

ENOS MILLS SAYS WE EAT TOO MUCH

Naturalist Cuts H. C. of L. by Living More in the Open Air.

LECTURES HERE MONDAY

Reduction of the high cost of living, as well as increase of health and happiness, will be accomplished by living outdoors more, according to Enos Mills, naturalist and national park advocate. He arrived in Omaha yesterday to speak on birds under Audubon society auspices Monday evening at the First Methodist church, Twentieth and Davenport streets.

Eat Too Much.

"As most people eat too much, they can reduce the cost of living by eating less and living outdoors more, with the additional result of being healthier and enjoying 'fe more.' While in Omaha Mr. Mills will be a guest at the C. N. Dietz residence. In the absence of Mr. and Mrs. Dietz, who are in Florida, their educated dog, 'Punch,' met the visitor and vigorously wagged a stubby tail by way of welcome. Mills is recognized as an authority on all wild life and has had many friends among wild animals and birds. He hunts only with a camera.

He will address Central High school students Monday morning and will be honor guest and speaker at the University club's noon luncheon. His home is a log cabin on the slope of Long's Peak in the Colorado Rockies, where he will go immediately after his lecture Monday evening.

New Bath Parlors Open In the Rose Building

Refined administration, exclusive location, efficient service and beautiful appointments are offered by the Excelsior Bath Parlors, to be formally opened Monday in rooms 533 to 539 inclusive at the Rose building, Sixteenth and Farnam streets. In announcing their new establishment, the proprietors promise the utmost in refined and reputable management and clientele.

Velvet draperies in the rooms are characteristic of the equipment throughout. All kinds of baths, massage, electric, external medical and hot pack treatments are available. Among them are steam, sulphur steam, Naueim, neutral, violet ray, alkaline, saline, electric cabinet and water baths, and the only oxygen baths administered in Omaha.

Proprietors are Dr. M. L. MacNamara, a woman chiropactor in the Brandeis Theater building for three years, and G. S. Johnson, until recently a local newspaper advertising man. Dr. MacNamara will hereafter have her offices in connection with the new bath parlors.

Chief Robinson Would Keep Foreigners Off Reservation

Panama, Jan. 25.—Charley Robinson, chief of the San Blas Indians, has proposed to President Valdes that from which all foreigners are to be excluded. In practice the San Blas have maintained their territory to themselves, not allowing outsiders to remain in their villages overnight. This custom has become a source of friction with the authorities of the republic of Panama and with foreigners who are interested in trade and plantation developments. The chief's proposition aims at securing recognition of the right of his people to live to themselves, at the same time conceding the authority of Panama in all of the San Blas territory outside the reservation. The proposed reservation is an area about seventy miles square, which is about one-twenty-fourth of the total area of Panama.

Charley Robinson is a name of the chief's own adoption. One of the customs of the San Blas is to give their children temporary names which they may shed with their milk teeth and adopt their own permanent designations. Robinson pays rather frequent visits to Panama City, on which he calls in state on the president attended in a blue uniform and accompanied by two body servants. His idea of the reservation was given him by an American, who cited the Indian reservations of the United States. It is said that the government of Panama is inclined to co-operate with him in working out his scheme.

John Tebbutt, Student of Comets, Dies in Wales

Melbourne, Australia, Jan. 31.—The death is announced of John Tebbutt, Australia's foremost astronomer. He was 82 years old. Mr. Tebbutt spent practically the whole of his life at Windsor, New South Wales, where he erected an observatory at his own cost. He first came into world-wide notice by his minute observations of the comets of 1858, 1860 and 1861. Since that time he has devoted his energies to the discovery and observation of comets. In 1862 he was offered and declined the post of government astronomer of New South Wales.

Rice Growers Want to Cut the H. C. of L. Here

Mayor Dahman received a telegram from E. A. Ekins, secretary of the Southern Rice Growers' association, proposing to ship carload lots of white uncoated rice to this territory at 34 cents per pound "to meet unusual food conditions in Omaha." The telegram was dated at Beaumont, Tex., and contains an offer to send rice demonstrators and rice cook books to the Gat City.

