

Why We Have Tired Worn-out Nerves and Thin Blood in the Springtime

At this time of the year most people suffer from a condition often called Spring Fever. They feel tired worn out, before the day is half through. They may have frequent headaches and sometimes "pimply" or pale skin and white lips. The reason for this is that during the winter-time, shut up within doors, eating too much meat and too little green vegetables, one heaps fuel into the system which is not burned up and the clinkers remain to poison the system—a clogging up of the circulation, with inactive liver and kidneys. The best means to oil the machinery of the body, put tone into the liver, kidneys and circulatory system, is to first practice a good house-cleaning. I know of nothing better as a purge than a vegetable pill made up of May apple, leaves of aloe and jalap. This is commonly sold by all druggists as Dr. Pierce's Pleasant Pellets, and should be taken at least once a week to clear the twenty-five feet of intestines. For an invigorating tonic which will clarify the blood, put new life in the body, sparkle to the eyes, and a wholesome herb, nothing does so well as a glyceric extract made from Golden Seal root, Blood and Stone root, Oregon grape root and Wild cherry bark. This can be had in convenient, ready-to-use form at all drug stores, in tablets or liquid, and has been sold for the past fifty years as Dr. Pierce's Golden Medical Discovery. By reason of the nerves feeding on the blood, when the blood is pure the nerves feel the effect, and neuralgia or other nerve pains disappear because such pain is the cry of the starved nerves for food.—Adv.

Glass of Water Before You Eat Any Breakfast

Wash poison from system each morning and feel fresh as a daisy. Every day you clean the house you live in to get rid of the dust and dirt which collected through the previous day. Your body, the house your soul live in, also becomes filled up each twenty-four hours with all manner of filth and poison. If only every man and woman could realize the wonders of drinking phosphated hot water, what a gratifying change would take place. Instead of the thousands of sickly, anaemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nerve wrecks," "rundowns," "brain fags" and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere. Everyone, whether sick or well, should drink each morning before breakfast, a glass of red hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the previous day's indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach. Those subject to sick headache, biliousness, nasty breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle, but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.—Advertisement.

Few Folks Have Gray Hair Now

Well-known local druggist says everybody is using old-time recipe of Sage Tea and Sulphur. Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair which is so attractive, use only this old-time recipe. Nowadays we get this famous mixture improved by the addition of other ingredients by asking at any drug store for a 50-cent bottle of "Wyeth's Sage and Sulphur Compound," which darkens the hair so naturally, so evenly, that no body can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning the gray hair disappears; but what delights the ladies with Wyeth's Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few applications, it also brings back the gloss and lustre and gives it an appearance of abundance. Wyeth's Sage and Sulphur Compound is a delightful toilet requisite to impart color and a youthful appearance to the hair. It is not intended for the cure, mitigation or prevention of disease.—Advertisement.

For Itching Scalp

You do not want a slow treatment for itching scalp when hair is falling and the dandruff germ is killing the hair roots. Delay means no hair. Get, at any drug store, a bottle of zemo for 25c or \$1.00 for extra large size. Use as directed, for it does the work quickly. It kills the dandruff germ, nourishes the hair roots and immediately stops itching scalp. It is a pure, reliable, antiseptic liquid, is not greasy, is easy to use and will not stain. Soaps and shampoos are harmful, as they contain alkali. The best thing to use for scalp irritations is zemo, for it is safe and also inexpensive. The E. W. Rose Co., Cleveland, O.

FOR COUGHS AND HOARSENESS THE NEW 15c BOX PROVES THEIR WORDS BROWN'S MENTHOL TROCHES JOHN L. BROWN & SON, Boston, Mass.

