and burner top are as easy to wash as fine



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Start today to replace utensils that wear out with utensils that

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Charming colors and pleasing patterns identified with eastern craftsmanship, are to be found in our stocks, but unlike the prayer rug or tent hanging of the orientals, they welcome the tread of endless feet. Bundhar Wiltons have the "iron" constitution to stand the strain.

9x12 size, costs \$59.50. Smaller rugs to match, as follows: 8-3x10-6, \$55.00; 6x9, at \$36.50; 2-3x4-6,

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Invites All Lovers of Fine and Unusual Rugs

No one type of rug may be so pleasing and generally, used as the Chinese rug in its very broad decorative possibilities.

Its simplicity and charm of color, combined with its simple and somewhat abstract design, places it foremost among rug types.

The quaint "carved" or raised effects, the Oriental touch and the fine quality varus from which these rugs



rects, the Oriental touch and the line quality yarns from which these rugs are manufactured definitely decide the superiority of the Chinese prod-ucts over many Oriental types. From the smallest rug to the largest room size, priced from \$10 to \$550.

