

Have You Backache, Gout, Rheumatism?

(By M. C. Lucas, M. D.)

American men and women should guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out; they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and often the poison reaches the tissues, causing rheumatism and gout.

When your kidneys feel like lumps of lead, when your back hurts or the urine is cloudy, full of sediment, or you are obliged to seek relief two or three times during the night when you suffer with sick headache or dizziness, nervous spells, acid stomach, or you have rheumatism when the weather is bad, ask your druggist for Anuric (double strength). I have found in practice that Anuric is more potent than lithia and in most cases it will dissolve the uric acid as hot water does sugar.

Most people do neglect themselves. Their tongue has a dark brown color, skin sallow, breath bad, yet they fail to see that their machinery needs attention. Everybody should take a mild laxative at least once a week. A pleasant way to clear the tongue and the highly colored water noticed in the morning is to take a laxative which will cure the inactive liver and biliousness.

A pleasant vegetable pill is made up of May-apple, leaves of aloe and jalap, made into a tiny pellet and coated with sugar. First put up by Dr. Pierce nearly fifty years ago. Druggists sell these vegetable pellets in vials, simply ask for Dr. Pierce's Pleasant Pellets.—Adv.

Jump from Bed in Morning and Drink Hot Water

Tells why everyone should drink hot water each morning before breakfast.

Why is man and woman, half the time, feeble, nervous, despondent, worried; some days headachy, dull and unstrung; some days really incapacitated by illness.

If we all would practice inside-bathing, what a gratifying change would take place. Instead of thousands of half-sick, anaemic-looking souls with pasty, muddy complexions we should see crowds of happy, healthy, rosy-cheeked people everywhere. The reason is that the human system does not rid itself each day of all the waste which it accumulates under our present mode of living. For every ounce of food and drink taken into the system nearly an ounce of waste materials must be carried out. Like it ferments and forms ptomaine-like poisons which are absorbed into the blood.

Just as necessary as it is to clean the ashes from the furnace each day, before the fire will burn bright and hot, so we must each morning clear the inside organs of the previous day's accumulation of indigestible waste and body toxins. Men and women, whether sick or well, are advised to drink each morning, before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it, as a harmless means of washing out of the stomach, liver, kidneys and bowels the indigestible material, waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach.

Millions of people who had their turn at constipation, bilious attacks, acid stomach, nervous days and sleepless nights have become real cranks about the morning inside-bath. A quarter pound of limestone phosphate will not cost much at the drug store but is sufficient to demonstrate to anyone its cleansing, sweetening and freshening effect upon the system.—Advertisement.

Cocoon Oil Fine For Washing Hair

If you want to keep your hair in good condition, be careful what you wash it with.

Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Just plain mulified cocoon oil (which is pure and entirely greaseless), is much better than the most expensive soap or anything else you can use for shampooing, as this can't possibly injure the hair.

Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanses the hair and scalp thoroughly. The lather rinses out easily, and removes every particle of dust, dirt, dandruff and excessive oil. The hair dries quickly and evenly, and it leaves it fine and silky, bright, fluffy and easy to manage.

You can get mulified cocoon oil at most any drug store. It is very cheap, and a few ounces is enough to last everyone in the family for months.—Advertisement.

GIRLS IN SCHOOL OR AT BUSINESS

who are delicately constituted, who have thin blood or pale cheeks, will find in

SCOTT'S EMULSION

a true tonic and a rich food to overcome tiredness, nourish their nerves and feed their blood. Start with SCOTT'S to-day—and say "NO" to substitutes.

For SINGERS and SPEAKERS THE NEW 100 BOX FITS THE POCKET Regular Size 50, 10c. At Druggists BROWN'S BRONCHIAL TROCHES JOHN L. BROWN & SON, Boston, Mass.

SUPREME JUDGES CENSURE LAWYERS

Left-Handed Jolt From Bench Is Delivered at Omaha Legal Lights.

