The Busy Bees -:- Their Own Page

What Women Are Doing in the World

"After Prohibition—What?" is the subject of a program arranged by Mrs. Draper Smith for the political and social science department, Omaha Woman's club, on Monday. The subject will be discussed from several angles. Elmer E. Thomas will speak on "The 1916 Victory and Outlook for National Prohibition"; Matthew A. Hall on "The Enforcement" and George T. Morton, "A Social Substitute." Reports from standing committees will be given during the business session.

Scenes from Shakespeare's "Othello," "As You Like It," and Portia's mercy speech in "The Merchant of Venice" will be given by the oratory department Tuesday morning at 10 o'clock in the Metropolitan club house.

The Bible lesson of the current topics department Tuesday afternoon will be on "The Sins of David and His Repentance." The special current topics subject for discussion will be "Nitrate Fields in South America," which offer great opportunities for Americans.

Following this meeting, at 4 o'clock will be the gathering of the philosophy and ethics department. Mrs. J. F. Burgess will review the book "Timidity and How to Overcome It," by the Japanese author, Yoritmo Tashi. Department members visited the telephone company Friday afternoon, where the efficiency efforts of the company were explained.

Thursday morning at 10 o'clock the art department meets to study Italian art. Mrs. J. B. Adams, leader of the program, will talk on Ghirlandjo and Perugino, the first great master of the Umbrian school. Mrs. G. C. Bonner will have Sandro Botticelli as her subject.

The music department meeting, which regularly comes Thursday afternoon, will be postponed until Monday morning, November 27, at 10 o'clock, at which time Thomas J. Kelly will give a lecture on some musical topic. Mr. Kelly is an Omahan who is winning much favor for his splendid work with the Civic Music association in Chicago, conducting immense choruses at the municipal pier there.

The Thanksgiving sunshine box, generally filled by members of the home economics department, with the assistance of Mrs. C. H. Townsend, will be omitted this year because of the illness of the Sunshine club's president.

Benson Woman's Christian Temperance union will meet at the home of Mrs. E. C. Fuller Friday. This will be a mothers' meeting to which clothing for the needy will be brought for distribution.

Benson Woman's club will have a guest day Thursday at the club rooms in the city hall for an address on "Sex Hygiene" by Dr. Mattie L. Arthur. The address will be followed by a "question box," led by Mrs. J. W. Welch.

The B. L. S. club of Benson held a card party Thursday at the home of Mrs. R. C. Wilson. The prize winners were Mesdames Amos Henely, William Morrisy of Benson and Mrs. John Browning.

"David Penstephen," by Richard Price, will be studied by the Dundee Woman's club, under the leadership of Mrs. J. F. Ferguson, Wednesday afternoon, at the home of Mrs. J. W. Marshell. Mrs. W. T. Johnson and Miss Olive Ferguson will assist in presenting the subject. Mrs. Joe Roth will give current events.

Educational issues will be discussed by the Clio Study club members this afternoon at the home of Miss Lillian Cherniss in Council Bluffs. Miss Marie Gordon will talk on "Kindergarten Ideal in Education;" Miss Dorothea Abraham, "Playground Movement," and Miss Fannie Grodinsky on "Vocational Guidance."

A Thanksgiving program will be arranged by Mrs. J. D. Ringer for Chapter M of the P. E. O. sisterhood when it meets Saturday with Mrs. C. W. Sears and Miss Jessie Stitt as hostesses.

Miss Jessie Towne will interpret the text of Shakespeare's "King Lear" for Mu Sigma club members, Wednesday morning at 9:30 o'clock, at the home of Mrs. George Platner, 322 South Thirty-sixth street. Mrs. George Damon, leader of the program, will be assisted by Mrs. C. H. Balliet and Mrs. H. D. Neely. Each member is privileged to bring a guest to this meeting.