NATIONALISM IS RIFE IN LITHUANIA

Dream of Autonomy Stirs the Leaders to Hope for Home Rule Under Russia.

MARTIN YCHAS SPEAKS

(Correspondence of The Associated Press.) London, Dec. 25.—Lithuania, a region on the Russo-German Baltic greater in extent and population than Sweden, has had its aspirations stirred by the war and is looking forward to emerging from it either as an independent republic patterned on American lines, or as an autonomous nation with its own parliament and home rule, subject to Russia's imperial authority only in matters of national defense.

This was the view outlined to the Associated Press by Martin Ychas, member of the Russian Duma, where he represents the important Lithuanian city of Kovno, and occupies the post of secretary of the finance committee. Mr. Ychas is conferring here with the large Lithuanian colony, following similar visits just made in the United States.

No Part of Poland. "It should be understood," said Mr. Ychas, "that Lithuania is entirely distinct from Poland, although the public is in the habit of treating them as one. Poland is the great central region around Warsaw, whereas Lithuania and the Lett country is the vast northern section along the Baltic with the great ports of Riga, Libau and Windau, and the cities of Vilna, Grodno, Kovno and Suwalki, aggregating 8,000,000 population, or more than any of the secondary kingdoms of Europe.

Like Poland, Lithuania has its own hopes and aspirations," continued Mr. Ychas, "and with my colleagues in the Duma we have already secured the acceptance in principle of complete political autonomy for Lithuania. This means home rule the same as Canada, with a Lithuanian cabinet and Lithuanian parliament and with Lithuanian delegates in the imperial Duma and a Lithuanian viceroy from the czar. There are unofficial hopes going far beyond this, particularly among the Lithuanians in the United States. But officially we took to autonomy as the first step to restoring Lithuania as a nationality. In the Duma the controlling authority, the constitutional democrats, or Cadet party, has accepted in principle autonomy for Lithuania, and it was by Cadet votes that I, as a Lithuanian, was elected secretary of the finance committee.

America's Sympathies. "In America, however, I found a strong movement for securing complete Lithuanian independence and setting up a Lithuania-Lett republic. Our native press in America is very strong for independence. They look to the entente allies to secure this as one of the results of the war, holding that England entered the war in defense of small nationalities. These, however, are unofficial hopes for the future, and all that I can officially assume is that complete autonomy and home rule for Lithuania is an accepted principle of the ruling authorities in the Duma. The imperial government has not yet spoken, pending invasion of Lithuania by Germany, but when normal conditions are restored the government will undoubtedly approve the autonomy already agreed to in principle by the Duma."

Mr. Ychas says Russia has considerably improved political conditions in Lithuania in recent years. Formerly the holding of lands by Lithuanians was prohibited; the press was prohibited; all Lithuanian books, including the Bible, were prohibited; holding office was prohibited. All this has been changed, Mr. Ychas says, and there was a fair degree of freedom under Russian rule up to the time of the German invasion. There were fourteen Lithuanian representatives in the first and second Dumas, and five in the third and fourth Dumas.

Many in America. "It was during the old period of restricting that so many Lithuanians went to the United States," added Mr. Ychas, "reaching 30,000 a year from 1909 to the outbreak of the war, and aggregating 700,000 in large colonies throughout the United States—with thirty newspapers and their own clubs, theaters and societies. But the Lithuanians in America are essentially Americans. They have found better social and economic conditions; they own their home, direct their own business, enjoy political liberty and

NEW PRESIDENT OF OMAHA TECHNICAL CLUB.



NEW PRESIDENT P. H. PATTON

The Technical club of Omaha has chosen P. H. Patton, division engineer of the Nebraska Telephone company, as its president for the current year, the sixth of its existence. The members elected Arthur E. Hall as vice president and H. S. Nixon as secretary-treasurer. The "professional improvement of its members and the encouragement of social intercourse among men of applied science" is the object of the 100 men who form the club.

exercise a strong and wholesome influence in politics." Mr. Ychas showed his faith in American Lithuanians by marrying among them while on his recent trip, his wife being a daughter of Dr. Szlupas of Scranton, Pa., one of the leading publicists of the Lithuanians. While in London Mme. Ychas has addressed large gatherings of Lithuanians.

