End Constipation and Indigestion

The "New O-EAT IT Food Way" Is a Way Without Medicine or Exercise. It Does Its Work by Keeping Your System Free From "Clog ging," and Succeeds Where Pills and Medicines Fails

The new pure food, O-EAT-IT, comes ready to serve in crisp, tousted slices that keep fresh and tasty indefinitely contains much more of the course outer parts of grains than any other food you have ever Three of these small, tasty slices tried. Three of these amail, tasty slices with your meals supplies the atomach and boweis with a coarse ample bulk that makes constitution and indigestion impossible. A well-known physician writes us that he considers O-EAT-IT a real food blessing for all mankind. Why continue to take medicine and suffer from constituation and indigestion. Try O-EAT-IT today. For sale by more than 100 leading grocers in Omaha and Council Bulffs. 10e a package or mailed prepaid on receipt of price. O-EAT-IT Co., 278 Studebaker Bidg., Chicago, III.

CREAM FOR CATARRH **OPENS UP NOSTRILS**

Tells How To Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nos-trils will open, the air passages of your head will clear and you can breathe freely. No more hawking, snuffling, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh will he gone. Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It pen-etrates through every air passage of

etrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh—Relief comes so quickly.—Advertisement.

Cocoanut Oil Makes A Splendid Shampoo

If you want to keep your hair in good condition, be careful what you wash it with.

wash it with.

Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Just plain mulsified cocoanut oil (which is pure and entirely greaseless), is much better than the most expensive soap or anything else you can use for shampooing, as this can't possibly injure the hair.

Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of

spoonfuls will make an abundance of rich, creamy lather, and cleanses the hair and scalp thoroughly. The lather rinses out easily and removes every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves it fine and suky, bright, fluffy and easy to man-

You can get mulsified cocoanut oil at most any drug store. It is very cheap, and a few ounces is enough to last everyone in the family months.-Advertisement.

Yon Can't Brush Or Wash Out Dandruff

The only sure way to get rid of dandruff is to dissolve it, then you destroy it entirely. To do this, get about four ounces of ordinary liquid arvon; apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips. Do this tonight, and by morning, most, if not all, of your dandruff will

most, if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find, too, that all itching and digging of the scalp will stop at once, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

You can get liquid arvon at any drug litore. It is inexpensive and never fails to do the work. Adv. drug store. It is inexpensive and never fails to do the work.—Adv.



n every home Sloan's Liniment has earned its place in the medicine chest as a relief from pains and aches.

Quickly penetrates without rubbing and soothes the soreness.

Cleaner and more effective than mussy plasters or ointments, it does not stain the skin.

For rheumatism, neuralgia, gout, lum-bago, aprains and strains use Sloan's Lini-ment. At all druggists, 25c. 50c. \$1.00.



BELL-ANS

Absolutely Removes Indigestion. One package proves it. 25cat all druggists,

CED HIGH-O-ME)

ENDS CATARRH, ASTHMA, Croup, Coughs and Colds, or money back. Sold and guaranteed by rman & McConnell Drug Co.

Brief City News

Wedding Bings-Edhoim. Jeweler. Have Boot Print It-Now Beacon Press. Kleser, Books, moved to Loyal Hotel Bidg.

oung Women's Hebrew association dil meet tenight at 8 o'clock in the Says She Was Descrited-Descrition

is alleged by Clara Hewitt in a divorce suit brought in district court against Affred LeRoy Hewitt. Steamfitter Examiners—Thomas As-telford and Joseph Patek have been appointed to the city examining beard of master steamfitters.

Valentine Party-Ruth Lodge No. 1.

Cost to Heat City Hall-Heating

Get Pennies and Candy—Thieves gained entrance to a store at 1670 Capitol avenue by forcing a rear door. Mrs. L. Schaeffer, proprietress, re-ported the loss of 150 pennies, eigars, candy and a lot of notions.

