Good Things for the Table---Offerings of the Market---Household Hints

Home Oconomics Department Edited by Irma H. Gross - Domestic Science Department . Central High School . .

Household Efficiency

Household Efficiency
The word, "efficiency" and "scientific management" have become almost catchwords through the number of times we have been them in rint. We accept them without competent when applied to the business orld, but Household Efficiency in the strict sense of the word is not unte so familiar. Efficiency may be imply defined as the quickest and assest method of accomplishing ork. We are all seeking for that leal, but the business world sought arder because there the difference retween efficient and inefficient methods may be reckoned in dollars and ents. In the household we put up ith mefficiency because the difference there is more intangible. It can all be reckoned in terms of leisure, ontentment, better health for the ne who does the work and general soniness for the whole household. e who does the work and general Rather precious things, aren't they?

In the business world efficiency means fairly definite working prin-

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Co-Operation.

Readers are cordially invited to ask Miss Gross any questions about household economy upon which she may possibly give helpful advice; they are also invited to give suggestions from their experience that may be helpful to others meeting the same problems.

The shape of the cloth is of some importance, also. An oblong one is easier to handle than a square. Then for the motions. There are women who work a dust cloth back and forth as though they were polishing. Once going over any surface should take up all ordinary dust. If you will analyze your motion in dustouses of the cloth is of t will be discussed later. It remained should take up all ordinary dust. If for a woman to carry over these business principles and apply them to the household. Mrs. Christine Frederick, if not the first to apply these principles, was certainly the first woman to popularize them in printed form. Her book, "The New House-keeping," sets forth the ideas of Household Efficiency in nonteclinical, interesting fashion. Mrs. Frederick lived her doctrines before she made it known to the public; hence the "Standardized Conditions," includes right surroundings, right grouping

interesting fashion. Mrs. Frederick lived her doctrines before she made it known to the public; hence the special value of her statements.

Of the twelve principles of efficiency, I think the following may be considered the essential ones: "Ideals," "Standard Motions," and "Standardized Conditions," and "Dispatching and Scheduling," and "Dispatching and Scheduling," The first is self-explanatory one must have an ideal, toward which she is consciously working. We get lost in a mass of detail, we let little things assume unduly large importance unless we can relate every thing to one big purpose of any household is the making of happy, worth-while people; I am sure it never is just "keeping house." "Standard Motions"

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"Standard Motions, "and "Dispatching and Scheduling," mean allotted to each task. There again the little things assume unduly large importance unless we can relate every thing to one big purpose of any household is the making of happy, worth-while people; I am sure it never is just "keeping house." "Standard Motions"

"Keeping house." "Standard Motions"

"Standard Motions, and "Standard Motions, includes right surroundings, right grouping of apparatus, and right tools. Since the kitchen is the chief workshop of the kouse, a study of the kitchen is the chief workshop of the kouse, as taudy of the kitchen is the chief workshop of the kouse, as taudy of the kitchen is the chief workshop of the kitchen is the kitchen is the chief workshop of the kitchen is th

and soak for a day in cold water. Boil the sugar and water for twenty minutes, stirring constantly to keep from burning. Add the lemons, chopped almonds and raisins and let thicken slowly. This is a very good sandwich filling.

WINTER MARMALADE

pound dried apricetsScant quart sugar quart apple sauce waste of 1 orange

d medium oatm es dripping 4 or ground ginger

14 lb. brown sugar Mix the salt with the oatmeal, and rub in the fat. Add the sugar and ground ginger. Mix to a stiff dough with molasses. Roll out half an inch thick, cut into squares, and bake on a greased tin for twenty minutes. The oven should be hot.

Vegetables and Fruits Plentiful on Market

in spite of the vigorous onslaught to upon the vegetable and fruit markets of Omaha by the hungry hosts last week, reinforcements have been received and the vegetable trenches are well manned.

You can get strawberries 20 per cent cheaper than you could a week ago. They're down to 60 cents a box. English hothouse grapes are on hand.

Oranges are plentiful at 20 to 50 cents a dozen and they are of splendid quality. Grapefruit is finer than ever, if that were possible.

Cranberries, that most necessary concomitant of the roast bird for the New Year's dinner, still abound at the good old price of a dime a quart.

In spite of the vigorous onslaught bioliday dinner complete, are fine and solid.

Dates and figs of many kinds and nuts, also, are required for the holiday and you will be pleased with the great variety and reasonable prices of these. Fancy apples maintain about the same strong prices that they have same

both sides, then turn in a cup of water and simmer for an hour from the time it comes to a boil. Add a cup of peeled white potatoes sliced and cook until these begin to soften, add either a tablespoon of minced parsely or green peppers and cook five minutes longer.

Celery and Nut Salad.

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To a cup of celery cut in half-inch pieces, add a cup of English walnut meats blanched. Put on lettuce leaves or shredded cabbage and turn over a dressing as for Waldorf salad.

Potted Beef.

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Put the remains of any kind of cold meat, rejecting skin, bone and sinews, in a saucepan with two or three thin slices of bacon, and a little water and cook slowly until very tender, season with sait and pepper, a little summer savory and horseradish or Worcestershire sauce. The water should cook away, leaving the meat a tender mass, which cut and shred fine, adding the juice and rind of a lemon. Pack in custard cups, turning melted butter over the top when cold. This will keep a week or ten days in a cold place and makes a savory sandwich spread.