Many Irish Are Found In Ranks Fighting With Allies

(Correspondence of The Associated Press.) Dublin, Ireland, Feb. 10.—In a letter read at a luncheon to the officers of the Irish Canadian rangers on their visit here, John Redmond quoted statistics to show the large number of Irishmen who had enlisted in the army outside of the Irish regiments. The Irish leader said: "From Ireland itself, according to the latest official figures, 173,772 Irishmen are serving in the navy and army, representing all classes and creeds among our people."

"From careful inquiries made through the churches in the north of Ireland and Scotland, from the casualty lists, and from other sources, the calculation has been made on high authority that at least 150,000 sons of the Irish race, most of them born in Ireland itself, have joined the colors."

"In Great Britain it is a pathetic circumstance that these men are almost forgotten except when their names appear in the casualty lists of the Irish regiments. Some of the Irish papers have for a considerable time past been publishing day by day special casualty lists under the heading 'Irish Casualties in British Regiments.'"

Mr. Redmond was unable to personally greet the Rangers, being confined to his home partly through illness and the shock of his daughter's death in New York.

Portrait Done by American Is Sensation in Ireland

(Correspondence of The Associated Press.) Dublin, Jan. 12.—A portrait by Gilbert Stuart, the American painter, is the sensation of the hour at the National gallery of Ireland. Stuart worked in Ireland from 1788 until 1793, and was constantly employed in painting portraits of prominent Irish men and women. The picture which has been hung in the National gallery is of Mrs. Webb, who belonged to a well-known Donegal family.

BELGIANS PROUD AT HOLDING FOE

Hardy Type of Men Are These Who Brave Climate and Water to Defend Land.

KING IS EVER WATCHFUL

(Correspondence of The Associated Press.) With the Belgian Army, Belgium, Dec. 20.—The pride of the Belgian troops in holding back the Germans from further encroachment on Belgian soil is observable immediately one enters the sector occupied by King Albert's troops. Determination to prevent any advance by the Germans and the will to push back the invaders when the time is ripe are evident everywhere.

The Associated Press correspondent has visited the Belgian advanced lines at a point between Dixmude and Bosinghe, where, for the moment, there is still fighting. Water under foot, thick mists making the atmosphere heavy and preventing observation, and cold rain falling in a continuous penetrating downpour make action almost impossible.

Out in the front lines, after a long tramp over board walks across sodden fields and irrigation channels, the correspondent saw the Belgian soldiers keeping their constant vigil, clothed in heavy woolen coverings and oil-cloth raincoats and high rubber boots. Here and there a sentinel stood looking out over the mile or so of water covering the space between the Belgian and the German lines, dimly visible in the distance. No barbed wire entanglements are possible here; their place is taken by seawater, which, by the cutting of dikes, has been permitted to flow where it will, although it renders the land uncultivable for twenty years.

The crack of an occasional rifle-shot, fired from one side or the other when a guard imagines some movement in the opposing lines, was dulled by the heavy air, and sometimes near but generally far off was heard the roar of an aerial torpedo.

It is impossible at any point of the Belgian front to excavate a trench, for each spadeful of earth taken is at once replaced by a hole full of water. In place of trenches the only way to form a protective line for the infantry occupying the front lines is to construct shelters of sand-filled canvas sacks and this has been developed into an art by the Belgian troops. For four days at a stretch the same men remain without relief at the front under these distressing conditions, but there is no complaint for the men are mostly hardy peasants or laboring men who have had to combat the Belgian climate all their lives. Harshness which for troops prove insupportable, are borne by them with cheerfulness.

King Albert, who lives near the actual fighting line, pays an almost daily visit to some part of the front. The queen, too, remains on Belgian soil, and when not engaged on hospital work is often seen walking along among the soldiers when they are enjoying a short respite from active service.

Everywhere there are evidences of America's aid to the Belgian wounded and to refugees from the interior who insist on remaining on the small portion of Belgian soil still left to them. American ambulances are often seen along the routes.