Falls from Wagon—Ed Carey, teamster, fell from the seat of his wagon at Fifteenth and Cass streets and suffered serious scalp wounds. He struck the tongue of the wagon. The police surgeons attended the injured man.

New City Hall Entrance-The old entrance to the city hall on Farnam street has been shut off and the new entrance on Eighteenth street opened into the basement, which has been re-modeled. The Farnam street entrance will be lowered to sidewalk level.

City Has More Cases—City Attorney Rine's report for 1915 submitted to the city council, shows the following information: Cases pending, January 1, 1916, ninety-seven; cases filed dur-ing 1916, seventy-three; cases disposed of during 1916, sixty-nine; cases pend-ing January 1, 1917, 101.

ing January 1, 1917, 1911.

To Manufacture Machinery—The H. W. Levering Machine company, which will manufacture and repair machinery, has filed articles of incorporation with the county clerk. The capital is \$10,000. James Lucena, Willis C. Crosby, Harry W. Levering, D. W. Kelley and I. F. Winterer are the incorporators.

New Wyoming Superintendent—Effective February 15, N. C. Allen, superintendent of the lowa division of the Burlington, with headquarters at Creston, becomes superintendent of the Wyoming division of the same read, with headquarters at Casper, succeeding W. T. Saller, transferred Bahy Goats at the Zoo—A pair of baby goats were born on Monday at the park department zoo.

City Wants Two More Trucks—The

City Wants Two More Trucks-The city clerk has been authorized to ad-vertise for wo two and-one-half-ton automobile trucks for the street cleaning and maintenance department.
The trucks will give the department a battery of eight large metor-driven vehicles. Commissioner Parks states he intends to motorize the entire street t in the interest of economy and off ney.

and offi ney.

Wrestlers in Good Shape—Joseph Steeher and Charles Peters are physically fit to engage in a wrestling match. The city council was so advised by a local physician, who examined the wrestlers according to law. The examinations were said to have been made before a match which was, held last week. Having witnessed the match, some of the city commissioners were amused when the city clerk read the physician's certification.

New Simal Commany—Capitalized

read the physician's certification.

New Signal Company—Capitalized at \$500,000, the Hydraulic Signal company, which will manufacture signals and other railroad appliances, has filed articles of incorporation with the county clerk. The company has the Hoover Hydraulic signal. Headquarters and the main plant are to be in Omaha, with branches in all parts of the United States. G. M. Granville, F. A. Gordon, Percy E. Gwynne, G. E. Kerrin and F. W. Lunbeck are the incorporators.

Fine Fireplace Goods-Sunderland

Hospital Trusty Peddles Dope to Other Inmates

Olaf Benson, an inmate of the county hospital and a trusty for three and a half years, was arrested for stealing "dope" used at the institu-tion and peddling it to inmates. Ben-

consider the injury serious until after the wrestling match, when it was necessary to be assisted to his home. The kneecap was dislocated. He expects it will be six weeks before he will be able to resume his work. George Armstrong of the police department suffered severe injuries when he slipped on the Auditorium steps the same exempty.

Police Nab Drug Clerk

Who Tries to Cash Check Arson Hunter, 1413 South Thirteenth street, an employe of Sherman & McConnell Drug company, was arrested, charged with trying to cash a check that did not belong to him. Hunter, police say, was sent to mail a number of checks for the firm he works for and on his way extracted one of them and tried to cash it.

Some Good Advice.

"Don't think too much of your own methods. Watch other people's ways and learn from them." This is good advice, especially when bilious or constipated. You will find many peo-ple who use Chamberlains Tablets for these aliments with the best results. these ailments with the best results, and will do well to follow their example.-Advertisement.

Try Slean's Liniment for Rheumatiam. If you have rheumatism, lumbago, get 25c bottle of Sloan's Liniment. It kills

HOW FEBRUARY GOT EVEN FOR ROBBERY

Young Women Meet Touight—The Calendar Man Steals Two Days From Month, But Holidays Atone for Theft.