IN UNION PACIFIC CASE

(From a Staff Correspondent.) Lincoln, Feb. 5.—(Special.)—An \$18,000 verdict against the Union Pacific, in favor of Elizabeth L. Kriss, administratrix of the estate of her husband, John J. Kriss, obtained in the Douglas county district court, is declared excessive by the Nebraska supreme court and must be shaved off before the judgment is affirmed. Kriss, an electrician, was killed in a railroad collision.

The court finds that the widow herself is to get \$10,137.16, which is "at least 25 per cent too large." The court asks that \$2,534.29 be remitted. The opinion was by Judge Sedgwick. The attorney for the estate was J. J. Sullivan of Omaha, former judge on the Nebraska supreme bench. The grounds for reversal advanced by the defendant were alleged misconduct in Judge Sullivan's closing remarks to the jury.

The briefs of the contending attorneys—Judge Sullivan for the plaintiff and Edson Rich for the railroad—are given to almost an exchange of personalities, which moves the high bench to remark:

"These respective attorneys, are, and long have been, among the leading and influential members of the bar of this state, and from the view that we take of this record we are fortunate in not being required to comment on the propriety of the language complained of."

Judge Sullivan had intimated that the railroad had to do with the alteration of a train dispatcher's record in connection with the case.

In his brief, he pointed out that the contending side sat quiet and did not object to the court when he made these statements. He said they were evoked by previous remarks made to the jury by the other side.

Douglas Solons Introduce 264 Proposed Laws

(From a Staff Correspondent.)

Lincoln, Feb. 5.—(Special.)—Representative Keegan was the busy legislative swatter of the house Douglas county delegation in the matter of introduction of bills, although Senator Moriarty of the upper body ran him a tight race.

Senator Strehlow introduced the least number of bills of the entire delegation, although Bulla and Goodall in the house ran him a close second.

The house delegation, or a majority of them, jointly introduced five bills, while the senate delegation got together on one. Lovely and Keegan did considerable team work over in the house. The two delegations introduced in all about 264 bills, ninety in the senate and 174 in the house.

As near as can be determined unofficially bills introduced by each will run about like this:

Keegan ..... 24 Hopkins ..... 15 Moriarty ..... 26 Bennett ..... 12 Howell ..... 21 Nielsen ..... 9 Howard ..... 20 Johnson ..... 8 Shannon ..... 19 Schelder ..... 5 Craddock ..... 14 Bulla ..... 4 Tanner ..... 17 Goodall ..... 4 Lovely ..... 18 Strehlow ..... 2 Richmond ..... 18

This record may be changed a little when the back precincts get in and the official count is made, but it shows that eight members of the house equaled or exceeded the general average, which was approximately nine bills, while four of the five senators exceeded the general average of about nine and one-half bills.

Roberts Pleads Guilty To Second Degree Murder

North Platte, Neb., Feb. 5.—(Special Telegram.)—The sensational Lincoln county court procedure came up to a sudden end this morning, when Roy Roberts, for the second time facing the court on a charge of murdering Vernon Connert, entered a plea to guilty to second degree murder.

Obituary Notices.

JOHN S. SALSBERY, civil war veteran and pioneer of Buffalo county, died at his home in Ravenna Saturday night. Ever since the settlement of this part of the country Conrad Salsbery had been regarded as one of the leading citizens and will be greatly missed from the community.

HERMAN CONRAD, an aged citizen died yesterday at West Point, Neb., at the age of 78. He was the father of thirteen children, of whom eleven survive. He came to West Point from Scribner ten years ago and made his home there. He was a native of Germany and had lived in eastern Nebraska since 1882. Mr. Conrad was possessed of a valuable estate, which was divided among his children some years ago. Funeral services will be held at the German Lutheran church at West Point, of which Mr. Conrad was a life-long member.

HENRY VAN DEN BOGAERDE, aged 75 years, died early Monday morning from ailments incident to old age. He is survived by eight children: Paul, Remi, Adolph, Frank, Irma and Emil of Omaha and Mrs. Mary van Moorlehen, Huron, S. D., and Mrs. Emma Deprez, Marshall, Minn. He came to this country sixteen years ago from Belgium. He lived at 2422 Cass street. The funeral will take place from the family residence Thursday morning at 8:30 o'clock. Services will be held at St. Cecilia's cathedral at 9 o'clock. Rev. D. P. Harrington will officiate at requiem high mass. Interment will be in the family lot in Holy Sepulcher cemetery.