Nebraska STATE SENATE KILLS LIMITED SUFFRAGE

Lieutenant Governor Overruled and Bill Will Repose in Committee. INSURRECTION IN RANKS (From a Staff Correspondent.) Lincoln, March 28.—(Special Telegram.)—The bill intended to confer partial suffrage on women of the state was killed by the senate this afternoon and Lieutenant Governor Howard was overruled by the senate for the first time. Senator Sandall asked that the bill be lifted from the sifting committee and restored to the calendar. Lieutenant Governor Howard ruled that the request of one senator was sufficient to take the bill from the committee and instructed it to return the measure to the general file. Chairman Mattes announced that the committee would refuse to obey the ruling of the chair and appealed to the senate. The appeal was sustained by practically a two-thirds vote. Senator Sandall then moved that the committee be instructed to report the bill. This motion was defeated 17 to 15. This kills the measure for this session. Those voting to sustain the chair on the appeal were Beal, Chappell, Douthett, Hasse, Hammond, Howell, McAllister, McMullen, Neal, Oberlies, Sandall and Sawyer.

Nyrop Wins Preliminary Prohibition Contest

Grand Island, Neb., March 28.—(Special Telegram.)—The Nebraska Baptist assembly was addressed today by Mrs. W. A. Montgomery, who gave an account of her trip around the world in 1913, and a characteristic address by Dean Shailer Matthews of the Divinity school of the University of Chicago. The evening address was given by Rev. Mr. Elliott of Ottawa, Kas. The preliminary prohibition oratorical contest between Otis Applegate, who gave "The Reformer's Dream"; A. P. Mills, "America's Moral Obligation," and Chris Nyrop, "The Stainless Flag," was won by Mr. Nyrop, who will represent the college at the state contest to be held at Hastings in a month.

Farmer and Family Have Narrow Escape

Beatrice, Neb., March 28.—(Special Telegram.)—Fire early today destroyed the tenant house on the farm of Charles Blakely of Omaha. The house was occupied by N. C. Nowka and the family had a narrow escape from death in getting out of the building. One of Mr. Nowka's daughters was burned about the face. The fire started from an overheated stove. The loss will amount to \$2,000, partially insured.

Men From Callaway Enlisting in Guard

Callaway, Neb., March 28.—(Special Telegram.)—Four members of Company L from here joined the colors at Kearney yesterday, taking with them four new men who enlisted. Today Raymond Schneringer came back as enlisting officer with three aides and opened a recruiting office. Three more have enlisted. Walter Sadler of Company L is recruiting in Stapleton.

News Notes of Harrison

Harrison, Neb., March 28.—(Special.)—The state school inspector, who was here recently, was pleased with the condition of the high school. He reports it to be the second best in the state in all departments for towns of this size. Dee P. Davis will represent the Harrison Camp of the Woodmen of the World at the Woodmen of the World convention to be held in Lincoln this week. Harrison is to have a movie show soon.

Elgin Boosters Talk Good Roads

Elgin, Neb., March 28.—(Special.)—The Elgin Community club held a good roads boosters' meeting last night. County officers and overseers, together with club members, started a movement to get Antelope county roads in first-class shape. Arrangements for another general meeting have been made. It is the purpose of the live wire citizens to see that Antelope county gets value received for money spent.

New Jail in Gage

Beatrice, Neb., March 28.—(Special Telegram.)—The board of supervisors today awarded the contract for building Gage county's new jail to J. W. Robinson of this city for \$14,150. The jail is to cost \$28,450 and will be built this summer.

Los Angeles to Enlist Ten Thousand for Home Guards

Los Angeles, Cal., March 28.—Purchase of one machine gun and four hundred rifles was directed today by the city council and a call for 10,000 volunteers, bringing their own arms, for organization of a home guard, was issued by Chief of Police John L. Butler. A hundred and fifty members of the police department who have had military experience were ordered to prepare to command the volunteers.