Wasting Food in London Is Serious Offense Now

(Correspondence of The Associated Press.) London, Jan. 30.—So many precautions have been taken by the government to conserve its food supply that persons caught wasting food are severely dealt with. A striking example of the severe punishment meted out to careless persons was given recently when a sailor was sent to prison for five years for setting fire to a quantity of barley worth \$400. "This is not the time," said the court, in passing sentence, "when we can stand the loss of stocks of food."

WILL SELL FOOD TO POOR AT COST PRICE

Gotham Committee Buys Four Million Pounds of Rice and Tries to Popularize It.

CO-OPERATE WITH CITY

New York, Feb. 24.—Relief is now in sight for the poor of New York City who have been suffering from the high price of food. Spurred by riots, boycotts and mass appeals, the city government and wealthy citizens have taken action designed not only to ease the present situation, but provide for the future.

The most definite measure is the purchase of a large quantity of food, which will be brought here for distribution at the lowest possible price. George Perkins, chairman of the mayor's committee on food supply, announced that a campaign had begun to popularize rice as a substitute for more costly foods. To keep down the price of rice the committee has bought 4,000,000 pounds. The fact that plans are laid to buy rice in immense quantities became known today through receipt of information from Woodland, Cal., that Mr. Perkins had telegraphed the county board of trade there asking terms for immediate shipment to New York of 15,000,000 pounds.

The mayor's committee has purchased also a carload of smelts on the Pacific coast, which will be used to lower the price of the local market. Funds for these purchases were guaranteed by members of the committee, all local men.

The board of estimate and apportionment has asked the state legislature to authorize an amendment to the city charter giving the board power to appropriate, in case of emergency, city funds with which to buy foodstuffs to be sold at reasonable prices.

Chicago Taking Food Census

Chicago, Feb. 24.—A food census of Chicago was started today by the police department, acting under the "forestalling ordinance," which forbids the storing of food in warehouses for the purpose of keeping it off the market and thus raising the price to the consumer.

The federal authorities also continued an investigation into the food situation. United States District Attorney Charles F. Clynne making the announcement that agents of the Department of Justice are seeking evidence on which grand jury indictment may be brought of conspiracies to "corner" food supplies are found. The car shortage situation had not improved in this city, at least as far as it concerned grain shipments. One large elevator closed in South Chicago yesterday because of a lack of cars, and it was said four elevators of a large grain house probably would shut down during the day.

Treat Coughs and Colds as Once. Dangerous bronchial and lung ailments follow neglected colds—take Dr. King's New Discovery. It will keep you well. All drug stores.—Advertisement.

Cracksmen Get \$2,000 From Bank At Hamlin, Kansas

Falls City, Neb., Feb. 24.—(Special Telegram.)—The bank of Hamlin, Kan., about ten miles south of Falls City, was entered this morning about 2 o'clock by robbers, who blew the safe and made away with \$2,000. Wire connection to the city was cut out by the robbers. One line was overlooked in their hurry, that to Falls City. Ezra Lichty, the cashier, was notified by citizens, who heard three explosions, and the city was soon aroused. Sheriff Rakekin of Falls City was notified and he sent on the word to St. Joseph and other points to be on the watch for the robbers. They are supposed to have made their getaway by automobile, although no one saw them leave. They gained entrance to the bank through the front window and left through the back door.

Dublin Corporation Supports Idea of New Galway Harbor

(Correspondence of The Associated Press.) Dublin, Ireland, Jan. 30.—The question of building a harbor at Galway for the purpose of Irish, American and Canadian trade was brought recently before the Dublin corporation and the idea was strongly supported by all members. A resolution was adopted, calling the attention of the government to the subject in connection with the necessity of reproduction works to relieve anticipated distress in the home countries after the war. It was stated that the creation of a great harbor at Galway to deal with American and Canadian traffic through Ireland would be of great importance to the people of Ireland and Great Britain and bring home countries into quicker communication with America and the Dominions.