SPANGLER BRUGH, 56 years of age, who settled on a farm east of Fremont in the fall of 1860, died at his home in Fremont, Mr. Brugh, who was a native of Pennsylvania, came to Nebraska in 1860. He braved a rifle for a filling on what is now the L. M. Keene farm on the Lincoln highway east of Fremont and resided there for five years. He then removed to Saunders county and located on a homestead. About fifteen years ago he came to Fremont and had since made his home here. Mrs. Brugh died eight years ago. The sons, Jacob A. of Beatrice and Spangler Melville of Omaha, and one daughter, Edna, of Fremont, are the close surviving relatives.

FRIES GIVEN JOLT AS HE PUSHES BILL

Hoffmeister Kills Measure That Howard Member Wanted to Get Through.

BACHELORS GET JOSHEED

(From a Staff Correspondent.) Lincoln, Feb. 5.—(Special.)—The legislative waters looked fine today and Mr. Fries of Howard thought it would be a good time to send a little bill he had in for a legislative bath, but the undercurrent proved too strong for the frail creature and it got beyond its depth and the treacherous waves carried it out to sea where it perished before the life-saving crew could man its boats and go to the rescue. Mr. Fries made a heroic effort to save it, but to no avail for Representative Hoffmeister gave it a swat in the solar plexus the last time it came up to the surface and it sank into Davy Jones' locker.

Mr. Fries' bill was an amendment to the present law to enable individuals not able to pay for keeping relatives in a state hospital to make affidavit of their inability to do so and the state would stand good for it. He did not desire to take away the authority to make those who could pay required to do so, but he did want it made easier for those who could not.

Hoffmeister Kills It. While the house was engaged in discussing the measure, Hoffmeister sent up an amendment to knock out the whole law and before Fries could gather himself the house had adopted the amendment and the bill was not only dead, but the law also as far as the house action was concerned.

Four-year terms for county officers got another boost when the judiciary committee handed in a recommendation for the passage of such a bill. The measure makes a four-year term without extending the term of officers now serving, but the committee eliminated the provision which would abolish the office of county attorney by a vote of the people of that county, and instead embodied a provision in the bill giving each county a county attorney. The present law prohibits counties of less than 2,000 population having a county attorney.

Bill to Revenue Committee.

The judiciary committee did not like to tinker with the bill which allows a county assessor to be a candidate for re-election and which also gives every county a county assessor and turned the bill over to the committee on revenue and taxation.

Bills approved in committee of the whole and sent to third reading: Allowing county road funds to be used west of the 10th meridian for keeping private roads in shape for travel.

Authorizing cemetery associations that are 20 years old to condemn adjacent farm land for cemetery use.

Joshing for Liggett.

Mr. Liggett, bachelor member from Seward county, was "joshed" on his approaching wedding, and Mr. Greenwalt of Custer was admonished to follow his example, in a resolution offered by Mr. Murtry.

Liggett was called before the house to speak on this resolution. He admitted the charge and asked his colleagues to exercise forbearance if he should seem at times absent-minded or peevish.

Mr. Greenwalt, the dean of bachelors in the house, who also had some fun poked at him in the resolution, also made a speech and said he was willing to stand up alongside of Liggett and Murtry, introducer of the resolution, and let the rest of the members judge between them as to "preparedness" for war or anything else.

County Clerk Hudson Is Arrested on Forgery Charge

Hastings, Neb., Feb. 5.—(Special Telegram.)—On complaint of County Attorney Fouts, County Clerk Hudson was arraigned in county court late today on a warrant charging him with having uttered a fraudulent warrant on the county treasurer. The county warrant was for \$883.19 and was cashed at a local bank on January 18, 1917, though it is alleged to have been written, according to the records of his office on July 5, 1915 or 1916.

J. F. Heiler, president of the county board said during the day that this complaint might be withdrawn and another substituted.