Thanksgiving stories will be told by Wyche Story Tellers' league members Thursday at the public library. Miss Edna Durland, the leader, will be assisted by Miss Margaret Delpsch and Miss Georgia Cline.

Miss Jessie Towne, dean of girls at Central High school, will talk on "Vocational Guidance" Thursday evening at 8:30 o'clock for McKinley auxiliary members of the B'nai B'rith.

Miss Kate A. McHugh will lead a discussion of Pinero's "The Second Mrs. Tanquerray" for Drama league members Tuesday at 4 o'clock at the public library.

Better moving picture films for children will be discussed under the leadership of Mrs. George E. Mickel, Wednesday at a meeting of the Mothers' Culture club, following a 1 o'clock luncheon at the home of Mrs. J. C. Buffington. Mrs. J. O. Detweiler will talk on the Home Progress child study. Mrs. J. E. Carnal assists the hostess.

The Society of American Widows holds its weekly meeting Friday evening at 7:45 at 206 Crounse building, opposite postoffice.

At the annual meeting of the Committee Women's council, an organization which dates from the "Billy" Sunday sermons in Omaha, the following officers were elected: Mrs. David Cole, president; Mrs. M. H. Blackwell, vice president; Mrs. F. W. Carmichael, secretary; Mrs. Flora Hoffman, chairman lunch committee; Mrs. Jerome Applequist, treasurer lunch committee, and Mrs. G. W. Welch, chairman reception committee. There have been 12,000 individual luncheons served by thirty-four different churches of the city, together with the serving by the committee women themselves. The average attendance has been 250 throughout the year. Mrs. David Cole gave a complete report of the council last Tuesday when election of officers was held.

The Business Women's council will be held Tuesday in the court house. Rev. Charles E. Cobbey of the First Christian church will be the speaker. Ladies of St. Andrew's Episcopal church will serve luncheon.

The Business Women's club will present James Edward Carnal and his pupils in selection from Felix Mendelsshon's oratorio, "Elijah," Tuesday evening at 8 o'clock in the Young Women's Christian association auditorium. The students taking part are Forest Dennis, Miss Myrtle Wyatt, Miss Dacy Borton, Howard Steberg, Miss Louise Bratton, Arthur Schwentker, J. S. Mercer, Miss Jeanne Lee and Miss Georgina Davis. Miss Nora Neal is the accompanist.

Fifteen chapters of "The Last of the Mohicans" will be studied by the West Omaha Mothers' Culture club, Friday afternoon at the home of Mrs. Edward Peterson, 3916 Chicago street. Roll call response will be quotations from the author, James Fenimore Cooper.

Three sectional meetings of the Association of Collegiate Alumnae will be held this week. The music section will give a program on "Verdi" under the leadership of Miss Hempel, Monday at 4 o'clock at the home of Miss Henrickson.

Miss Edith Fisher entertains the story tellers' section Wednesday at 4 o'clock. Mrs. Vincent Hascall will tell an American story; Mrs. W. H. Abbott, an English, and Miss Helen Thomas, a selected story.

Tchekov's "A Marriage Proposal" will be given by the drama section, Saturday morning at 10:45 o'clock at the home of Miss Juliet Griffin. Mrs. Gunner Nasburg has charge of the program.

Father Livingston of Creighton university will talk on "California Missions," Sunday at 3:30 o'clock to Research club members at St Berchman's academy. Mr. and Mrs. Ernest Rees and Mr. Clinton Miller will give musical numbers.

Sunshine club of George A. Custer Woman's Relief corps will be entertained by Mrs. J. M. Funk, 2443 North Forty-fifth avenue, Tuesday afternoon.

A Thanksgiving program has been arranged by Mrs. B. L. Wonder for the North Side circle of the Child Conservation league when it meets Friday at the home of Mrs. C. H. Savidge, 3801 North Twenty-third street. Members will bring fruit or jellies to be contributed to local institutions.