Soldiers' Home Notes

Grand Island, Neb., March 28.—(Special.)—Grand Island was issued to the members on the line, as well as to members on the outside, yesterday morning. An inspection was held in the chapel building on Sunday morning. The commandant announced that the potato crop of last season was not sufficient to allow the issue of potatoes for three meals a day and also to supply the amount needed for seed. By eliminating the issue of that vegetable for one meal a day he thought the supply would last until new potatoes are on the home farm. The members were given a chance to vote and the proposition was carried by a large majority. Rev. A. A. Smith of the Presbyterian church of Grand Island delivered the address at the home chapel Sunday afternoon. Mrs. Lewis O. Hyatt of cottage 8, passed away Monday morning at 8 o'clock. Mrs. C. E. Benton of Cairo, in company with Mrs. Finley of Grand Island, are visiting Mrs. Rev. Mrs. Travis and Mrs. Hale in the west hospital.

Notes from Beatrice

Beatrice, Neb., March 28.—(Special.)—At the annual meeting of the Gage County Society of Agriculture yesterday these officers were elected: President, Dr. C. P. Fall; vice president, Adam McMullen; secretary, H. V. Riesen; treasurer, Charles Hughes; board of managers, J. C. Emery, W. W. Scott, David Boesiger, J. C. Dell, F. W. Mumford and C. H. Green. The dates for the 1917 fair were fixed for the week of September 24. John Menner Idius of Pickrell, Mcno Hiske Wilhelm of Beatrice and John R. Bruns of Pickrell, all former subjects of Kaiser William, made application in the district court yesterday for their first papers. A camel belonging to a circus, which has been wintering here, was shipped to Lincoln today to be used by the Shriners in putting on their initiatory work there. Agnes Polak was granted a divorce from Frank Polak in the district court yesterday. The defendant was ordered to pay \$15 a month for the support of their minor children. At a meeting of Company C last evening Robert Emery of this city was elected second lieutenant, to succeed Arlie Culver, resigned. Mr. Culver, who recently returned from the border with the company, has located in Colorado.

Lyons Gives Guardsmen Enthusiastic Farewell

Lyons, Neb., March 28.—(Special.)—Intense interest prevailed here yesterday when about eighteen of "the flower of our land," some in uniform and some in citizen clothes, responded to President Wilson's first call to arms, taking the afternoon trains for their respective places in the National Guard. The majority of them belonging to Company E, Fourth regiment. Most of these boys were from Decatur and were brought over here in fourteen automobiles highly decorated in the national colors. About 300 people gathered at the depot to bid them good-by. Tears trickled from many eyes and cheeks were wet with weeping as the Decatur brass band which had come over with them played several of the favorite national airs.

Emerson Light Plant Sold to Big Company

Emerson, Neb., March 27.—(Special Telegram.)—The Nebraska Electric company of Cedar Rapids, Ia., took over the Emerson Light and Power company plant Monday. Henry Jensen, one of the original owners and builders of the plant, remains with the new company as local manager. The company has six plants in this part of the state. It has been in business in Iowa for about thirty years, where it employs 750 men and supplies light and power to 300,000 people. The new concern expects to develop the business as much as possible, and President Van Valkenburg says that, in his opinion, electric power and lights will be as common on the farm ten years from now as the telephone is today.

Nature Requires Assistance

In Correcting Such Ills as POOR APETITE, DYSPEPSIA, INDIGESTION, BILIOUSNESS, SPRING ILLS OR MALARIA. A splendid first aid is HOSTETTER'S STOMACH BITTERS



So as to be sure of uniformly good oranges, ask for Sunkist, and have them delivered in the original tissue wrappers. Phone your dealer. Sunkist Uniformly Good Oranges California Fruit Growers Exchange

Thirty-Seventh Year For Liquor and Drug Using

THE ONLY KEELEY INSTITUTE in the State of Nebraska Corner 25th and Cass Sts., Omaha. Removes permanently the craving for liquor and drugs. Always improves the general health. Surroundings pleasant. No nausea or sickness of any kind caused by the treatment. Do not be persuaded that all treatments are alike. Ours is the most effective, as thirty-seven years of success in treating the drink habit proves its efficiency. Write for literature or Phone Douglas 1478. Take Harney car from either depot

Put Your Furs in Storage Moderate Cost and Safe Storage Here. Brandeis Stores CHILDREN'S DAY SATURDAY Dawn--Morning--Afternoon and Evening An entire day in the life of a little girl and a little boy. We cannot tell you all the fine things we have prepared here for children, but we can say that the prettiest wearables for miles and miles around will be shown here on living models. SATURDAY WILL BE CHILDREN'S DAY.