Mr. Hudson gave bond in the sum of \$1,500 and took a continuance to February 20. Mr. Hudson is serving his third term as county clerk and has been a popular official. When asked for an explanation of the matter today he referred the question to his attorney, who said there were no developments. The warrant bears the name of Mr. Heiler. The complaint charges that the warrant is a forgery.

State Capital Notes

(From a Staff Correspondent.) Lincoln, Feb. 5.—(Special.)—The Ericson Lake company of Lincoln, owner of an artificial lake and summer resort at Ericson, Neb., has asked the legislature to refund \$56, paid to Secretary of State Pool as filing fee for incorporation, after the company had already filed one. The second filing was to amend the form of the organization.

Since the supreme court held that the state could collect old insane fees from counties, three counties have remitted to State Auditor Smith, two of them in full for the balance due. The last remittance is from Scottsbluff county, which paid in full \$281.26 standing against it. Colfax settled in full last week and Madison county has remitted \$1,000 on account.

E. E. Blackman of Kansas City, Mo., has been temporarily engaged by the Nebraska State Historical society to make a survey and report upon the museum material of that society and is now engaged in that task. Mr. Blackman was for several years archaeologist of the State Historical society and many of the collections in the museum were collected by him. Mr. Blackman is now engaged in business at Kansas City and his services here will be for a few weeks.

Live Up Your Turpid Liver. To keep your liver active use Dr. King's New Life Pills. They insure good digestion and relieve constipation. At druggists, 25c.—Advertisement.

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and a complete line of Office Equipment. Globe-Wernicke Co. Steel and Wood Files. Sanitary Office Desk, Solid Oak, as low as \$25.00.

We invite you to see our line Orchard & Wilhelm Co. 414-416-418 South 16th St.

THE PUBLIC SHOULD KNOW

I am treating hundreds of men and women. I offer you the best of medical and surgical service for a small cash fee. WOMEN with diseases and disorders of their sex should know of the help for them. Many have been saved from an operation. Consultation and medicine, \$1.00. Examination or office treatment, \$2.00. Medicine free in all cases. Cash fee. Office practice only. Hours 9 to 5 and by appointment. DR. J. C. WOODWARD, Suite 301, Rose Building, Omaha, Telephone Tyler 260.

LOBBYIST FINDS WAY TO KILL BILL

Tells Committee He Wants It Passed and the Finish Is Certain.

GETS RISE FROM REISNER

(From a Staff Correspondent.) Lincoln, Feb. 5.—(Special.)—The house voted, 70 to 20, to overturn the report of the railroad committee indefinitely postponing H. R. 214, to prohibit the running of any train without a regular headlight. Mr. Harris (Greely), the bills introducer, moved that he be placed on the general file. He was backed up by Messrs. Cronin, Thomas, Shannon, Hoffmeister and others.

The motion was antagonized by Messrs. Sass, Schwab, Reisner and Harris (Buffalo).

Mr. Cronin quoted a railroad lobbyist as saying to him that he (the lobbyist) had found a new way to get bills killed, and that was by telling the railroad committee he was for it. "And he remarked that it was for this bill," said Cronin, "but of course he was wrong."

"The fellow was a liar," retorted Reisner, who is on the railroad committee. Mr. Cronin called attention to the statute that requires automobile drivers to have headlights on their machines after night. He thought a railroad company should not be allowed to risk the lives of its employees and passengers by using a brakeman's lantern in place of a broken headlight.

Another Hearing Slated

For Board of Education Bill (From a Staff Correspondent.)

Lincoln, Feb. 5.—(Special.)—Senator Ed Howell, whose school board bill was under fire at an Omaha Commercial club hearing Saturday, wants both friends and opponents of the legislation to be present next Saturday when the bill will come up for another hearing before the Omaha senators at that city.

"I believe the selection of school board members by wards and their subsequent election then by voters of the entire city is right in every respect. When slates are put up by any particular faction they usually make their selections from various parts of the city. Why should we not do the same way, by picking them originally in this manner?"