Mrs. M. N. Woodward will entertain the Dorcas club at her home, 2565 Manderson street, Friday at 2 o'clock, when members come to sew for charity.

Tennyson chapter of the Chautauqua circle will meet Monday afternoon with Mrs. W. A. George, 1322 Park avenue. Roll call response will be items about Montenegro. Mrs. C. C. Cox leads the lesson on "Germany Between Two Wars" and Mrs. W. Boyd Smith on German literature.

Miller Park Mothers' circle held a business meeting at the school Wednesday afternoon Because of the crowded condition of the school it will be impossible for the circle to give its annual Christmas dinner for the teachers. The program of the afternoon included remarks by Mrs. Charles Thiem; a reading by Mrs. J. W. Evans and music by Miss Minnie Olver, the new music director of the school, and Mrs. Walter G. Springer. The next social meeting of the club will be held at the home of one of the members December 6.

Chapter E of the P. E. O. sisterhood will meet Thursday at 1 o'clock with Mrs. Harry Binder. Mrs. Nels Updike will assist the hostess.

The regular meeting of the Omaha Woman's Christian Temperance union will be held at 2 o'clock Wednesday afternoon at the Young Men's Christian association. Friday, Omaha union will celebrate its fortieth anniversary by a reception and banquet at 1 o'clock at the Hanscom Park Methodist church. This is the oldest union in Omaha. Mrs. James McClair is taking reservations until Thursday.

Frances Willard Woman's Christian Temperance union will meet Wednesday at 2:30 in the assembly room of the Young Woman's Christian association. The Rev. C. E. Cobbey of the First Christian church will speak on "After the Amendment—What?" Miss Ruth Goerne and Miss Bess Cummins, accompanied by Miss Jessie Watson, will sing.

The North Side Woman's Christian Temperance union will meet Wednesday afternoon at the home of Mrs. G. W. Tiffey, 3608 North Thirty-first avenue. Mrs. Gus Miller will be in charge of the program.

The Woman's auxiliary to Episcopchurches of Omaha, South Side and Florence will hold its monthly meeting Friday at 2:30 o'clock at St. Barnabas church.

The annual "donation day" for the Old People's home will be observed Wednesday at the home, 2214 Wirt street. The board of directors will be there all day to receive donations of fruit, vegetables, canned goods and other necessities. Because of the high price of foodstuffs the directorate is more than ever dependant on donations received at this time. Bags have been distributed to be filled with foodstuffs and sent to the Old People's home. Tea will be served Wednesday by Mrs. Isaac Douglas and a corps of girl assistants.

The nurses will give their annual bazar at the Nurses' Central club, 2420 Harney street, December 7 and 8. Christmas articles will be on sale and tea and coffee will be served.

Y. W. C. A. Notes.

Miss Ada Starkweather, city field secretary, will talk on "The Latch on the Inside" at the vesper service this afternoon at 4 o'clock. Special interest attaches to this service, as it is the concluding one in the week of world's fellowship.

Free Bible classes begin this week, regardless of membership. A course in Genesis begins Tuesday at 6 o'clock. A short course in which the subject has not yet been chosen opens Thursday at 6:30 o'clock.

JUDSON FREEMAN, national boy scout organizer, disseminated a great deal of information on scoutery in Omaha last week. He told the aims of scoutery, requirements for organizing, what it expected from its members and what members gain in return. Scout law demands so many fine characteristics from its followers that Busy Bees, too, will be interested in knowing what they are, I am sure, possibly to compare them with their own virtues or shortcomings. Here is the Scout Law:

A Scout Is Trustworthy—A Scout's honor is to be trusted. If he were to violate his honor by telling a lie, or by cheating, or by not doing exactly a given task, when trusted on his honor, he may be directed to hand over his Scout badge.

A Scout Is Loyal—He is loyal to all to whom loyalty is due; his Scout leader, his home and parents and country.

A Scout Is Helpful—He must be prepared at any time to save life, help injured persons, and share the home duties. He must do at least one good turn to somebody every day.