By A. R. GROH.

Here's old February, robbed at its nirth of two days to make two other months bigger, now come into honor will give a Valentine party Wednes-day evening at the Odd Fellows hall, Fourteenth and Dodge. All Odd Fel-lows and their wives are invited. birthday and Washington's birthday,

Cost to Heat City Hall—Heating the city hall from an outside plant, from October 19 to January 10, cost \$2.237.18, according to a bill received by the city council. This is at the rate of \$27 pc. day.

Get Pennies and Candy—Thieves gained entrance to a store at 1670 proclamation for Thanksgiving day makes that a legal holiday only in the terriproclamation for Thanksgiving day makes that a legal holiday only in the District of Columbia and the territories. Action by the governors is necessary to make it a holiday each year in the various states.

The only holiday provided by national statute is Labor day, the first Monday in September.

The state of Mississippi has no statutory holidays, but by common consent Thanksgiving day, Fourth of July and Christmas are observed.

Various holidays are observed in various states. Here are some of them:

January 8, anniversary of the battle f New Orleans, in Louisiana. January 19, Lee's birthday, in Flor-la, Georgia, North and South Caro-na, Virginia, Alabama, Mississippi and Arkaneas. lina, Virginia, Alabama, Mississipp and Arkansas. February 12, Georgia day, in Geor

Holiday for Carnivals. Shrove Tuesday, in Alabama and Florida (in counties having a car-

March 2, anniversary of Texan indeendence, in Texas. March 4, Inauguration day, in Dis-

trict of Columbia, in years when a president is inaugurated, March 22, Emancipation day, in Porto Rico.

orto Rico.

Good Friday, in eleven states.

April 12, Halifax independence resolutions, in North Carolina.

April 13, Thomas Jefferson's birth-

day, in Alabama. April 19, Patriots' day, in Maine and

April 19, Patriots day, in Maine and Massachusetts.

April 21, anniversary of the battle of San Jacinto, in Texas.

Arbor day, which might be called the "most useful holiday," was started in Nebraska and is now observed in most of the states on various spring dates according to climate condu-

dates, according to climatic condi-tions, for tree planting. April 20, Confederate Memorial day, in four southern states. May 10, Confederate Memorial day,

two southern states. May (second Friday), Confederate day, in Tennessee.

May 20, signing of the Mecklen-burg declaration of independence, in North Carolina.

Decoration Day in North. May 30, Decoration day in all states

except eight southern states.
June 3, Jefferson Davis' birthday, in eight southern states.
June 11, Kamehameha day, in Ha-

June 15. Pioneer day, in Idaho. June 10, Admissior day, in Wyo-

June 24, Pioneera' day, in Utah. June 25, Landing of American roops, in Porto Rico. August 1, Colorado day, in Colo-

rado.
August 16, Bennington battle day, in Vermont.
September 9, Admission day, in California.

September 12, Old Defenders' day, in Baltimore, Md. October 12, Columbus day, in tweny-one states. October 18, Alaska day, in Alaska.

Knocks Obstinate Coughs in a Hurry

tion and pedding it to immates. Benson, who had been at the hospital for a number of years, was the only person at the place who had access to the drug room.

With Benson was arrested Carl Norgaard, also an inmate, on whose person was found a bottle containing about half an ounce of "dope." Norgaard is said to have purchased the drug from Benson.

With the arrest of Benson, officials at the hospital believe the, have put an end to the "pill" pedding Recently 1,000 quarter grain tablets of morphine were reported stolen from the hospital.

George Doane's Kneecap

Is Dislocated by Fall

George W. Doane of the city water offices will be confined the his home for an indefinite time on account of an injured knee caused by slipping on steps outside by the Auditorium last Friday evening. Mr. Doane did not the wrestling match, when it was necessary to be assisted to his home. The kneecap was dislocated. He expects it will be six weeks before he

for throat and chest colds with splendid results.