The route from Galway to Canada and America would be the shortest and people in Great Britain were beginning to recognize the importance of Galway as a trans-Atlantic port, particularly, and in the near future the "All Red route" would be again a question of urgent public importance. A "through Ireland" route from Great Britain to America, it was asserted, would be of enormous advantage to both those countries and

Japan Forms Industrial Alliance With the Chinese

(Correspondence of The Associated Press.) Tokio, Feb. 10.—The Kokumin and other leading newspapers say that the Terauchi cabinet has made plans for a policy towards China, based upon the winning of China's friendship, and the founding of an economic and industrial alliance. China has long proved a stumbling block for Japanese cabinets, and China is the greatest political problem which this country has to solve.

Much was expected from the projected visit of a special Chinese envoy to Japan on a mission of friendship, but this visit was postponed because of opposition from the southern Chinese elements and inability to agree upon the personality of the envoy. It is believed that Japan seeks to remove the suspicion held in China and in foreign lands that it has designs upon its neighbor incompatible with China's progress and evolution.

Four Divorce Suits Are Filed and Three Finished

Alimony of \$125 a month is asked by May E. Nichols, wife of Neal W. Nichols, in a divorce suit filed in district court. She alleges cruelty. Other petitions filed were: Dorothy Newland Gilbert against Archie Gilbert, cruelty alleged; Mabel M. Olinger against William W. Olinger, nonsupport alleged; August F. Hahn against Pearl Hahn, cruelty alleged.

The Following Decrees Were Granted:

Agnes Ardellan from George Ardellan; Laura B. Shrader from William R. Shrader; John Overy from Lavina Overy.

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TODAY'S BEAUTY HINT

It is not necessary to shampoo your hair so frequently if it is entirely and properly cleansed each time by the use of a really good shampoo. The easiest to use and quickest drying shampoo that we can recommend to our readers is one that brings out all the natural beauty of the hair and may be enjoyed at very little expense, by dissolving a teaspoonful of castor oil, which can be obtained from any druggist, in a cup of hot water. This makes a full cup of shampoo liquid, enough so it is easy to apply it to all the hair instead of just the top of the head. This, when rubbed into the scalp and onto every strand of hair, chemically dissolves all impurities. It is very soothing and cooling in its action, as well as beneficial to both scalp and hair. After rinsing out the lather so created, you will find the scalp is fresh, clean and free from dandruff, while the hair dries quickly and evenly, developing a bright luster and a soft fineness that makes it seem very heavy.—Advertisement.

CLERK'S RECOVERY ASTONISHES OMAHA

Omaha people will marvel at this clerk's recovery. His stomach was so bad he could eat very little. Everything fermented and soured. Had stomach cough. Doctor advised buckthorn bark, glycerine, etc., as mixed in Adler-ka, ONE SPOONFUL helped him INSTANTLY. Because Adler-ka empties BOTH large and small intestine it relieves ANY CASE constipation, sour stomach or gas and prevents appendicitis. It has QUICK-EST action of anything we ever sold. Sherman & McConnell Drug Co.—Advertisement.

"77" Humphreys' Seventy-seven For Colds, Influenza, GRIP For Instant Use

While Grip prevails, a vial of "Seventy-seven" should be carried in the vest pocket, in the portemonnaie, or in the hand-bag, now so popular with the ladies, for instant use, at the first sneeze or shiver, the fore-runner of Grip or a Cold, to get the best results.

If you wait until your bones ache, it will take longer.

At Drugists, 25 cents and \$1 or mailed. Humphreys' Home Medicine Co., 116 William Street, New York. SUNDAY—1x4 1/4—FULL

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As a Special Prize to 100 Children who color this picture the most artistically, we will give a box of Water Color Paints. All Pictures must be presented to A. HOSPE'S Art Dept. SPECIAL SALE—8 Color Water Color Sets, with camel hair brush and tin mixing box 25c Others up to \$10.00. Crayon Sets, French Painting Sets, Oil Sets, Tapestry Sets, China Sets, Drawing Materials and Brushes of all description. A. HOSPE CO. 1513-15 DOUGLAS STREET.



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