A Scout Is Friendly—He is a friend to all and a brother to every other Scout.

A Scout Is Courteous—He is polite to all, especially to women, children, old people and the weak and helpless. He must not take pay for being helpful or courteous.

A Scout Is Kind—He is a friend to animals. He will not kill nor hurt any living creature needlessly, but will strive to save and protect all harmless life.

A Scout Is Obedient—He obeys his parents, scout master, patrol leader, and all other duly constituted authorities.

A Scout Is Cheerful—He smiles whenever he can. His obedience to orders is prompt and cheery. He never shirks nor grumbles at hardships.

A Scout Is Thrifty—He does not wantonly destroy property. He works faithfully, wastes nothing, and makes the best use of his opportunities. He saves his money so that he may pay his own way, be generous to those in need, and helpful to worthy objects. He may work for pay, but must not receive tips for courtesies or good turns.

A Scout Is Brave—He has the courage to face danger in spite of fear and has to stand up for the right against the coaxings of friends or the jeers or threats of enemies, and defeat does not down him.

A Scout Is Clean—He keeps clean in body and thought, stands for clean speech, clean sport, clean habits and travels with a clean crowd.

A Scout Is Reverent—He is reverent toward God. He is faithful in his religious duties and respects the conviction of others in matters of custom and religion.

There is still another week, Busy Bees, in which Thanksgiving stories for the special prize book will be considered.

Wilhelmina Auchmuty of the Blue Side wins the prize book this week. Wilhelmina is only 10 years old, but she is in the Sixth grade at Windsor school. Honorable mention was won by Virginia Wiles of the Red Side and Bridget Pawloski of the Blue Side.

PRETTY BUSY BEE WHO IS ALSO DANCER.

Little Stories by Little Folk

(Prize Story.)

Why Willows Droop.

By Wilhelmina Auchmuty, Aged 10 Years, 2315 South Thirty-first Street, Omaha, Blue Side.

Long ago there lived a princess named Elizabeth, supposed to be the most beautiful person among mortals. It was said that the princess could not be seen outside the castle walls because she was so beautiful.

Every morning the little princess would take her toys out and play under a big willow tree in the yard.

A time came when the little princess did not come out and play any more. The willow grew very sad because it was lonesome for the little princess.

One day the willow tree heard a man say, "It's too bad, but she will not live till morning."

The next morning the willow tree saw two men coming out of the castle with a big box. Following came the king and queen and all the king's wise men. They were all weeping. The willow asked Hymadryad, the tree nymph, if he might weep too. Hymadryad said he might weep too. So ever after the willows are known as "weeping willows."

(Honorable Mention.)

A Trip to Elba.

By Bridget Pawloski, Age 9, Farwell, Neb., Blue Side.

One day in summer we thought we would go and visit around, so we packed our clothes, then started out. We passed Warsaw and St. Paul. Then we had to cross a river.

Papa said: "Shall I drive into the river?" but this made us scared and we were about crying. Then we went on until we reached Elba, in the evening. We played a while and then went to bed. On Sunday we had a good time. We caught chickens, geese, ducks, cats, dogs and put them into a pen and played we had a circus, and the fowls and animals were for wild animals. We swung on a swing for a while and then played school, and when we were tired of that played store and house. After a while we had a nice ride on a cart, which a large, black dog was pulling. About dark we started for home. We were very frightened then, for we thought papa was going to drive into the river. When we got home we undressed and went to bed with tired, lazy heads.

This is the first time I have written to this paper. I am on the Blue side. I will close, with best regards to all the Busy Bees, so, goodbye.

(Honorable Mention.)

Auto Trip to Iowa.

By Virginia Wiles, Aged 10 Years, Weeping Water, Neb. Red Side.