To avoid disappointment, ask your druggist for "2½ ounces of Pinex" with full directions and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded goes with this preparation. The Pinex Co., Pt. Wayne, Ind.

PYOU HAVE A COLD



October 31, Admission day, in

day, in Montana

High School Boy

Walter Koeper, 17-year-old attend- Alleges Delivery Firms ant of High School of Commerce, last Saturday morning was stricken with an illness which has been diagnosed as cerrebro-spinal meningitis. He is beson of Mr. and Mrs. F. H. Koeper of 2211 Larimore avenue.

The health department will furnigate the High School of Commerce.

Another South Side victim of this disease is Melvin Higgins, 5 years of age, living at 56;5 South Thirty-third avenue. He died at noon.

Big Demand for Rooms

At the Ad Club Convention If the Omaha Ad club fellows want a place to sleep when they go to St. Louis this summer for the national convention they will have to get their bid in soon for rooms in the hotels, for rooms are going fast. Clyde H. Smith, who was in Omaha

Clyde H. Smith, who was in Omaha from Kansas City yesterday, said that the moment St. Louis was chosen as the meeting place. Cheago wired for 1,000 reservations in the hotels; that Cincinnati soon followed with a request for 600 rooms, and so on. He urged the Omaha fellows to make up their list of delegates very soon and reserve rooms if they would be certain of a place to sleep.

War Argument Ends When Blanton Gets Broken Skull

November (firs' Friday), Pioneer ay, in Montana.

High School Boy
And Baby Victims
Of Meningitis

Walter Koeper, Veyerfold attend.

Walter Koeper, Veyerfold attend.

Do Not Take Out Licenses

commissioner to the city council.

It is alleged that four messenger companies operated during 1916 withcity licenses as required by law; that the city license inspector's attention was called to this situation and that the matter went by default "It is not fair to the companies who are complying with the law. If the beense inspector does not make these companies take out licenses.

Texas Legislature Kills Proposed Boxing Law

Do Not Take Out Licenses

"The city license inspector's office is a joke," is an allegation made in letters written by F.A. Putman, manager of the Auto Delivery and Messenger company, to City Commissioner Butler and referred by the

An Effective Laxative For Growing Children

Dr.Caldwell's Syrup Pepsin Highly Recommended as a Family Remedy

In children the slightest irregularity of the bowels has a tendency to disturb the entire digestive system, and unless promptly remedied invites serious illness. The experienced mother knows that by training her children to regularity in this respect, and when precasing trees defined. and when occasion arises administer-ing a mild laxative, she will have little need for the doctor's services.

Cincinnati soon followed with a required for the doctor's services.

Mrs. Leo Weigand, 3251 Central Ave., N.S., Pittsburg, Pa, whose two boys, Frank and Joseph, are shown in the illustration, writes that she has found Dr. Caldwell's Syrup Pepsin a most effective laxative, not only for the children but also for herself, and that she will always keep it in the house to use when needed. Dr. Caldwell's Syrup Pepsin. See that a well's Syrup Pepsin is a combination of simple laxative herbs with pepsin that acts easily and naturally, without griping or other pain or discombination of that children like it, and is seen and his portrait appear on the yellow carton in which the bottle is packed. A trial bottle, free of charge, can be obtained at any drug store for fifty certain of a place to sleep.