Chocolate Pie.

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stir in a heaping cupiul of cornmeal which has been wet with cold water to prevent its lumping. Stir well, cook for twenty minutes, being careful it does not burn, then thicken until hardly stirable with flour. Turn into a well greased square pan and let stand until very firm. When wanted for use slice about half an inch thick, dip in cornmeal and fry brown. Scrapple will keep a week in cold weather.

Banana Tapioca.

Slice the bananas and sprinkle with the juice of a lemon. Cook tapioca in a double boiler, allowing a cup to three of water until it looks transparent. The quick cooking kind needs no overnight soaking. Add to it a pinch of salt, the grated rind of it a pinch of salt, the grated rind of the lemon and half a cup of sugar. Stir the bananas into the tapioca, about three will be the right amount, turn into a buttered pudding dish, put hits of butter on top and bake in a hot oven until the top is browned. Serve cold or hot with sugar and tream.—Woman's World.

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Serve cold or hot with sugar and tream.—Woman's World.

Serve have been painful at any time, but in the midst of the shocking scenes and that any time, but in so colossal a scale, they were positively tame. When you think of millions of dead, mere thousands are not worth talking a scale. The sum of the men just starting for the front talked to me after the lecture. Not one but showed the deep impression of the term of the the men just starting for the front talked to me after the lecture. Not one but it showed the deep impression of the term of the men just starting for the men has been for the front talked to me after the lecture. Not one but it showed the deep impression of the term of the men just starting for the front talked to me after the lecture. Not one but it showed the deep impression of the term of the men just starting for the front talked to me after the lecture. Not one but the ceture. Not one but the council opened bids for 8.000 feet of fire hose and made awards at its somet

Mutton Chops, ib.
Choice Forequarters Lamb, ib.
Extra Lean Breakfast Bacon, ib.
Sugar Cured Bacon, ib.
Extra Lean Brgular Hams, ib.
Sugar Cured Hams, ib.
Fresh Rabbits, each
Fresh Oysters, quart.

SPECIALS

The Country S.

There's another big dinner coming next Monday, when we celebrate the advent of a new year, the turning over of a new leaf.

Celery in all grades and sizes, some of it raised right here in our own hothouses and some coming from Colorado, is plentiful. Cucumbers, without which some people think no

NOW IN ENGLAND

Omaha Woman Gets Most Interesting Letter from Relative on British Isle.

MILLION MEN TO FRANCE

War conditions in England are graphically pictured in a letter Mrs. D. R. Mills, 128 South Thirty-eighth street, has received from her sister, Mrs. Albert W. Swalm, wife of the American consul at Southampton. The Swalms formerly lived in Des

but a miracle will make the war end but a miracle will make the war end Takes Hot Brick to Bed

Two Steamers Sunk, London, Dec. 22.—British steamship Copsewood, 568 tons gross, has been sunk. The Norwegian steamship Ida, 1,390 tons, is reported to have been sunk.

ASK FOR and GET

HORLICK'S THE ORIGINAL

MALTED MILK

GREASING UP THE OLD WATER WAGON

The Bee Secures Exclusive Interview with Cynical Driver of Historic Vehicle.

IT IS NOT HARD TO RIDE

Sol M. Lee Reselve is the : ame of man who is very busy these days, He is the driver of the water wagon, the no-smokin, wagon and other vehicles that carry heavy loads the first few days of every year.

I found him greasing up his ag-ons, getting ready for the New Year's rush. A sour-faced, cynical fellow he is.

"Well, I see you're getting the old boats ready f. the annual trip," l said "Yeah," he drawled, without stop-

"Yean," he drawled, without stopping his work.
"Expecting a big loa! this year?" I continued.
"Oh, I eckon th' first day er two we'll have th' usual crowd," he grunted with a cynical laugh.
"You don't think it'll last, then?" I inquired.

inquired.
"Huh! 'Course it won't last," he rasped. Never does."
"Most of 'em fall off, eh?" I said.

Most Jump Off.

"Fall off!" he exclaimed, "Don't let 'em tell that. They git off. Some of 'em try to let on it's too rough ridin', but there ain't no truth rough ridin, but there ain't no truth in that. Them wagons rides smooth as a parlo: car. Some of 'e. claims they git down to p. up th' whip. Some says they git off to giv. their seat to a lady. All lies! They just git off 'cause they don't want to stick on. That's all. I can't chain 'em on. It's agin' th' rules o' the company."
"Hardly pays to 1 the wagons out at all," I sympathized.

Pertain to Ladies

With Him, Bed Catches Fire

David Moore, aged 85, a recluse, living at 1002 North Forty-ninth street, went to bed Thursday with a hot brick for warmth. About 3 o'clock in the morning he awoke to find the bed on fire. His cries attracted the attention of Hiram Greenfield, 1005 North Forty-ninth street, who came to the aged man's reseue and carried him from the burning room His burns were minor. Frank McAllister and wife occupied the other part of the house.



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