Four weeks ago we went to Tabor, Ia., about fifty miles from here, in our automobile. We had a very fine trip there. When we got to Plattsmouth we stayed there about half an hour. Then we drove down to the Missouri river, where we got on the ferry and crossed over to the other side. The boat went very slowly till we got out in the middle of the river, where the current was swifter. Then we went more slowly again as we neared the landing on the opposite side. The ferry is large enough to hold two cars and it really seems perfectly safe. After crossing the river we started on our trip that took us through Pacific Junction and Glenwood and finally to Tabor. We were very happy to see our friends at Tabor and were sorry that rain began to fall and we had to start home sooner than we had planned. Our trip home was not quite as pleasant, as the road had become very muddy for automobile traveling. I think we shall go again sometime. I hope to see my story in print.

Peaches and Mickey.

By Lucile Burke, Aged 12 Years, Farwell, Neb. Blue Side.

Mickey was a little boy. His mother died. One day he found a little girl named Peaches are in a safe Mickey and Peaches are in a safe home now. He asked her what her name was. She was about 10 years old, and she was lame. Mickey sold papers. He called that girl's name "Lily." Then Mickey took Lily to a farm owned by Mrs. Harding. My teacher's name is Miss Lingford. She is through with that story now.

Hallowe'en Party.

By Dagmar Olsen, Age 12 Years, Weeping Water, Neb., Blue Side.

A few of us girls had a Hallowe'en party. We dressed up as witches and ghosts. (I was dressed as a witch.) We went outdoors and bobbed apples. It took me a long time to get one. Then we had to walk down the cellar backwards. It was as dark as night down there, and told ghost stories.

We had our pictures taken and then went through an old, old house that some people believed was haunted by a woman and that her bones were buried there some place.

We went to the house and refreshments were served. We then went home, declaring the time had gone altogether too fast.

Unfortunate Accident.

By Ethel Kimble, Aged 13 Years, Box 86, Creighton, Neb. Blue Side.

About three years ago I was standing near the stove. I went to jump down and I caught the bottom of my dress on the teakettle, which was full of boiling water. It fell on my leg, scalding it so bad that I began rubbing it. Of course, the skin was rubbed off, making it hurt all the worse. Mamma and papa hurried and took my shoe and stocking off before they stuck to my leg. Then mamma put some soda on my leg so that it wouldn't burn so badly. I had a sore leg for a long time, and I had to stay out of school for a whole month. This is a true story and it is the first one that I ever wrote. I hope it will be printed.

My folks do not take The Omaha Bee, but one of my neighbors does, and I sometimes read the stories in the paper. I thought I would write a story. I hope it isn't against the rules, because I would like to have my story printed.

Four Little Rabbits.

By Marguerite Geiser, Aged 11 Years, Columbus, Neb. Red Side.

Once upon a time there were four little rabbits. Their names were Cottontail, Mopsy, Flopsy and their mother. Their mother said they should go and pick berries and not go in Mr. Macreger's garden. Cottontail was a naughty little rabbit. He went in Mr. Macreger's garden first. He ate some lettuce, then parsley and radishes. Then Mr. Macreger saw the little rabbit, but could not catch him. He got caught in a gooseberry bush and his coat got caught and he could not get it, so he let it go. He went home and his mother gave him some bitter tea and sent him to bed. His mother said he should take care or he would get put in a pie like his father.

Has No More Pets.

By Mildred Rolad, Aged 13 Years, Ainsworth, Neb.

My birthday is on November 17, and I am in the seventh grade. I went to a country school for the first time this term. I live on a ranch, eleven miles from Ainsworth, Neb. This is my first letter to the Busy Bees.

We do not have any pets now. We did have a dog, who was a great rat dog. When we pointed to the ground and said "rats" he would begin to dig and smell the ground. We have had many dogs, but none of them was such a good rat dog as that one.

I will close now, hoping to hear from some of the Busy Bees.

Rescued From Indians.

By Francies Tomjack, Aged 11 years. Ewing, Neb., R. R. No. 2. Red Side.