Caldwell's Syrup Pepsin a most effective laxative, not only for the children but also for herself, and that she will always keep it in the house to use when needed. Dr. Caldwell's Syrup Pepsin. See that a facinitie of Dr. Caldwell's Syrup Pepsin and his acts easily and naturally, without griping or other pain or discombination that acts easily and naturally, without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts easily and naturally without griping or other pain or discombination that acts and should have a place in fitty cost in lessened doctor brills and mantain the health of the entire families. The cost in lessened doctor brills and mantain the health of the entire families and mantain the health of the entire families and mantain the health of the entir



NO ONE SKOULD **HAVE GRAY HAIR**

Don't Use Dyes-Restore Natural Color With Healthful Remedy-Money Back Guarantee.

sticky dyes, but no one wants to have gray hair nowadays. No one meds to. If your hair is gray all over, or just getting may or streaked with gray—or if it is faded out and lifeless-simply get a bottle of

out and lifeless enimply get a hottle of Q.Ban Hair Color Restorer. This is a harmless liquid, all ready to use. It is guaranteed to the limit by the makers to give satisfaction or your money back.

In a very simple, healthful way it brings back the natural color to gray or faded lair, evenly and gradually tao us one can tell! Simply apply Q.Ban Hair Color Restorer like a shampo and have beautiful soft, lustrous hair in abundance and with never again a streak of gray. You will be simply delighted with your look of youth and vigor. Remember, Q.Ban is not a patent medicine, not a dye. Its work is certain, safe and permanent. Only soft at Sheemal & McConnell, and all good drug stores, or write Heasig-Ellis Drug Co., Memphis, Tenn, mentioning druggist's name. Illustrated, interesting book on "Hair Culture, sent free. Try Q.Ban Hair Tonic, Q.Ban Lequid Shampoo, Q.Dan tollet Soap, also Q.Ban Depilatory (odorless) for removing superfluous hair.—Advertisement.

For Constipation, Biliousness, Sour Stomach, Lazy Liver, Colds, Headache



"Take One Tonight-Fel Fine Tomorrow"

BURGESS-NASH COMPANY.

Phone Douglas 137.

Extra Special!

Tuesday, February 13, 1917.

The New Spring-Day Time Dresses and Frocks

For Women and Misses---Three Groups Specially Priced at \$16.50, \$19.75 and \$22.50



SELDOM, indeed, have we seen a more fascinating display of the new ideas in dresses than this one here made ready for your viewing and selection Wednesday.

More Than Twenty-five of the Newest Models

Including such favored materials and colorings as

Crepe de Chene Wool Crepes Serges

Satin Charmeuse Fancy Plaid Taffetas Combination Taffetas In the women's section, sizes 36 to 44. In the misses' section, sizes 14, 16, 18 and 20.

Pair

Navy, Light Blue, Gray, Gold, Mustard, Black, White, Etc., Etc.

Two Extremely Special Values In Women's Shoes Wednesday

DEEP price reductions made to close certain lines —you're the one that will be benefited.



duced to \$2.85 Wichert's arch mode boots in patent colt and dull calf, turn soles, full Louis French heels, for dress. Welt soles.

Women's Shoes Re-

Women's Shoes Reduced to \$3.35 Another big lot of black Russia calf button...... \$3.35

Louis Cuban heels for the

Tan Russia calf lace Black kid lace..... Patent colt, cloth top, turn Patent colt, welt soles....

Burgess-Nash Co.-Second Floor

DOWN STAIRS STORE

Pure Aluminum Berlin Sauce Pans 'Way Under Price

Two special groups: Pure aluminum berlin sauce pans, with alum-

inum cover:
2-quart size, reduced to 55c
4-quart size, reduced to 85c Enameled Dish Pans. Blue enamel oval dish pans, white lined wit side handles; all perfect:

12-quart size, reduced to 75e 15-quart size, reduced to 95c 'Quality" Wash Machines, \$11.50 Ball-bearing, extra large size tub, all machin-ery on top and made of the heaviest of cast-ings; \$11.50.

Electric Irons, at \$4.00 "American quality" electric irons, element guaranteed 1 year; complete with detachable cord and stand, \$4.00.

Clothes Wringers, at \$3.95 Chemical brand wringer, 5-year guarantee, ball bearing; rolls are compounded so as to withstand the effect of washing compounds; special, \$3.95.