"The provision to bring the present board to the end of its term in 1918 should be amended. That was an oversight in the original draft of the bill which should be remedied. There is a demand that this be done. I am satisfied, and I want to see it done, I am ready to assure the people of Omaha."

Mr. Howell does not intend to withdraw the bill, but does want it to be given the most extensive discussion possible while the senators are home next Saturday. He believes that everyone interested in the measure should be present so that all objections may be registered at once upon it.

Brainard Farmers' Company Pays Dividend and Bonus

Brainard, Neb., Feb. 5.—(Special.)—The second annual meeting of the Farmers' Elevator company of this place was held Saturday. A dividend of 8 per cent was declared, also a premium of 1 cent a bushel on all grain sold to the elevator by stockholders. In addition, a cash refund of 25 cents per ton on all coal purchased by stockholders. The entire board of directors was re-elected. Charles E. Eckerle of Chicago, general organizer of farmers' co-operative organizations, delivered an address on co-operation between farmers and merchants.

FOR A BAD COUGH.

Here is a fine old-fashioned recipe for coughs, colds or catarrh trouble that has been used with great success. Get from your druggist 1 oz. of Paralint (Double Strength) about the worth and add to it 4 pint of hot water and 4 oz. of granulated sugar. This will make full half a pint when mixed. Take one tablespoonful 4 times a day.

No more racking your whole body with a cough. Clogged nostrils should open, air passages of your head clear up so you can breathe freely. It is easy to prepare, costs little and is pleasant to take. Anyone who has a stubborn cough, or hard cold or catarrh in any form should give this prescription a trial.

Hold a bottle of Nujol up to the light. Its crystal transparency is without a flaw. Every trace of impurity, every vestige of color or "bloom" has been removed by varied and many times repeated processes of refining. Nujol is water-white, tasteless and odorless. It neither looks, tastes, nor smells like "medicine." As a matter of fact it isn't medicine at all, in the ordinary sense. It is not a laxative or a purgative,



AS CLEAR AS CRYSTAL. Hold a bottle of Nujol up to the light. Its crystal transparency is without a flaw. Every trace of impurity, every vestige of color or "bloom" has been removed by varied and many times repeated processes of refining. Nujol is water-white, tasteless and odorless. It neither looks, tastes, nor smells like "medicine." As a matter of fact it isn't medicine at all, in the ordinary sense. It is not a laxative or a purgative,

Expect Rush of Men to Join the Army and Navy

Army and navy recruiting has not been stimulated here as a result of the break with Germany. Captain J. F. McKinley of the army recruiting station reports that twenty-two

men were sent from the Omaha station and branches to the training station at Fort Logan, Colo., in the last two days, but that this number was not above the average. "We look for a large number of applicants in the next few days, though," the captain said.

Four men were enlisted Saturday to

and the same number Monday, according to the report of Lieutenant W. W. Waddell of the navy recruiting station. Lieutenant Waddell also predicted a rush in the next few days.

Persistent Advertising Is the Road to Success.

TELEPHONE 2020 DOUGLAS Brandeis Stores Call 2020 Douglas 1,500 Blouses--Some Slightly Soiled To Go on Sale Tuesday at 50c

These Are Some of the First Offerings From Our Recent New York Purchases Extremely modest prices prevail all through these basement departments, and with the arrival of the first shipment from the east, we invite you to share in the offering and save money.

Nujol For Constipation AS CLEAR AS CRYSTAL. Hold a bottle of Nujol up to the light. Its crystal transparency is without a flaw. Every trace of impurity, every vestige of color or "bloom" has been removed by varied and many times repeated processes of refining. Nujol is water-white, tasteless and odorless. It neither looks, tastes, nor smells like "medicine." As a matter of fact it isn't medicine at all, in the ordinary sense. It is not a laxative or a purgative, is not absorbed by the system, hence doesn't form a habit. It acts in effect as an internal lubricant, softening the contents of the intestines and so promoting normal movements. Nujol is bottled at the refinery and is sold only in pint bottles bearing the name Nujol and the imprint of the Standard Oil Company (New Jersey). Refuse substitutes—be sure you get the genuine. Write today for booklet, "The Rational Treatment for Constipation."