Harry was a little boy. One day he had an adventure. He was out playing, when all at once he heard a great noise. He looked up and saw a great bunch of Indians at the village about half a mile away. Smoke was coming up from every house and the people running for their lives. He thought the Indians were burning the village so he ran as fast as his little legs could carry him to the next village to his uncle's house and told him the Indians were coming. His uncle tried to hold him, but he ran on to all the houses and warned the people of the Indians.

In about half an hour the Indians did come, but they didn't find anybody there that they could take captive. Instead they found a great troop of soldiers who drove them back with such great slaughter that they never came again.

The next morning as little Harry was eating breakfast a package came to him. He opened it with trembling fingers and on opening it he found a beautiful gold medal for his brave deed for such a little boy. Harry wore the medal all the time. Everybody praised him for saving their lives. The rich people even gave him money and other presents. Many shed tears over him and called him their brave little hero.

Hallowe'en Party.

By Leona Walter, Aged 11 Years, Wahoo, Neb. Blue Side.

It is quite late to be telling about Hallowe'en, but as I have nothing else to write just now I will tell you what a good time I had at a party. It was given by four girls. The home where it was given was decorated with many things, such as bats, cats, witches and pumpkins. The cats and pumpkins were of all sizes from small ones to tall ones. The first room we went into was the room where they received guests. The next room was where we played games and next was the fortune telling room.

We told lots of ghost stories. There were peanuts hidden in every room and so we had a peanut chase. One of the boys won the prize, which was a big cat's head filled with candy. Next we had the peanut race. Only three could race, those that were going to race took a knife and carried peanuts on them to the other end of the room. The one who could carry the most in five times got a prize, the same as the other prize.

I was dressed like a ghost and so were many others. There was only two witches. It would take too long to tell all the fun we had. I will answer all letters received. This is a true story.

Election at School.

By Lucile Boryzch, Aged 12 Years, Farwell, Neb. Blue Side.

We were playing that we were to elect on election day, too. In our room we all elected Wilson except Anna Olsen, who elected Hughes. The dry amendment vote was 26 and the wet amendment was 18.

We had some fun. I voted for Wilson. I think he is a nice man. We take Current Events, that is why I know a little about him. I hope he will be elected.

Likes Prize Book.

By Rosalia Hertz, Aged 12 Years, 2530 South Seventh Street, Omaha. Red Side.

About a week ago I received my prize book, "Angel Unawares." It is one of the best books I ever read and I want to thank you over and over again for it. If any of the other Busy Bees do not know what they want to read, I would advise them to read this book, for I am sure they would enjoy it.

Long Auto Trip.

By Edythe Somers, Aged 8 Years. Blue Side, Omaha.

I would like to join the Busy Bees. This fall we took a trip in an auto. We were about 100 miles from the Texas state line. We had a fine time. Tell all the Busy Bees that I would be glad to have them write to me. I will answer them all.

How to Name the States

How many Busy Bees know the order in which the thirteen original states were settled? Judson P. Freeman of Chicago, representing the Boy Scouts of America, is here for a few weeks, working with the Rotary club in the interests of the Scout movement. At Castelar school community center the other evening he asked the audience the question and then he told the following little story, which he said would serve as a memory jogger when trying to answer the question about the thirteen states:

"A young lady by the name of Virginia went to visit friends at New York, where she bought a new jersey. The following morning she went to mass. After mass she went to the butcher shop to buy a new ham. She was not satisfied with the looks of it, so she had the butcher cut it in two. The ham being all right, she had the butcher connect the cuts. She handed the ham to Mary, the maid. That afternoon she went for a walk and came to an island along the road; passing on she saw a beautiful dell; then, deciding to take the car, she went north to the car line, and discovered it was the wrong direction so she returned to the south car line. When she got off the car she found little George waiting for her. In his anxiety to meet her he dropped his pen on the ground. She handed the pen to him and went on the way."