Easter Wearables in Remarkable Array Buy Now Just 9 Shopping Days to Easter--PREPARE

New Coats and Smart Silk Dresses In a Beautiful Easter Display for Women



Just 9 Shopping Days to Easter—not a very long time to enable you to choose your Easter Apparel—that is to say, not a long time if you did not have this splendid store to help. With complete stocks of the best of all apparel, and a range of prices to suit every purse, every woman who comes here will find it easy to satisfy her wants and get the very best her money will buy. It is the power of great organization working for your benefit—take advantage of it. New Coats, \$17.50, \$19.00, \$22.50 and upward. Clever, fascinating styles; models for practical as well as dress wear. The popular colors of Reseda, Gold, Tan, Rose, Navy, etc. Novelties in Gunnyburl, FEATHER FLUFF, Velour, Gaberdine and Serge.

Smart Silk Dresses, \$17.50, \$22.50 Upward New styles, showing popular features, like "barrel" draperies and tunic skirts; smart waists with clever features in the way of trimming; novelty collars including the always popular straight-line frocks. Second Floor.

Women's Stylish Spring Suits In Splendid Array for Easter

WE ARE DISPLAYING a remarkable assortment of stylish Suits, at very popular prices. The models are some of the best we have ever shown—and in a season where Fashion has varied her mood as much as she has this year, every woman will find just what she most desires. The materials employed are Velours, Serges, Gabardines, Jersey Cloths, Poiret Twills, etc. The models are Tailored and Belted, Braided and Button Trimmed—a score or more to choose from. All the best colors of the season—

\$29.00, \$32.50 and \$35.00 Second Floor.



Announcing the Arrival---In the Millinery Salon of New Sport and Travel Hats of "Cravenetted" Material

Think of a Hat, dainty and fascinating as it can be, yet made of a material that is rainproof. They come in four different styles of Crushers, in the new sport shades, such as Green, Gold, Purple, Rose, Cherry and Black or White. They would make a very fine Hat for auto wear. Prices are \$2.98 to \$3.75

Genuine 3 1/2 to 4 Millimeter Italian Milan Banded Sailors In the season's best shapes and all the most wanted colors. Very Special, at \$7.50 Each Second Floor, Millinery Department.

Children's Stamped Dresses, in pique and dimity; sizes range from 2 to 12 years, \$1 to \$2.50 value, choice, 75c.

Crepe de Chine Blouses At \$2.98



Very, Very Charming and Practical Too. IT'S a very little price, indeed, to pay for so much of fascinating beauty, especially in a season when material of every kind is extraordinarily high. All have large collars. Some have frills, others beautifully embroidered and still others with inlaid effects. Many of the models show large pearl buttons. A score or more of the most wanted colorings. Second Floor.

Correct Corsets At Low Prices Buy You Easter Model NOW.

THESE ARE ALL NEW CORSETS, and worth much more than we are asking for them. A splendid style for medium figures, well boned, long over hip with elastic band at bottom of skirt. Guaranteed to give satisfaction \$1.00 A Corset for stout and medium figures, low bust, long hip, with elastic band in back. A very comfortable corset. \$1.39

Brassieres, in new and attractive lace and embroidered trimmed models; front and back closing; all sizes 50c

WE HAVE A COMPLETE LINE OF SIZES IN NEMO Corsets, at \$2.00

Second Floor. N. B.—Do not buy a Corset until you consult our expert Corsetiers—they will select the proper model and see that it fits you properly.