Nuxated Iron to Make New Age of Beautiful Women and Vigorous Iron Men

Say Physicians—Quickly Puts Roses Into The Cheeks of Women and Most Astonishing Youthful Power Into the Veins of Men—It Often Increases the Strength and Endurance of Delicate, Nervous, "Run-Down" Folks 200 Per Cent in Two Weeks' Time.

A WONDERFUL DISCOVERY WHICH PROMISES TO MARK A NEW ERA IN MEDICAL SCIENCE

New York, N. Y.—Since the remarkable discovery of organic iron, Nuxated Iron, or "Fer Nuxate," as the French call it, has taken the country by storm. It is conservatively estimated that over five million persons daily are taking it in this country alone. Most astonishing results are reported from its use by both physicians and laymen. So much so that doctors predict that we shall soon have a new age of far more beautiful, rosy-cheeked women and vigorous iron men.

Dr. King, a New York physician and author, when interviewed on the subject, said: "There can be no vigorous iron men without iron. Pallor means anemia. Anemia means iron deficiency. The skin of anemic men and women is pale. The flesh flabby. The muscles lack tone; the brain fags and the memory fails and often they become weak, nervous, irritable, despondent and melancholy. When the iron goes from the blood of women, the roses go from their cheeks.

"In the most common foods of America, the starches, sugars, table syrups, candies, polished rice, white bread, soda crackers, biscuits, macaroni, spaghetti, tapioca, sago, farina, degerminated cornmeal, no longer is iron to be found. Refining processes have removed the iron of Mother Earth from these impoverished foods and silly methods of home cookery, by throwing down the waste pipe the water in which our vegetables are cooked, are responsible for another grave iron loss.

"Therefore, if you wish to preserve your youthful vim and vigor to a ripe old age, you must supply the iron deficiency in your food by using some form of organic iron, just as you would use salt when your food has not enough salt."

Dr. Sauer, who has studied abroad in great European medical institutions, said: "As I have said a hundred times over, organic iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and take simple nuxated iron, I am convinced that the lives of thousands of persons might be saved who now die every year from pneumonia, grippe, consumption, kidney, liver, heart trouble, etc. The real and true cause which started their disease was nothing more nor less than a weakened condition brought on by a lack of iron in the blood.

"Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy twenty and as full of vigor, vim and vitality as a young man; in fact, a young man he really was, notwithstanding his age. The secret, he said, was taking iron—Nuxated Iron had filled him with renewed life. At thirty he was in bad health; at forty-sixth he was careworn and nearly all in. Now at fifty a miracle of vitality and his face beaming with the buoyancy of youth. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good. You don't get the strength out of it, and as a consequence you become weak, pale and sickly looking, just like a plant trying to grow in a soil deficient in iron. If you are not strong or well, you owe it to yourself to make the following test:

See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained. I have seen dozens of nervous, run-down people who were ailing all the while double their strength and endurance and entirely rid themselves of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days' time simply by taking iron in the proper form. And this, after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate, or tincture of iron simply to save a few cents. The iron demanded by Mother Nature for the red coloring matter in the blood of her children is, alas! not that kind of iron. You must take iron in a form that can be easily absorbed and assimilated to do you any good, otherwise it may prove worse than useless. Many an athlete and prizefighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the affray, while many another has gone down in inglorious defeat simply for the lack of iron."

Dr. Schuyler C. Jacques, another New York physician, said: "I have never before given out any medical information or advice for publication, as I ordinarily do not believe in it. But in the case of Nuxated Iron I feel I would be remiss in my duty not to mention it. I have taken it myself and given it to my patients with most surprising and satisfactory results. And those who wish quickly to increase their strength, power and endurance will find it a most remarkable and wonderfully effective remedy."

NOTE—Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach, on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron that they offer to forfeit $100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Sherman & McConnell Drug Stores and all good druggists.—Advertisement